## Government Business Division Policies and Procedures

| Section (Primary Department)   |                        |                    |                                       | SUBJECT (Document Title) |                      |  |  |
|--|------------------------|--------------------|---------------------------------------|--------------------------|----------------------|--|--|
| Utilization Management   |                        |                    | Request for Medical Policies/Coverage |                          |                      |  |  |
|  |                        |                    | Guide                                 | lines, Clinical Guid     | delines, Criteria or |  |  |
|  |                        |                    | Benefi                                | ts - CA                  |                      |  |  |
| Effective Date   | Date of Last I         | Review             | Date o                                | of Last Revision         | Dept. Approval Date  |  |  |
| 11/25/2002   | 04/24/2024             |                    | 04/24,                                | /2024                    | 04/24/2024           |  |  |
| Department Approval/Signature:   |                        |                    |                                       |                          |                      |  |  |
|  |                        |                    |                                       |                          |                      |  |  |
| Policy applies to health plans operating in the following State(s). Applicable products noted below. |                        |                    |                                       |                          |                      |  |  |
| <u>Products</u>  | $\square$ Arkansas     | $\square$ Iowa     |                                       | ☐ Nevada                 | ☐ Tennessee          |  |  |
| ☑ Medicaid/CHIP  | □ California           | ☐ Kentuck          | У                                     | ☐ New Jersey             | ☐ Texas              |  |  |
| ☐ Medicare/SNP   | □ Colorado             | $\square$ Louisian | a                                     | ☐ New York               | ☐ Virginia           |  |  |
| ☐ MMP/Duals  | ☐ District of Columbia | $\square$ Marylan  | d                                     | ☐ New York (WNY)         | $\square$ Washington |  |  |
|  | ☐ Florida              | ☐ Minneso          | ota                                   | ☐ North Carolina         | ☐ Wisconsin          |  |  |
|  | ☐ Georgia              | ☐ Missour          | i                                     | ☐ Ohio                   | ☐ West Virginia      |  |  |
|  | ☐ Indiana              | ☐ Nebrask          | а                                     | $\square$ South Carolina |                      |  |  |
|  |                        |                    |                                       |                          |                      |  |  |

#### **POLICY:**

Elevance health will provide copies of utilization management processes, medical policies, clinical guidelines, criteria or benefit provision, to members, providers and the public upon request. The disclosure of medical policy, guidelines, or criteria will be for a specifically requested procedure or condition.

#### **DEFINITIONS:**

None

#### PROCEDURE:

- Medical policy, clinical guideline, criterion or benefit provision that is used to modify, delay or deny services for a specific case under review is disclosed to the provider and the member in that specific case upon request.
- II. A log will be maintained to record requests and disclosures.
- III. All medical policies and/or review criteria are reviewed by the Medical Director or designee prior to mailing or faxing/mailing to ensure that the requestor's needs are met. Or was the appropriate policy/criterion utilized in the decision-making process.
- IV. Public requests for medical policy, clinical guideline, and criterion or benefit provision are limited to specific requested procedures or conditions.
- V. The utilization management process is disclosed to the member, provider or public upon request, with disclosure statement

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|------------------------------|--|--|--|
| Utilization Management       | Request for Medical Policies/Coverage        |  |  |
|                              | Guidelines, Clinical Guidelines, Criteria or |  |  |
|                              | Benefits - CA                                |  |  |

### **REFERENCES:**

- DHCS Contract Exhibit A, Attachment III; 2.3
- NCQA UM (Utilization Management) Standard 2

#### **RESPONSIBLE DEPARTMENTS:**

## **Primary Department:**

Utilization Management (UM)

## **Secondary Department(s):**

None

### **EXCEPTIONS:**

None

#### **REVISION HISTORY:**

| Review Date | Changes  |  |  |
|-------------|--|--|--|
| 04/24/24    | Annual Review  |  |  |
|             | Rebranding update made to Policy section to reflect current guidelines |  |  |
| 07/31/23    | Annual Review  |  |  |
|             | Updated References section   |  |  |
|             | Updated primary department from "Medical Management: (Utilization &    |  |  |
|             | Case Management)" to "Utilization Management (UM)" to match PD in      |  |  |
|             | header   |  |  |
|             | Replaced "N/A" with "None" under Secondary Department(s) to match      |  |  |
|             | template   |  |  |
| 07/27/22    | Annual Review, no changes  |  |  |
| 07/30/21    | Annual Review, no changes  |  |  |
| 07/29/20    | Annual Review, no changes  |  |  |
| 07/31/19    | Annual Review, no changes  |  |  |
| 07/24/18    | Annual Review, no changes  |  |  |
| 07/31/17    | Annual Review, no changes  |  |  |
| 07/29/16    | Annual Review, no changes  |  |  |
| 09/21/15    | Updated procedure to include log and disclosure                        |  |  |
| 03/02/15    | Created California specific document from business wide document       |  |  |