# Government Business Division Policies and Procedures

Section (Primary Department)			SUBJECT (Document Title)			
Utilization Management			Enteral Nutrition - CA			
Effective Date	Date of Last Rev	iew	Date of	Last Revision	Dept. Approval Date	
05/29/2019	04/24/2024	04/24/2024		2023	04/24/2024	
Department Approval/Signature:						
Policy applies to health plans operating in the following State(s). Applicable products noted below.						
<u>Products</u>	☐ Arkansas	□ Iowa		☐ Nevada	☐ Tennessee	
☑ Medicaid/CHIP	□ California	☐ Kentud	cky	☐ New Jersey	☐ Texas	
☐ Medicare/SNP	☐ Colorado	☐ Louisia	ina	$\square$ New York	☐ Virginia	
☐ MMP/Duals	☐ District of Columbia	☐ Maryla	and	$\square$ New York (WNY)	$\square$ Washington	
	☐ Florida	☐ Minne	sota	☐ North Carolina	☐ West Virginia	
	☐ Georgia	☐ Missou	ıri	☐ Ohio	☐ Wisconsin	
	☐ Indiana	☐ Nebras	ska	$\square$ South Carolina		

#### **POLICY:**

Anthem Medicaid (Anthem) covers (when billed on a medical claim), and assists with arranging, medically necessary therapeutic enteral nutrition when ordered as a "therapeutic regimen to prevent serious disability or death in Anthem members with medically diagnosed conditions that preclude the full use of regular food" (22 California Code of Regulations (CCR) 51313.3(e)(2)). Medi-Cal RX is responsible for any therapeutic enteral nutrition that is billed on a pharmacy claim.

Anthem follows the DHCS FFS policy and procedures for enteral nutrition policy and covers the list of Enteral products as outlined in the Enteral Nutrition Products sections of the <a href="DHCS">DHCS</a> Medi-Cal Part 2 Pharmacy Provider Manual.

Anthem does not require prior authorization for therapeutic enteral nutrition when being serviced by an in network provider; however, prior authorization is required when being serviced by an out-of-network provider. In this case, the request would not be reviewed for medical necessity, but for the appropriateness of use of an out-of-network provider.

#### **DEFINITIONS:**

**Therapeutic Enteral Formula**-- Supplements or replacements used as a medically necessary therapeutic regimen to prevent serious disability or death in patients with medically diagnosed conditions that preclude the full use of regular food.

### **PROCEDURE:**

- The member's primary care provider (PCP) determines when Therapeutic Enteral Nutrition, and the equipment and supplies necessary to deliver these special foods are medically necessary.
- II. The PCP is required to ensure that members with these special needs receive appropriate referrals to specialists as needed. In addition, Providers may consider

# Government Business Division Policies and Procedures

Section (Primary Department)	SUBJECT (Document Title)
Utilization Management	Enteral Nutrition - CA

referral to local county public health or other community agencies to evaluate social and environmental conditions. Providers may also refer members to Anthem's Case Management (CM) program for evaluation of the need for Case Management services.

- III. Anthem's Customer Care Center and the Anthem Provider Finder online are available to assist the PCP in locating a DME (Durable Medical Equipment) provider.
- IV. Information regarding how to refer members to CM is contained within the Member Services Guide/Evidence of Coverage and the Provider Manual.

#### **REFERENCES:**

- California Code of Regulations Title 22, 51313.3(e)(2)
- California Welfare and Institutions Code, Section 14103.6
- Central Valley/Bay Area, Rural Expansion, Sacramento, San Benito, Tri-County (Fresno, Kings, &Madera), and Tulare contracts, Attachment 5
- Medi-Cal Managed Care Division (MMCD) Policy Letter 07-006, dated April 2, 2007.
  Retrieved from
  - http://www.dhcs.ca.gov/formsandpubs/Documents/MMCDAPLsandPolicyLetters/PL20 07/MMCDPL07016.pdf
- Medi-Cal Managed Care Division (MMCD) Policy Letter 14-003, dated April 11, 2014.
  Retrieved from
  - https://www.dhcs.ca.gov/formsandpubs/Documents/MMCDAPLsandPolicyLetters/PL2 014/PL14-003.pdf
- Medi-Cal RX Provider Manual <a href="https://medi-calrx.dhcs.ca.gov/cms/medicalrx/static-assets/documents/provider/forms-and-information/manuals/Medi-cal Rx Provider Manual.pdf">https://medi-calrx.dhcs.ca.gov/cms/medicalrx/static-assets/documents/provider/forms-and-information/manuals/Medi-cal Rx Provider Manual.pdf</a>

#### **RESPONSIBLE DEPARTMENTS:**

#### **Primary Department:**

**Utilization Management (UM)** 

#### **Secondary Department(s):**

Case Management (CM)

### **EXCEPTIONS:**

None

# Government Business Division Policies and Procedures

Section (Primary Department)	SUBJECT (Document Title)	
Utilization Management	Enteral Nutrition - CA	

### **REVISION HISTORY:**

Review Date	Changes
04/24/2024	Annual Review, no Changes
05/31/2023	Annual Review
	Updated Primary department name under Primary Department
	section from "Case Management (CM) & Utilization Management
	(UM)" to "Utilization Management (UM)" to match primary
	department name in header
	Added "Secondary Department(s)" sub-header under Responsible
	Departments section to match template; added "Case Management
	(CM)" as a secondary department
05/26/2022	Annual Review
	Added Medi-Cal RX language and references
05/27/2021	Annual Review, no changes
05/27/2020	Annual Review, no changes
05/01/2019	Policy created as Policy CA_UMXX_129 will be retired