

**Government Business Division
Policies and Procedures**

Section (Primary Department) Utilization Management		SUBJECT (Document Title) Newborns' and Mothers' Health Act - CA	
Effective Date 06/28/1999	Date of Last Review 02/08/2024	Date of Last Revision 01/25/2023	Dept. Approval Date 02/08/2024
Department Approval/Signature:			

Policy applies to health plans operating in the following State(s). Applicable products noted below.

Products	<input type="checkbox"/> Arkansas	<input type="checkbox"/> Iowa	<input type="checkbox"/> Nevada	<input type="checkbox"/> Tennessee
<input checked="" type="checkbox"/> Medicaid/CHIP	<input checked="" type="checkbox"/> California	<input type="checkbox"/> Kentucky	<input type="checkbox"/> New Jersey	<input type="checkbox"/> Texas
<input type="checkbox"/> Medicare/SNP	<input type="checkbox"/> Colorado	<input type="checkbox"/> Louisiana	<input type="checkbox"/> New York	<input type="checkbox"/> Virginia
<input type="checkbox"/> MMP/Duals	<input type="checkbox"/> District of Columbia	<input type="checkbox"/> Maryland	<input type="checkbox"/> New York (WNY)	<input type="checkbox"/> Washington
	<input type="checkbox"/> Florida	<input type="checkbox"/> Minnesota	<input type="checkbox"/> North Carolina	<input type="checkbox"/> West Virginia
	<input type="checkbox"/> Georgia	<input type="checkbox"/> Missouri	<input type="checkbox"/> Ohio	<input type="checkbox"/> Wisconsin
	<input type="checkbox"/> Indiana	<input type="checkbox"/> Nebraska	<input type="checkbox"/> South Carolina	

POLICY:

In compliance with the Newborns' and Mothers' Health Act of 1996, Anthem Medicaid (Anthem) does not restrict a member's hospital length of stay during obstetrical inpatient hospitalizations to a time period less than 48 hours for vaginal deliveries and less than 96 hours following cesarean section deliveries. Anthem does not require a provider to obtain prior authorization for this length of stay. The exception to this is when the treating physician, in consultation with the mother, agrees to an early discharge. If an early discharge is planned, the mother and newborn are offered a home health follow-up visit within 48 hours of discharge.

DEFINITIONS:

None

PROCEDURE:

- I. OB admissions for delivery:**
 - A. Upon admission notification to Anthem, a case is created for authorization only if:
 1. The member is admitted to an out of network facility.
 2. The member has a medical condition to warrant a continued length of stay.
 3. The member's continued length of stay is greater than 48 hours after vaginal delivery, or 96 hours after cesarean section.
- II. Member requests early discharge:**
 - A. If the member makes the decision to discharge from the hospital prior to the end of the originally authorized timeframe, the treating physician must disclose (to the mother) the availability of a post-discharge follow-up visit, including a home health, physician office, or planned facility visit.
 - B. The member's provider must request an authorization for a post-discharge home health follow-up visit. The visit will include the following:

**Government Business Division
Policies and Procedures**

Section (Primary Department) Utilization Management	SUBJECT (Document Title) Newborns' and Mothers' Health Act - CA
---	---

1. This visit is made by a licensed health care provider whose scope of practice includes postpartum care and newborn care.
2. The visit will include, at a minimum, parent education, assistance and training in breast or bottle feeding and the performance of any necessary maternal or neonatal physical assessments.

REFERENCES:

- CA Insurance Code § 10123.87
- California Health & Safety Code § 1367.62(a)
- "Fact Sheet.": Newborns' and Mothers' Health Protection Act. US Department of Labor, <https://www.dol.gov/agencies/ebsa/about-ebsa/our-activities/resource-center/faqs/nmhp>

RESPONSIBLE DEPARTMENTS:

Primary Department:

Utilization Management (UM)

Secondary Department(s):

Case Management (CM)

EXCEPTIONS:

None

REVISION HISTORY:

Review Date	Changes
02/08/24	<ul style="list-style-type: none"> • Annual Review—no changes
01/25/23	<ul style="list-style-type: none"> • Annual Review • Updated Primary Department section from "Medical Management: Utilization Management (UM) & Case Management (CM)" to "Utilization Management (UM)" to match primary department in header • Added "Case Management (CM)" as a secondary department
02/03/22	<ul style="list-style-type: none"> • Annual Review, no changes
01/27/21	<ul style="list-style-type: none"> • Annual Review, no changes
01/29/20	<ul style="list-style-type: none"> • Annual Review, no changes
01/30/19	<ul style="list-style-type: none"> • Annual Review, no changes
01/30/18	<ul style="list-style-type: none"> • Annual Review, updated references

**Government Business Division
Policies and Procedures**

Section (Primary Department) Utilization Management	SUBJECT (Document Title) Newborns' and Mothers' Health Act - CA
---	---

Review Date	Changes
01/30/17	<ul style="list-style-type: none"> • Annual Review, no changes
02/17/16	<ul style="list-style-type: none"> • Updated references
03/13/15	<ul style="list-style-type: none"> • Removed healthy Families • Removed sentence under procedure
03/13/14	<ul style="list-style-type: none"> • Updated company name as per directive from Compliance • Updated References
02/11/13	<ul style="list-style-type: none"> • Minor re-wording of policy for clarity and reformatting • Updated references.
04/06/12	<ul style="list-style-type: none"> • Added: Anthem Blue Cross does not require a provider to obtain prior authorization for this length of stay" to first paragraph