

**Government Business Division
Policies and Procedures**

Section (Primary Department) Utilization Management		SUBJECT (Document Title) Adolescent “Confidential” Sensitive Services - CA	
Effective Date 11/01/1995	Date of Last Review 04/08/2024	Date of Last Revision 03/30/2023	Dept. Approval Date 04/08/2024
Department Approval/Signature:			

Policy applies to health plans operating in the following State(s). Applicable products noted below.

Products	<input type="checkbox"/> Arkansas	<input type="checkbox"/> Iowa	<input type="checkbox"/> Nevada	<input type="checkbox"/> Tennessee
<input checked="" type="checkbox"/> Medicaid/CHIP	<input checked="" type="checkbox"/> California	<input type="checkbox"/> Kentucky	<input type="checkbox"/> New Jersey	<input type="checkbox"/> Texas
<input type="checkbox"/> Medicare/SNP	<input type="checkbox"/> Colorado	<input type="checkbox"/> Louisiana	<input type="checkbox"/> New York	<input type="checkbox"/> Virginia
<input type="checkbox"/> MMP/Duals	<input type="checkbox"/> District of Columbia	<input type="checkbox"/> Maryland	<input type="checkbox"/> New York (WNY)	<input type="checkbox"/> Washington
	<input type="checkbox"/> Florida	<input type="checkbox"/> Minnesota	<input type="checkbox"/> North Carolina	<input type="checkbox"/> West Virginia
	<input type="checkbox"/> Georgia	<input type="checkbox"/> Missouri	<input type="checkbox"/> Ohio	<input type="checkbox"/> Wisconsin
	<input type="checkbox"/> Indiana	<input type="checkbox"/> Nebraska	<input type="checkbox"/> South Carolina	

POLICY:

Anthem Medicaid ensures that adolescent members (minors between the ages of 12 and 18) have timely access to “confidential” sensitive services that include:

- Sexual assault, including rape
- Drug or alcohol abuse for children 12 years of age or older
- Pregnancy
- HIV Testing
- Family planning
- Sexually transmitted infections for children 12 years of age or older
- Outpatient mental health care for children 12 years of age or older who are mature enough to participate intelligently and where either:
 - 1) there is a danger of serious physical or mental harm to the minor or others, or
 - 2) the children are the alleged victims of incest or child abuse.

DEFINITIONS:

Adolescent “confidential” sensitive services - those services for which confidentiality is necessary. Often they are related to family planning, sexually transmitted infections, HIV testing, abortion, pregnancy, sexual assault, drug and alcohol abuse, and mental health services.

PROCEDURE:

- A. Minors between the ages of 12 and 18 may access “confidential” sensitive services without parental consent, pre-service review, or prior authorization from their Primary Care Provider (PCP).
- B. The member may see their PCP or an out-of-network provider.

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Guideline related to Protected Health Information (PHI):

Anthem Medicaid ensures PHI is secure and unavailable to unauthorized access in order to prevent loss, tampering, disclosure of information, alteration, or destruction of the record. Minors have the right to access confidential services without parental consent, therefore those medical records and/or information regarding medical treatment specific to those confidential services are not to be released to parent(s) without the minor’s consent. Refer to Anthem’s Privacy Policy #CPP1301 “Sensitive Services”.

REFERENCES:

- Anthem Privacy Policy #CPP1301 “Sensitive Services”
- CA Family Code 6922-6929
- Central Valley/Bay Area, Sacramento, Tulare, Tri-County (Fresno, Kings, Madera), and LA Care Contracts, Exhibit A, Attachment 9
- Medi-Cal Evidence of Coverage, 2023
- Provider Operations Manual, January 2023

RESPONSIBLE DEPARTMENTS:

Primary Department: Utilization Management

Secondary Department(s): None

EXCEPTIONS:

None

REVISION HISTORY:

Review Date	Changes
04/08/24	<ul style="list-style-type: none">• Annual Review; no changes
03/30/23	<ul style="list-style-type: none">• Annual Review• Updated and alphabetized References section• Updated primary department from “Medical Management - Utilization Management & Case Management” to “Utilization Management”• Added “Secondary Department(s)” sub-header under Responsible Departments section to match template
03/24/22	<ul style="list-style-type: none">• Annual Review• Change STD to STI

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Review Date	Changes
	<ul style="list-style-type: none"> • Updated References
03/10/21	<ul style="list-style-type: none"> • Annual Review, minor grammatical updates to policy section
03/11/20	<ul style="list-style-type: none"> • Annual Review • Updated References
03/06/19	<ul style="list-style-type: none"> • Annual Review • Updated References
03/20/18	<ul style="list-style-type: none"> • Annual Review • Updated References
03/31/17	<ul style="list-style-type: none"> • Updated EOC reference
04/29/16	<ul style="list-style-type: none"> • Annual Review • Updated EOC Date
05/30/15	<ul style="list-style-type: none"> • Removed Healthy Families • Updates EOC Date • Updated Provider Manual Date • Changed WellPoint to Anthem
06/19/13	<ul style="list-style-type: none"> • Updated references
08/23/12	<ul style="list-style-type: none"> • Changed reference from Anthem Blue Cross State Sponsored Business to Anthem Medicaid. • Added DEFINITION section with the definition of Adolescent “Confidential” Sensitive Services. • Moved the list of sensitive services from the procedure section to the policy section. • Corrected formatting. • Further defined the term “adolescent”. • Expanded on the guideline for confidential information. • Changed reference from Care Management to Medical Management. • Updated references. • Added revision history to policy.