

Sou-guv liouh ziux goux baengc mienh

Meih oix zuqc muangx hiuv taux tengx nyaanh
nyei jauv-louc ndaangc oc

Anthem Dorh nyungc horng h beu sou-gorn
nyei sou gapv zorpc nzoih doic (EOC) aengx
caux sou-daan liouh zunh douc waac tong
zuangx

2025

Alpine, Amador, Calaveras, El Dorado, Fresno, Inyo, Kings, Kern,
Madera, Mono, Sacramento, San Francisco, Santa Clara, Tulare,
aengx caux Tuolumne nquenc

Sou-guv liouh ziux goux baengc mienh

Da'nyeic fingx waac

Meih corc haih duqv zipv haaix naaiv zeiv ziux goux baengc mienh nyei sou-guv aengx caux beu heng-wangc sou-gorn nyei da'nyeic nyungc jaa-dorngx hietv benx da'nyeic nyungc waac bun wangv henh longc mv zuqc maaiz. Anthem tengx lorz haih porv waac mbiaangc nyei mienh tengx porv nzoih waac bun muangx. Mborqv finx lorz taux **1-800-407-4627 (TTY 711)**. Naaiv se wangv henh heuc oc. Doqc mangc naaiv buonv njiaaux baengc mienh nyei sou-guv liouh hoqc hiuv tipv taux tengx porv waax mbuox bei yiem ziux goux zorc baengc jauv-louc dugh maaih porv waac nyei mienh aengx caux porv waac bun bei.

Da'nyeic nyungc nzangc

Meih duqv zipv haaix naaiv deix waac-fienx hietv benx da'nyeic nyungc nzangc bun doqc mangc beiv taux zoux benx nzangc-pokc bun hluo, aamx hietv bieqc domh zeiv



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

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hlo taux 20 gouv, bungx waac-qiez bun muangx, aengx caux bieqc lorz longc yangh electronic naaiv deix yietc zungv gong mv zuqc hoic meih ndorqv nyaanh cingv oc. Mborqv finx lorz taux **1-800-407-4627 (TTY 711)**. Naaiv se wangv henh heuc oc.

Lorz mienh porv waac mbuox bei

Anthem liepc ziangx mienh tengx porv waac bun bei, lemh jienv maaih porv waac nyei mienh guai haih longc buoz wuv bun mangc yiem njiec 24 nor ziangh hoc, mv zuqc hoic meih ndortv nyaanh cingv. Mv zuqc zorv nyav meih lorz hmuangv doic a'fai pong-yiouu doic daaih benx porv waac nyei mienh. Se gorngv mv zeiz jiepv sih beqv nyei sic nor yie mbuo oix heuc dorh mienh lunx mienh benx porv waac nyei mienh. Ninh mbuo mbenc duqv maaih porv waac mbuox bei nyei mienh, haih gorngv fiuv fingx waac, aengx caux hiuv taux zong-zei jauv-louc nyei mienh wangv henh tengx naaiv deix gong mv zuqc hoic meih ndortv nyaanh cingv oc. Yiem njiec yietc hnoi 24 norm ziangh hoc, yietc norm leiz baaix yiem njiec 7 hnoi lorz mienh tengx haaix zanc yaac duqv. Se gorngv qiemx zuqc longc mienh tengx gorngc benx meih nyei waac bun muangx, a'fai oix bieqc zipv muangx naaiv buonv sou-guv nyei kou-nyiouz benx da'nyeic fingx waac, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**. Naaiv se wangv henh heuc oc.



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ATTENTION: If you need help in your language, call **1-800-407-4627 (TTY 711)**. Aids and services for people with disabilities, like documents in braille and large print, are also available. Call **1-800-407-4627 (TTY 711)**. These services are free.

الشعار بالعربية **(Arabic)** يُرجى الانتباه إذا احتجت إلى المساعدة بلغتك، فاتصل بـ **1-800-407-4627 (TTY 711)**. تتوفر أيضًا المساعدات والخدمات للأشخاص ذوي الإعاقة، مثل المستندات المكتوبة بطريقة بريـل والخط الكبير. اتصل بـ **1-800-407-4627 (TTY 711)** هذه الخدمات مجانية.

Հայերեն պիտակ **(Armenian)** ՈՒՇԱԴՐՈՒԹՅՈՒՆ. Եթե Ձեզ օգնություն է հարկավոր Ձեր լեզվով, զանգահարեք **1-800-407-4627 (TTY 711)** հեռախոսահամարով:

Կան նաև օժանդակ միջոցներ ու ծառայություններ հաշմանդամություն ունեցող անձանց համար, օրինակ Բրայլի գրատիպով ու խոշորատառ տպագրված նյութեր: Զանգահարեք **1-800-407-4627 (TTY 711)**

հեռախոսահամարով: Այդ ծառայություններն անվճար են:

ឃ្លាសំគាល់ភាសាខ្មែរ **(Cambodian)** ចំណេះ:

បើសិនអ្នកត្រូវការជំនួយ ជាភាសារបស់អ្នក សូមទូរស័ព្ទទៅលេខ **1-800-407-4627 (TTY 711)** ។ ជំនួយ និងសវា សំរាប់ជនពិការ ដូចជាឯកសារសរសេរជាអក្សរវែប៊ែល សំរាប់ជនពិការ ភ្នែកឬឯកសារជាអក្សរពុម្ពធំៗ ក៏មានដែរ។ ទូរស័ព្ទមកលេខ **1-800-407-4627 (TTY 711)**។ សេវាទាំងនេះមិនគិតថ្លៃឡើយ។



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简体中文标语 (**Chinese**) 请注意：如果您需要以您的母语提供帮助，请致电 **1-800-407-4627 (TTY 711)**。另外还提供针对残疾人士的帮助和服务，例如文盲和需要较大字体阅读，也是方便取用的。请致电 **1-800-407-4627 (TTY 711)**。这些服务都是免费的。

مطلب به زبان فارسی (**Farsi**) توجه: اگر میخواهید به زبان خود کمک دریافت کنید، با **1-800-407-4627 (TTY 711)** تماس بگیرید. کمکها و خدمات مخصوص افراد دارای معلولیت، مانند نسخه های خط بریل و چاپ با حروف بزرگ، نیز موجود است. با **1-800-407-4627 (TTY 711)** تماس بگیرید. این خدمات رایگان ارائه میشوند.

हिन्दी टैगलाइन (**Hindi**) ध्यान दें: अगर आपको अपनी भाषा में सहायता की आवश्यकता है तो **1-800-407-4627 (TTY 711)** पर कॉल करें। अशक्तता वाले लोगों के लिए सहायता और सेवाएं, जैसे ब्रेल और बड़े पिरंट में भी दस्तावेज़ उपलब्ध हैं।

1-800-407-4627 (TTY 711) पर कॉल करें। ये सेवाएं निःशुल्क हैं।

Nge Lus Hmoob (Hmong) Cob CEEB TOOM: Yog koj xav tau kev pab txhais koj hom lus hu rau **1-800-407-4627 (TTY 711)**. Muaj cov kev pab txhawb thiab kev pab cuam rau cov neeg xiam oob qhab, xws li puav leej muaj ua cov ntawv su thiab luam tawm ua tus ntawv loj. Hu rau **1-800-407-4627 (TTY 711)**. Cov kev pab cuam no yog pab dawb xwb.



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Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

日本語表記 (Japanese) 注意日本語での対応が必要な場合は 1-800-407-4627 (TTY 711) へお電話ください。点字の資料や文字の拡大表示など、障がいをお持ちの方のためのサービスも用意しています。

1-800-407-4627 (TTY 711) へお電話ください。これらのサービスは無料で提供していますへお電話ください。これらのサービスは無料で提供しています。

한국어 태그라인 (Korean) 유의사항: 귀하의 언어로 도움을 받고 싶으시면 1-800-407-4627 (TTY 711) 번으로 문의하십시오. 점자나 큰 활자로 된 문서와 같이 장애가 있는 분들을 위한 도움과 서비스도 이용 가능합니다.

1-800-407-4627 (TTY 711) 번으로 문의하십시오. 이러한 서비스는 무료로 제공됩니다.

ແທກໄລພາສາລາວ (Laotian) ປະກາດ:

ຖ້າທ່ານຕ້ອງການຄວາມຊ່ວຍເຫຼືອໃນພາສາຂອງທ່ານໃຫ້ໂທຫາເບີ

1-800-407-4627 (TTY 711).

ຍັງມີຄວາມຊ່ວຍເຫຼືອແລະການບໍລິການສໍາລັບຄົນພິການ

ເຊັ່ນເອກະສານທີ່ເປັນອັກສອນມູນແລະມິໂຕພິມໃຫຍ່ ໃຫ້ໂທຫາເບີ

1-800-407-4627 (TTY 711).

ການບໍລິການເຫຼົ່ານີ້ບໍ່ຕ້ອງເສຍຄ່າໃຊ້ຈ່າຍໃດໆ.



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Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Mienh Tagline (Mien) LONGC HNYOUV JANGX

LONGX OC: Beiv taux meih qiex longc mienh tengx faan benx meih nyei waac nor douc waac daaih lorx taux **1-800-407-4627 (TTY 711)**. Liouh lorx jauv-louc tengx aengx caux nzie gong bun taux ninh mbuo wuaaic fangx mienh, beiv taux longc benx nzangc-pokc bun hluo mbiutc aengx caux aamz mborqv benx domh sou se mbenc nzoih bun longc. Douc waac daaih lorx **1-800-407-4627 (TTY 711)**. Naaiv deix nzie weih gong- bou jauv-louc se benx wang-henh tengx mv zuqc cuotv nyaanh oc.

ਪੰਜਾਬੀ ਟੈਗਲਾਈਨ (Punjabi) ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਹਾਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ

ਵਿੱਚ ਮਦਦ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਾਲ ਕਰੋ **1-800-407-4627 (TTY 711)**।

ਅਪਾਹਜ਼ ਲੋਕਾਂ ਲਈ ਸਹਾਇਤਾ ਅਤੇ ਸੇਵਾਵਾਂ, ਜਿਵੇਂ ਕਿ ਬੋਲ ਅਤੇ ਮੋਟੀ ਛਪਾਈ ਵਿੱਚ ਦਸਤਾਵੇਜ਼, ਵੀ ਉਪਲਬਧ ਹਨ। ਕਾਲ ਕਰੋ

1-800-407-4627 (TTY 711)। ਇਹ ਸੇਵਾਵਾਂ ਮੁਫਤ ਹਨ।

Русский слоган (Russian) ВНИМАНИЕ! Если вам

нужна помощь на вашем родном языке, звоните

по номеру **1-800-407-4627 (линия ТTY 711)**. Также

предоставляются средства и услуги для людей с

ограниченными возможностями, например документы

крупным шрифтом или шрифтом Брайля. Звоните по номеру

1-888-285-7801 (линия ТTY 711). Такие услуги

предоставляются бесплатно.



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Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Mensaje en español (Spanish) ATENCIÓN: Si necesita ayuda en su idioma, llame al **1-800-407-4627 (TTY 711)**. Para las personas con discapacidades, también hay asistencia y servicios gratuitos disponibles, como documentos en braille y letra grande. Llame al **1-800-407-4627 (TTY 711)**. Estos servicios son gratuitos.

Tagalog Tagline PAUNAWA: Kung kailangan ninyo ng tulong sa inyong wika, tumawag sa **1-800-407-4627 (TTY 711)**. Mayroon ding mga tulong at serbisyo para sa mga taong may kapansanan, tulad ng mga dokumento sa braille at malalaking titik. Tumawag sa **1-800-407-4627 (TTY 711)**. Libre ang mga serbisyong ito.

แท็กไลน์ภาษาไทย (Thai) โปรดทราบ:

หากคุณต้องการความช่วยเหลือเป็นภาษาของคุณกรุณาโทรศัพท์ไปที่หมายเลข **1-800-407-4627 (TTY 711)** นอกจากนี้

ยังพร้อมให้ความช่วยเหลือและบริการต่าง ๆ

สำหรับบุคคลที่มีความพิการ เช่น เอกสารต่าง ๆ

ที่เป็นอักษรเบรลล์และเอกสารที่พิมพ์ด้วยตัวอักษรขนาดใหญ่ กรุณาโทรศัพท์ไปที่หมายเลข **1-800-407-4627 (TTY 711)**

ไม่มีค่าใช้จ่ายสำหรับบริการเหล่านี้



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Примітка українською (Ukrainian) УВАГА! Якщо вам потрібна допомога вашою рідною мовою, телефонуйте на номер **1-800-407-4627 (TTY 711)**. Люди з обмеженими можливостями також можуть скористатися допоміжними засобами та послугами, наприклад, отримати документи, надруковані шрифтом Брайля та великим шрифтом. Телефонуйте на номер **1-800-407-4627 (TTY 711)**. Ці послуги безкоштовні.

Khẩu hiệu tiếng Việt (Vietnamese) CHÚ Ý: Nếu quý vị cần trợ giúp bằng ngôn ngữ của mình, vui lòng gọi số **1-800-407-4627 (TTY 711)**. Chúng tôi cũng hỗ trợ và cung cấp các dịch vụ dành cho người khuyết tật, như tài liệu bằng chữ nổi Braille và chữ khổ lớn (chữ hoa). Vui lòng gọi số **1-800-407-4627 (TTY 711)**. Các dịch vụ này đều miễn phí



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Laengz zipv bieqc taux Anthem!

Laengz zingh meih dorh mbuoz bieqc yiem Anthem. Anthem se benx yietc norm beu heng-wangc nyei sou-gorn liouh bun ninh mbuo zuangx mienh dung maaih Medi-Cal nyei mienh. Anthem liuc leiz njiec buoz zoux gong caux California saengv zangc liouh tengx meih ziux goux zorc baengc jauv-louc.

Sou-guv liouh ziux goux baengc mienh

Naaiv buonv sou-guv duqv mbuox tong fieng meih duqv hiuv taux meih maaih sou-gorn beu heng-wangc yiem njiec naaiv norm Anthem. Tov longc hnyiouv doqc mangc longx aengx caux nzoih nzengc. Naaiv buonv sou corc duqv mbuox meih bieqc hnyiouv nzoih tengx nyaanh jauv-louc, mbenc duqv maaih haaix nyungc gong tengx meih, aengx caux hhangv haaix lorz ninh mbuo tengx meih zorc baengc. Naaiv buonv sou corc duqv porv muonc mbuox meih hiuv taux maaih leiz beu ze'buonc bun meih aengx caux oix zuqc ndaam-dorng liuc leiz haaix nyungc gong caux Anthem. Se gorngv meih maaih gorqv-zeic baengc qiengx zorc nor, oix zuqc doqc mangc nzoih yietc zungv dorngx dung puix zuqc meih nyei jauv-louc wuov oc.

Naaiv buonv sou corc duqv cuotv benx ganh norm mbuoz heuc dorh nyungc horngx beu heng-wangc sou-gorn gapv zorpc doic (EOC) aengx caux sou-daan liouh zunh douc fieng tong zuangx. Naaiv buonv EOC aengx caux zunh douc fieng tong zuangx nyei waac duqv gapv zunv beu heng-wangc sou-gorn nyei waac nzengc oc. A'zuqc ca'laangh daav za'eix muangx taux beu heng-wangc nyei sou-gorn liouh zoux sou mingh gouv ndorqc cing gong-bou jauv-louc aengx caux sou-gorn neqv beu bun haaix nyungc baengc. Se gorngv oix hoqc hiuv tipv, mborqv finx lorz taux Anthem yiem njiec naaiv **1-800-407-4627 (TTY 711)**.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangx bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

Maaih jioux baav waac duqv fiev hietv yiem naaiv buonv sou-guv, Anthem maaih nzunc baav heuc “yie mbuo” a'fai “mbuo yietc zungv.” Maaih nzunc baav heuc naaiv deix mienh benx “meih.” Maaih norm baav dorngx duqv fiev benx domh nzangc-wuonh liouh benx gorqv-zeic jangx-funx yiem naaiv buonv sou.

Se gorngv oix tov heuc aamx cuotv naaiv zeiv zoux gong sou dugh Anthem caux California dinc zangc ziux goux heng-wangc domh gorn nyei zoux gong sou (DHCS), mborqv finx lorz taux **1-800-407-4627 (TTY 711)**. Meih corc haih tov heuc wangv henh aamx da'nyeic diuc sou-guv dorngx bun mv zuqc ndortv nyaanh maaiz oc. Meih corc haih zaah lorz taux naaiv buonv sou-guv liouh ziux goux baengc mienh yiem njiec Anthem website yiem njiec naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal). Meih corc haih tov ninh mbuo aamx cuotv naaiv Anthem njieux baengc gorn zangc aengx caux doz-leiz caux yietv nyeic jauv-louc mv zuqc jiem-gec nyei dorngx wangv henh fungx meih. Ninh mbuo yaac duqv domh nzoih hietv yiem njiec Anthem website.

Lorz taux yie mbuo

Anthem tengx liuc leiz nzie gong bun. Se gorngv meih maaih waac qiemx zuqc naaic, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**. Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv henh heuc oc.

Meih corc haih bieqc lorz yangh online haax zanc yaac duqv ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Laengz zingh oc,
Anthem

Anthem Blue Cross
P.O. Box 9054
Oxnard, CA 93031-9054



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

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Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen huc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

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Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

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Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc
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 Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung
 ndorm taux 7 dimv lung muonx. Naaiv se wangv henh heuc oc. A'fai mborqv
 finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.
 Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

1. Njiec buoz jiex gorn liuc leiz zoux benx naaiv laanh mienh ndaangc

Hnangv haaix jiouh mienh tengx nzie bun

Anthem liepc ziangx hnyiouu oix bun meih maaih njien-yiouh hnyiouu yiem caux zorc baengc jauv-louc. Beiv hnangv meih maaih waac qiemx zuqc naaic a'fai maaih dorngx kuonx hnyiouu taux zorc baengc jauv-louc oix zuqc mbuox tong Anthem haix hiuv taux naaic deix jauv-louc oc!

Zoux gong ziux goux baengc mienh

Anthem yiem njiec naaiv zuov liouh tengx liuc leiz zoux gong ziux goux meih. Anthem corc haih:

- Dau waac bun muangx taux yiem njiec meih nyei beu heng-wangc sou-gorn waac aengx caux Anthem beu bun nyei buonc gong
- Tengx dorh meih sienv a'fai tiuv yienc naaiv laanh zorc baengc nyei ndie-sai (PCP)
- Mbuox tong fienv bun meih hiuv taux mingh lorz zorc baengc yiem lorqc njiec haaix
- Se gorngv meih mv haih gorngv janx yaangh yinh waac nor ninh mbuo tengx meih zaah lorz porv waac bun bei nyei mienh bun meih
- Tengx dorh waac-fienv fiev benx da'nyeic nyungc waac aengx caux da'nyeic nyungc sou bun doqc



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

1 | Njiec buoz jiex gorn liuc leiz zoux benx naaiv laanhmienh ndaangc

Beiv hnavgv meih qiexm zuqc longc mienh tengx nzie, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**. Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. Anthem a'zuqc tengx liuc leiz mv bun guangc ziangh hoc zuov lauh jiex ndaangc 10 buon yiem mborqv finx daaih lorz nyei ziangh hoc.

Meih corc haih bieqc lorz mangc yiem ziux goux baengc mienh yangh online daaih haaix zanc yaac duqv ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Haaix laanh mienh haih bieqc benx ninh mbuo nyei baengc mienh

Yiem njiec normh norm saengv se liepc duqv maaih Medicaid kou-gong gorn bun nzoih. Yiem naaiv California, naaiv norm Medicaid duqv cuotv biuv heuc **Medi-Cal**.

Meih maaih horpc bouc puix-juang gaux bieqc Anthem weic laaix meih maaih horpc bouc puix-juang gaux bieqc Medi-Cal ndaangc aengx caux yiem lorqc zuqc naaiv deix nquenc: Alpine, Amador, Calaveras, El Dorado, Fresno, Inyo, Kings, Kern, Madera, Mono, Sacramento, San Francisco, Santa Clara, Tulare, a'fai Tuolumne. Nzunc baav meih corc maaih horpc bouc puix-juang gaux bieqc Medi-Cal yiem njiec so soh si-kiu-ri-dih dungn ih zanc meih horpc zipv saengv zangc nzemx nyaanh bun liouh longc (SSP) a'fai nzemx nyaanh bieqc bun ziux goux yiem-laamz (SSI).

Se gorngv maaih waac qiexm zuqc naaic taux dorh mbuoz bieqc, mborqv finx lorz taux Health Care Options yiem njiec naaiv 1-800-430-4263 (TTY 1-800-430-7077 a'fai 711). A'fai bieqc lorz mangc yiem <http://www.healthcareoptions.dhcs.ca.gov/>

Se gorngv maaih waac qiexm zuqc naaic taux so soh si-ki-ri-dih javv-louc, mborqv finx lorz taux so soh si-ki-ri-dih nyei dinc zangc yiem njiec naaiv 1-800-772-1213. A'fai bieqc mangc taux <https://www.ssa.gov/locator/>.

Medi-Cal tengx jiex javv bouc dauh

Nzunc baav meih corc haih duqv zipv Medi-Cal tengx ziux goux benx jiex javv bouc dauh beiv hnavgv meih corc jiex gorn zoux gong zorc nyaanh aengx caux mv gaengh maaih horpc bouc puix-juang gaux zipv buangv Medi-Cal.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

1 | Njiec buoz jiex gorn liuc leiz zoux benx naaiv laanhmienh ndaangc

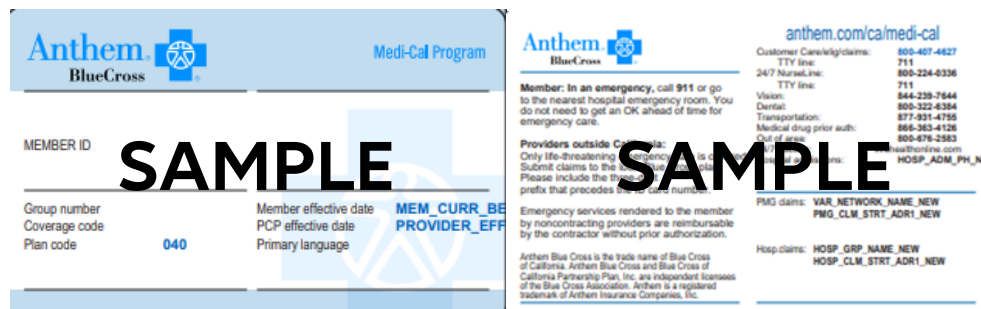
Meih naaic taux ninh mbuo gorngv hhangv haaix zoux cingx maaih horpc bouc gaux zipv Medi-Cal tengx jiex jauv nyei bouc dauh yiem njiec buonh deic nguenc zangc yiem njiec naaiv:

<http://www.dhcs.ca.gov/services/medi-cal/Pages/CountyOffices.aspx>

A'fai mborqv finx lorz taux Health Care Options yiem njiec naaiv 1-800-430-4263 (TTY 1-800-430-7077 a'fai 711).

Mbiuv hmien-mueic fangx (ID)

Se gorngv naaiv laanhm mienh benx liuz Anthem, a'zuqc zuqc duqv zipv yie mbuo Anthem mbiuv hmien-mueic fangx (ID). Haaix zanc meih mingh zorc baengc a'fai zorqv ndie nyei ziangh hoc a'zuqc dorh naaiv kuaaiv Anthem ID fangx **aengx caux** meih nyei Medi-Cal zipv nyaanh hmien-fangx (BIC) bun mangc. Ninh mbuo California saengv zangc duqv dorh meih nyei zipv Medi-Cal BIC nyaanh fangx duqv fungx bun meih ndaangc mi'aqc. Meih horpc zuqc dorh naaiv deix hmien-mueic fangx nitv gan sin. Meih nyei Medi-Cal BIC aengx caux Anthem ID fangx duqv hietv naaiv bun mangc:



Se gorngv meih mv duqv zipv siou Anthem ID fangx taux buoz yiem njiec yi buox norm leiz baaix bouc dauh dungh meih duqv faaux mbuoz bieqc liuz, a'fai se gorngv Anthem ID fangx waaic, laaih zitc, a'fai janx-zaqc nimc, oix zuqc gaanv liuc leiz mborqv finx lorz taux ziux goux baengc nyei gorn zangc siepv. Anthem a'zuqc tengx



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lunggh ndorm taux 7 dimv lunggh muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

1 | Njiec buoz jhex gorn liuc leiz zoux benx naaiv laanhmienh ndaangc

liuc leiz fungx siang-fangx bun meih mv zuqc ndortv nyaanh oc. Mborqv finx lorz taux **1-800-407-4627 (TTY 711)**. Beiv hnangv meih mv gaengh maaih naaiv kuaaiv Medi-Cal BIC fangx a'fai fangx waaic, laaih zitc, a'fai janx-zaqc nimc, oix zuqc gaanv liuc leiz mborqv finx lorz taux nquenc zangc nyei dinc hiuv siepv. Se gorngv oix zaah lorz nquenc zangc nyei dinc, bieqc lorz mangc yiem <http://www.dhcs.ca.gov/services/medi-cal/Pages/CountyOffices.aspx>



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

2. Liouh mangc taux beu heng-wangc nyei sou-gorn

Piuh beih mangc taux beu heng-wangc nyei sou-gorn

Anthem se benx yietc norm beu heng-wangc nyei sou-gorn liouh bun ninh mbuo zuangx mienh dung maaih Medi-Cal yiem lorq njiec naaiv deix nquenc: Alpine, Amador, Calaveras, El Dorado, Fresno, Inyo, Kings, Kern, Madera, Mono, Sacramento, San Francisco, Santa Clara, Tulare, aengx caux Tuolumne. Anthem liuc leiz njiec buoz zoux gong caux California saengv zangc liouh tengx meih ziux goux zorc baengc jauv-louc.

Gorngv caux Anthem borng buoz mienh ziux goux baengc mienh nyei gorn zangc liouh hoqc hiuv tipv taux beu heng-wangc nyei sou-gorn aengx caux hnavg haaix mbenc zoux naaic deix gong bun meih. Mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.

Haaix zanc meih jiex gorn longc beu heng-wangc nyei sou-gorn aengx caux dornng setv mueix ziangh hoc

Haaix zanc meih faaux mbuoz bieqc Anthem, yie mbuo oix zuqc fungx naaiv kuaaiv Anthem hmien-mueic fangx (ID) mingh bun meih yiem njiec yi norm leiz baaix bouc dauh ziux hnoi-nyieqc faaux mbuoz bieqc wuov funx mingh. Meih oix zuqc dorh Anthem ID fangx caux Medi-Cal zipv nyaanh fangx (BIC) mingh bun zorc baengc dornng a'fai zorqv ndie dornng mangc.

Yiem njiec hnyiang-dong a'zuqc dorh meih nyei Medi-Cal sou-gorn mingh borqv sou-gorn siang. Beiv hnavg ninh mbuo nquenc zangc mv haih tengx liuc leiz mborqv Medi-Cal beu heng-wangc nyei sou-gorn siang yangh ga'nyuoz electronic gorn zangc bun, ninh mbuo nquenc zangc oix zuqc fungx naaiv kuaaiv Medi-Cal mborqv sou-gorn



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung hndorm taux 7 dimv lung muonx. Naaiv se wangv hen huc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

2 | Liouh mangc taux beu heng-wangc nyei sou-gorn

nyei daan mingh bun ndaangc. A'zuqc fiev ziangx naaiv zeiv daan aengx caux fungx nzuonx bun nquenc zangc nyei dinc. Meih corc haih dorh naaic nyungc waac-fienx mingh dorng hmien bun, douc mbuox yangh fonh, yangh zipv fienx dorngx, online, a'fai bieqc yangh electronic yiem njiec nquenc zangc.

Meih corc haih guangc Anthem beu sou-gorn aengx caux sienv longc ganh norm beu heng-wangc sou-gorn haaix zanc yaac duqv oc. Se gorngv oix lorz mienh tengx sienv bieqc siang heng-wangc sou-gorn, mborqv finx lorz taux Health Care Options yiem njiec naaiv 1-800-430-4263 (TTY 1-800-430-7077 a'fai 711). A'fai bieqc lorz mangc yiem www.healthcareoptions.dhcs.ca.gov.

Anthem se benx yietc norm beu heng-wangc sou-gorn liouh bun Medi-Cal nyei mienh yiem lorqc njiec Alpine, Amador, Calaveras, El Dorado, Fresno, Inyo, Kings, Kern, Madera, Mono, Sacramento, San Francisco, Santa Clara, Tulare, aengx caux Tuolumne nquenc. Zaah lorz nquenc zangc nyei dinc yiem njiec naaiv <http://www.dhcs.ca.gov/services/medi-cal/Pages/CountyOffices.aspx>.

Anthem Medi-Cal zuqc zoi beu sou-gorn guangc aqv beiv hngangv zien ziux ga'ndiev deix waac nzoih nzengc:

- Meih duqv biaux cuotv mv yiem naaiv norm Alpine, Amador, Calaveras, El Dorado, Fresno, Inyo, Kings, Kern, Madera, Mono, Sacramento, San Francisco, Santa Clara, Tulare, a'fai Tuolumne nquenc mi'aaq
- Meih mv duqv zipv Medi-Cal sou-gorn aqv
- Meih maaih horpc bouc gaux liouh nqenx cuotv kou-gong gorn dugh heuc oix zuqc dorh mbuoz bieqc caux Cingv Zoux Gong (FFS) Medi-Cal
- A'zuqc zorv zuiz a'fai zorqv bieqc loh dingc zuiz

Beiv hngangv meih muoqv zuqc Anthem Medi-Cal sou-gorn laaih zitic, nzunc baav meih corc maaih horpc bouc gaux bun FFS Medi-Cal sou-gorn. Beiv hngangv meih mv dingc-torv gorngv corc maaih sou-gorn bey yiem caux Anthem nyei fai, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.

Gorqv-zeic corngb bun benx meiv guoqv Indians baeqc fingx nyei zorc baengc sou-gorn

Haaix deix meiv guoqv Indians baeqc fingx maaih ze'buonc beu leiz bun mv zuqc faaux mbuoz bieqc Medi-Cal gunv goux zorc baengc nyei sou-gorn a'fai ninh mbuo tiu mbuoz cuotv Medi-Cal gunv goux zorc baengc sou-gorn aengx caux tuix nzuonx FFS Medi-Cal haaix zanc yaac duqv mv zuqc mbuox cing waac.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungb ndorm taux 7 dimv lungb muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangb bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

Beiv hngangv meih benx meiv guoqv Janx Indian baeqc fingx, corc maaih leiz beu ze'buonc bun zipv ziux goux zorc baengc yiem njiec Indian beu heng-wangc sou-gorn nyei ndie-sai (IHCP). Meih corc haih dorh mbuoz hietv yiem njiec a'fai tiu mbuoz cuotv (guangc) mv yiem caux Anthem yiem njiec meih corc zorc jienv baengc yiem lorqc njiec naaiv deix dorngx dauh. Se gorngv oix hiuv taux faaux mbuoz bieqc aengx caux tiu mbuoz cuotv nyei jauv-louc, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.

Anthem a'zuqc borqv caux gorn zangc liouh tengx meih corc baengc, lemh jienv ga'hlen gorn zangc dorngx. Beiv hngangv meih tov taux tengx naaiv deix gong yiem caux IHCP aengx caux yiem njiec ga'nyuoz juangc gorn zangc zoux gong doic mv mbenc duqv maaih nyei gong IHCP, Anthem a'zuqc tengx liuc leiz zaah lorz ga'hlen gorn zangc IHCP. Se gorngv oix hiuv tipv, doqc mangc yiem "juangc doic zorc baengc nyei gorn zangc" fiev hietv naaiv buonv sou-guv da'3 ginc sou.

Ninh mbuo beu heng-wangc sou-gorn hngangv haaix liuc leiz zoux gong

Anthem se benx yietc norm gunv goux zorc baengc sou-gorn maaih zoux gong sou caux DHCS. Anthem caux domh ndie-sai juangc gong zoux, caux zorc baengc dorngx, aengx caux da'nyeic deix ndie-sai yiem Anthem deic jei tengx liuc leiz zorc baengc bun taux yie mbuo nyei baengc mienh. Haaix laanh mienh bieqc benx Anthem liuz, corc maaih horpc bouc gaux zipv naaiv deix gong yiem njiec FFS Medi-Cal. Lemh jienv bun ndie ninh mbuo mingh nzuonx nyei baengc mienh mv zuqc bueix zorc baengc dorngx nyei mienh, mv zeiz ndie-nyanc, aengx caux nyungc baav zorc baengc jaa-dorngx yiem njiec Medi-Cal Rx.

Ziux goux baengc mienh nyei gorn zangc oix zuqc mbuox tong meih hiuv taux Anthem hngangv haaix zoux gong jauv-louc, hngangv haaix lorz tengx zorc baengc bun meih, hngangv haaix dingc ziangh hoc liouh lorz ndie-sai zorc baengc ziux zoux gong ziangh hoc, hngangv haaix tov lorz mienh tengx porv waac mbuox bei mv zuqc ndorqv nyaanh aengx caux faan waac a'fai dorh waac-fienx fiwv bieqc nyungc horngh sou, aengx caux hngangv haaix zaah lorz cie tengx tor mingh nzuonx zorc baengc.

Se gorngv oix hoqc hiuv tipv, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**. Meih corc haih zaah lorz muangz taux ziux goux baengc mienh nyei waac-fienx yangh online yiem njiec naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Tiuv yien beu heng-wangc nyei sou-gorn

Meih oix biaux cuotv Anthem aengx caux bieqc yiem da'nyeic norm beu heng-wangc sou-gorn yiem njiec nquenc zangc haax zanc yaac duqv oc beiv hngangv buac ninh mbuo liepc duqv maaih ganh norm beu heng-wangc sou-gorn. Se gorngv oix sienv bieqc siang heng-wangc sou-gorn, mborqv finx lorz taux Health Care Options yiem njiec naaiv 1-800-430-4263 (TTY 1-800-430-7077 a'fai 711). Meih mborqv finx lorz yiem naaiv 8 dimv lungn ndorm caux 6 dimv lungn hmuangx yiem leiz-baaix yietv taux leiz-baaix hmz. A'fai bieqc lorz mangc yiem naaiv <https://www.healthcareoptions.dhcs.ca.gov>.

Ninh oix zuqc longc ziangh hoc lauh ndaavv taux 30 hnoi faaux maengz liouh tengx dorh meih tov taux nyei waac mingh liuc leiz zoux sung bun biaux cuotv Anthem aengx caux dorh mbuoz bieqc ganh norm beu heng-wangc sou-gorn yiem njiec nquenc zangc. Se gorngv oix zaah mangc taux meih tov taux nyei waac duqv tengx liuc leiz zoux taux haax mi'agc nor, mborqv finx lorz taux Health Care Options yiem njiec naaiv 1-800-430-4263 (TTY 1-800-430-7077 a'fai 711).

Beiv hngangv haix oix biau v cuotv Anthem siepv faaux, mborqv finx lorz taux Health Care Options liouh tov taux ninh mbuo tengx gaanv (jiepv sih) liuc leiz tiu meih nyei mbuoz cuotv siepv.

Haax deix mienh duqv tov taux heuc tengx gaanv liuc leiz tiu mbuoz cuotv nyei buonc se maaih, gorngv mv zienz mv daan mbuoqc naaiv oc, fu'jueiv yiem njiec kou-gong gorn tengx wuix mangc nyei dorngx, baengc mienh qiemx zuqc gorqv-zeic zorc baengc gong, aengx caux haax deix mienh duqv maaih mbuoz bieqc yiem Medicare a'fai yiem ganh norm Medi-Cal a'fai yiem saeng-eix nyei beu heng-wangc sou-gorn.

Meih corc haiv tov biaux cuotv Anthem lorz taux nquenc zangc nyei dinc tengx tiu mbuoz guangc. Zaah lorz nquenc zangc nyei dinc yiem njiec naaiv:

<http://www.dhcs.ca.gov/services/medi-cal/Pages/CountyOffices.aspx>.

A'fai mborqv finx lorz taux Health Care Options yiem njiec naaiv 1-800-430-4263 (TTY 1-800-430-7077 a'fai 711).



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Horqc saeng suiv mingh yiem ganh norm nquenc a'fai suiv cuotv mv yiem lorqc njiec California aqv

Meih corc haih lorz taux njioux jiepv sih baengc aengx caux jiepv sih baengc kouv nyei sic yiem njiec meiv guoqv haaix norm dorngx yaac duqv, lemh nzoih yiem lorqc zuqc meiv guoqv nyei deic jei. Ziux goux ndorm zinh nziouv hmuangx baengc aengx caux nqaeqv wuon-baengc nyei gong se kungx tengx beu bun meih yiem lorqc njiec nquenc dorngx dauh hngangv oc. Beiv hngangv meih benx horqc saeng mienh duqv suiv mingh bieqc horqc yiem lorqc njiec haaix norm nquenc yiem California deic liouh hoqc sou nzangc hlang faaux, lemh kor letc horqc, Anthem yaac duqv beu sou-gorn bun ziux goux bueix zorc jiepv sih baengc aengx caux jiepv zeiv baengc yiem naaic norm nquenc bun mi'aqc. Meih corc haih lorz tengx zorc ndorm zinh nziouv hmuangx baengc a'fai nqaeqv baengc gong yiem njiec naaic norm siang-nquenx dorngx dauh, mv baac meih oix zuqc mbuox tong Anthem hiuv oc. Doqc mangc javu-louc tipv yiem ga'ndiev.

Beiv hngangv meih maaih mbuoz bieqc yiem Medi-Cal aengx caux corc benx horqc saeng hoqc sou yiem ganh norm nquenc yiem California nquenc dungh meih yiem lorqc njiec nyei deic jei, mv zuqc heuc zoux sou mingh tov taux Medi-Cal yiem naaic norm nquenc oc.

Beiv hngangv ih zanc meih duqv suiv mingh hoqc sou dangh baav yiem lorqc zuqc ganh norm nquenc yiem California, meih maaih yi nyungc javu sienv longc oc. Meih corc:

- Mbuox tong ninh mbuo liuc leiz gpux horpc bouc puix-juang nyei mienh hiuv yiem njiec nquenc zangc nyei dinc dungh meih suiv mingh yiem hoqc sou nyei dorngx wuov aengx caux dorh deic zepv dorngx mbuox nquenc zangc hiuv oc. Nquenc zangc oix zuqc zorc deic zepv waac-fienx yiem sou-gorn siang aengx caux dapv nquenc nyei funx-bienh bieqc. Meih oix zuqc njiec buoz liuc leiz zoux naaiv deix gong oc se gorngv meih qiex zuqc nzipc zipv goux ndorm zinh nziouv hmuangx baengc a'fai nqaeqv baengc yiem njiec naaic norm siang nquenc nyei bouc dauh ziangh hoc. Beiv hngangv Anthem mv duqv zoux gong yiem lorqc zuqc naaic norm nquenc dungh meih bieqc horqc hoqc sou wuov, meih oix zuqc tiuv yienc beu heng-wangc nyei sou-gorn oc. Se gorngv maaih waac qiex zuqc naaic aengx caux mv bun maaih dorngx zorz zuqc dorh mbuoz bieqc siang nyei beu heng-wangc sou-gorn, mborqv finx lorz taux Health Care Options yiem njiec naaiv 1-800-430-4263 (TTY 1-800-430-7077 a'fai 711).



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

A'fai

- Beiv hngangv Anthem mv duqv zoux gong yiem naaic norm siang-nquenc dugh meih bieqc horqc hoqc sou wuov, aengx caux meih mv gaengh duqv tiuv yienc beu heng-wangc sou-gorn bieqc naaic norm nquenc, meih kungx haih duqv zipv njioux taux jiepv sih baengc aengx caux jiepv zeih baengc kouv nyei gong yiem naaic norm nquenc hngangv oc. Se gorngv oix hoqc hiuv tipv, doqc mangc yiem da' 3 ginc sou, njiaaux gorngv "Hngangv haaix zipv longc tengx zorc baengc." Se gorngv qiex zuqc lorz zorc ndorm zinh nziouv hmuangx baengc d'fai nqaeqv baengc gong, meih horpc zuqc lorz taux Anthem juangc gong nyei gorn zangc ndie-sai yiem lorqc njiec Alpine, Amador, Calaveras, El Dorado, Fresno, Inyo, Kings, Kern, Madera, Mono, Sacramento, San Francisco, Santa Clara, Tulare, aengx caux Tuolumne nquenc.

Beiv hngangv meih duqv suiv cuotv California liouh mingh hoqc sou-nzangc dangh baav yiem ganh norm saengv aengx caux meih oix nzipc longc Medi-Cal beu heng-wangc sou-gorn mingh, lorz taux ziux goux horpc bouc puis-juangc nyei mienh yiem njiec naaic norm nquenc zangc dinc. Lauh ndaav ndongc haaix yaac longx se gorngv meih corc maaih horpc bouc gaux zipv, Medi-Cal yaac zuqc beu sou-gorn tengx njiec jiepv sih baengc aengx caux jiepv zeih baengc yiem ganh norm saengv bun. Medi-Cal corc duqv beu sou-gorn tengx njioux jiepv sih baengc dugh a'zuqc bueix zorc baengc yiem ndie-dorngh yiem Canada caux Mexico.

Lorz zorc ndorm zinh nziouv hmuangx baengc aengx caux nqaeqv baengc gong, se lemh jienv bun ndie zorc baengc, dugh mv maaih sou-gorn beu bun yiem njiec nzuqc maengz ziqc California saengv nyei buonc. Se gorngv meih duqv zipv naaic deix gong yiem lorqc zuqc nzuqc maengz ziqc saengv nor meih mv maaih horpc bouc gaux bun Medi-Cal beu sou-gorn bun oc. Anthem mv haih tengx cuotv nyaanh liouh zorc naaic deix baengc bun oc. Beiv hngangv yiem lorqc njiec ganh norm saengv meih qiex zuqc longc Medicaid, meih horpc zuqc zoux sou mingh tov taux naaic norm saengv. Medi-Cal mv maaih sou-gorn beu taux njioux jiepv sih baengc, jiepv zeih baengc kouv, a'fai zorc da'nyeic deix baengc yiem njiec nzuqc maengz ziqc meiv guov deic bung oc, cih njiec njioux jiepv sih baengc dugh horpc zuqc bueix zorc baengc yiem ndie-dorngh yiem Canada caux Mexico duqv mbuox hietv yiem da'3 ginc sou wuov.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Nzipc ziux goux zorc baengc mv dangx ziangh hoc

Nzipc ziux goux zorc baengc yiem njiec nzuqc maengz mv zeiz juangc gorn zangc nyei ndie-sai

Se gorngv meih benx Anthem nyei mienh liuz, oix zuqc lorz taux juangc Anthem gorn zangc nyei ndie-sai tengx zorc baengc. Se gorngv oix zaah lorz taux haaix deix ndie-sai juangc caux Anthem gorn zangc nyei gong, doqc mangc yiem anthem.com/find-care/. Ndie-sai nyei mbuoz yiem naaiv buonv ndie-sai mbuoz-daan yiem juangc Anthem gorn zangc gong.

Corc maaih ziex dor mienh dungh duqv zipv caux ninh mbuo ndie-sai tengx ziux goux zorc baengc dungh mv juangc caux Anthem gorn zangc gong yaac maaih camv aqv. Se gorngv ninh mbuo oix heuc meih tiuv yien beu heng-wangc nyei sou-gorn a'fai tiuv tiuv yiem naaiv FFS Medi-Cal mingh benx gunv goux zorc baengc nyei sou-gorn, a'fai meih maaih ziangx ndie-sai yiem lorqc njiec juangc gong nyei gorn zangc nyei liuz ih zanc ninh yiem ganh norm gorn zangc mi'aaq, nzunc baav meih corc haih nzuonx lorz taux naaic laanh ndie-sai duqv nyei oc mv gunv gorngv ninh mv juangc norm gorn zangc caux Anthem yaac duqv. Maaih jioux waac heuc nzipc ziux goux zorc baengc mv bun dangx ziangh hoc.

Beiv hngangv meih qiemx zuqc longc nzuqc maengz gorn zangc nyei ndie-sai tengx zorc baengc, mborqv finx lorz taux Anthem liouh tov tengx nzipc ziux goux zorc baengc mv bun dangx ziangh hoc. Meih corc haih duqv zipv nzipc ziux goux zorc baengc mv bun dangx ziangh hoc lauh ndaavv taux 12 hlaax nyieqc a'fai faaux mingh se gorngv qiemx zuqc tipv:

- Jiex daaih nyei bouc dauh meih duqv jiu zuoqc caux nzuqc maengz gorn zangc nyei ndie-sai ndaangc dorh mbuoz bieqc yiem caux Anthem
- Meih duqv mingh lorz jiex nzuqc maengz gorn zangc nyei ndie-sai tengx zorc baengc yiem njiec 12 halax nyieqc nyei bouc dauh ndaangc meih dorh mbuoz faaux bieqc yiem Anthem
- Naaic laanh ndie-sai corc longx hnyiou v laengz juangc gong zoux caux Anthem aengx caux laengz Anthem nyei zoux gong sou-gorn waac aengx caux cingv gong javv-louc
- Naaiv laanh ndie-sai yaac maaih horpc bouc gaux Anthem nyei zoux gong ndaavv-ndorqc bouc dauh nzoih zunh mi'aaq



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nang h bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiem online ziux naaiv anthem.com/ca/medi-cal.

- Naaic laanh ndie-sai duqv dorh mbuoz bieqc aengx caux laengz juangc bieqc Medi-Cal kou-gong gorn nyei

Se gorngv oix hoqc hiuv tipv, mborqv finx lorz taux ziux goux baengc mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Se gorngv naaic laanh ndie-sai mv duqv bieqc juangc gong caux Anthem nyei gorn zangc yiem njiec 12 hlaax nyieqc bouc dauh liuz, mv laengz zipv Anthem cingv gong jaax, a'fai mv maaih horpc bouc gaux benx zorc baengc nyei jauv-louc, meih oix zuqc lorz tiuv ganh laanh ndie-sai juangc gong caux Anthem gorn zangc ndie-sai. Se gorngv oix ca'laangh muangx taux sienv jauv-louc gong, mborqv finx lorz taux ziux goux baengc mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem mv aapv heuc oix zuqc lorz nzuqc maengz gorn zangc nyei ndie-sai tengx tim gong liouh nzipc ziux goux zorc baengc (goux nzie mangc) beiv taux ziux fangx yiem ga'nyuoz sin zangc, dimv nziaamv, nzaaux nyutc zeiv, a'fai cie tor faaux njiec. Naaiv deix nyungc horngh gong se maaih Anthem nyei gorn zangc mienh tengx liuc leiz nzoih mi'aaq.

Se gorngv oix hoqc hiuv tipv taux nzipc ziux goux zorc baengc mv bun dangx ziangh hoc aengx caux beiv hngangv meih maaih horpc bouc gaux zipv, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.

Se gorngv duqv lorz ninh mbuo yiem nzuqc maengz juangc gorn zangc nyei ndie-sai tengx zorc ziangx baengc ziux maaih sou-gorn beu nyei buonc gong liuz

Se gorngv meih benx Anthem, nyei mienh liuz, oix zuqc lorz taux juangc Anthem gorn zangc nyei ndie-sai tengx zorc baengc. Beiv hngangv ninh mbuo duqv tengx meih zorc kouv nyei baengc yiem njiec meih maaih mbuoz bieqc yiem Anthem nyei ziangh hoc a'fai ninh mbuo ndie-sai duqv tiu mbuoz biaux cuotv Anthem nyei gorn zangc ndaangc, meih corc haih duqv zipv Medi-Cal nzuqc maengz gorn zangc ndie-sai tengx zorc baengc duqv nyei oc.

Meih corc haih duqv nzipc jienv ziux goux zorc baengc yiem njiec nzuqc maengz gorn zangc ziux naaic deix bouc dauh ziangh hoc liouh tengx zorc maaih sou-gorn beu bun nyei baengc:



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

2 | Liouh mangc taux beu heng-wangc nyei sou-gorn

Baengc zingh longx ciouv ndongc haaix	Bouc dauh ziangh hoc
Jiepv sih baengc hniev (lemh zeh zuqc baengc qiex heuc gaanv tengx njioux maengc)	Lauh ndaauv ndongc haaix yaac zuqc zorc taux baengc longx
Beih sin zangc baengc-ngaaz aengx caux corngh zingh baengc (qiex zuqc longc ziangh hoc lauh ndaauv tengx zorc baengc)	Sou-gorn beu taux 12 hlaax nyieqc yiem hnoi-nyieqc zuqc baengc a'fai ndie-sai maaih zoux gong sou caux Anthem dorngh ziangh hoc
Ziux goux maaih gu'nguaaz faaux sin aengx caux ndutv sin (yungz gu'nguaaz liuz)	Yiem njiec maaih gu'nguaaz faaux sin nyei bouc dauh aengx caux ndutv sin liuz ziux goux buangv 12 hlaax nyieqc
Ziux goux zorc gu'nguaaz maac nyei corngh zingh	Yungc liuz gu'nguaaz tengx ziux goux zaah dimv baengc lauh taux 12 hlaax nyieqc a'fai tengx dimv baengc buangv bouc dauh
Ziux goux gu'nguaaz-lunx yiem cuotv seiz ndortv ndau mingh taux 36 hlaax nyieqc	Bun sou-gorn beu buangv 12 hlaax nyieqc yiem hnoi-nyieqc mbenc zoux gong sou-gorn caux ndie-sai caux Anthem dorngh ziangh hoc
Hiuang kouv nyei baengc (haih hoic taux zitc maengc)	Zorc zuov taux baengc longx nzengc. Ziux hnoi-nyieqc meih dorh mbuoz bieqc liuz corc haih duqv zipv tengx ziux goux zorc baengc lauh ndaauv jhex ndaangc 12 hlaax nyieqc caux Anthem a'fai ziux ziangh hoc ndie-sai donv dingh njiec mv zoux gong caux Anthem



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungh ndorm taux 7 dimv lungh muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

2 | Liouh mangc taux beu heng-wangc nyei sou-gorn

Baengc zingh longx ciouv ndongc haaix	Bouc dauh ziangh hoc
<p>Liouh tengx liuc leiz paaix zorc baengc a'fai tengx liuc leiz zoux da'nyeic nyungc zorc baengc gong yiem caux nzuqc maengz gorn zangc nyei ndie-sai ziux maaih sou-gorn beu lauh ndaauv ndongc haaix, qiex zuqc longc ziangh hoc ndongc haaix, aengx caux ninh mbuo Anthem bun nqoi nzuih sou liouh zorc baengc aengx caux ndie-sai bun sou heuc qiex ziangh hoc ndongc haaix lauh ndaauv</p>	<p>Paaix zorc baengc a'fai zoux da'nyeic deix zorc baengc gong a'zuqc bun njiec buoz tengx zorc baengc yiem njiec 180 hnoi ga'nyuoz ndaangc taux ndie-sai nyei zoux gong sou dornz ziangh hoc hnoi-nyieqc a'fai yiem 180 hnoi ziux hnoi-nyieqc dugh meih faaux mbuoz bieqc caux Anthem longc daaih</p>

Nzunc baav corc maaih da'nyeic nyungc jauv-louc dugh meih haih maaih horpc bouc puix-juang gaux, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.

Se gorngv ninh mbuo nzuqc maengz gorn zangc nyei ndie-sai mv laengz tengx liuc leiz zorc baengc bun a'fai mv doix-dongh taux Anthem nyei zoux gong jauv-louc, cuotv nyaanh jauv-louc, a'fai da'nyeic deix zorc baengc gong, meih yaac mv haih duqv zipv ziux goux zorc baengc yiem caux naaic laanh zoux gong zorc baengc ndie-sai aqv oc. Meih corc haih duqv zipv tengx ziux goux zorc baengc yiem njiec ganh laanh zoux gong zorc baengc ndie-sai yiem caux Anthem nyei juangc gong gorn zangc.

Se gorngv qiex zuqc longc mienh sienv zoux sou-gorn caux zoux gong zorc baengc nyei ndie-sai tengx meih zorc baengc a'fai beiv hnavg meih corc maaih waac qiex zuqc naaic a'fai buangh sic dauh yiem sou-gorn beu bun nyei gong yiem caux haaix laanh zoux gong zorc baengc nyei ndie-sai dugh mv duqv maaih mbuoz yiem caux Antho nyei juangc gong gorn zangc, mborqv finx lorz taux ziux goux baengc mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem mv aapv hoic a'zuqc nzipc ziux goux zorc baengc dugh Medi-Cal mv duqv beu sou-gorn bun nyei buonc gong a'fai haaix deix gong dugh mv maaih sou-gorn beu yiem njiec Anthem nyei zoux gong sou caux DHCS beu taux nyei buonc. Se gorngv oix muangx hiuv tipv taux nzipc ziux goux zorc baengc nyei jauv-louc, horpc bouc puix-juang, aengx caux mbenc duqv maaih haaix nyungc gong tengx nzie bun, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Nyaanh

Baengc mienh nyaanh

Anthem tengx ziux goux bun zuangx mienh dugh maaih horpc gaux zipv Medi-Cal nyei buonc. Yietc zungv, Anthem nyei baengc mienh mv zuqc ndortv nyaanh cingv dugh maaih sou-gorn beu nyei buonc gong, sou-jaax, a'fai maeqv tiu cuotv nyei buonc nyaanh.

Beiv hnavg meih benx meiv guoqv nyei Indian baeqc fingx, meih yaac mv zuqc cuotv faaux mbuoz bieqc nyei gong-zinh, sou-jaax, a'fai maeqv tiu cuotv nyei buonc nyaanh, juangc cuotv nyaanh, bun nqoi cuotv nyaanh, a'fai da'nyeic diuc gong-zinh. Anthem mv siou nyaanh caux meiv guoqv Indian nyei baeqc fingx dugh haaix deix duqv zipv ziux goux zorc baengc a'fai gong yiem caux IHCP tengx taux nyei buonc a'fai yiem zoux sou fungx baengc mienh bun taux IHCP a'fai hluotv jaax zaanc njiec bun ninh mbuo IHCP nyei mienh liouh benx faaux mbuox bieqc nyei jaax, sou-jaax, a'fai maeqv tiu cuotv nyei buonc nyaanh, juangc cuotv nyaanh, bun nqoi cuotv nyaanh, a'fai da'nyeic diuc gong-zinh.

Beiv hnavg meih maaih mbuoz bieqc yiem caux nquenc zangc jiex gorn ziux goux fu'jueiv nyei heng-wangc nyei kou-gong gorn (CCHIP) yiem lorqc njiec Santa Clara a'fai San Francisco nquenc a'fai dorh hmuangv doic nyei mbuoz faaux bieqc yiem caux Medi-Cal, meih a'zuqc ziux hlaax cuotv nyaanh maaz aengx caux juangc cuotv nyaanh.

Cih cuotv njioux jiepv sih baengc, zorc jiepv zeh baengc hiuang, a'fai lomc mbueix baengc, jaa-nziouv meih horpc zuqc duqv zipv nqoi nzuih bun ndaangc (jaa-ndaangc nqoi nzuih bun) yiem caux Anthem ndaangc meih mingh lorz taux naaic laanh zoux gong zorc baengc ndie-sai yiem njiec nzuqc maengz Anthem nyei gorn zangc doic. Beiv hnavg jaa-nziouv meih mv duqv zipv haix nqoi nzuih bun ndaangc (jaa-ndaangc nqoi nzuih bun) aengx caux meih mingh lorz taux naaic laanh zoux gong zorc baengc ndie-sai yiem lorqc nzuqc maengz gorn zangc tengx zorc baengc dugh mv zeiz benx jiepv sih hiuang baengc, jiepv zeh kouv nyei baengc, a'fai zorc lomc mbueix baengc, meih a'zuqc lom nyaanh cingv naaic laanh zoux gong zorc baengc nyei ndie-sai. Se gorngv oix doqc mangc mbuoz-daan dugh maaih sou-gorn beu bun nyei gong, doqc mangc yiem naaiv da'4 ginc sou, "Tengx nyaanh aengx caux gong-bou" fiev hietv naaiv buonv sou-guv wuov. Meih corc haih zaah lorz taux ndie-sai nyei mbuoz-daan yiem Anthem website yiem njiec naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungu ndorm taux 7 dimv lungu muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Se gorngv haaix deix mienh dungv longc ziux goux zorc laauh ndaavv baengc aengx caux juangc cuotv nyaanh cingv nyei mienh

Yiem njiec zoqc norm hlaax meih oix zuqc ndortv nyaanh juangc cingv mienh daaih tengx ziux goux zorc lauh ndaavv nyei baengc bun meih. Soux mouc nyaanh dungv meih horpc zuqc juangc cuotv nyei buonc se oix zuqc ziux meih nyei nyaanh hlaax ndorqc funx. Yiem normh norm hlaax, meih ganh oix zuqc lom nyaanh cuotv jaavv zorc baengc zaeqv-daan, gorngv mv zienz aqv, lemh ziux goux zorc lauh ndaavv baengc aengx caux benx bou goux mangc (LTSS) nyei zaeqv-daan, zuov taux naaic norm soux mouc nyaanh caux meih juangc cuotv nyaanh nyei buonc fih mbuoqc. Jiex liuc naaic norm bouc soux, Anthem horpc zuqc beu bun tengx ziux goux zorc lauh ndaavv baengc yiem naaic norm hlaax. Meih mv duqv zipv beu sou-gorn yiem caux Anthem zuov taux meih cuotv nyaanh jaavv sun naaic deix ziux goux zorc lauh ndaavv baengc buangv bouc soux yiem naaic norm hlaax ndaangc.

Hnangv duqv zipv nyaanh naaiv laanh zoux gong zorc baengc ndie-sai

Anthem cuotv nyaanh bun naaiv deix zoux gong zorc baengc ndie-sai yangh naaiv deix javv-louc:

- Ziux mienh laanh funx bun
 - Anthem ziux zoqc laanh baengc mienh funx ziangx soux mouc nyaanh liouh ziux hlaax cuotv bun naaic deix zoux gong zorc baengc ndie-sai yiem caux Anthem nyei baengc mienh. Naaiv se maaih mbuoz heuc ziux mienh laanh funx. Anthem aengx caux zoux gong zorc baengc ndie-sai juangc gong zoux liouh njiec lingc duxx taux cuotv bun naaic norm soux mouc nyaanh.
- FFS cuotv nyaanh bun
 - Maaih deix baav ndie-sai duqv tengx zorc baengc bun Anthem nyei baengc mienh ndaangc aengx caux fungx zorc baengc zaeqv-daan bun Anthem ziux ninh mbuo zorc baengc gong ndorqc funx. Naaiv se maah ganh jioux waac heuc FFS cuotv nyaanh bun. Anthem caux ninh mbuo zoux gong zorc baengc ndie-sai domh nzoih juangc njiec lingc duxx taux da'diuc gong funx zuqc mbuoqc ziex jaax.

Se gorngv oix muangx tipv taux ninh mbuo Anthem hnangv haaix cuotv nyaanh bun zoux gong zorc baengc ndie-sai, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungv ndorm taux 7 dimv lungv muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangv bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Beiv hngangv meih duqv zipv naaiv zeiv zorc baengc zaeqv-daan caux ninh mbuo zoux gong zorc baengc nyei ndie-sai bun taux meih

Buatc naaic deix gong maaih sou-gorn beu bun zorc baengc dung hngangv Anthem a'zuqc cuotv nyaanh nyei buonc. Beiv hngangv meih duqv zipv naaiv zeiv zorc baengc zaeqv-daan dung hngangv Medi-Cal maaih sou-gorn beu bun nyei buonc, mv dung lom nyaanh jaauv naaic zeiv zaeqv-daan oc. Gaanv jien sin liuc leiz mborqv finx lorz taux ziux goux baengc mienh nyei gorn zangc siepv ziux yiem naaiv **1-800-407-4627 (TTY 711)**. Se gorngv naaic zeiv zaeqv-daan zien zeiz nzengc nor ninh mbuo Anthem oix zuqc tengx ndorqc funx zuqc mbuoqc ziez nyaanh.

Beiv hngangv meih duqv zipv zaeqv-daan yiem caux bun ndie dorngx fungx daaih, jaa-sic, a'fai nzemz lai hnaangx bun, mborqv finx lorz taux Medi-Cal Rx ziux goux zuangx mienh nyei gorn zangc yiem njiec naaiv 1-800-977-2273, yiem njiec 24 norm ziangh hoc haaix zanc yaac duqv, yietc norm leiz baaix yiem 7 hnoi haaix zanc yaac duqv oc. Haaix deix mienh longc TTY nyei buonc mborqv finx lorz taux 711, yiem leiz-baaix yietv taux leiz-baaix hnz, yiem 8 dimv lung hndorm taux 5 dimv lung hmuangx. Meih corc haih bieqc lorz mangc taux Medi-Cal Rx website yiem njiec naaiv <https://medi-calrx.dhcs.ca.gov/home/>.

Se gorngv oix tov heuc Anthem jaauv nzuonx meih dipc longc cuotv nyei buonc nyaanh

Se gorngv meih duqv dipc nyaanh cuotv cingv ninh mbuo tengx meih zorc baac baengc, meih corc maaih horpc bouc gaux liouh zipv jaauv naaic deix nyaanh nzuonx (tipv buonv nzuonx) bun meih beiv hngangv maaih bouc soux gaux **ziux yietc zungv** naaiv deix sic dauh jauv-louc nzoih:

- Naaic deix zorc baengc gong horpc zuqc maaih sou-gorn beu ziux caux Anthem laengz cuotv nyaanh bun nyei buonc gong oc. Anthem yaac mv haih jaauv nyaanh nzuonx bun meih aqv se gorngv buatc naaic deix gong Anthem mv ziux sou-gorn beu bun nyei buonc.
- Haaix zanc maaih horpc bouc puis-juang gaux benx Anthem nyei baengc mienh nyei ziangh hoc meih corc duqv zipv tengx zorc baengc.
- Haaix zanc meih duqv zipv zorc baengc baac liuz corc maaih ziangh hoc liouh tov jaauv naaic deix nyaanh nzuonx yiem njiec yietc hnyiangx bouc dauh ziux zorc baengc hnoi-nyieqc funx.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hnz, yiem 7 dimv lung hndorm taux 7 dimv lung muonx. Naaiv se wangv hen hngangv oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

2 | Liouh mangc taux beu heng-wangc nyei sou-gorn

- Meih horpc zuqc dorh beu sou-gorn nyei sou bun dimv mangc gorngv meih ganh, d'fai ga'hlen mienh tengx meih cuotv nyaanh cingv naaic deix sou-gorn beu nyei baengc, beiv taux maaih zipv nyaanh zeiv-daan yiem zoux gong zorc baengc ndie-sai bun daaih.
- Beiv hngangv meih duqv zipv tengx zorc baengc yiem caux maaih mbuoz bieqc caux Medi-Cal nyei zoux gong zorc baengc ndie-sai yiem Anthem'juangc gong gorn zangc doic. Se gorngv meih qiemx zuqc heuc njioux jiepv sih baengc, goux maaih gu'nguaaz saa maqc, d'fai da'nyeic nyungc baengc yiem caux ninh mbuo Medi-Cal nqoi nzuih bun lorz nzuqc maengz gorn zangc nyei ndie-sai tengx zorc baengc dugh mv zuqc heuc jaa-nziouv nqoi nzuih bun (nqoi nzuih bun ndaangc) meih mv zuqc ziux naaiv deix sic dauh javu-louc ndorqc funx.
- Se gorngv haaix deix zorc baengc javu-louc dugh yietc gau horpc zuqc heic jaa-nziouv nqoi nzuih bun ndaangc (zipv nqoi nzuih waac ndaangc), meih horpc zuqc dorh beu sou-gorn nyei sou yiem caux zoux gong zorc baengc ndie-sai daaih bun mangc gorngv qiemx zuqc tengx zorc naaic deix baengc dugh maaih sou-gorn beu bun mi'aqc.

Anthem oix zuqc mbuox gong meih duqv hiuv se gorngv ninh mbuo oix zuqc jaauv nzuonx bun fai fungx fieng mbuox heuc njiec buoz zoux nyei gong (NOA). Beiv hngangv buatec meih maaih javu-louc gaux nzoih ziux yiem ga'nguaaic deix waac, ninh mbuo zoux gong zorc baengc ndie-sai maaih mbuoz yiem caux Medi-Cal nyei buonc horpc zuqc jaauv junh soux mouc nyaanh bun meih nzoih. Beiv hngangv naaic laanh ndie-sai ngaengc nzuih mv dapc engx jaauv nyaanh nzuonx bun meih, Anthem yaac zuqc tengx jaauv nzuonx buangv soux mouc dugh meih bun ndaangc wuov. Yie mbuo oix zuqc jaauv nzuonx yiem njiec 45 norm zoux gong hnoi ziux zipv siou naaic zeiv daan wuov funx mingh.

Beiv hngangv naaiv laanh ndie-sai dugh maaih mbuoz bieqc yiem Medi-Cal mv baac ninh mv duqv bieqc yiem caux Anthem nyei zoux gong gorn zangc doic aengx caux ngaengc nzuih mv tuix naaic deix nyaanh nzuonx, Anthem oix zuqc tuix nzuonx bun meih, ninh mbuo oix zuqc ziux soux mouc nyaanh dugh FFS Medi-Cal horpc zuqc bun nyei buonc hngangv oc. Anthem oix zuqc tuix nzuonx buangv soux mouc ziux lom nyaanh mbuoqc cingv njioux jiepv sih baengc nyei jaax, goux maaih gu'nguaaz saa maqc, d'fai da'nyeic diuc baengc dugh Medi-Cal nqoi nzuih bun lorz nzuqc maengz gorn zangc nyei zoux gong zorc baengc ndie-sai tengx zorc baengc mv zuqc jaa-nziouv nqoi nzuih bun ndaangc (zipv nqoi nzuih waac ndaangc). Se gorngv meih mv maaih baengc zingh javu-louc gaux ziux yiem ga'nguaaic wuov, Anthem yaac mv laengz javuav nyaanh nzuonx bun oc.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

2 | Liouh mangc taux beu heng-wangc nyei sou-gorn

Anthem mvlaengz jaauv nyaanh nzuonx bun se gorngv buatc:

- Meih tov taux nyei waac aengx caux duqv zipv zorc baengc nyei gong mv maaih Medi-Cal sou-gorn beu bun nyei gong, beiv taux maaic nzaatv nzuih meix nyei huoz
- Naaiv diuc gong mv maaih sou-gorn beu yiem caux Anthem
- Meih mv maaih baengc zingh jauv-louc gaux bun Medi-Cal juangc cuotv nyaanh
- Se gorngv meih duqv mingh lorz domh ndie-sai tengx zorc baengc dungh ninh mv laengz Medi-Cal nyei baengc mienh aengx caux meih duqv bieqc sou-nzangc gorngv ndongc haaix yaac oix tov ninh tengx zorc baengc aengx caux ga'ganh laengz dipc nyaanh cingv
- Meih maaih Medicare sou-gorn lorqc zuqc D nyei buonc oix zuqc juangc cuotv nyaanh maaz ndie ziux Medicare beu bun nyei buonc yiem D nyei sou-gorn



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

3. Hnangv haaix zipv tengx ziux goux zorc baengc

Zipv tengx ziux goux zorc baengc bun

TOV DOQC MANGC YIEM GA'NDIEV DEIX WAAC-FIENX LIUZ MEIH YAAC BIEQC HNYIOUV GORNGV OIX ZUQC MINGH LORZ HAAIX DEIX NDIE-SAI DOIC TENGX ZORC BAENG C A'FAI YIEM LORQC NJIEC HAAIX.

Haaix zanc meih duqv faaux mbuoz bieqc yiem caux Anthem liuz yaac haih jhex gorn duqv zipv tengx ziux goux zorc baengc yiem naaic norm hnoi-nyieqc mingh aqv oc. Mv dungx la'kuqv oix zuqc dorh naaiv kuaaiv Anthem hmien-mueic fangx (ID), Medi-Cal zipv nyaanh hmien-mueic fangx (BIC), aengx caux da'nyeic diuc beu heng-wangc hmien-mueic fangx hietv gan sin zangc mingh oc. Mv dungx guaih dorh meih nyei BIC hmien-mueic fangx bun ga'hlen mienh dorh mingh zorqv nyaanh longc a'fai bun ga'hlen mienh longc Anthem ID fangx.

Haaix laanh siang-baengc mienh dungh coqc maaih Medi-Cal beu sou-gorn nyei mienh oix zuqc sienv ziangx daauh laanh zoux gong zorc baengc ndie-sai (PCP) yiem njiec Anthem nyei zoux gong gorn zangc doic. Haaix laanh siang-baengc mienh dungh maaih Medi-Cal caux da'nyeic nyungc beu junh heng-wangc sou-gorn nyei mienh mv zuqc liuc leiz sienv longc PCP.

Ninh mbuo Anthem nyei zoux gong gorn zangc doic se gapv zunv benx yietc zungv domh ndie-sai doic, zorc baengc dorng, aengx caux da'nyeic deix zoux gong zorc baengc nyei mienh juangc gong caux Anthem. Jaa-nziouv meih oix zuqc ginv ziangx naaiv laanh PCP yiem njiec 30 hnoi ga'nyuoz yiem haaix zanc meih bieqc benx ninh mbuo Anthem nyei mienh wuov funx daaih. Beiv hnangv meih mv duqv ginv ziangx naaiv laanh PCP ndaangc, Anthem oix zuqc tengx ginv ziangx yietc laanh bun meih.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen huc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

3 | Hnangv haaix zipv tengx ziux goux zorc baengc

Meih cor haih juangc ginv longc lox wuov laanh PCP a'fai ganh laanh PCP bun nzoih yietc zungv hmuangv doic yiem caux Anthem, nyei PCP lauh ndaauv taux haaix zanc yaac duqv oc.

Beiv hnangv jaa-ndaangc meih mv gaengh maaih jiex haaix laanh domh ndie-sai dungv oix nzipc lorz longc mingh, a'fai meih haix oix zaah lorz ganh laanh siang nyei PCP, bieqc lorz mangc taux ninh mbuo zoux gong zorc baengc nyei ndie-sai mbuoz-daan PCP aengx caux da'nyeic deix zoux gong nyei mienh yiem caux Anthem juangc zoux gong gorn zangc doic. Naaiv zeivzoux gong zorc baengc nyei ndie-sai mbuoz-daan duqv hietv da'nyeic diuc waac-fienx bun meih hiuv ndaangc liouh sienv longc PCP. Beiv hnangv meih qiex zuqc longc naaiv buonv zoux gong zorc baengc nyei ndie-sai mbuoz-daan, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**. Meih corc haih zaah lorz taux ndie-sai nyei mbuoz-daan yiem Anthem website yiem njiec naaiv anthem.com/ca/medi-cal.

Beiv hnangv meih mv haih mingh lorz ninh mbuo maaih mbuoz bieqc juangc caux Anthem gorn zangc doic nyei zoux gong zorc baengc ndie-sai, naaiv laanh PCP a'fai liouc siouv fin-saeng ndie-sai yiem caux Anthem nyei zoux gong gorn zangc doic nor oix zuqc tov heuc Anthem liouh nqoi nzuih fungx meih mingh lorz nzuqc maengz ziqc gorn zangc nyei doic. Naaiv se heuc zoux sou fungx baengc mienh mingh zorc baengc. Se gorngv meih mingh lorz nzuqc maengz ziqc gorn zangc doic tengx zorc lom mbueix baengc nor mv zuqc heuc zoux sou fungx mingh beiv hnangv ninh maaih baengc doix zuqc yiem naaiv jioux waac gorngv “zorc lomc-mbueix baengc” fiev hietv jie xmingh naaiv ginc sou wuov.

Doqc mangc yiem zengc njiec nyei waac yiem naaiv ginc sou liouh hoqc muangx hiuv taux PCP, naaiv buonv zoux gong zorc baengc nyei ndie-sai mbuoz-daan, aengx caux zoux gong zorc baengc ndie-sai juangc gorn zangc doic.

Naaiv norm Medi-Cal Rx kou-gong gorn tengx liuc leiz gunv goux taux sou-gorn beu ndie-nyanc bun mingh nzuonx zorc baengc nyei mienh beu ndie-nyanc sou-gorn. Se gorngv oix hiuv tipv, doqc mangc yiem “Da'nyeic diuc Medi-Cal kou-gong gorn aengx caux zoux gong jauv-louc” yiem da'4 ginc sou.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungv ndorm taux 7 dimv lungv muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangv bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

Daauh laanh zoux gong zorc baengc ndie-sai (PCP)

Meih nyei daauh laanh zoux gong zorc baengc ndie-sai (PCP) dungv maaih zoux gong sou benx zoux gong zorc baengc ndie-sai dungv meih ziangv diuh mingh lorv tengx zorc baengc bun meih wuov. Meih nyei PCP corc haih tengx meih ziux goux zorc da'nyeic diuc baengc bun. Jaa-nziouv meih a'zuqc ginv ziangx naaiv laanh PCP yiem njiec 30 hnoi ga'nyuoz ziux haaix zanc dorv mbuoz bieqc Anthem liuz. Ninh mbuo oix zuqc ziux meih nyei hnyiang-jeiv caux naamh fai nyiouz ndorqc funx ndaangc, meih corc haih ginv ziangx ninh mbuo tengx liuc leiz zoux gong njiec buoz zorc baengc nyei mienh, yungz gu'nguaz/m'sieqv dorn baengc (OB/GYN), ziux goux hmuangv doic baengc nyei mienh, goux mienh goz baengc, a'fai goux gu'nguaz baengc nyei ndie-sai liouh benx PCP.

Naaiv laanh borng buoz zorc baengc nyei dnei-sai (NP), borng gong nyei ndie-sai (PA), a'fai goux baengc nyei ndie-sai liouh benx PCP. Beiv hnangv jaa-nziouv meih ginv ziangx naaiv laanh NP, PA, a'fai goux baengc nyei ndie-sai, ninh mbuo yaac zuqc cai ziangx domh ndie-sai tengx ziux goux mangc meih nyei baengc. Beiv hnangv meih maaih nzoih Medicare caux Medi-Cal sou-gorn liuz, a'fai se gorngv meih corc maaih da'nyeic nyungc beu heng-wangc sou-gorn beu junh tengx zorc baengc javv-louc nor, jaa-nziouv mv zuqc ginv ziangx naaiv laanh PCP yaac duqv oc.

Meih corc haih ginv longc ninh mbuo anv Indian zorc baengc ndie-sai (IHCP), guoqv zangc hungh jaa beu sou bun zorc baengc dorngx (FQHC), gemh hlang zorc baengc dorngx (RHC) a'fai ndie-sai zorc baengc yiem cie-javv hlen (SMP) liouh benx meih nyei PCP corc duqv oc. Sueih ziux haaix horngh zoux gong zorc baengc ndie-sai dungv meih ginv ziangx liouh benx PCP bun meih ganh aengx caux hmuangv doic dungv maaih mbuoz yiem caux Anthem wuov, bun zoux PCP lauh ndaavv taux haaix zanc yaac duqv oc.

Mbuox jangx-fim waac: Ninh mbuo meiv guoqv Indians baeqc fingx corc haih ginv ziangx naaiv laanh IHCP liouh benx ninh mbuo nyei PCP, mv gunv gorngv ninh mbuo IHCP mv maaih mbuoz zoux gong yiem caux Anthem gorn zangc doic yaac baac.

Beiv hnangv jaa-nziouv meih mv ginv ziangx naaiv laanh PCP yiem njiec 30 hnoi ga'nyuoz ziux hnoi-nyieqc faaux mbuoz bieqc wuov, Anthem oix zuqc tengx ginv ziangx yietc laanh PCP bun meih. Beiv hnangv duqv cai ziangx naaiv laanh PCP bun meih liuz aengx caux meih haix oix ganh tiuv laanhe, mborqv finx lorv taux **1-800-407-4627 (TTY 711)**. Oix zuqc tiuv yienc yiem da'nyeic norm hlaax-gorn mingh.



Mborqv finx lorv taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungh ndorm taux 7 dimv lungh muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorv taux California Relay-nangv bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Meih nyei PCP oix zuqc:

- Hiuv taux meih nyei baengc zingh gouv-nyinh benx hnangv haaix aengx caux hnangv haaix zorc baengc
- Faux bieqc zorc baengc sou-gorn
- Tengx ziux goux nqaeqv baengc zingh aengx caux ndorm zinh nziouv hmuangx zorc baengc bun se gorngv haaix zanc qiex zuqc heuc
- Zoux sou fungx mingh lorz liouc siouv fin-saeng ndie-sai tengx zorc baengc
- Haaix zanc qiex zuqc nyei ziangh hoc a'zuqc mbenc ziangx zorc baengc dorngh bun bueix zorc baengc

Haaix laanh mienh duqv sou-gorn beu zorc barngc jauv-louc (IHCP) Guoqv zang bun sou-gorn beu benx zorc baengc dorngh (FQHC) Gemh hlang njioux baengc dorngh (RHC) Ndie-sai zorc baengc yiem cie-jauv hlen (SMP)

Meih corc haih zaah lorz naaiv buonv naaiv buonv zoux gong zorc baengc ndie-sai nyei mbuoz-daan yiem njiec Anthem yangh online yiem njiec naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal). A'fai meih mborqv finx tov heuc ninh mbuo dorh naaiv buonv naaiv buonv zoux gong zorc baengc ndie-sai nyei mbuoz-daan fungx yangh zipv fiex jauv bun meih yangh mborqv finx gorn **1-800-407-4627 (TTY 711)**. Meih corc haih mborqv finx zaah lorz taux ninh mbuo ndaangc gorngv naaiv laanh PCP dugh meih sienv daaih wuov ninh laengz zipv saeng-baengc mienh nyei fai.

Bun sienv lorz domh ndie-sai aengx caux da'nyeic deix zoux gong zorc baengc nyei mienh

Meih hiuv duqv ga'ganh nyei baengc horpc zuqc hnangv haaix zorc, liuc meih cingx haih ginv lorz longc naaiv laanh PCP tengx zorc baengc. Ninh se yauc jicx nyei jauv-louc dugh meih horpc zuqc lorz dingc yietc laanh PCP ninh mbuo cingx hiuv taux meih nyei baengc longx caux hnangv haaix zorc. Hnangv haaix yaac longx, se gorngv meih haix oix tiuv yienc naaiv laanh PCP mingh ganh lorz siang-laanh, tiuv haaix zanc yaac duqv oc. Meih oix zuqc ginv longc naaiv laanh PCP dugh maaih mbuoz yiem caux Anthem juangc gong gorn zangc nyei ndie-sai aengx caux laengz zipv siang-baengc mienh nyei buonc.

Haaix zanc meih tiuv yienc siang liuz, meih corc maaih jauv-louc bun sienv bieqc benx PCP yiem da'nyeic norm hlaax daauh hnoi jicx gorn mingh.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

3 | Hnangv haaix zipv tengx ziux goux zorc baengc

Se gorngv oix tiuv yienc PCP siang, mborqv finx lorz **1-800-407-4627 (TTY 711)** a'fai bieqc mangc yiem naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Anthem corc haih tengx tiuv yienc PCP siang se gorngv buatac naaic laanh PCP mv laengz zipv baengc mienh siang aqv, tiu mbuoz biaux cuotv Anthem zoux gong gorn zangc doic mi'aaq, mv longc hnyiouuv tengx ziux goux zorc baengc bun baengc mienh, a'fai naaiv laanh PCP zoux gong mv yaauc. Anthem a'fai meih nyei PCP corc haih tov heuc meih tiuv yienc naaiv laanh PCP siang se gorngv meih mv doix dongh caux javv-dauh louc mueix a'fai mv doox-dongh caux PCP, a'fai se gorngv meih bungx piatv fai mingh lorz zaih ziux dunx ziangx nyei ziangh hoc. Beiv hnangv Anthem qiex zuqc heuc tiuv yienc PCP bun meih, Anthem oix zuqc fiev fiex mbuox tong meih hiuv.

Beiv hnangv duqv tiuv yienc taux PCP, meih horpc zuqc duqv zipv haix fiex daaih mbuox aengx caux Anthem bun siang ID fungx yangh zipv fiex javv bun taux baengc mienh siou. Ninh mbuo oix zuqc fiev naaiv laanh siang PCP nyei mbuoz hietv nzoih bun buatac. Se gorngv meih corc maaih waac qiex zuqc naaic taux hnangv haaix haih duqv zipv siou siang ID fangx nor mborqv finx lorz taux goux baengc mienh nyei gorn zangc oc.

Mbenc duqv maaih nyungc horngv javv liouh hnamv longx ndaangc yiem njiec sienv longc naaiv laanh PCP:

- Naaiv laanh PCP laengz tengx zorc gu'nguaaz baengc nyei fai?
- Naaiv laanh PCP duqv zoux gong yiem lorqc njiec naaiv norm zorc baengc dorngv dugh yie nyunc lorz longc wuov fai?
- Naaiv laanh PCP zoux gong dorngv nitv yie nyei biauuv, nitv zoux gong dorngv, a'fai nitv fu'jueiv nyei horqc dorngv nyei?
- Naaiv laanh PCP zoux gong dorngv nitv yie yiem nyei deic jei aengx caux hungv heic mingh lorz duqv zaac PCP dorngv nyei?
- Ninh mbuo domh ndie-sai aengx caux liuc leiz zoux gong nyei mienh haih gorngv yie wuov fingx waac nyei?
- Naaiv laanh PCP zoux gong yiem njiec zorc baengc dorngv dugh yie nyunc duqv wuov fai?
- Naaiv laanh PCP tengx liuc leiz zoux dugh yie oix nyei buonc gong fai?
- Naaiv laanh PCP zoux gong nyei ziangh hoc doix horpc yie nyei ziangh hoc nyei?
- Naaiv laanh PCP zoux gong juangc caux naaiv laanh liouc siou ndie-sai dugh yie longc wuov laanh nyei?



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungv ndorm taux 7 dimv lungv muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangv bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Jiex gorn hnamv dux ziangh hoc liouh zorc baengc Initial (IHA)

Anthem oix tov heuc meih mbuo dorh mbuoz siang-bieqc nyei mienh, mingh lorz buangh taux naaiv laanh siang PCP yiem njiec 120 hnoi bouc dauh ga'nyuoz liouh dux doic buangh hmien daau baan ndaangc, maaih mbuoz heuc jiex gorn dux ziangh hoc liouh zorc baengc (IHA). Liepc hnyiou v mingh lorz buangh daauh baan nyei gong se liouh buangh doic caux PCP bun muangx bieqc hnyiou v taux meih nyei baengc zingh benx hnangv haaix daaih aengx caux oix zuqc hnangv haaix zorc. Ninh mbuo PCP oix zuqc naaic taux meih nyei baengc zingh lox-hnoi benx hnangv haaix daaih a'fai fiev bieqc sou-nzangc bun dau nzoih. Ninh mbuo PCP oix zuqc ca'laangh daav za'eix njiaaux taux zorc baengc jauv-louc bun muangx aengx caux njiaaux goux baengc gong.

Haaix zanc meih mborqv finx mingh dux ziangh hoc liouh buangh daauh baan wuov, oix zuqc mbuox tong naaic laanh dau waac nyei mienh hiuv gorngv meih benx baengc mienh corc siang-bieqc Anthem. Dorh meih nyei Anthem ID hmien-mueic fangx nyei nam mber mbuox ninh mbuo hiuv.

Oix zuqc dorh meih nyei Medi-Cal BIC fangx caux Anthem ID fangx gan sin mingh buangh ndie-sai yiem dux ziangh hoc zorc baengc wuov. Horpc zuqc jaa-nziouv mbenc ziangx zorc baengc ndie-daan ndaangc aengx caux maaih haaix jiuov waac oix naaic liouh buangh doic. Mbenc ziangx liouh gorngv caux PCP bun hiuv taux zorc baengc jauv-louc aengx caux maaih haaix nyungc baengc kuonx hoic zuqc.

Mbenc ziangx liouh mborqv finx lorz taux PCP nyei dinc gorn zangc beiv hnangv meih mingh taux zaih a'fai mv haih mingh buangh ziux dux ziangx nyei ziangh hoc.

Beiv hnangv meih corc maaih waac qiemx zuqc naaic taux dux ziangh hoc liouh buangh daauh baan nyei gong, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.

Ndorm zinh nziouv hmuangx lorz tengx ziux goux zorc baengc

Ndorm zinh nziouv hmuangx se zeiz ziux lox bouc dauh ziangh hoc zorc baengc. Naaiv se lemh goux nqaeqv, caux ziux goux heng-wangc longx henv a'fai goux zorc baengc. Ninh mbuo tengx ziux goux longx meih nyei heng-wangc ngaengc caengz aengx caux mv nyiez baengc taux sin. Goux nqaeqv baengc se lemh dimv baengc, zaah ndorqc baengc, nziepv nqaeqv baengc ndie, hoqc hiuv taux baengc zingh, aengx caux njiaaux fiou sin zangc.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

3 | Hnangv haaix zipv tengx ziux goux zorc baengc

Anthem oix heuc dorh fu'jueiv, liuc leiz zoux lengc jeiv gong, ziux ziangh hoc dimv baengc aengx caux goux nqaeqv baengc nyei gong. Anthem nyei yietc zungv baengc mienh haih duqv zipv jaa-nziouv nziepv nqaeqv baengc ndie yiem njiec ninh mbuo hoqc sou nyei ziangh hoc bun goux fu'jueiv dornx tengx nziepv ndie nqaeqv wuon-baengc aengx caux Medicare caux Medicaid domh gorn liuc leiz zoux nyei gong. Naaiv deix zaah ndorqc baengc nyei gong se lemh jienv zaah mangc m'normh aengx caux m'zing njiang ndongc haaix, liouh tengx oux nqaeqv baengc zingh hoqc sou guai aengx caux hoqc sou duqv siepv. Se gorngv oix lorz mangc taux ziux goux gu'nguaz ndie-sai nyeijauv-louc gong, doqc mangc naaiv buonv sou-guv heuc "Douz ziux zinh hoz njiang-laangc" yiem meiv guoqv hoqc sou nyei horqc dorngh njiaaux ziux goux gu'nguaz nyei dornx yiem njiec naaiv

https://downloads.aap.org/AAP/PDF/periodicity_schedule.pdf.

Ziux goux zorc ndorm zinh nziouv hmuangx nyei gong se lemh zorc baengc bun. Anthem maaih sou-gorn beu bun ziux goux zorc ndorm zinh nziouv hmuangx baengc yiem caux PCP.

Meih nyei PCP oix zuqc:

- Tengx meih ziux goux mangc ndorm zinh nziouv hmuangx baengc, lemh dimv baengc, nziepv nqaeqv wuon-baengc ndie (nziepv ndie), zorc baengc, bun ndie, qiemx heuc zaah ndorqc baengc, aengx caux njiaaux goux zorc ga'ganh nyei baengc
- Faax bieqc zorc baengc sou-gorn
- Zoux sou fungx baengc mienh mingh lorz liouc siouv ndie-sai tengx neqv zorc baengc
- Paaiv heuc ziux X-rays fangx, ziux nyuoz ga'nyuoz, a'fai dimv ndorqc nziaamv

Haaix zanc meih qiemx zuqc lorz zorc ndorm zinh nziouv hmuangx baengc nyei ziangh hoc, oix zuqc jaa-nziouv mborqv finx lorz taux PCP liouh dunx ziangx ziangh hoc ndaangc. Se gorngv mv zeiz jiepv butv nyei baengc nor, mv dungx la'kuqv oix zuqc jaa-nziouv mborqv finx lorz PCP ndaangc meih mingh lorz zorc baengc. Se gorngv jiepv sih butv baengc hiuang hoic, mborqv finx lorz taux **911** a'fai gaanv liuc leiz mingh lorz njiox baengc dornx nitv fatv meih wuov.

Se gornv oix hoqc hiuv taux ziux goux zorc baengc jauv-louc aengx caux zorc baengc gong Anthem beu sou-gorn bun nyei buonc aengx caux maaih haaix nyungc baengc mv maaih sou-gorn beu bun, doqc mangc yiem da'4 ginc sou, "Tengx nyaanh aengx



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

caux zorc baengc gong” aengx caux doqc yiem da'5 ginc sou, “Ziux goux fu'jueiv aengx caux houz-saeng sieqv-dorn wangc siangx longx henv” fiev hietv yiem naaiv buonv sou-guv wuov.

Yietc zungv zoux gong zorc baengc ndie-sai yiem caux Anthem juangc gong gorn zangc doic corc haih longc jaa-sic aengx caux zorc baengc gong liouh douc waac caux ninh mbuo waaic fangx mienh duqv nzengc. Ninh mbuo corc haih douc waac benx da'nyeic fingx waac a'fai da'nyeic nyungc sou bun muangx. Mbuox tong ninh mbuo zoux gong zorc baengc ndie-sai hiuv ndaangc a'fai mbuox Anthem hiuv taux meih qiex zuqc longc haaix nyungc javv-louc.

Zoux gong zorc baengc ndie-sai juangc gorn zangc doic

Ninh mbuo Medi-Cal zoux gong zorc baengc ndie-sai juangc gorn zangc doic se benx yietc guanh domh ndie-sai, yiem zorc baengc dorngh, aengx caux da'nyeic deix zoux gong mienh domh nzoih juangc gong caux Anthem liouh zoux gong yiem Medi-Cal beu sou-gorn nyei buonc zorc baengc gong bun taux Medi-Cal baengc mienh.

Anthem se benx yietc norm gunv goux zorc baengc sou-gorn. Meih horpc zuqc duqv zipv ziux goux zorc nzoih beu sou-gorn nyei baengc yiem njiec Anthem juangc gong gorn zangc nyei zoux gong zorc baengc ndie-sai. Se gorngv meih maaih jiepv sih baengc kouv hoic a'fai lorz ninh mbuo tengx goux nqaeqv maaih gu'nguaaz saa maqc nyei gong nor mingh lorz nzuqc maengz ziqc gorn zangc nyei ndie-sai yaac duqv a'fai mv zuqc zipv jaa-nziouv nqoi nzuih waac fai zoux sou fungx meih mingh. Meih mingh lorz ga'hlen nzuqc maengz ziqc gorn zangc nyei ndie-sai yiem njiec ga'hlen norm deic jei tengx njioux jiepv zeh baengc kouv nyei ziangh hoc yaac duqv se gorngv meih mingh nzuqc maengz deic dauh yie mbuo mv zoux gong yiem naaic. Se gorngv maaih haaix nyungc zorc baengc gong mv maaih sou-gorn beu bun nyei buonc nor, meih oix zuqc maaih sou fungx meih mingh a'fai jaa'nziouv duqv zipv nqoi nzuih waac ndaangc cingx bieqc zorc baengc yiem nzuqc maengz ziqc gorn zangc doic.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Mbuox jangx-fim waac: Ninh mbuo meiv guoqv Indians baeqc fingx corc haih giniv ziangx naaiv laanh IHCP liouh benx ninh mbuo nyei PCP, mv gunv gorngv ninh mbuo IHCP mv maaih mbuoz zoux gong yiem caux Anthem gorn zangc doic yaac baac.

Beiv hnangv ninh mbuo PCP, zorc baengc zaamc, a'fai da'nyeic deix zoux gong zorc baengc ndie-sai mv longc hnyiou v tengx zoux gong zorc baengc ziux maaih sou-gorn beu bun nyei buonc, beiv taux goux nqaeqv maaih gu'nguaaz saa maqc nyei javv a'fai lom gu'nguaaz guangc nyei gong, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**. Se gorngv oix hiuv taux longc hnyiou v zoux gong ziux goux liouh fiou gong-daqv, doqc mangc yiem “Longc hnyiou v zoux gong ziux goux liouh fiou gong-daqv” yiem jhex mingh wuov ginc sou.

Beiv hnangv naaiv laanh zoux gong zorc baengc ndie-sai mv longc hnyiou v zorc baengc ziux maaih sou-gorn beun bun nyei gong, ninh mbuo oix zuqc tengx zaah lorz ganh laanh ndie-sai tengx zorc baengc bun meih. Anthem corc haih tengx liuc leiz zaah lorz zoux gong zorc baengc ndie-sai tengx zorc baengc bun meih.

Yiem juangc gorn zangc doic nyei ndie-sai

Meih oix zuqc lorz longc naaiv deix zoux gong zorc baengc nyei ndie-sai dungh maaih mbuoz juangc gong caux Anthem gorn zangc doic liouh tengx zorc yietc zungv baengc zingh. Meih horpc zuqc zipv caux ninh mbuo zoux gong zorc baengc ndie-sai juangc gorn zangc doic tengx goux nqaeqv baengc nyei gong aengx caux zorc ndorm zinh nzou v hmuangx baengc. Meih corc oix zuqc lorz longc naaiv deix liouc siouv ndie-sai neqv zorc baengc, lorz zorc baengc dorngv, aengx caux da'nyeic deix zoux gong zorc baengc mienh yiem caux Anthem gorn zangc doic.

Se gorngv oix zipv mangc naaiv zeiv zoux gong zorc baengc ndie-sai nyei mbuoz-daan yiem lorqc njiec juangc norm gorn zangc doic wuov, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**. Meih corc haih zaah lorz mangc zoux gong zorc baengc ndie-sai nyei mbuoz-daan yangh online yiem njiec naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal). Se gorngv oix zipv mangc naaiv zeiv ndie-mbuoz liouh siou jhex, mborqv finx lorz taux Medi-Cal Rx yiem njiec naaiv 1-800-977-2273 (TTY 1-800-977-2273) aengx caux zatv bieqc 7 a'fai 711. A'fai bieqc lorz mangc yiem Medi-Cal Rx website yiem njiec naaiv <https://medi-calrx.dhcs.ca.gov/home/>.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungv ndorm taux 7 dimv lungv muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangv bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

3 | Hnangv haaix zipv tengx ziux goux zorc baengc

Meih horpc zuqc duqv zipv haix nqoi nzuih waac (duqv haix nqoi nzuih waac ndaangc) yiem caux Anthem ndaangc meih mingh lorz nzuqc maengz Anthem ziqc gorn zangc nyei ndie-sai tengx zorc baengc, mv gunv gorngv yiem njiec Anthem zoux gong deic jei yaac baac, cih nqenx cuotv mv zeiz naaiv deix sic:

- Se gorngv meih qiemx zuqc heuc njioux jiepv sih baengc kouv, mborqv finx lorz taux 911 a'fai gaanv jien sin mingh lorz njioux maengc dorngx nitv fatv wuov.
- Beiv hnangv meih yiem lorqc zuqc nzuqc maengz Anthem gunv taux nyei deic jei aengx caux qiemx zuqc njioux jiepv sih baengc kouv hoic, gaanv mingh lorz taux haaix norm njioux baengc dorngx yaac duqv.
- Beiv hnangv meih qiemx zuqc longc tengx goux nqaeqv maaih gu'nguaaz saa maqc nyei gong, mingh lorz taux haaix laanh Medi-Cal ndie-sai yaac duqv mv zuqc zipv haix jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun).
- Beiv hnangv meih qiemx zuqc zorc corngv zingh nzauh hivaang baengc, bieqc lorz taux juangc gorn zangc nyei zoux gong zorc baengc ndie-sai a'fai nquenc zuqc zorc corngv zingh baengc nyei ndie-sai, mv zuqc zipv haix jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun).

Se gorngv mv zeiz meih maaih baengc ziux hietv yiem ga'nguaaic deix waac aengx caux mv zuqc zipv haix jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun) ndaangc mingh lorz yiem caux nzuqc maengz gorn zangc doic tengx zorc baengc, meih ganh oix zuqc lomh nyaanh cuotv cingv naaic deix ndie-sai oc.

Nzuqc maengz ziqc gorn zangc doic nyei zoux gong zorc baengc ndie-sai yiem lorqc njiec zoux gong nyei deic jei ga'nyuoz

Nzuqc maengz ziqc gorn zangc doic nyei zoux gong zorc baengc ndie-sai dugh mv maaih lorqc doih zoux gong sou juangc caux Anthem. Cih nqenx cuotv dugh maaih jiepv sih baengc kouv, goux nqaeqv maaih gu'ngaauz saa maqc nyei gong, njioux maengc sic, aengx caux zorc baengc gong dugh oix zuqc duqv zipv Anthem nqoi nzuih bun ndaangc, nzunc baav oix zuqc heu meih ndortv nyaanh cingv naaic deix ndie-sai yiem lorqc njiec nzuqc maengc gorn zangc doic tengx zorc baengc yiem njiec meih nyei deic jei.

Beiv hnangv meih qiemx zuqc lonhc njioux baengc javv-louc dugh mv buac mbenc duqv maaih yiem caux juangc gong gorn zangc doic wuov, meih corc haih duqv zipv caux ninh mbuo nzuqc maengz gorn zangc ndie-sai tengx zorc baengc mv zuqc ndortv nyaanh cingv. Nzunc baav Anthem corc haih nqoi nzuih bun sou fungx baengc mienh mingh lorz nzuqc baengz gorn zangc nyei ndie-sai tengx zorc baengc bun se



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungv ndorm taux 7 dimv lungv muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangv bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

gorngv yiem njiec ga'nyuoz juangc gong nyei doic mv maaih naaic deix ndie-sai a'fai ninh mbuo leih meih go haic. Se gorngv oix mbuo zoux sou fungx meih mingh lorz nzuqc maengz gorn zangc ndie-sai tengx zorc baengc nor, yie mbuo oix zuqc cingv ninh mbuo mi'aqc.

Se gorngv qiemx zuqc lorz njioux jiepvvsih baengc yiem lorqc njiec Anthem gorn zangc deic jei, meih horpc zuqc mingh lorz taux Anthem gorn zangc doic nyei ndie-sai tengx njioux jiepv sih baengc. Beiv hnangv meih mv qiemx zuqc longc jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun) liouh zorc jiepv sih baengc yiem caux ga'nyuoz juangc gorn zangc nyei ndie-sai. Meih mv zuqc longc naaiv zeiv jaa-nziouv tov nqoi nzuih waac ndaangc (jaa-ndaangc nqoi nzuih bun) liouh lorz zorc jiepv sih baengc yiem caux nzuqc maengz gorn zangc ndie-sai yiem lorqc njiec ga'nyoz Anthem zoux gong nyei deic jei doringx.

Beiv hnangv meih duqv zipv tengx njioux jiepv sih baengc yiem caux ninh mbuo nzuqc maengz ziqc gorn zangc nyei zoux gong zorc baengc ndie-sai yiem lorqc njiec Anthem zoux gong nyei deic jei doringx, nzunc baav meih horpc zuqc ndortv nyaanh cingv. Doqc mangc tipv taux naaiv deix njioux jiepv sih baengc nyei javv-louc, zorc jiepv zeh baengc kou, aengx caux njioux maengc gong yiem naaiv ginc sou oc.

Mbuox jangx-fim waac: Beiv hnangv meih lorqc benx meiv guoqv Indian baeqc fingx, meih corc haih duqv zipv ziux goux zorc baengc yiem njiec ga'nyuoz IHCP gorn zangc nyei ndie-sai maiv zuqc zoux sou fungx baengc mienh mingh zorc baengc. Naaivnorm IHCP nzuqc maengz gorn zangc doic corc haih zoux sou fungx naaiv deix Indian baengc mienh mingh bun taux g'nyuoz gorn zangc doic nyei ndie-sai tengx zorc baengc mv zuqc heuc ga'nyuoz gorn zangc PCP zoux sou fungx daaih.

Beiv hnangv meih qiemx zuqc longc mienh tengx dorh lorz taux nzuqc maengz ziqc gorn zangc nyei zorc baengc gong, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.

Yiem njiec nzuqc maengz zoux gong nyeu deic jei doringx

Beiv hnangv meih yiem lorqc zuqc ga'hlen nzuqc maengz Anthem zoux gong nyei ziqc deic jei aengx caux qiemx zuqc heuc njioux jiepv sih baengc nyei ziangh hoc **mv** yiem lorqc zuqc beu taux nyei deic, gaanv jien sin mborqv finx lorz taux PCP siepv. A'fai mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungv ndorm taux 7 dimv lungv muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

3 | Hnangv haaix zipv tengx ziux goux zorc baengc

Se gorngv qiemx zuqc heuc njioux jiepv sih baengc, mborqv finx lorz taux **911** a'fai gaanv jien sin lorz taux njioux maengc dorngx nitv fatv wuov. Anthem maaih sou-gorn beu taux nzuqc maengz gorn zangc doic tengx njioux jiepv sih baengc bun. Beiv hnangv meih mingh saaux nzaauc yiem Canada a'fai Mexico aengx caux jeipv sih zuqc baengc kouv qiemx zuqc bieqc zorc baengc dorngx bueix zorc baengc, Anthem maaih sou-gorn beu nzoih nzengc. Beiv hnangv meih mingh saau nzaauc nzuqc maengz deic bung dugh mv zeiz yiem Canada a'fai Mexico aengx caux qiemx njioux jiepv sih baengc, jiepv zeh zuqc baengc kouv, a'fai qiemx zorc haaix nyungc baengc yaac longx Anthem mv **maaih sou-gorn beu** meih oc.

Beiv hnangv meih duqv zorqv nyaanh cingv tengx njioux jiepv sih baengc bueix yiem zorc baengc dorngx yiem Canada a'fai Mexico, meih corc haih tov taux Anthem jauav nzuonx meih. Anthem oix zuqc zaah luic mangc dugh meih tov taux nyei waac ndaangc. Se gorngv oix hiuv taux hnangv haaix tov taux ninh mbuo jauav nyaanh nzuonx, doqc mangc yiem da'2 ginc sou, "Mbuox taux heu heng-wangc sou-gorn jauv-louc" yiem naaiv buonv sou-guv.

Beiv hnangv meih yiem lorqc zuqc da'nyeic norm saengv a'fai yiem njiec meiv guoqv nyei deic jei dorngx beiv taux lorqc njiec Samoa, Guam, Northern Mariana Islands, Puerto Rico, a'fai meiv guoqv Virgin Islands, meih corc duqv sou-gorn beu taux njioux jiepv sih baengc nyei oc. Mv zeiz yietc zungv zorc baengc zaamc aengx caux yietc zuangx domh ndie laengz zipv longc Medicaid. (Medi-Cal se maaih ganh norm mbuoz heuc Medicaid yiem California saengv hnangv oc.) Beiv hnangv meih qiemx zuqc zorc jiepvsvih baengc yiem nzuqc maengz ziqc California deic, oix zuqc gaanv jien sin mbuox tong ninh mbuo zorc baengc zaamc a'fai njioux jiepv sih baengc domh ndie-sai hiuv taux gorngv meih maaih Medi-Cal aengx caux benx ninh mbuo Anthem nyei baengc mienh.

Dorh meih nyei Anthem ID fangx bun ninh mbuo aamx cuotv siou jiej. Mbuox tong ninh mbuo zorc baengc zaamc aengx caux domh ndie-sai hiuv taux dorh zorc baengc zaeqv-daan fungx bun Anthem. Beiv hnangv meih duqv zipv siou taux zorc baengc zaeqv-daan yiem ganh norm saengv fungx daaih bun, gaanv jien sin mborqv finx lorz taux Anthem siepv. Yie mbuo juangc gong caux zorc baengc zaam caux/fai domh ndie-sai domh nzoih mbenc caux Anthem cuotv nyaanh tengx meih zorc baengc

Beiv hnangv meih yiem lorqc zuqc nzuqc maengz ziqc California saengv aengx caux maaih jiepv sih baengc kouv qiemx zuqc mingh zorqv ndie-nyanc, yiem bun ndie zaamc nor mborqv finx lorz taux Medi-Cal Rx yiem njiec naaiv 1-800-977-2273.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naav se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Mbuox jangx-fim waac: Haaix deix mienh benx meiv guoqv Indians corc haih duqv zipv ziux goux zorc baengc yiem njiec ga'hlen nzuqc maengz IHCP gorn zangc doic duqv oc.

Naaiv norm California kou-gong gorn tengx zoux gong ziux goux fu'jueiv (CCS) se benx yietc norm kou-gong gorn dugh saengv zangc liepc faaux liouh zorc fu'jueiv dugh hnyiangx-jeiv mv zaaic 21 hnyiangx nyei buonc dugh maaih baengc hoic, butv baengc, a'fai butv benx baengc-ngaaiz aengx caux horpc ziux zuqc CCS kou-gong gorn nyei leiz gunv njiec wuov. Beiv hnangv meih qiemx zuqc longc naaiv deix zorc baengc gong yiem caux CCS tengx zorc baengc nyei javv-louc aengx caux buac Anthem mv mbenc duqv maaih CCS liouc siouv ndie-sai yiem njiec ga'nyuoz gorn zangc doic haih tengx ziux goux zorc naaic nyungc baengc, meih corc haih mingh lorz ga'hlen nzuqc maengz gorn zangc nyei ndie-sai tengx zorc baengc mv zuqc ndortv nyaanh cingv. Se gorngv oix hiuv tipv taux naaiv norm CCS kou-gong gorn, doqc mangc yiem da'4 ginc sou, "Tengx nyaanh aengx caux zoux zorc baengc gong" hietv yiem naaiv buonv sou wuov.

Beiv hnangv meih maaih waac qiemx zuqc naaic taux lorz ga'hlen nzuqc maengz gorn zangc ndie-sai tengx zorc baengc yiem lorqc njiec ga'nyuoz deic jei dorngx, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**. Se gorngv buac dinc zangc gorn guon ndaangc aengx caux meih qiemx zuqc longc Anthem borng gong mienh tengx nzie, mborqv finx lorz taux **1-800-224-0336**.

Beiv hnangv meih qiemx zuqc longc tengx jiepv sih zorc baengc gong yiem lorqc zuqc ga'hlen nzuqc maengz Anthem zoux gong nyei deic jei dorngx, bieqc lorz njioux jiepv sih baengc nyei dorngx nitv fatv wuov. Beiv hnangv meih mingh saau nzaauc cuotv nzuqc maengz ziqc meiv guoqv deic bung aengx caux jiepv sih zuqc baengc qiemx zorc, Anthem mv maaih sou-gorn beu bun oc. Se gorngv oix hiuv tipv taux zorc jiepv sih baengc nyei javv-louc, doqc mangc yiem "Zorc jiepv sih baengc" yiem naaiv buonv sou.

Zoux benx guv yienh bun mangc

Anthem zoux gong caux yietc zungv domh zuangx ndie-sai camv-norm dorngx, liouc siouv ndie-sai, zorc baengc zaamc, aengx caux da'nyeic deix zoux gong zorc baengc nyei mienh. Maiah zix dor zoux gong zorc baengc ndie-sai duqv juangc norm gorn zangc, maaih ganh norm mbuoz heuc zorc baengc doic a'fai maaih gorqv-zeic njiec buoz zorc baengc nyei gorn zangc (IPA) juangc gong. Naaiv deix zoux gong nyei mienh se maaih zoux gong sou laengz zoux gong caux Anthem.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungu ndorm taux 7 dimv lungu muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

3 | Hnangv haaix zipv tengx ziux goux zorc baengc

Beiv hnangv naaiv laanh daauh dauh zorc baengc ndie-sai (PCP) oix zuqc zoux sou fungx meih mingh lorz liouc siouv ndie-sai tengx zorc baengc aengx caux naaic deix zorc baengc gong dauh bieqc juangc zuqc zorc baengc doic nyei gong, IPA, a'fai caux Anthem. Beiv hnangv meih duqv mingh lorz liuz naaiv laanh liouc siouv ndie-sai ndaangc mi'aaq, oix zuqc ca'laangh caux PCP a'fai mborqv finx lorz taux ziux goux baengc mienh nyei gorn zangc yiem leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx ziux naaiv norm wangv henh heuc nyei gorn yiem njiec naaiv **1-800-407-4627 (TTY 711)**. Naaiv norm ziux goux baengc mienh nyei gorn zangc corc haih tengx zaah ndorqc mangc gorngv haaix laanh zoux gong zorc baengc ndie-sai horpc meih se gorngv meih corc maaih horpc bouc gaux nzipc zorc baengc mingh. Se gorngv oix muangx waac-fienx jaa, bieqc lorz mangc yiem nzipc zorc baengc wuov ginc sou yiem naaiv buonv sou-guv wuov.

Hnangv haaix gunv goux taux zorc baengc nyei gong

Anthem se benx yietc norm gunv goux zorc baengc sou-gorn. Anthem tengx ziux goux zorc baengc bun baengc mienh dungn yiem lorqc njiec Alpine, Amador, Calaveras, El Dorado, Fresno, Inyo, Kings, Kern, Madera, Mono, Sacramento, San Francisco, Santa Clara, Tulare, aengx caux Tuolumne nquenc. Yiem gunv goux zorc baengc nyei ziangh hoc, ninh mbuo PCP, liouc siouv ndie-sai, njioux baengc dorngx, zorc baengc zaamc, aengx caux da'nyeic deix zoux gong zorc baengc nyei mienh domh nzoih juangc tengx meih zorc baengc.

Anthem maaih zoux gong sou-gorn caux yietc zuangx zorc baengc doic liouh tengx zorc baengc bun taux Anthem nyei baengc mienh. Naaiv deix zorc baengc doic se duqv gapv zunv yietc zuangx domh ndie-sai benx PCP aengx caux juangc zunv liouc siouv ndie-sai. Naaiv deix zorc baengc doic juangc gong caux da'nyeic deix zorc baengc nyei mienh beiv taux dimv nziaamv dorngx aengx caux tengx jaa-dorngx liouh zorc baengc. Naaiv deix zorc baengc doic dquv dauh bieqc caux zorc baengc zaamc nzoih nzengc. Zaah mangc yiem Anthem ID fangx liouh doqc mangc naaiv laanh PCP nyei mbuoz, zorc baengc doic, aengx caux zorc baengc zaamc nyei dorngx.

Haaix zanc meih faaux mbuoz bieqc yiem Anthem liuz, corc haih ginv longc a'fai haac ziangx naaiv laanh PCP bun meih mi'aaq. Naaiv laanh PCP se benx yietc laanh zorc baengc doic bun meih. Naaiv laanh PCP aengx caux zorc baengc doic tengx liuc leiz zorc baengc bun nzoih meih. Naaiv laanh PCP corc haih tengx zoux sou fungx meih mingh bun taux liouc siouv ndie-sai tengx zorc baengc a'fai fungx bieqc tengx dimv nziaamv aengx caux ziux X-rays fangx. Beiv hnangv meih qiemx zuqc longc taux naaiv



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

3 | Hnangv haaix zipv tengx ziux goux zorc baengc

deix zorc baengc gong dugh oix zuqc zipv haix jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun), Anthem a'fai ninh mbuo zorc baengc doic oix zuqc zaah luic mangc daangc naaic deix zipv haix jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun) aengx caux corngh dunx gorngv horpc zuqc nqoi nzuih bun naaic deix zorc baengc gong nyei fai.

Yietc gan nor, meih oix zuqc lorz taux liouc siouv ndie-sai ndaangc aengx caux buangh da'nyeic deix zoux gong nyei mienh juangc norm gorn zangc benx zorc baengc doic liouh benx PCP. Cih njiec dugh butv benx jiepv sic baengc kouy nyei buonc, dugh meih horpc zuqc mingh zorc baengc yiem zorc baengc zaamc yiem caux zorc baengc doic jiu ziangx doic wuov.

Maaih dangh baav, meih horpc zuqc lorz tengx zorc baengc mv zeiz yiem lorqc zuqc juangc norm zorc baengc doic nyei ndie-sai. Se gorngv buatac hnangv naaic nor, ninh mbuo PCP oix zuqc zoux sou fungx meih mingh lorz taux zorc baengc ndie-sai yiem ga'hlen nzuqc maengz gorn zangc dorngx. Ninh mbuo PCP jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun) liouh bun meih mingh lorz ga'hlen nyei zoux gong zorc baengc ndie-sai.

Yietc zungv jauv-louc, meih oix zuqc jaa-nziouv tov PCP, zorc baengc doic, a'fai Anthem nqoi nzuih waac bun ndaangc cingx mingh lorz ga'hlen nzuqc maengz gorn zangc nyei ndie-sai a'fai zoux gong zorc baengc nyei mienh dugh mv maaih mbuoz benx zorc baengc doic wuov. Meiv mv zuqc longc naaiv zeiv jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun) liouh lorz zorc jiepv sih baengc, mbungh nqaeqv maaih gu'nguaaz saa maqc nyei gong, a'fai zorc corngh zingh nzauh huaang baengc yiem gorn zangc doic.

Haaix laanh mienh maaih Medicare caux Medi-Cal sou-gorn

Weic benx zuqc meih maaih nzoih Medicare beu bun mi'aqc, maaih Medicare sou-gorn beu bun zorc ndorm zinh nziouv hmuangx baengc (jiepv zeiv baengc hniev) yiem naaic norm sou-gorn mi'aqc. Meih duqv sienv ziangx daauh laanh zoux gong zorc baengc nyei mienh yiem caux Medicare sou-gorn mi'aqc. Daaix luic doqc mangc beu nyungc horngh sou-gorn yiem caux Medicare beu heng-wangc sou-gorn wuov liouh doqc hiuv taux daauh laanh zoux gong zorc baengc nyei mienh tengx liuc leiz zoux haaix nyungc gong bun, hnangv haaix tov tiuv naaic laanh mienh siang, aengx caux hnangv haaix lorz zorc baengc. Medicare gorn zangc gunv goux taux zorc baengc jauv-louc (MCO) beu nyungc horngh sou-gorn duqv hietv nzih yietc nyeic waac yiem Medicare aengx caux bun hiuv taux tengx nyaanh



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

maaiz ndie-mbuoz aengx caux ninh mbuo hnangv haaix juangc gong zoux caux Medi-Cal. Beiv hnangv meih maaih Medicare sou-gorn yiem caux da'nyeic norm gorn beu Medicare bun meih, oix zuqc ziux naaiv buonv sou-guv waac longc aengx caux ziux waac-fienx fungx bun meih ndaangc wuov.

Domh ndie-sai

Meih oix zuqc ginv ziangx naaiv laanh domh ndie-sai ndaangc a'fai da'nyeic deix zoux gong zorc baengc nyei mienh yiem caux Anthem zoux gong zorc baengc mienh nyei mbuoz-daan liouh benx PCP. Meih ginv ziangx naaiv laanh PCP horpc zuqc maaih mbuoz yiem njiec gorn zangc nyei zoux gong mienh oc. Se gorngv oix heuc aamx naaiv zeiv Anthem zoux gong zorc baengc mienh nyei mbuoz-daan siou jhex, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**. A'fai bieqc zaah lorz mangc online yiem njiec naaiv anthem.com/ca/medi-cal.

Beiv hnangv meih duqv ginv siang PCP, horpc zuqc mborqv finx lorz taux naaic laanh PCP ndaangc gorngv ninh laengz zipv baengc mienh siang nyei fai.

Beiv hnangv zinh ndaangc meih maaih ziangx domh ndie-sai ndaangc meih bieqc benx Anthem nyei mienh, aengx caux naaic laanh ndie-sai mv maaih mbuoz bieqc juangc Anthem gorn zangc doic, meih corc haih nzipc longc naaic laanh domh ndie-sai mingh ndaangc cingx tiuv. Maaih jioux waac heuc nzipc ziux goux zorc baengc mv bun dangx ziangh hoc. Doqc mangc tipv faaux gorngv hnangv haaix tov nzipc ziux goux zorc baengc yiem naaiv buonv sou-guv oc. Se gorngv oix hoqc hiuv tipv, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.

Beiv hnangv meih qiemx zuqc longc liouc siouv ndie-sai tengx zorc baengc, naaiv laanh PCP oix zuqc tengx zoux sou fungx meih mingh bun taux naaic laanh liouc siouv ndie-sai yiem njiec Anthem gorn zangc doic. Maaih laanh baav liouc siouv ndie-sai mv heuc zoux sou fungx baengc mienh daaih. Se ogrngv oix hiuv tipv taux zoux sou fungx baengc mienh nyei gong "doqc mangc zoux sou fungx baengc mienh" yiem jhex mingh wuov ginc sou.

Oix zuqc jangx longx oc, beiv hnangv meih mv duqv ginv naaiv laanh PCP, Anthem oix zuqc ginv yietc laanh bun meih oc, se gorngv meih mv maaih nzoih da'nyeic nyungc beu heng-wangc sou-gorn beu junh jaa nzemx bieqc Medi-Cal. Meih hiuv duqv ga'ganh nyei baengc horpc zuqc longc haaix nyungc jauv tengx zorc, liuc horpc zuqc heuc ginv longc ziux puix baengc oc. Beiv hnangv meih maaih nzoih Medicare caux



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

3 | Hnangv haaix zipv tengx ziux goux zorc baengc

Medi-Cal sou-gorn liuz, a'fai se gorngv meih maaih da'nyeic nyungc beu heng-wangc sou-gorn beu junh tengx zorc baengc, meih mv zuqc ginv naaiv laanh PCP yiem caux Anthem.

Beiv hnangv meih oix tiuv naaiv laanh PCP, oix zuqc ginv yietc laanh PCP yiem caux Anthem nyei zoux gong zorc baengc mienh nyei mbuoz-daan oc. Oix zuqc zaah naaic taux PCP laengz zipv saeng-baengc mienh nyei fai. Se gorngv oix tiuv naaiv laanh PCP, mborqv finx lorz taux **1-800-407-4627 (TTY 711)** a'fai bieqc mangc yiem [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Zorc baengc dorngh

Se gorngv zuqc jiepv sih baengc, mborqv finx lorz taux **911** a'fai gaanv liuc leiz mingh lorz njioux baengc dorngh nitv fatv wuov.

Beiv hnangv mv zeiz zuqc benx jiepv sih baengc aengx caux qiemx zuqc bieqc zorc baengc dorngh liouh zorc baengc, ninh mbuo PCP oix zuqc tengx corngh dunx gorngv horpc zuqc heuc meih bieqc haaix norm zorc baengc dorngh. Meih oix zuqc bieqc zorc baengc yiem zorc baengc dorngh dungh naaiv laanh PCP longc nyei dorngh aengx caux maaih mbuoz yiem benx Anthem zoux gong mienh nyei gorn zangc doic. Naaiv zeiv zoux gong mienh nyei mbuoz-daan faaux nzoih zorc baengc dorngh yiem caux Anthem gorn zangc doic bun mangc.

Liouc siouv ndie-sai tengx zorc m'sieqv dorn baengc

Meih corc haih mingh lorz taux zorc m'sieqv dorn baengc nyei liouc siouv ndie-sai yiem njiec Anthem nyei juangc gong gorn zangc doic liouh tengx m'sieqv dorn goux nqaeqv baengc nyei gong aengx caux tengx zorc ndorm zinh nziouv humagx baengc. Meih mv zuqc longc sou fungx baengc mienh daaih a'fai mv zuqc tov ninh mbuo PCP nqoi nzuih bun zorc naaiv deix baengc oc. Se gorngv qiemx zuqc longc mienh tengx zaah lorz liouc siouv ndie-sai tengx zorc m'sieqv dorn baengc, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**. Yietc hnoi mborqv finx lorz duqv ndie-sai finx-gorn 24/7 (24/7 Nurseline).

Se gorngv oix lorz tengx goux mbungh maaih gu'nguaaz saa maqc nyei javv-louc, mv zuqc mingh lorz ninh mbuo zoux gong zorc baengc ndie-sai maaih mbuoz juangc caux Anthem zoux gong gorn zangc doic oc. Ziux meih nyei hnyiou v nyunc sienv lorz haaix laanh Medi-Cal zoux gong zorc baengc nyei mienh aengx caux bieqc lorz ninh mbuo mv zuqc zoux sou fungx baengc mienh daaih a'fai jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun). Se gorngv qiemx zuqc longc mienh tengx zaah lorz



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nang h bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Medi-Cal zoux gong zorc baengc mienh yiem ga'hlen nzuqc maengz Anthem gorn zangc doic, mborqv finx lorz taux 1-800-407-4627.

Zoux gong zorc baengc ndie-sai nyei mbuoz

Naaiv norm Anthem Zoux gong zorc baengc ndie-sai nyei mbuoz duqv faaux ziangx zoux gong zorc baengc ndie-sai mbuoz yiem njiec Anthem ga'nyuoz gorn zangc doic. Naaiv norm gorn zangc doic se benx yietc zungv doic dugh juangc gong zoux liouh benx zorc baengc nyei gong-mienh yiem caux Anthem.

Naaiv norm Anthem zoux gong zorc baengc gong-mienh nyei mbuoz-daan duqv faaux nzoih zorc baengc dorngh, PCP, liouc siouv ndie-sai, borng buoz ndie-sai, goux baengc ndie-sai, borng gong nyei ndie-sai, goux mbungh maaih gu'nguaaz saa maeqc nyei gong-mienh, FQHC, zorc corng zingh baengc mienh nyei ndie-sai, gunv goux taux lauh ndaav baengc nyei gong aengx caux liuc leiz goux mangc baengc mienh (MLTSS), yungz gu'nguaaz dorngx (FBC), sou-gorn beu ndoqc mienh nyei gorn zangc (IHCP), zorc baengc dorngh yiem lomc hlang deic (RHC), aengx caux Medicare goux mienh goz mienh nyei dorngx (SMP).

Naaiv buonv zoux gong zorc baengc gong-mienh nyei mbuoz-daan duqv mbenc Anthem zoux gong mienh yiem ga'nyuoz gorn zangc doic nyei mbuoz, liouc siouv ndie-sai mbuoz, deic zepv lorqc njiec haaix, fonh nam mber, zoux gong nyei ziangh hoc, aengx caux haih gorngv haaix fingx waac. Naaiv buonv sou-guv corc duqv mbuox tong meih hiuv gorngv naaic laanh zoux gong zorc baengc nyei mienh laengz zipv siang-baengc mienh nyei fai mv zipv. Ninh corc duqv mbuox meih hiuv taux hnangv haaix bieqc lorz duqv zaic naaic norm dorngx, beiv taux dingh cie dorngx, yuonh baengh ndongc haaix, faaux tei maaih dorngx maan ndiouz, aengx caux bungz yiez-nqaiv dorngh maaih gaengh jiangv hepc ndongc haaix aengx caux maaih dorngx maan ndiouz nyei fai.

Se gorngv oix hoqc hiuv taux domh ndie-sai hoqc sou-nzangc hlang ndongc haaix, zoux gong guai liouc ndongc haaix, hoqc dorngx haaix, hoqc gong yiem haaix, aengx caux maaih sou-gorn nanv sic mienh bun sou-gorn beu mi'aqc fai, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.

Meih corc haih zaah lorz naaiv deix zoux gong zorc baengc nyei gong-mienh mbuoz-daan yiem online yiem njiec naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Beiv hnangv meih qiemx zuqc longc naaiv buonv zoux gong zorc baengc gong-mienh nyei mbuoz-daan aamx cuotv siou jhex, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen huc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

3 | Hnangv haaix zipv tengx ziux goux zorc baengc

Meih corc haih zaah lorz bun ndie dorngx nyei mboz-daan dungh juangc gong caux Medi-Cal Rx yiem njiec Medi-Cal Rx bun ndie nyei mboz-daan yiem njiec naaiv <https://medi-calrx.dhcs.ca.gov/home/>. Meih corc haih mborqv finx zaah lorz taux bun ndie nyei dorngx yiem nitv fatv meih ziux naaiv norm Medi-Cal Rx yiem njiec naaiv 1-800-977-2273 (TTY 1-800-977-2273) aengx caux zatv bieqc 7 fai 711.

Bieqc zorc baengc siepv bun hingh ziangh hoc

Ninh mbuo gorn zangc nyei zoux gong zorc baengc gong-mienh oix zuqc tengx gaanv liuc leiz bun bieqc zorc baengc hingh sic ziux meih nyei baengc hniev heng ndongc haaix. Ngaih zouc mv duqv, ninh mbuo oix zuqc tengx dunx ziangh hoc ziux ziangh hoc ndorqc funx hietv ga'ndiev deix daan.

Dunx benx haaix horngx gong	Meih horpc zuqc duqv zipv tengx dunx ziangx ziangh hoc bun yiem njiec ga'nyuoz bouc soux:
Mv zeiz gaanv dunx ziangh hoc liouh zorc baengc mv zuqc zipv haix jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun)	48 norm ziangh hoc
Mv zeiz gaanv dunx ziangh hoc liouh zorc baengc dungh qiexx zuqc zipv haix jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun)	96 norm ziangh hoc
Mv zeiz gaanv dunx ziangh hoc (ziux lox ziangh hoc) liouh buangh daauh laanh ndie-sai	10 norm zoux gong hnoi
Mv zeiv gaanv dunx ziangh hoc (ziux lox ziangh hoc) liouh buangh liouc siouv ndie-sai	15 norm zoux gong hnoi
Mv zeiz gaanv dunx ziangh hoc (ziux lox ziangh hoc) liouh zorc corngh zingh baengc nyei ndie-sai (mv zeiz domh ndie-sai)	10 norm zoux gong hnoi
Mv zeiz gaanv dunx ziangh hoc (ziux lox ziangh hoc) liouh bun zorc corngh zingh baengc nyei ndie-sai zimh ndorqc mangc baengc (mv zeiz domh ndie-sai)	Dunx nqa'haav nzunc ziangh hoc qiexx zuqc 10 norm zoux gong hnoi



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

3 | Hnangv haaix zipv tengx ziux goux zorc baengc

Dunx benx haaix horngh gong	Meih horpc zuqc duqv zipv tengx dunx ziangx ziangh hoc bun yiem njiec ga'nyuoz bouc soux:
Mv zeiz gaanv dunx ziangh hoc (ziux lox ziangh hoc) liouh nzemx bieqc (ziux goux mangc) nyei gong liouh dimv baengc a'fai zorc ndopc mun baengc, butv baengc, a'fai da'nyeic horngh baengc hoic	15 norm zoux gong hnoi

Ziux ziangh hoc zuov da'nyeic nyungc gong	Meih horpc zuqc haih borqv duqv doic zaaic yiem njiec ga'nyuoz soux mouc:
Yiem njiec lung hnoi zoux gong nyei ziangh hoc oix zuqc guangc ziangh hoc zuov ziux goux baengc mienh nyei fonh	10 buon
Guangc ziangh hoc zuov muangx naaiv norm fonh yiem ndie-sai finx-gorn 24/7 (24/7 Nurseline) 1-800-224-0336 (TTY 711)	30 buon (liouh daux bieqc lorz goux baengc ndie-sai)

Maaih nzunc baav oix zuqc tor ziangh hoc lauh ndaav liouh dunx ziangh hoc bun. Se gorngv buatac mv zeiz maaih dorngx haih hoic taux baengc kouv faaux nor ninh mbuo ndie-sai haih bun ziangh hoc meih zuov lauh ndaav faaux. Ninh horpc zuqc mbiuv mbuox ziangx gorngv guangc ziangh hoc zuov lauh ndaav se mv maaih dorngx haih zoux hoic meih nyei baengc kouv faaux. Meih corc haih ginv longc ziangh hoc liouh zuov zaih dangh a'fai mborqv finx lorz taux Anthem tengx dorh mingh lorz ga'hlen ganh laanh zorc baengc ndie-sai bun. Naaic laanh ndie-sai aengx caux Anthem yaac oix zuqc ziux meih nyei hnyiou v nyunc.

Nzunc baav ninh mbuo domh ndie-sai corc haih neqv ziangx ziangh hoc bun meih liouh zoux goux nqaeqv baengc, zimh ndorqc mangc baengc longx ciouv ndongc haaix, a'fai horpc zuqc zoux sou fungx meih mingh lorz liouc siouv ndie-sai, sueih ziux meih nyei baengc ndorqc funx.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung hndorm taux 7 dimv lung hmuonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

3 | Hnangv haaix zipv tengx ziux goux zorc baengc

Beiv hnangv meih qiex zuqc longc mienh tengx porv waac mbuox bei, longc buoz wuv porv waac bun mangc nor mborqv finx mbuox tong Anthem hiuv a'fai mbuox yiem haaix zanc meih zorc baengc nyei ziangh hoc yaac duqv. Ninh mbuo mbenc ziangx porv waac mienh mv zuqc heuc ndortv nyaanh cingv. Yie mbuo mv aapv heuc longc fu'jueiv a'fai hmuangv doic benx porv waac mbuox bei. Se gorngv oix hoqc hiuv tipv taux porv waac mbuox bei nyei mienh dungv yie mbuo lorz bun wuov, mborqv finx lorz taux 1-800-407-4627.

Beiv hnangv meih qiex zuqc longc porv waac mienh tengx naaiv deix gong, longc buoz wuv porv waac mbuox, yiem njiec naaiv norm Medi-Cal Rx bun ndie dorngx, mborqv finx lorz taux Medi-Cal Rx ziux goux baengc mienh nyei gorn zangc yiem njiec naaiv 1-800-977-2273, yietc hnoi yiem 24 norm ziangh hoc, yietc norm leiz baaix yiem 7 hnoi. Haaix deix mienh longc TTY nyei buonc mborqv finx lorz taux 711, yiem leiz-baaix yietv taux leiz-baaix hmz, yiem 8 dimv lungv ndorm taux 5 dimv lungv hmuangx.

Longc ziangh hoc mingh a'fai jauv-bouc go lorz zorc baengc

Anthem oix zuqc zaah ndorqc mangc longc ziangh hoc yangh jauv a'fai jauv-bouc go ndongc haaix lorz taux zorc baengc dorngx. Naaiv deix jauv-bouc se haih tengx ndorqc funx gorngv meih yiem biau v mv zuqc mingh go jhex ndaangc cingx lorz duqv zaac zorc baengc dorngx. Longc ziangh hoc yangh jauv mingh a'fai jauv-bouc go ndongc haaix se ziux meih yiem lorqc njiec haaix norm nquenc.

Beiv hnangv Anthem mv haih tengx liuc leiz zorc baengc bun meih yiem njiec naaiv deix yangh jauv nyei ziangh hoc a'fai ziux jauv-bouc ndorqc, nzunc baav DHCS oix zuqc bun ganh norm jauv-louc, fai bun ginv jauv-bouc bieqc lorz duqv zaac siepv. Se gorngv Anthem nyei ziangh hoc a'fai jauv-bouc gouv bun meih yiem lorqc njiec haaix wuov, bieqc mangc yiem [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal). a'fai mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.

Se gorngv yiem njiec ninh mbuo gouv ziangx ziangh hoc bun nyei buonc meih mv haih mingh lorz duqv zaac naaic laanh ndie-sai nor ninh fungx gorngv go haic ziux Anthem ndorqc yangh jauv ziangh hoc aengx caux gouv jauv-bouc bun yiem lorqc njiec naaic norm nquenc, mv gunv gorngv maaih haaix diuh jauv bun ginv bieqc zaac siepv Anthem yaac zuqc longc meih nyei ZIP Code ndorqc funx.

Beiv hnangv meih qiex zuqc longc naaic laanh ndie-sai tengx zorc baengc yiem go meih nyei deic dauh, mborqv finx lorz taux ziux goux baengc mienh nyei gorn yiem njiec naaiv **1-800-407-4627 (TTY 711)**. Ninh mbuo corc haih tengx zaah lorz ndie-sai



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungv ndorm taux 7 dimv lungv muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangv bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

yiem nitv fatv meih wuov tengx jien sin zorc baengc bun. Beiv hnangv Anthem mv haih zaah lorz duqv ndie-sai yiem nitv fatv meih wuov tengx zorc baengc, meih corc haih tov Anthem tengx lorz cie tor mingh lorz meih nyei zorc baengc ndie-sai, mv gunv gorngv ninh yiem lorqc zuqc leih meih ndongc haaix go yaac baac.

Beiv hnangv meih qiex zuqc longc mienh tengx lorz bun ndie nyei ndie-sai, mborqv finx lorz taux Medi-Cal Rx yiem njiec naaiv 1-800-977-2273 (TTY 1-800-977-2273) aengx caux zatv bieqc 7 fai 711.

Dunx ziangh hoc

Haaix zanc meih qiex zuqc zorc baengc nyei ziangh hoc:

- Mborqv finx lorz taux PCP
- Jaa-nziouv oix zuqc mbenc ziangx Anthem ID nam mber liouh mborqv finx lorz
- Se gorngv buac ninh mbuo guon gorn zangc ndaangc nor zorqv meih nyei mbuoz fiev nzangc-fienx fungx mbuox ninh mbuo hiuv aengx caux hietv nzoih fonh nam mber. Jiex zoux gong ziangh hoc baac liuz, aengx caux yiem lorqc zuqc leiz-baaix juoqv aengx caux gingc nyei hnoi, ninh mbuo daau laanh zorc baengc ndie-sai maaih zorngh dau waac mbuox a'fai maaih mienh tengx dau waac bun hiuv taux mv zeiz jiepv sih nyei sic dauh waac. Naaiv deix dau waac gong oix zuqc fungx bieqc bun taux daauh laanh zorc baengc ndie-sai hiuv a'fai douc mbuox ndie-sai haix a'fai fungx fienx mbuox tong meih hiuv gorngv naaic laanh ndie-sai oix zuqc borqv waac nzuonx lorz meih yiem njiec faah nziepc (30) buon ziangh hoc. Haaix zanc longc naaiv norm dau waac zorngh mbuox hiuv yiem njiec dingh baac gong nyei ziangh hoc, naaic norm dau waac zorngh dorh jauv bieqc lorz taux ninh mbuo zoux gong zorc baengc ndie-sai yiem zoux baac gong nyei ziangh hoc.
- Oix zuqc dorh meih nyei Medi-Cal BIC fangx caux Anthem ID fangx gan sin mingh buangh ndie-sai yiem dunx ziangh hoc zorc baengc wuov
- Haaix zanc qiex zuqc longc, tov heuc dorh cie tor mingh lorz dunx ziangh hoc wuov
- Se gorngv yiem njiec dunx ziangh hoc buangh ndie-sai zorc baengc wuov beiv hnangv qiex zuqc longc mienh tengx porv waac bun bei a'fai porv waac bun muangx nor jaa-nziouv tov ninh mbuo lorz ziangx
- Oix zuqc gaanv mingh hingh ziangh hoc, jaa-nziouv mingh taux ndaangc liouh maaih ziangh hoc faaux mbuoz bieqc, din ziangx nzangc yiem sou-daan, aengx caux dau waac bun PCP muangx



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yionline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

- Beiv hnangv meih maaih dorngx zorc zuqc zaih a'fai mingh mv hingh ziangh hoc ziux dunx ziangx wuov oix zuqc gaanv jien sin mborqv finx mbuox bun hiuv ndaangc
- Jaa-nziouv oix zuqc mbenc nzoih waac liouh dau mbuox aengx caux zorc baengc jauv-louc bun muangx

Se gorngv zuqc jiepv sih baengc, mborqv finx lorz taux **911** a'fai gaanv liuc leiz mingh lorz njioux baengc dorngx nitv fatv wuov. Beiv hnangv meih qiemx zuqc longc mienh tengx corng h dunx gorngv jiepv sih beqv ndongc haaix oix zuqc longc haaix horng h njioux baengc jauv-louc aengx caux lorz mv zaaic naaiv laanh PCP tengx daav za'eix, mborqv finx lorz taux ndie-sai finx-gorn ndie-sai finx-gorn 24/7 (24/7 Nurseline) yiem njiec naaiv **1-800-224-0336 (TTY 711)**.

Mingh lorz taux dunx ziangx ziangh hoc nyei dorngx

Beiv hnangv meih mv haih mingh lorz mv zaaic aengx caux nzuonx maengz yiem zorc beu sou-gorn nyei baengc wuov, Anthem corc haih lorz cie tengx tor. Ninh mbuo oix zuqc ziux meih nyei sic dauh jauv-louc corng h ndorqc, nzunc baav meih corc haih duqv zipv tor baengc mienh nyei cie tengx tor a'fai guaih jauv-zangc cie tengx tor. Nzunc baav naaiv deix cie mv zeiz benx tor baengc mienh nyei cie oc aengx caux ninh mbuo wangv henh geh mv zuqc ndortv nyaanh cingv.

Beiv hnangv meih zuqc jiepv sih baengc kouv, mborqv finx lorz taux **911**. Ninh mbuo mbenc ziangx naaiv deix cie liouh tengx tor mienh aengx caux lorz zorc mv zeiz jiepv sih kouv nyei baengc.

Se gorngv oix hoqc hiuv tipv, doqc mangc yiem “Mbenc nyaanh tengx cingv cie tor mingh zorc mv zeiz butv benx jiepv sih baengc” yiem jiex mingh wuov ginc sou.

Tuix waac nzuonx aengx caux ganh dunx ziangh hoc siang

Beiv hnangv meih mv haih mingh lorz mv zaaic ziux dunx ziangx nyei ziangh hoc, oix zuqc gaanv jien sin mborqv finx lorz taux zoux gong zorc baengc ndie-sai nyei dinc zangc gorn hiuv siepv. Beiv hnangv meih oix tuix siou waac nzuonx nor yietc zungv zoux gong zorc baengc ndie-sai oix heuc mbuox ndaangc 24 norm ziangh hoc (ndaangc 1 hnoi) oc. Beiv hnangv meih bungx ziangh hoc piatv camv-nzunc, ninh



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung h muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nang h bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

mbuo zoux gong zorc baengc ndie-sai haih donv dingh njiec mv tengx meih zorc baengc aqv aengx caux oix zuqc ganh lorz dauh zoux gong zorc baengc ndie-sai.

Cuotv nyaanh bun

Meih mv zuqc **ndortv** nyaanh cingv taux beu sou-gorn nyei buonc baengc se gorngv mv zeiz meih juangc cuotv nyaanzorc goux lauh ndaauv baengc nyei buonc gong. Se gorngv oix hoqc hiuv tipv, doqc mangc "Zorc baengc mienh butv benx lauh ndaauv baengc aengx caux juangc cuotv nyaanh zorc baengc" yiem da'2 ginc sou. Ziux yietc gau nor, ninh mbuo zoux gong zorc baengc ndie-sai yaac mv fungx siou nyaanh zaeqv-daan bun. Haaix zanc meih mingh lorz zorc baengc a'fai zorqv ndie nor oix zuqc dorh Anthem ID hmien-mueic fangx aengx caux Medi-Cal BIC hmien-mueic fangx bun ninh mbuo mangc, ninh mbuo cingx hiuv fungx zaeqv-daan mingh bun haaix dauh. Meih corc haih zipv haix porv mengh bun hiuv taux tengx nyaanh jauv-louc (EOB) a'fai zoux gong zorc baengc ndie-sai bun sou mbuox. Naaiv zeiv EOB caux naaiv zeiv sou se mv zeiz benx siou nyaanh zaeqv-daan oc.

Beiv hnangv meih corc duqv zipv siou nyaanh zaeqv-daan, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**. Beiv hnangv meih corc duqv zipv siou ndie-jaax zaeqv-daan, mborqv finx lorz taux Medi-Cal Rx yiem njiec naaiv 1-800-977-2273 (TTY 1-800-977-2273) caux zatv bieqc taux 7 fai 711. A'fai bieqc lorz mangc yiem Medi-Cal Rx website yiem njiec naaiv <https://medi-calrx.dhcs.ca.gov/home/>.

Mbuox tong Anthem hiuv taux soux mouc nyaanh dugh meih oix zuqc cuotv bun, zorc baengc hnoi-nyieqc, aengx caux weic haaix nyungc fungx naaic zeiv zaeqv-daan bun meih. Anthem oix zuqc tengx funx cuotv naaic deix soux mouc nyaanh gorngv naaic zeiv zaeqv-daan se zeiz tengx zorc sou-gorn beu nyei mv zeiz. Meih mv zuqc ndortv nyaanh bun zoux gong zorc baengc ndie-sai dugh ninh mbuo Anthem qiemx njiec benx zorc sou-gorn beu nyei baengc wuov. Beiv hnangv ninh mbuo nzuqc maengz gorn zangc doic nyei zoux gong zorc baengc ndie-sai tengx meih zorc baengc aengx caux meih mv duqv zipv jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun) caux Anthem, nzunc baav meih ganh horpc zuqc ndortv nyaanh cingv zorc baengc.

Meih oix zuqc duqv zipv haix jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun) caux Anthem ndaangc meih mingh lorz zorc baengc yiem caux nzuqc maengz ziqc gorn zangc doic, cih ngenx cuotv mv zeiz:



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

3 | Hnangv haaix zipv tengx ziux goux zorc baengc

- Meih qiex zorc jiepv zeh baengc kouv, dugh oix zuqc douc waac tov taux 911 a'fai gaanv lorz fatv nyei zorc baengc dorngh
- Beiv hnangv meih qiex zuqc longc goux mbungh maaih gu'nguaaz saa maqc nyei javv-louc a'fai tengx dimv baengc zorc taux bueix doic nyiez duqv nyei baengc, se gorngv qiex zuqc liuc leiz goxu taux naaiv deix baengc nor mingh lorz taux haaix laanh Medi-Cal ndie-sai yaac duqv oc, mv zuqc zipv haix jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun)
- Beiv hnangv meih qiex zuqc zorc corngv zingh nzauh hiuaang baengc, se gorngv maaih naaiv nyungc baengc nor bieqc lorz taux juangc gorn zangc doic nyei ndie-sai a'fai nquenc zangc zorc corngv zingh baengc ndie-sai, mv zuqc zipv haix jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun)

Beiv hnangv meih qiex zuqc zorc jienv sic baengc yiem njiec nzuqc maengz ziqc gorn zangc doic nyei ndie-sai weic zuqc ninh mbuo Anthem mv maaih naaiv nyungc baengc nyei ndie-sai, se gorngv naaic deix baengc maaih sou-gorn beu yiem Medi-Cal nor meih mv zuqc ndortv nyaanh zorc baengc aengx caux mv zuqc zipv haix Anthem jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun). Se gorngv oix hoqc hiuv tipv taux tengx zorc jiepv sih baengc, jiepv zeh baengc hniev, aengx caux kouv-zingh baengc, bieqc doqc mangc yiem naaiv ginc sou-dauh.

Beiv hnangv meih duqv zipv siou zaeqv-daan nyaanh a'fai heuc meih juangc cuotv nyaanh dugh buac mv horpc zuqc meih cuotv nyei buonc, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**. Se gorngv meih duqv bun nyaanh jaavv naaic norm zaeqv-daan liuz, corc haih tov taux Anthem jaavv nzuonx. Meih oix zuqc fiev sou mbuox tong Anthem hiuv taux maaih mbuoqc ziez nyungc javv a'fai gong dugh meih cuotv nyaanh bun. Anthem oix zuqc doqc mangc longx naaic zeiv tov jaavv nyaanh sou aengx caux corngv dunx gorngv horpc tipv nzuonx nyei fai.

Se gorngv maaih waac qiex naaic mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.

Beiv hnangv meih duqv zipv tengx zorc baengc yiem lorqc njiec tengx mborqv-jaax lox-baeng-maanh nyei gorn zangc gong a'fai mv maaih sou-gorn beu nyei baengc a'fai mv duqv jaa-nziouv nqoi nzuih bun nyei gong yiem njiec nzuqc maengz ziqc California, meih ganh oix zuqc ndortv nyaanh cingv.

Anthem mv haih tengx jaavv nyaanh nzuonx se gorngv:

- Buac naaic deix gong mv zeiz Medi-Cal beu sou-gorn bun nyei buonc gong beiv taux maaz nzaatv nzuih-meix nyei ga'naaiv hnangv
- Meih mv maaih baengc zingh javv-louc gaux bun Medi-Cal juangc cuotv nyaanh



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungv ndorm taux 7 dimv lungv muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangv bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

- Se gorngv meih duqv mingh lorz domh ndie-sai tengx zorc baengc dungh ninh mv laengz Medi-Cal nyei baengc mienh aengx caux meih duqv bieqc sou-nzangc gorngv ndongc haaix yaac oix tov ninh tengx zorc baengc aengx caux ga'ganh laengz dipc nyaanh cingv
- Meih tov heuc Medicare yiem D juangc cuotv nyaanh liouh maaiz ndie bieqc Medicare yiem D nyei buonc sou-gorn wuov jaaub nyaanh nzuonx bun meih

Zoux sou fungx baengc mienh mingh zorc

Beiv hnangv meih nyei baengc qiemx zuqc longc liouc siouv ndie-sai tengx zorc, ninh mbuo PCP a'fai da'nyeic deix liouc siouv ndie-sai horpc zuqc zoux sou fungx meih mingh zorc. Naaiv laanh liouc siouv ndie-sai se benx yietc laanh zorc baengc ndie-sai dungh guai liouc neqv zorc taux naaic nyungc baengc hnangv. Naaiv laanh domh ndie-sai oix zuqc caux meih ca'laangh tengx ginv haaix laanh liouc siouv ndie-sai liouh zoux sou fungx meih mingh zorc baengc. Ninh mbuo oix zuqc tengx goux longc gorngv haih fungx meih mingh lorz taux liouc siouv ndie-sai hingh ziangh hoc, DHCS gouv ndorqc ziangx bouc dauh ziangh hoc liouh bun fungx baengc mingh taux zorc baengc lauh ndongc haaix. Gouv ndorqc ziangx naaiv deix ziangh hoc faaux hietv yiem "Ziangh hoc liouh bieqc lorz zorc baengc" yiem naaiv zeiv sou-gorn wuov. Ninh mbuo PCP dinc zangc gorn corc haih tengx meih borqv dunx ziangx ziangh hoc caux naaic laanh liouc siouv ndie-sai ndaangc.

Corc maaih da'nyeic nyungc gong dungh oix zuqc heuc zoux sou fungx mingh zorc yiem nzuqc maengz gorn zangc gong lemh jienv, ziux X-rays caux dimv nziaamv.

Naaiv laanh PCP corc zuqc zorc naaiv zeiv daan bun meih dorh gan sin mingh buangh liouc siouv ndie-sai zorc baengc nyei ziangh hoc. Naaiv laanh liouc siouv ndie-sai tengx fiev nzoih aengx caux fungx nzuonx bun taux naaiv laanh PCP. Naaiv laanh liouc siouv ndie-sai tengx meih zorc baengc zuov taux buatc meih nyei baengc longx dangx gorn.

Se gorngv buatc meih nyei baengc qiemx longc gorqv-zeic ziangh hoc lauh ndaauv tengx zorc, horpc zuqc longc naaic zeiv lox-sou yaac duqv. Juangc zeiv lox-sou se ziez meih mingh lorz lox wuov laanh liouc siouv ndie-sai tengx zorc baengc mv zuqc heuc nzunh nzuonc ganh zoux siang-sou fungx baengc mienh.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

3 | Hnangv haaix zipv tengx ziux goux zorc baengc

Beiv hnangv meih mv haih lorz zoux naaiv zeiv sou longc duqv camv-znunc a'fai oix tov heuc Anthem aamx cuotv naaiv bienh doz-leiz bun yaac duqv oc, mborqv finx lorz **1-800-407-4627 (TTY 711)**.

Mv zuqc heuc **meih** longc naaiv zeiv sou liouh fungx baengc mienh mingh:

- Lorz buangh caux PCP
- Lorz buangh liouh yungz gu'nguaaz baengc/zorc m'sieqv dorn baengc (OB/GYN)
- Lorz zorc njioux jiepv sih baengc a'fai jiepv zehi baengc kouv
- Zorc domh mienh nyei lomc-mbueix baengc, beiv taux zorc zuqc caa hienz doic nyei baengc
- Tengx liuc leiz goux mbungh maaih gu'nguaaz saa maqc nyei gong (oix hiuv tipv nor, mborqv finx lorz muangx waac-fienx yiem caux dinc zangc gorn goux taux maaih gu'nguaaz saa maqc nyei dorngx caux zoux sou fungx baengc mienh mingh nyei gong yiem njiec naaiv 1-800-942-1054)
- Tengx daav za'eix aengx caux dimv mangc HIV (12 hnyiangx faaux mingh nyei mienh)
- Tengx goux zorc bueix doic nyiez daaih nyei baengc (12 hnyiangx faaux mingh nyei mienh)
- Tengx goux zorc Chiropractic baengc (nzunc baav oix zuqc heuc zoux sou fungx baengc mienh mingh lorz nzuqc maengz gorn zangc nyei dne-sai tengx zorc FQHC, RHC, caux IHCP)
- Jaa-nziouv jhex gorn hlaau dimv ndorqc mangc taux corngh zingh baengc

Fu'jueiv faix nyei ziangh hoc oix zuqc dorh mingh hlaau dimv ndorqc mangc taux corngh zingh baengc, lomc-mbueix baengc, aengx caux buov ga'naaiv congz nquin waac nyei baengc mv zuqc heuc diez maac a'fai goux mangc nyei mienh nqoi nzuih bun. Se gorngv oix hoqc hiuv tipv, doqc mangc "Fu'jueiv faix nyei ziangh hoc laengz zaah ndorqc baengc" fiev hietv naaiv ginc sou aengx caux "zorc buov ga'naaiv congz nquin waac nyei baengc" hietv yiem naaiv buonv sou-guv da'4 ginc.

California doz-leiz gunv njiec tengx goux zorc kaen ser baengc

Se gorngv maaih camv-nyungc baengc zorpc nor bun jhex gorn zorc ziux maaih mbuoqc ziez nyungc baengc zorpc hoic zuqc. Ninh maaih leiz beu ze'buonc duqv zipv tengx zaah dimv ndorqc baengc aengx caux duqv zipv timely tengx zorc baengc bun hingh sic yiem caux ninh mbuo zorc kaen ser baengc ndie-sai-guai. Beiv hnangv ninh



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

mbuo zaah ndorqc dimv cuotv buatc maaih camv-nyungc baengc zorpc kaen ser, ninh mbuomaaih saing doz-leiz heuc California doz-leiz bouc doic zorc kaen ser baengc fih mbaengc gunv taux zorc kaen ser tengx yuonh mbaaengc doic meih tov taux domh ndie-sai tengx zoux sou fungx mingh zorc mingh yiem caux ga'nyuoz gorn zangc doic guoqv zangc gorn zorc kaen ser baengc (NCI) zorc kaen ser baengc gorn zangc dorngx, NCI gorn zangc kou-gong dimv kaen ser baengc nyei dorngx (NCORP)-juangc gorn zangc doic, a'fai naaiv norm gorn zangc hoqc dimv kaen ser baengc nyei dorngx.

Beiv hnangv Anthem ga'nyuoz gorn zangc doicmv mbenc duqv maaih NCI-zorc kaen ser baengc gorn zangc dorngx, Anthem oix zuqc zoux sou fungx meih mingh lorz taux zorc kaen ser baengc nyei dorngx yiem caux nzuqc maengz gorn zangc doic yiem California zorc baengc domh gorn, beiv hnangv nzuqc maengz gorn zangc zorc baengc domh gorn caux Anthem lorqc doih taux bun nyaanh jauv-louc, se gorngv meih mv duqv ginv lorz ga'hlen ganh laanh ndie-sai tengx zorc kaen ser baengc ndaangc.

Beiv hnangv ninh mbuo dimv cuotv gorngv buatc meih butv benx kaen ser baengc, lorz taux Anthem liouh tengx zaah lorz mangc gorngv meih maaih horpc bouc gaux tengx zorc baengc yiem lorqc njiec haaix norm zorc kaen ser baengc domh gorn nyei fai.

Mbenc ziangx hnyiouv guangc in-mbiaatc aqv? Se gorngv oix hoqc hiuv taux naaiv deix gong benx janx yaangh yinh waac, mborqv finx lorz taux 1-800-300-8086. Se gorngv oix benx Spanish waac, mborqv finx lorz taux 1-800-600-8191.

Se gorngv oix hoqc hiuv tipv, bieqc lorz mangc taux www.kickitca.org.

Jaa-nziouv nqoi nzuih bun (nqoi nzuih bun ndaangc)

Maaih nyungc baav zorc baengc jauv-louc, ninh mbuo PCP a'fai liouc siouv ndie-sai oix zuqc tov taux Anthem nqoi nzuih bun ndaangc cingx njiec buoz tengx zorc baengc. Maaih ganh jioux waac heuc jaa-nziouv tov nqoi nzuih waac ndaangc a'fai jaa-



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

3 | Hnangv haaix zipv tengx ziux goux zorc baengc

ndaangc nqoi nzuih bun. Ninh mbuo Anthem oix zuqc dorh mingh corngh funx mangc ndaangc zien baengc kouv fai (zien qiemx zuqc longc naaic deix gong fai).

Zorc baengc kouv nyei gong se zaah luic mangc taux zien baengc kouv oix zuqc njioux maengc cuotv, ziux goux mv bun baengc hniev faaux a'fai mv bun haih hoic waaic fangx, a'fai donv baengc sienc njiec, mv butv hniev faaux, a'fai zuqc mun camv mingh. Se gorngv ninh mbuo baengc mienh hnyiangx-jeiv mv zaaic 21 hnyiangx nyei buonc, Medi-Cal oix zuqc tengx zoux gong zorc naaic diuc baengc longx faaux a'fai tengx donv mv bun hoic zuqc beih sin a'fai corngh zingh a'fai hniev faaux.

Hietv yiem ga'ndiev deix zorc baengc gong **oix zuqc** duqv zipv jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun), mv gunv gorngv ninh mbuo ndie-sai yiem Anthem ga'nyuoz gorn zangc doic tengx zorc yaac zeiz:

- Bieqc bueix zorc baengc yiem zorc baengc dorngx, mv zeiz butv benx jiepv sih baengc
- Zoux gong zorc baengc yiem njiec nzuqc maengz Anthem gunv taux nyei deic jei dorngx, dungx mv zeiz butv benx jiepv sih baengc a'faimv zeiz zorc jiepv zeh baengc
- Paaix zorc baengc mv zeiz bueix ndie-dorngx nyei mienh
- Ziux goux zorc lauh ndaauv baengc a'fai goux baengc ndie-sai tengx goux zorc yiem goux baengc mienh nyei dorngx dauh (goux domh mienh dorngx caux goux gu'nguaaz dorngx yiem caux dinc zangc domh gorn zorc goux baengc zingh kouv nyei dorngx dauh) a'fai ziux goux zorc jeix javv baengc nyei gorn zangc (Ziux goux zorc waaic fangx mienh nyei gorn zangc (ICF/DD), ICF/DD-Zorc baengc gorn zangc (ICF/DD-H), ICF/DD-Goux baengc dorngx (ICF/DD-N))
- Gorqv-zeic neqv zorc baengc, ziux fangx, dimv ndorqc baengc, aengx caux paaix zorc baengc
- Lorz cie tengx zorc mingh zorc baengc dungx mv ziez butv benx jiepv sih kouv nyei baengc

Se gorngv longc tor baengc hniev nyei cie tor mingh zorc baengc nor mv zuqc heuc jaa-nziouv nqoi nzuih bun (nqoi nzuih bun ndaangc).

Anthem mbenc ziangx bun 5 norm zoux gong hnoi liouh Anthem zipv muangx waac-fienx bun hiuv maaih sou daaih tov taux njiec lingc dunx gorngv (nqoi nzuih bun a'fai ngaengc nzuih mv dapc engx) jaa-nziouv nqoi nzuih bun (nqoi nzuih bun ndaangc). Haaix zanc maaih sou daaih tov taux jaa-nziouv nqoi nzuih bun (nqoi nzuih bun ndaangc) yiem caux ninh zorc baengc ndie-sai bun daaih aengx caux Anthem zaah buac gorngv ga'ndiev deix bouc soux ziangh hoc wuov haih zoux bun baengc kouv



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henx heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

3 | Hnangv haaix zipv tengx ziux goux zorc baengc

hoic taux maengc-gorn a'fai sin zangc a'fai hniev faaux naanh zorc, ndongc lox, a'fai mv haih ziangh ndongc lox, Anthem oix zuqc njiec lingc dunx jaa-nziouv nqoi nzuih bun (nqoi nzuih bun ndaangc) mv zaih jiex 72 norm ziangh hoc. Yiem haaix zangc duqv zipv sou daaih tov taux jaa-nziouv nqoi nzuih bun (nqoi nzuih bun ndaangc), Anthem oix zuqc jien sinh gaanv douc fiensex bun hiuv siepv ndongc haaix yaac baan mouc mv duqv ziux meih nyei baengc ndorqc funx aengx caux mv zorv ngaih jiex 72 norm ziangh hoc bun hiuv fiensex a'fai mv ngaih jiex 5 hnoi ziux hietv sou hnoi-nyieqc funx daaih. Ninh mbuo njoux baengc gorn zangc a'fai zoux gong zorc baengc ndie-sai maaih domh ndie-sai, goux baengc ndie-sai, aengx caux bun ndie nyei mienh oix zuqc juangc zaah luic taux naaiv zeiv jaa-nziouv nqoi nzuih bun (nqoi nzuih bun ndaangc) nyei sou.

Anthem mv diuc doix heuc ninh mbuo benx zaah luic nyei mienh gorngv oix zuqc dunx bun a'fai ngaengc nzuih mv bun sou-gorn beu a'fai jauv-louc oc. Beiv hnangv Anthem mv duqv nqoi nzuih bun naaic zeiv sou, Anthem oix zuqc fungx fiensex mbuox heuc liuc leiz njiec buoz zoux nyei gong (NOA) bun hiuv. Naaiv NOA mbuox tong meih hiuv taux hnangv haaix zoux sou fungx lorz weic faan sic taux njiec lingc dunx nyei waac beiv hnangv meih haix mv doix hnyiouv.

Anthem oix zuqc lorz taux meih se gorngv Anthem qiex zuqc longc waac-fiensex tipv a'fai qiex zuqc longc ziangh hoc ndaauv faaux tengx zaah luic mangc meih nyei sou.

Se gorngv meih butv benx jiepv sih baengc kouv hoic nor mv zuqc tov jaa-nziouv nqoi nzuih bun (nqoi nzuih bun ndaangc), mv gunv gornv mingh lorz ga'hlen nzuqc maengz ziqc Anthem gorn zangc doic a'fai ga'nyiec gunv taux nyei deic jei yaac baac. Lemh m'sieqv dorn waac gu'nguaaz aengx caux ndutv sin yungz gu'nguaaz. Mv zuqc tov jaa-nziouv nqoi nzuih bun (nqoi nzuih bun ndaangc) liouh tengx zorc lomc-mbueix baengc. Se gorngv oix hoqc hiuv tipv taux zorc lomc-mbueix baengc, doqc mangc yiem "Zorc lomc-mbueix baengc" jiex mingh wuov ginc sou.

Se gorngv maaih waac qiex zuqc naaic taux zorc lomc-mbueix baengc liouh jaa-nziouv nqoi nzuih bun (nqoi nzuih bun ndaangc), mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Cuotv za'eix bun muangx da'nyeic jioux waac

Meih oix zuqc muangx da'nyeic jioux waac yiem caux naaic laanh zorc baengc ndie-sai mbuox taux meih horpc zuqc hnangv haaix zorc baengc a'fai dimv nodrac maengc a'fai mbenc zorc baengc gong. Bun mangc guv yienh, se gorngv meih oix hiuv gorngv ninh mbuo tengx dimv ndorac baengc zien jaa ndongc haaix, oix muangx da'nyeic laanh mienh gorngv bun muangx doix nyei fai, meih mv bungx laangc taux nyanc naaic deix ndie zorc baengc a'fai horpc zuqc paaix zorc gauh yaauc, a'fai meih duqv nzipc ei zorc baengc javv-louc nzoih miaqc aengx caux buac baengc mv tuix camv. Anthem oix zuqc cuotv nyaanh tengx cingv bun muangx taux da'nyeic laanh mienh nyei waac se gorngv meih ganh a'fai juangc gorn zangc ndie-sai maaih waac tov heuc hnangv naaiv zoux, aengx caux meih mingh lorz ga'hlen nzuqc maengz gorn zangc ndie-sai tengx ca'laangh bun muangx. Meih mv zuqc zipv haix jaa-nziouv nqoi nzuih bun (nqoi nzuih bun ndaangc) yiem caux Anthem liouh tov ca'laangh muangx da'nyeic laanh mienh nyei waac yiem caux ga'nyuoz gorn zangc nyei gong-mienh. Se gorngv meih qiemx zuqc ca'laangh muangx da'nyeic laanh mienh nyei waac ndaangc, yie mbuo oix zuqc zoux sou fungx mingh lorz taux ga'nyuoz gorn zangc nyei gong-mienh tengx muangx.

Se gorngv oix tov da'nyeic laanh mienh tengx ca'laangh bun muangx aengx caux qiemx zuqc longc mienh tengx ginv naaiv laanh zoux gong nyei mienh, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**. Ninh mbuo yiem ga'nyuoz gorn zangc zoux gong ndie-sai corc zoux sou fungx mingh lorz muangx da'nyeic laanh mienh nyei waac duqv oc.

Se gorngv ninh mbuo Anthem mv maaih zoux gong ndie-sai yiem njiec ga'nyuoz gorn zangc doic haih tengx ca'laangh bun muangx, Anthem oix zuqc cuotv nyaanh tengx cingv ga'hlen nzuqc maengz gorn zangc ndie-sai corng mbuox. Anthem oix zuqc mbuox meih hiuv yiem njiec 5 norm zoux gong hnoi beiv hnangv ninh mbuo duqv nqoi nzuih bun ginv da'nyeic laanh mienh tengx ca'laangh bun muangx. Beiv hnangv meih butv benx lauh ndaav baengc-ngaaiz naanh zorc, baengc hniev, a'fai butv benx baengc kouv, a'fai jiepv sih haih kouv faaux caux haih hniev hoic, lemh jienv, naanh gorngv mv zienz nyei baengc, haih hoic taux zitc maengc, hoic taux buoz-zauz waac, a'fai haaix bung sin zangc a'fai yietc sin baengc, Anthem oix zuqc fungx fienv mbuox hiuv yiem njiec 72 norm ziangh hoc.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung ndorm taux 7 dimv lung muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Beiv hnangv Anthem ngaengc nzuih mv dapc engx taux meih tov taux nyei sou liouh muangx da'nyeic laanh mienh nyei waac, meih corc haih zoux sou fungx bieqc goz sic. Se gorngv oix hoqc hiuv tipv taux gox sic nyei jauv-louc, doqc mangc yiem “Guaix taux” nyei sic yiem da'6 ginc sou-guv.

Zorc lomc-mbueix baengc

Fu'jueiv faix laengz bun zorc baengc

Biev hnangv meih maaih hnyiangx-jeiv mv buangv 18, meih corc haih duqv zipv tengx zorc baengc mv zuqc heuc diez maac a'fai ziux goux nyei mienh nqoi nzuih bun. Maaih ganh jioux waac heuc fu'jueiv faix laengz bun zorc baengc.

Mv zuqc heuc diez maac a'fai ziux goux nyei mienh nqoi nzuih bun liouh tengx meih zorc naaiv deix baengc:

- Tengx ziux goux zorc zuqc caa hienz aengx caux borngz bueix doic nyei baengc
- Dimv ndorqc mangc maaih gu'nguaaz faaux sin aengx caux ca'laangh njiaaux zorc baengc
- Goux nqaeqv mv maaih gu'ngaaz nyei jauv-louc (mv lemh im biqv)
- Tengx lom zorqv gu'nguaaz guangc

Beiv hnangv meih maaih hnyiangx-jeiv buangv 12 hnyiangx faaux mingh, meih duqv zipv tengx liuc leiz goux taux naaiv deix baengc mv zuqc heuc diez maac a'fai ziux goux nyei mienh nqoi nzuih bun oc:

- Ca'laangh daav za'eix njiaaux goux sin zangc aengx caux zorc corngz zingh baengc, a'fai yiem njiec gorn biauuv zangc, ziux ei meih goz lunx ndongc haaix aengx caux ga'ganh haih bieqc zorc baengc dorngx dauh nyei fai
- Daav za'eix njiaaux goux taux HIV/AIDS, nqaeqv baengc, dimv ndorqc baengc, aengx caux zorc baengc
- Goux nqaeqv taux hienz doic nyiez duqv nyei baengc Sexually, dimv ndorqc baengc, aengx caux zorc baengc lemh tengx zorc hienx doic nyiez duqv nyei baengc beiv taux syphilis, gunz nongc, gunz wuom, aengx caux butv pokc sietv
- Tengx ziux goux zorc buov yong-in baengc aengx caux butv diuv-nzeuz baengc lemh nzoih tengx dimv mangc, hlaau ndorqc funx, zoux gong zorc baengc, aengx caux zoux sou fungx baengc mienh mingh zorc
- Se gorngv oix hoqc hiuv tipv, doqc mangc “Buov ga'naaiv congz waac nyei baengc” hietv yiem naaiv buonv sou-guv da'4 ginc.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

3 | Hnangv haaix zipv tengx ziux goux zorc baengc

Se gorngv oix bun tengx dimv ndorqc taux maaih gu'nguaaz faaux sin, goux mbungh mv maaih gu'nguaaz nyei jauv, a'fai ndie-sai tengx zorc hienz doic nyieqc duqv nyei baengc a'fai njioux baengc dorngx mv maaih yiem caux Anthem ga'nyuoz gorn zangc. Meih corc haih ginv haaix laanh Medi-Cal zorc baengc ndie-sai yaac duqv aengx caux bieqc lorz ninh mbuo mv zuqc zoux sou fungx baengc mienh daaih a'fai jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun).

Se gorngv lorz ga'hlen nzuqc maengz gorn zangc ndie-sai tengx zorc baengc dungh mv zeiz zorc lomc-mbueix baengc nor mv maaih sou-gorn beu bun oc. Se gorngv oix zaah lorz naaiv laanh Medi-Cal ndie-sai yiem njiec ga'hlen nzuqc maengz Anthem Medi-Cal gorn zangc doic, a'fai tov lorz cie tengx tor mingh lorz zorc baengc, mborqv finx lorz taux **1-877-931-4755 (TTY 866-288-3133)**. Se gorngv oix lorz muangx waac-fienx tipv taux tengx goux nqaeqv maaih gu'nguaaz nyei gong, doqc mangc yiem "Goux nqaeqv caux wangc siangx longx henv nyei gong aengx caux liuc leiz gunv goux taux baengc-ngaaiz" yiem naaiv buonv sou da'4 ginc.

Liouh fu'jueiv faix nyei buonc laengz mingh nzuonx zorc taux corngh zingh baengc, bieqc lorz taux ndie-sai yiem ga'nyuoz gorn zangc doic a'fai ga'hlen nzuqc maengz gorn zangc mv zuqc heuc zoux sou fungx baengc mienh mingh zorc aengx caux mv zuqc zipv jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun). Ninh mbuo PCP mv zuqc zoux sou fungx meih mingh zorc baengc aengx caux meih mv zuqc longc naaiv zeiv jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun) yiem caux Anthem liouh zorc maaih sou-gorn beu nyei baengc bun fu'jueiv-caan.

Anthem mv maaih sou-gorn beu bun fu'jueiv-caan liouh lengc jeiv zorc corngh zingh baengc. Meih yiem lorqc zuqc haaix norm nquenc zangc wuov ninh mbuo maaih sou-gorn lengc jeiv beu bun fu'jueiv-caan zorc naaic deix laengz bun corngh zingh baengc mi'aaq. Se gorngv qiemx zuqc heuc lengc jeiv zorc corngh zingh baengc, Mborqvfinx lorz taux nquenc zangc sou-gorn beu zorc corngh zingh baengc a'fai lorz taux Anthem gorn zangc ziux goux mienh zoux ciouv haeqv nyei sic haaix zanc yaac duqv, yietc hnoi yiem 24 norm ziangh hoc, yietc norm leiz baaix yiem 7 hnoi. Se gorngv oix zaah lorz mangc taux yietc zungv nquenc zangc nyei wangv henv heuc nyei finx-gorn nam mber yiem online, bieqc lorz taux:

<http://www.dhcs.ca.gov/individuals/Pages/MHPContactList.aspx>.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henv heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

Ninh mbuo fu'jueiv-caan nyei mienh corc haih gorqv-zeic ca'laangh mbuox taux naaiv laanh nanv sic nyei mienh hiuv taux ninh nyei baengc benx hnangv haaix ziux naaiv norm nam mber lorz yiem ndie-sai finx-gorn 24/7 (24/7 Nurseline) yiem njiec naaiv **1-800-224-0336 (TTY 711)**.

Beiv hnangv meih ganh ziux doz-leiz haih laengz waac liouh tengx zorc baengc mv zuqc heuc diez maac a'fai ziux goux nyei mienh nqoi nzuih bun, Anthem mv guaih dorh zorc lomc-mbueix baengc waac-fienx bun Anthem beu sou-gorn ziouv hiuv a'fai hmuangv doic ziouv a'fai ga'hlen mienh maaih mbuoz bieqc Anthem wuov hiuv oc se gorngv mv zeiz meih fiev sou bun ndaangc. Meih corc haih gorqv-zeic tov zipv siou taux zorc baengc waac-fienx fiev hietv sou-gorn aengx caux fungx bun taux da'nyeic norm dorngx dauh wuov. Se gorngv oix hoqc hiuv tipv taux hnangv haaix tengx gem mbueix douc waac jauv-louc yiem zorc lomc-mbueix baengc nyei gong, doqc mangc yiem "Tih mengh fienx bun hiuv taux gorqv-zeic zoux nyei gong" hietv yiem naaiv buonv sou da'7 ginc.

Tengx ziux goux zorc hlo benx domh mienh lomc-mbueix baengc

Hlo benx domh mienh maaih hnyiangx-jeiv buangv 18 hnyiangx faaux mingh, mv zuqc mingh lorz naaiv laanh PCP ndie-sai liouh tengx zorc lom-mbueix baengc a'fai zorc lengc jeiv baengc. Meih ziux hnyiou v ginv haaix laanh domh ndie-sai a'fai haaix norm zorc baengc zaamc tengx zorc naaiv deix baengc yaac duqv:

- Hlo benx domh mienh maaih hnyiangx-jeiv buangv 21 hnyiangx faaux mingh corc lorz tengx goux nqaeqv maaih gau'ngaaz saa maqc caux mv bun maaih gu'nguaaz nyei gong lemh im biqv nyei gong
- Tengx dimv ndorqc mangc gu'nguaaz faaux sin aengx caux ca'laangh njiaaux goux baengc aengx caux goux da'nyeic diuc jauv liouh maaih gu'nguaaz faaux sin wuov
- Goux nqaeqv aengx caux dimv ndorqc HIV/AIDS
- Goux nqaeqv taux hienz doic nyiez duqv nyei baengc, dimv ndorqc baengc, aengx caux zorc baengc
- Tengx ziux goux taux zuqc borngz hienz nyei mienh
- Tengz ziux goux taux mingh nzuonx zorqv gu'nguaaz guangc mv bueix zorc baengc dorngx

Liouh tengx zorc lomc-mbueix baengc, ninh mbuo domh ndie-sai a'fai zorc baengc zaamc se mv zuqc maaih mbuoz yiem caux Anthem gorn zangc doic. Meih corc haih ginv haaix laanh Medi-Cal zorc baengc ndie-sai tengx zorc yaac duqv oc, mv zuqc jaa-nziouv tov nqoi nzuih waac ndaangc (jaa-ndaangc nqoi nzuih bun) caux Anthem.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Beiv hnangv meih zipv zorc lomc-mbueix baengc nyei ndie-sai mv maaih mbuoz yiem caux ga'nyuoz gorn zangc doic, nzunc baav meih ganh oix zuqc ndortv nyaanh cingv.

Beiv hnangv meih qiemx zuqc longc mienh tengx zaah lorz ndie-sai a'fai zorc baengc zaamc liouh zorc naaiv deix baengc, a'fai lorz mienh dorh mingh zorc baengc (lorz cie tor), mborqv finx lorz taux **1-800-407-4627 (TTY 711)**. A'fai mborqv finx lorz yiem ndie-sai finx-gorn 24/7 (24/7 Nurseline) ziux naaiv **1-800-224-0336 (TTY 711)**.

Anthem mv guaih dorh tengx zorc lomc-mbueix baengc nyei waac-fienx bun Anthem beu sou-gorn ziouv hiuv a'fai hmuangv doic ziouv a'fai ga'hlen mienh maaih mbuoz bieqc Anthem wuov hiuv oc se gorngv mv zeiz meih fiev sou bun ndaangc. Se gorngv mbenc duqv maaih, meih corc haih gorqv-zeic tov zipv siou taux zorc baengc waac-fienx fiev hietv sou-gorn aengx caux fungx bun taux da'nyeic norm dorngx dauh wuov. Se gorngv oix hoqc hiuv tipv taux hnangv haaix tov gem mbueix douc waac jauv-louc yiem zorc lomc-mbueix baengc, doqc mangc yiem "Tih mengh fienx bun hiuv taux gorqv-zeic zoux nyei gong" hietv yiem naaiv buonv sou da'7 ginc.

Mv longc yiem-gong liuc leiz zoux gong

Maaih deix baav zoux gong nyei mienh mv longc ykem-gong tengx liuc leiz zoux naaiv deix sou-gorn beu nyei gong bun baengc mienh. Ninh mbuo maaih leiz beu ze'buonc gorngv **mv laengz** zoux naaiv deix gong bun beiv hnangv ninh mbuo mv duqv doix hnyiou. Ninh mbuo da'nyeic deix ndie-sai mbenc duqv maaih naaiv deix gong tengx zorc abengc bun meih. Se gorngv naaiv laanh ndie-sai mv longc yiem-gong laengz liuc leiz zoux naaiv deix bun, ninh mbuo oix zuqc tengx meih zaah lorz da'nyeic laanh ndie-sai bun. Anthem corc haih tengx liuc leiz zaah lorz ndie-sai bun meih.

Maaih norm baav zorc baengc dorngx aengx caux ndie-sai mv laengz liuc leiz zoux naaiv diuc gong a'fai zoux naaiv horngh gong bun, mv gunv gorngv maaih Medi-Cal sou-gorn beu bun liuz:

- Goux bunggh maaih gu'nguaaz nyei jauv-louc
- Nqaeqv mv bun maaih gu'nguaaz faaux sin, lemh jiepv zeh nyanc ndie nqaeqv mv bun maaih gu'nguaaz faaux sin
- Im biqv, lemh jienv hietv ndie nqaeqv mbunggh sin yiem njiec waac sin aengx caux ndutv sin yungz gu'nguaaz nyei ziangh hoc
- Tengx zorc maaih gu'nguaaz aqc
- Zorqv lom gu'nguaaz guangc



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lunggh ndorm taux 7 dimv lunggh muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Se gorngv oix hiuv longx bun ginv haaix laanh ndie-sai longc hnyiouuv tengx liuc leiz ziux goux zorc baengc bun meih yaauc aengx caux goux longx hmuangv doic, mborqv finx lorz taux domh ndie-sai, zorc gaengc ndie-sai doic, gorqv-zeic zoux gong zorc baengc nyei gorn zangc, a'fai zorc baengc zaamc dugh meih nyunc wuov. Naaic taux ndie-sai mangc gaax ninh haih tengx liuc leiz aengx caux zorc baengc bun nyei fai. A'fai mborqv finx lorz taux Anthem yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Ninh mbuo mbenc nzoih naaiv deix gong liouh tengx meih. Anthem oix zuqc tengx goux longx gorngv meih ganh caux hmuangv doic haih bieqc lorz duqv zaac naaiv deix zoux gong zorc baengc nyei mienh (domh ndie-sai, zorc baengc dorng, aengx caux zorc baengc zaamc) tengx liuc leiz zorc baengc bun meih. Beiv hnangv meih maaih waac qiemx zuqc naaic a'fai qiemx longc mienh tengx zaah lorz zoux gong mienh, mborqv finx lorz taux Anthem yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Zorc jiepv zeh beqv nyei baengc

Zorc jiepv zeh beqv nyei baengc se **mv zeiz** butv benx jiepv hiuang nyei baengc a'fai haih hoic zitc maengc. Ninh benx zoux gong tengx ziux goux mv bun baengc hniv faaux haih zoux hoic sin zangc waac, mun camv, a'fai nyiez zuqc camv-nyungc baengc zorpc. Dux ziangh hoc liouh zorc yietc zungv jiepv zeh beqv nyei baengc mv zuqc longc jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun). Beiv hnangv meih tov dux ziangh hoc liouh zorc jiepv zeh beqv nyei baengc, ninh mbuo oix zuqc tengx dux bun yiem njiec 48 norm ziangh hoc. Beiv hnangv maaih haaix horngh jiepv zeh beqv zorc nyei baengc oix zuqc heuc meih longc jaa-nziouv tov nqoi nzuih waac ndaangc (jaa-ndaangc nqoi nzuih bun), ninh mbuo ix zuqc dux ziangh hoc bun meih yiem njiec 96 norm ziangh hoc ziux meih nyei sou taux wuov funx.

Se gorngv qiemx zuqc zorc jiepv zeh beqv nyei baengc, mborqv finx lorz taux PCP. Beiv hnangv meih mv haih borqv lorz mv zaac PCP, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**. A'fai mborqv finx lorz taux **1-800-224-0336 (TTY 711)** liouh hoqc hiuv tipv taux haaix horngh gong yaauc jhex tengx zorc zuqc baengc.

Beiv hnangv meih qiemx zuqc longc zorc jiepv sih beqv nyei baengc yiem lorqc zuqc ga'hlen nzuqc maengz ziqc deic jei, bieqc lorz njiox jiepv zeh baengc nyei dorngx nitv fatv wuov.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung, ndorm taux 7 dimv lung muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Zorc jiepv zeh beqv nyei baengc se maaih:

- Butv haa-juangv
- Jaang mun
- Butv juangv
- M'normh mun
- Sin zangc orv mun
- Ziux goux yungz gu'nguaaz

Haaix zanc meih yiem lorqc njiec ga'nyuoz Anthem nyei zoux gong deic jei dorngx aengx caux qiex zuqc zorc jiepv zeh beqv nyei baengc, oix zuqc lorz taux ga'nyuoz gorn zangc ndie-sai tengx zorc jiepv zeh beqv nyei baengc oc. Mv zuqc heuc jaa-nziouv tov nqoi nzuih waac ndaangc (jaa-ndaangc nqoi nzuih bun) liouh zorc jiepv zeh beqv nyei baengc yiem caux ga'nyuoz Anthemgorn zangc ndie-sai yiem ga'nyuoz gunv taux nyei deic.

Se gorngv meih yiem lorqc zuqc ga'nyiec maengz Anthem gunv taux nyei deic jei dorngx, mv baac corc yiem njiec meiv guoqv deic bung ga'nyuoz, mv zuqc heuc jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun) liouh zorc jiepv zeh beqv nyei baengc yiem ga'nyiec gunv taux nyei deic. Gaanv mingh lorz yiem nitv fatv nyei dorngx tengx zorc jiepv zeh beqv nyei baengc aqv.

Medi-Cal mv duqv beu taux zorc naaiv deix jiepv zeh beqv nyei baengc yiem lorqc njiec nzuqc maengz ziqc meiv guoqv deic bung oc. Beiv hnangv meih mingh saau nzaauc cuotv nzuqc maengz ziqc meiv guoqv deic bung aengx caux qiex zorc jiepv zeh beqv nyei baengc, yie mbuo mv maaih sou-gorn beu bun oc.

Beiv hnangv meih qiex zuqc longc tengx jiepv zeh beqv zorc corng h zingh baengc, mborqv finx lorz taux nquenc zangc sou-gorn beu zorc corng h zingh baengc a'fai lorz taux ziux goux baengc mienh nyei dorngx yiem njiec naaiv **1-800-407-4627 (TTY 711)**. Mborqvfinx lorz taux nquenc zangc sou-gorn beu zorc corng h zingh baengc a'fai lorz taux Anthem gorn zangc ziux goux mienh zoux ciouv haeqv ziux haaix zanc yaac duqv, yietc hnoi yiem 24 norm ziangh hoc, yietc norm leiz baaix yiem 7 hnoi. Se gorngv oix zaah lorz mangc taux yietc zungv nquenc zangc nyei wangv hen h heuc nyei finx-gorn nam mber yiem online, bieqc lorz taux:

<http://www.dhcs.ca.gov/individuals/Pages/MHPContactList.aspx>.

Beiv hnangv meih duqv ndie zorc baengc ziux sou-gorn beu taux naaiv deix jiepv zeh beqv nyei baengc yiem zorc baengc dorngx, Anthem oix zuqc bun sou-gorn taux naaic baan baengc. Beiv hnangv ninh mbuo ndie-sai duqv faaux ndie-daan bun meih



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung h muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nang h bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

mingh zorqv yiem bun ndie dorngx, Medi-Cal Rx oix zuqc tengx corng h dunx gorngv beu sou-gorn nyei fai mv bun. Se gorngv oix hoqc hiuv taux Medi-Cal Rx, doqc mangc yiem “Bun ndie nyei sou dugh Medi-Cal Rx” bun sou-gorn beu yiem “Medi-Cal kou-gong gorn bun da'nyei diuc ndie aengx caux zorc baengc gong” hietv yiem naaiv buonv sou-guv da'4 ginc.

Zorc jiepv sih baengc hiuang

Se gorngv qiex zuqc heuc zorc jiepv sih baengc hiuang, mborqv finx lorz taux **911** a'fai gaanv jien sin lorz taux njioux maengc dorngx (ER) nitv fatv wuov. Se gorngv qiex njioux jiepv sih baengc hiuang, mv qiex zuqc **longc** naaiv zeiv jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun) yiem caux Anthem.

Yiem njiec meiv guoqv deic bung ga'nyuoz, lemh jienv yiem njiec meiv guoqv nyei haaix norm koiv-nzau deic yaac longx, maaih leiz beu ze'buonc bun bieqc zorc baengc yiem haaix norm zorc baengc dorngx yaac duqv a'fai haaix horngh njioux jiepv sih baengc hiuang nyei dorngx duqv nzengc.

Beiv hnangv meih cuotv nzuqc maengz ziqc meiv guoqv deic bung liuz, kungx maaih sou-gorn beu bun bueix zorc baengc dorng h yiem Canada caux Mexico liouh njioux jiepv sih baengc hiuang nyei buonc hnangv. Mv maaih sou-gorn beu bun zorc jiepv sih baengc hiuang caux da'nyeic nyungc baengc yiem da'nyeic deix deic bung oc.

Zorc jiepv sih baengc hiuang se tengx njioux jiepv baengc haih hoic taux zitc maengc nyei sic. Tengx liuc leiz zorc naaiv nyungc baengc se liepc funx zorc baengc sienc njiec a'fai zuqc mun nyei baengc dugh naaic laanh mienh benx nyei baengc (maaih sic horpc zuqc goux) bun ninh (mv zeiz benx liouc siouv mienh tengx goux haengc wangc) guai hiuv taux baengc zingh jauv-louc aengx caux ndie nyei jauv, se gorngv mv gaanv tengx liuc leiz zorc baengc siepv, baengc zingh haih hniev faaux hoic zuqc meih (a'fai gu'nguaaz yiem sin) haih zitc. Ninh corc haih hniev faaux hoic taux sin zangc, ga'nyuoz hnyiouv, a'fai beih sin dorngx. Mangc guv yienh, dugh maaih benx naanh gorngv mv zienz bun muangx:

- Waaic gu'nguaaz
- Mbungv nauv
- Mun camv diev mv zouc
- La'kuotv mun
- Tauv qiez mv yuonh



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung h muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nang h bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

3 | Hnangv haaix zipv tengx ziux goux zorc baengc

- Jorm diev mv zouc
- Nyanc ndie jiex ndaangc
- Meih muangv
- Nziaamv liouc cuotv camv
- Jiepv sih butv corngh zingh baengc hniev camv, beiv taux but nzauh hiuaang baengc haix oix maengc nangv a'fai oix daix ga'ganh daic

Mv **zeiz** mingh lorz taux ER liouh zorc ndorm zinh nziouv hmuangx baengc a'fai mv zeiz tengx gaanv zorc baengc siepv. Meih horpc zuqc mingh lorz zorc ndorm zinh nziouv hmuangx baengc caux naaiv laanh PCP, hiuv taux meih nyei baengc longx wuov. Jaa-nziouv meih mv zuqc tov taux PCP a'fai Anthem nqoi nzuih ndaangc liouh mingh lorz taux ER. Hnangv haaix yaac longx, beiv hnangv meih mv hiuv ogrngv naaic horngh baengc se benx jiepv sih baengc hiuang nyei fai nor, mborqv finx naaic PCP. Meih horpc zuqc mborqv finx lorz yiem ndie-sai finx-gorn 24/7 (24/7 Nurseline) ziux naaiv **1-800-224-0336 (TTY 711)**.

Beiv hnangv meih qiemx zuqc longc zorc jiepv sih baengc hiuang yiem njiec ga'nyiec Anthem gunv taux nyei deic, gaanv mingh lorz taux yiem fatv ER mv gunv gorngv ninh maaih mbuoz benx Anthem gorn zangc doic nyei fia mv benx yaac longx. Beiv hnangv meih mingh lorz taux ER, tov heuc ninh mbuo tengx mborqv finx lorz Anthem. Meih ganh a'fai zorc baengc dorngh laengz zipv bueix zorc baengc wuov horpc zuqc mborqv finx lorz Anthem yiem njiec 24 norm ziangh hoc ziux zipv meih bieqc zorc jiepv sih baengc hiuang nyei ziangh hoc funx daaih. Beiv hnangv meih duqv mingh saau cuotv ziqc meiv guoqv deic bung dugh mv zeiz yiem lorqc njiec Canada a'fai Mexico aengx caux qiemx zuqc zorc jiepv sih baengc hiuang, Anthem mv **maaih** sou-gorn beu bun zorc baengc oc.

Beiv hnangv meih qiemx zuqc longc cie tor mingh njioux jiepv sih baengc hiuang, mborqv finx lorz **911**.

Beiv hnangv meih bieqc zorc baengc yiem zorc baengc dorngh yiem ga'hlen nzuqc maengz gorn zangc doic, zuov jiepv sih baengc hiuang sienc liuz (zorc baengc bun longx faaux hnangv lox), ninh mbuo zorc baengc dorngh oix zuqc mborqv finx lorz Anthem.

Beiv hnangv meih ganh a'fai hiuv duqv haaix laanh mienh zuqc baengc ciouv haic, daaix luic lorz taux 988 tengx njioux maengc gorn aengx caux goux daix ga'ganh daic nyei gorn zangc: **Mborqv finx lorz a'fai fungx nzangc-fienx bun 988** a'fai **mbuox yangh online yiem njiec naaiv 988lifeline.org/chat**. Naaiv norm 988 tengx njioux maengc



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

gorn aengx caux goux daix ga'ganh daic nyei gorn zangc wangv henh tengx nzie aengx caux maaih hnyiou v goux taux baengc ciouv nyei mienh. Lemh ziux goux ninh mbuo haaix deix mienh dugh maaih dorngx nzauh hoic kuonx hnyiou v camv aengx caux qiex zuqc longc tengx ziux goux nzauh heix haih daix ga'ganh daic nyei mienh, butv corng h zingh baengc, caux/fai butv inv waac nyei mienh.

Jangx longx oc: Se gorngv mv zeiz meih maaih jiepv sih baengc hiuang hoic nor mv dugh mborv finx lorz **911** tengx tor oc. Zipv tengx zorc jiepv sih baengc hiuang se kungx liouh njiou x jiepv sih sic hoic nyei buonc hnangv oc, se gorngv butv faix fiuv baengc dugh benx haa-juangv a'fai jaang mun wuov oix zuqc mingh lorz ndorm zinh nziouv hmuangx ndie-sai tengx zorc. Beiv hnangv buatc butv benx jiepv sih baengc hiuang, gaanv jien sin mborv finx lorz **911** a'fai dorh mingh lorz yiem fatv nyei ER.

Anthem mbenc ziangx ndie-sai finx-gorn 24/7 (24/7 Nurseline) liouh wangv henh heuc muangx zorc baengc waac-fienx aengx caux njiaaux zorc baengc yiem njiec 24 norm ziangh hoc, hnyiangx dauh muangx taux hnyiangx-mueix. Mborqv finx lorz taux 1-800-224-0336 (TTY 711).

Ndie-sai finx-gorn 24/7 (24/7 Nurseline)

Anthem's mbenc ziangx ndie-sai finx-gorn 24/7 (24/7 Nurseline) liouh wangv henh heuc muangx zorc baengc waac-fienx aengx caux njiaaux zorc baengc yiem njiec 24 norm ziangh hoc, hnyiangx dauh muangx taux hnyiangx-mueix. Mborqv finx lorz taux **1-800-224-0336 (TTY 711)** bun taux:

- Ca'laangh caux ninh mbuo goux baengc ndie-sai tengx dau waac mbuox taux zorc baengc jauv-louc, njiaaux zorc baengc gong, aengx caux tengx corng h dugh waac heuc meih horpc zuqc gaanv mingh lorz ndie-sai siepv ndongc haaix
- Lorz mienh tengx njiaaux taux zorc baengc jauv-louc bun muangx beiv taux zorc nziaamv-gaam baengc a'fai butv haa tauv qiez kuonx, lemh mbuox taux horpc zuqc mingh lorz haaix horng h ndie-sai tengx zorc baengc bun meih



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung h muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nang h bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Naaiv norm ndie-sai finx-gorn 24/7 (24/7 Nurseline) **mv haih** tengx liuc leiz dunx ziangh hoc caux zorc baengc dorngx a'fai mv tengx zorqv ndie bun nyanc oc. Se gorngv meih qiex zuqc longc mienh tengx liuc leiz taux naaiv deix gong nor mborqv finx lorz taux ndie-sai nyei dinc zangc dorngx.

Jaa-ndaangc mbuox bun hiuv taux zorc baengc jauv-louc

Jaa-ndaangc mbuox bun hiuv taux zorc baengc jauv-louc, a'fai tim jaa-nziouv waac, se ziux doz-leiz nyei gong. Meih horpc zuqc fiev benx zorc baengc jauv-louc hietv zeiv-daan liouh mbungh zinh hoz mv haih gorngv waac mv mbui a'fai mv haih njiec lingc dunx taux zorc baengc jauv-louc. Meih oix zuqc fiev njiec haaix nyungc zorc baengc jauv-louc dungh meih **maiv** nyunc nyei buonc. Meih corc haih cai bun ga'hlen mienh, beiv taux bun auv-nqoz doic, liouh mbungh zinh hoz tengx njiec lingc dunx zorc baengc jauv-louc.

Meih lorz zipv naaiv zeiv jaa-ndaangc mbuox bun hiuv taux zorc baengc zeiv-daan yiem caux bun ndie dorngx, zorc baengc dorngx, goux doz-leiz gorn zangc, aengx caux domh ndie-sai nyei dinc zangc. Nzunc baav meih horpc zuqc ndortv nyaanh maaiz naaiv zeiv daan. Corc haih lorz caux wangv henh download yiem online mv zuqc ndortv nyaanh maaiz. Tov heuc hmuangv doic, PCP, a'fai ga'hlen mienh dungh sienx hnyiou v duqv wuov tengx din naaiv zeiv daan.

Maaih leiz beu ze'buonc bun meih liouh jaa-ndaangc mbuox bun hiuv taux zorc baengc jauv-louc bun hiuv hietv njiec zorc baengc sou-gorn. Corc maaih leiz beu ze'buonc bun meih liouh tiuv waac a'fai tuix waac nzuonx bun hiuv taux jaa-ndaangc mbuox bun hiuv taux zorc baengc jauv-louc haaix zanc yaac duqv oc.

Maaih leiz beu ze'buonc bun meih liouh hoqc hiuv taux maaih haaix nyungc doz-leiz bun tiuv jaa-ndaangc mbuox bun hiuv taux zorc baengc jauv-louc. Anthem oix zuqc mbuox tong meih hiuv taux saengv zangc goiv doz-leiz yiem njiec 90 hnoi ziux hnoi-nyieqc goiv yienc wuov funx daaih.

Se gorngv oix hiuv tipv, mborqv finx lorz taux Anthem yiem njiec naaiv **1-800-407-4627**.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungh ndorm taux 7 dimv lungh muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Dorh ga'nyuoz sin zangc ga'naaiv aengx caux orv-mbiaengz liouh wangv henh doic mienh

Se gorngv meih dorh ga'nyuoz sin zangc ga'naaiv aengx caux orv-mbiaengz liouh wangv henh doic mienh se haih borqv duqv mienh nyei maengc camv haic. Beiv hnangv meih maaih hnyiangx-jeiv yiem 15 hnyiangx taux 18 hnyiangx nyei mienh, meih corc haih bun diez maac a'fai ziux goux nyei mienh fiev ziangx laengz waac sou liouh dorh ga'nyuoz sin zangc ga'naaiv aengx caux orv-mbiaengz mingh doic mienh duqv oc. Meih corc haih tiuv hnyiou v mv oix dorh ga'nyuoz sin zangc ga'naaiv aengx caux orv-mbiaengz doic mienh haaix zanc yaac duqv. Se gorngv oix hiuv tipv taux dorh ga'nyuoz sin zangc ga'naaiv aengx caux orv-mbiaengz doic mienh nyei jauv-louc, ca'laangh naaic caux PCP. Meih bieqc mangc yiem naaiv meiv guoqv dinc zangc gorn ziux goux baengc aengx caux liuc leiz gong nyei website yiem njiec naaiv www.organdonor.gov.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

4. Fu'loqc nyaanh aengx caux liuc leiz zoux gong

Ninh mbuo heng-wangc sou-gorn beu taux haaix nyungc fu'loqc nyaanh aengx caux liuc leiz zoux haaix hoc gong bun

Yiem njiec naaiv kang dorngx duqv porv mengh bun hiuv taux sou-gorn beu taux haaix nyungc fu'loqc nyaanh aengx caux liuc leiz zoux haaix hoc gong yiem caux Anthem. Ninh mbuo bun sou-gorn beu baengc liouh wangv henh tengx zorc baengc zuov taux longx dangx gorn aengx caux yiem Anthem ga'nyuoz gorn zangc doic nyei ndie-sai tengx zorc baengc dorng dauh taux mueix. Se gorngv oix zuqc mingh lorz nzuqc maengz ziqc gorn zangc ndie-sai tengx liuc leiz zorc baengc dungh mv zeiz njioux jiepv sih baengc hiuang nyei sic aengx caux zorc lomc-mbueix baengc nor meih oix zuqc tov taux Anthem liouh jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun) ndaangc. Ninh mbuo beu heng-wangc sou-gorn wuov bung duqv beu zorc baengc yiem caux ga'hlen nzuqc maengz gorn zangc ndie-sai duqv nyei oc, maiv baac meih oix zuqc tov taux Anthem liouh jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun) ndaangc.

Zorc baengc kouv nyei gong se zaah luic mangc taux zien baengc kouv oix zuqc njioux maengc cuotv, ziux goux mv bun baengc hniev faaux a'fai mv bun haih hoic waaic fangx, a'fai donv baengc sienc njiec, mv butv hniev faaux, a'fai zuqc mun camv mingh. Se gorngv ninh mbuo baengc mienh dungh hnyiangx-jeiv mv zaac 21 hnyiangx



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungh ndorm taux 7 dimv lungh muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

4 | Fu'loqc nyaanh aengx caux liuc leiz zoux gong

nyei buonc, Medi-Cal oix zuqc tengx liuc leiz zorc baengc bun longx ndongc lox a'fai tengx donv baengc sienc njiec mv bun hoic zuqc beih sin a'fai corngh zingh a'fai hniev faaux. Se gorngv oix hiuv tipv taux sou-gorn beu taux haaix nyungc zorc baengc gong, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.

Ninh mbuo baengc mienh dungh hnyiangx-jeiv mv zaaic 21 hnyiangx nyei buonc corc duqv zipv lengc jeiv gorqv-zeic fu'loqc nyaanh aengx caux liuc leiz zoux gong. Se gorngv oix hiuv waac-fienx tipv, doqc mangc yiem da'5 ginc sou, "Ziux goux zorc baengc bun gu'nguaaz aengx caux fu'jueiv-caan" hietv yiem naaiv buonv sou.

Maaih nyungc baav zorc baengc nyaanh aengx caux liuc leiz zoux gong zorc baengc dungh Anthem tengx duqv maaih se hietv yiem ga'ndiev naaiv. Haaix diuc fu'loqc nyaanh aengx caux liuc leiz zoux gong duqv mbiuv benx nzangc-biangh (*) nyei buonc oix zuqc duqv zipv jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun) ndaangc.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

4 | Fu'loqc nyaanh aengx caux liuc leiz zoux gong

- Nziepv sim-nqaai*
- Zorc jiepv zeih beqv nyei baengc aengx caux yiem biauv zorc baengc (zorc baengc dangh baav gong)
- Nziepv nqaevq baengc ndie bun domh mienh (nziepv ndie)
- Dimv ndorqc ndie laengc butv bung-biez aengx caux nziepv ndie
- Tengx dorh cie tor mingh lorz njioux jieov sih baengc hiuang sic
- Tengx liuc leiz paaix zorc baengc
- Goux nqaev butv haa-cunv taux qiez kuonx nyei baengc
- Zorc gorgnv waac mv mbui nyei baengc*
- Zorc zoux ciouv hnyiouv beqv nyei baengc*
- Dimv ndorqc Biomarker*
- Zorc mba'nziu baengc
- Tengx liuc leiz goux zorc mbungv mun baengc*
- Longc ndie-douz buov zorc baengc aengx caux ziux fangx
- Hlaau ndorqc mangc wuonh zaang
- Nanv gong mienh ziux goux langx zangc zuangx mienh heng-wangc
- Goux zorc nyaah - zanv ziangx dorngx liouh bun (zorc baengc ndie-sai/daauh laanh zorc baengc ndie-sai (PCP) zorc baengc yiem dinc zangc gorn hhangv oc)
- Tengx liuc leiz nzaaux nyutc zeiv/saax nziaamv
- Cingv mienh tengx liuc leiz ziux goux m'sieqv dorn ndutv sin
- Tengx zorc baengc jaa-dorngx (DME)*
- Liuc leiz zoux yi maengz mienh
- Tengx zorc baengc yiem jiepv sih baengc hiuang nyei dorngx
- Wuix lai hnaangx yangh jiaangh aengx caux yangh nziaamv-maac*
- Goux mbungv maaih gu'nguaaz saa maqc (mingh lorz taux haaix laanh ndie-sai yaac duqv nzengc)
- Tengx jaa-sic zorc baengc aengx caux zorc corngz sin bun henv*
- Jaa-dorngx topv m'normh haix waac
- Tengx goux zorc baengc yiem biauv*
- Tengx zorc baengc yiem setv mueix bouc dauh*
- Paaix zorc baengc caux bueix ga'nyuoz gorn zangc zorc baengc*
- Tengx liuc leiz ziux goux zorc baengc yiem gorn zangc dorngx
- Dimv ndorqc nziaamv aengx caux ziux fangx ga'nyuoz sin zangc*
- Yiem biauv liuc leiz ziux goux zorc lauh ndaav baengc aengx caux zorc baengc gong*
- Tengx ziux goux siang-gu'nguaaz aengx caux goux gu'nguaaz maac
- Tiuv yievc yiem ga'nyuoz hnyiouv nyei ga'naaiv*
- Zorc corngz sin zangc henv*
- Caengz zauz/zaengz hieh zauz*
- Nzunx jaangh aengx caux nzunx hieh mbeu



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungh ndorm taux 7 dimv lungh muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

4 | Fu'loqc nyaanh aengx caux liuc leiz zoux gong

- Tengz zoux goux taux mingh nzuonx nyei baengc mienh
- Tengx zorc corngz zingh baengc bun mingh nzuonx maiv zuqc bueix ndie-dorngz nyei mienh
- Paaix zorc baengc*
- Tengx zorc donv baengc liouh borqv maengz yiem seiz zangc*
- Lorz buangh caux PCP
- Tengx liuc leiz zorc gu'nguaz baengc
- Tengx liuc leiz goux nqaeqv baengc (kou-gong gorn guangc in-mbiaatc, goux nqaeqv nziaamv-gaam baengc [DPP])
- Zorc ga'nyiec beih sin baengc*
- Tengx liuc leiz zorc zauz-huv baengc*
- Zorc piom waac nyei baengc
- Jiepv sih tengx dorh Genome mbaih yuonh
- Tengx liuc leiz zorc baengc corngz henv aengx caux tengx jaa-dorngz*
- Goux baengc ndie-sai tengx zorc baengc, caux yiem zorc baengc dorngz
- Lorz liouc siouv ndie-sai zorc baengc
- Zorc nzuih waac gorngv waac mv mbui*
- Tengx paaix zorc baengc
- Bun ndie yangh Telemedicine/Zorc baengc yangh Telehealth
- Tengx tiuv zorc benx naamh fai nyiouz nyenh*
- Zorc jiepv zeh beqv nyei baengc
- Tengx dimv ndorqc m'zing*
- Tengx liuc leiz zoux goux zorc m'sieqv dorn baengc

Gouv ziangx mengh waac mbuox aengx caux porv muonc bun hiuv taux sou-gorn beu haaix nyungc zorc baengc jauv-louc hietv yiem da'8 bouc sou, "Jau jienv waac mbuox taux funx-bienh aengx caux haaix jioux kuv waac horpc hiuv ndaangc" fiev hietv naaiv buonv sou.



Mborqv finx lorz taux zoux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungu ndorm taux 7 dimv lungu muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline zoux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Zorc baengc kouv nyei gong se zaah luic mangc taux zien baengc kouv oix zuqc njioux maengc cuotv, ziux goux mv bun baengc hniev faaux a'fai mv bun haih hoic waaic fangx, a'fai donv baengc sienc njiec, mv butv hniev faaux, a'fai zuqc mun camv mingh.

Qiemx zuqc longc naaic deix gong liouh benx zorc jienv sic nyei baengc liouh ziux goux puix horpc naaic laanh baengc nyei hnyiang-jeiv goz lunx ndongc haaix aengx caux sin zangc haih hlo, a'fai duqv zipv taux, goux siou, a'fai zorc longc zoux gong duqv ndongc lox.

Se gorngv haaix deix mienh dugh maaih hnyiang-jeiv mv zaaic 21 hnyiangx nyei buonc, beiv hngv buatac qiemx zuqc tengx liuc leiz zoux naaiv deix zorc baengc gong liouh bun puix zuqc a'fai zorc baengc longx henv ei zuqc ga'nyiec beih sin caux corngh zingh baengc a'fai sic dauh jauv-louc ziux yiem njiec Medi-Cal tengx liuc leiz goux taux gu'nguaz aengx caux fu'jueiv-caan nyei gong (maaih mbuoz heuc tengx nyaanh liouh jaa-nziouv aengx caux ziux bouc dauh ndorqc baengc, dimv ndorqc baengc aengx caux zorc baengc (EPSDT)). Lemh tengx liuc leiz zorc baengc longx taux dauh taux mueix a'fai tengx donv ga'nyeic beih zangc baengc sienc a'fai corngh zingh hnyiou v nzauh hiuaang baengc sienc a'fai baengc mienh duqv zipv ziux goux zorc baengc mv hniev faaux.

Naaiv deix zorc jienv sic baengc nyei gong se mv lemh zorc taux:

- Mv zeiz dimv ndorqc cuotv nyei baengc a'fai dorngh dorngh dimv ndorqc baengc nyei ziangh hoc
- Zorc baengc gong a'fai jauv-louc dugh mv maaih sou-gorn beu
- Zorc baengc gong mv yiem lorqc njiec zorc baengc sou-guv aengx caux longc bouc dauh ziangh hoc lauh ndaav mv doix zorc baengc sou
- Ziux goux benx wuix nyanc hopv mienh a'fai bouc bun zorc baengc ndie-sai

Anthem oix zuqc borqv caux da'nyeic norm zorc baengc kou-gong gorn zangc liouh tengx liuc leiz lorz mienh tengx zoux gong zorc baengc bun, mv gunv taux gorngv naaic deix gong maaih sou-gorn beu yiem caux da'nyeic norm kou-gong gorn caux mv maaih sou-gorn beu yiem Anthem yaac baac.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

4 | Fu'loqc nyaanh aengx caux liuc leiz zoux gong

Naaiv deix zorc jienv baengc nyei gong se maaih sou-gorn beu taux horpc bouc nyei gong aengx caux qiemx zuqc longc tengx zorc baengc liouh bun:

- Njioux borqv maengc,
- Goux mbungh haih butv baengc kouv a'fai waaic fangx jauv-louc,
- Donv baengc sienc,
- Ziux goux bun hlo hlang ziux hnyiang-jeiv aengx caux hlo faaux, a'fai
- Duqv zipv goux, ndongc lox, aengx caux ziangh longx hhangv lox

Ninh mbuo haaix deix baengc mienh hnyiang-jeiv mv zaaic 21 hnyiangx, liuc leiz zoux naaic deix jienv sic zorc baengc jauv-louc bun nzoih yietc zungv sou-gorn beu nyei buonc baengc fiev hietv ga'nguaaic wuov caux da'nyeic diuc zorc baengc gong, zorpc caux dimv ndorqc baengc, nziepv ndie nqaeqv wuon-baengc, dimv cuotv baengc, tengx zorc baengc, aengx caux liuc leiz zoux da'nyeic deix gong zorc taux ga'nyiec beih zangc baengc caux zorc longx henv caux zorc corngh zingh baengc caux sic dauh jauv-louc, bun taux Medi-Cal tengx nyaanh liouh goux gu'nguaaz aengx caux fu'jueiv-caan. Naaiv norm tengx nyaanh nyei kou-gong gorn ziux guoqv zangc hungh jaa doz-leiz tengx nyaanh liouh jaa-nziouv aengx caux ziux bouc dauh ndorqc baengc, dimv ndorqc baengc aengx caux zorc baengc (EPSDT).

Medi-Cal Tengx goux nqaeqv baengc bun gu'nguaaz aengx caux fu'jueiv-caan, dimv cuotv baengc, caux tengx zorc baengc bun taux daav naanh mienh nyei gu'nguaaz-lunx, fu'jueiv, aengx sieqv-dorn mv zaaic 21 hnyiangx nyei mienh. Medi-Cal liepc duqv maaih sou-gorn beu zorc baengc jauv-louc bun taux gu'nguaaz caux fu'jueiv-caan gauh camv bun hlo benx domh mienh nyei buonc gong. Ninh mbuo liepc hnyiouv mbenc ziangx naaiv deix gong liouh jaa-nziouv goux nqaeqv baengc a'fai dimv cuotv baengc aengx caux zorc baengc bun fu'jueiv. Jaa-nziouv liepc domh hnyiouv hnamv ziangx lauh ndaav sic bun Medi-Cal tengx goux gu'nguaaz caux fu'jueiv-caan da'dauh duqv ziux goux heng-wangc yuonh aengx caux jaa-ndaangc duqv zipv liuc leiz zorc baengc hingh ziangh hoc – maaih leiz beu ze'buon bun fu'jueiv duqv zipv goux longx aengx caux zorc baengc yiem njiec dorngx dauh hingh ziangh hoc.

Anthem oix zuqc borqv doic caux da'nyeic deix kou-gong gorn liouh lorz jauv tengx liuc leiz zorc jienv sic baengc bun nzoih, mv gunv taux gorngv naaic deix kou-gong gorn mbenc maaih sou-gorn beu naaic deix gong nyei fai aengx caux Anthem mv maaih yaac baac. Doqc mangc yiem “Da'nyeic deix Medi-Cal kou-gong gorn aengx caux zoux zorc baengc gong” yiem naaiv buonv ginv sou.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungh ndorm taux 7 dimv lungh muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Medi-Cal tengx fu'loqc nyaanh yiem caux Anthem bun sou-gorn beu bun wuov

Tengx baengc mienh mingh nzuonx zorc baengc (mv bueix zorc baengc dorngh)

Nziepv nqaeqv baengc ndie bun domh mienh (nziepv ndie)

Meih corc haih lorz yiem ga'nyuoz gorn zangc doic nyei ndie-sai nziepv nqaeqv wuon-baengc ndie bun domh-mienh (nziepv ndie) mv zuqc zipv jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun) yiem ninh mbuo tengx liuc leiz zoux nqaeqv wuon-baengc nyei ziangh hoc. Anthem maaih sou-gorn beu bun nziepv nqaeqv wuon-baengc ndie (nziepv ndie) ziux ninh mbuo nanv sic mienh liuc leiz goux taux nziepv nqaeqv wuon-baengc ndie (ACIP) yiem lorqc njiec naaiv norm gorn zangc tengx gunv taux baengc zingh aengx caux nqaeqv wuon-baengc (CDC) gunv njiec nyei gong, lemh tengx nziepv nqaeqv wuon-baengc ndie (nziepv ndie) liouh meih cuotv zauz mingh saau deic bung wuov.

Meih corc haih lorz taux ninh mbuo Medi-Cal Rx bun ndie dorngh tengx nziepv domh mienh nyei nqaeqv wuon-baengc ndie (nziepv ndie). Hoqc hiuv tipv taux Medi-Cal Rx yiem “Da'nyeic deix Medi-Cal kou-gong gorn aengx caux zoux zorc baengc gong” yiem naaiv buonv gin v sou.

Tengx liuc leiz zorc ndie laengz butv bung-biez sietv

Anthem maaih sou-gorn beu tengx dimv ndorqc ndie laengz butv bung-biez sietv nyei baengc aengx caux tengx zorc, caux zorc sin zangc mbungh liuc mv siouc nyei ga'naaiv, donv sienc mv sietv camv, a'fai nziepv ndie mbungh goux sin-sietv baengc.

Tengx liuc leiz paaix zorc baengc

Anthem maaih sou-gorn beu ndie-mbiez bun paaix zorc baengc bun taux mingh nzuonx mv zuqc bueix zorc baengc nyei mienh. Bun ndie-mbiez liouh nyaah zangc tengx nziepv baeng nyaah dungh haaix laanh duqv zipv jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun) wuov.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Tengx liuc leiz goux zorc mbungv mun baengc

Anthem maaih sou-gorn beu tengx liuc leiz goux zorc mbungv mun baengc, gouv ziangx liouh zorc diqc daanz mbungv mun baengc aengx caux longc buoz zorc. Yietc hlaax nyieqc gouv ziangx bouc soux bun tengx liuc leiz goux zorc diqc daanz mbungv mun baengc 2 nzunc hngangv, a'fai ziux ga'ndiev deix 2 nyungc gong zorc yiem yietc hlaax nyieqc: nziepv sim-nqaai, gorngv waac mv mbui nyei baengc, zorc sin zangc baengc, aengx caux zorc nzuih baengz ciou nyei baengc. Gouv ziangx bouc soux mv bun dorh longc caux fu'jueiv hnyiang-jeiv mv zaaic 21 hnyiangx nyei buonc. Anthem corc zuqc jaa-zniouv nqoi nzuih bun longc taux da'nyeic diuc jienv jauv-louc liouh zorc baengc bun baengc mienh.

Ninh mbuo baengc mienh maaih horpc bouc puis-juang gaux tengx zorc mbungv mun baengc:

- Fu'jueiv hnyiang-jeiv mv zaaic 21 hnyiangx
- Maaih gu'nguaaz yiem sin nyei mienh yungc liuz gu'nguaaz buangv 60 hnoi faaux mingh
- Baengc mienh yiem lorqc njiec goux baengc ndie-sai liuc leiz zorc baengc nyei dorngx, zorc ndaam-bouc baengc nyei dorngx, a'fai fiuv dorngx zorc baengc dorngx
- Yietc zungv mienh duqv zipv tengx ziux goux zorc baengc yiem lorqc zuqc nquenc zangc zorc baengc dorngx liouh zorc mingh nzuonx nyei mienh nyei dorngx, njioux baengc zaamc, guoqv zangc hungh jaa beu sou bun zorc baengc dorngx (FQHC), a'fai gemh hlang zorc baengc zaamc (RHC) maaih mbuoz yiem caux Anthem gorn zangc doic wuov. Mv zeiz benx yietc zungv FQHC, RHC, a'fai nquenc zangc nyei zorc baengc dorngx haih tengx liuc leiz zorc mbungv bmun baengc bun mingh nzuonx nyei baengc mienh oc.

Hlaau ndorqc mangc wuonh zaang

Anthem beu sou-gorn bun mienh goz mienh maaih hnyiang-jeiv duqv 65 faaux mingh nyei mienh yiem njiec hnyiang-dong duqv hlaau ndorqc mangc wuonh zaang liouh tengx ninh mbuo haax deix mienh mv maaih horpc bouc gaux hlaau ndorqc mangc wuonh zaang nyei mienh yiem hnyiang-dong bun Medicare kou-gong gorn tengx hlaau ndorqc. Hlaau ndorqc mangc wuonh zaang nyei gong se tengx zaah ndorqc mangc taux haih butv benx Alzheimer baengc a'fai m'nqorngv-famv ndonc nyei fai.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Nanv gong mienh ziux goux langx zangc zuangx mienh heng-wangc

Anthem maaih sou-gorn beu bun nanv gong mienh ziux goux langx zangc zuangx mienh heng-wangc (CHW) liouh tengx liuc leiz goux taux ninh mbuo baengc miengh dungh domh ndie-sai a'fai zorc baengc gong-mienh heuc tengx goux nqaeqv baengc zingh, haih hoic waaic fangx, aengx caux da'nyei nyungc baengc buatac heng faaux; borqv maengc; aengx caux buang bun beih zangc baengc caux corngh zingh baengc longx henv. CHW mv duqv gouv mbenc ziangx zorc baengc dingc-torqv dorngx dauh bun aengx caux baengc mienh mingh lorz zorc yiem haaix norm dorngx dauh yaac duqv, beiv taux yiem njiec njiox jiepv sih baengc hiuang nyei dorngx. Zoux zorc baengc gong se maaih:

- Njiaaux fioux baengc jauv-louc aengx caux tengx za'eix goux ninh mbuo baengc mienh, hiuv taux gunv goux caux mbungh nqaeqv butv benx baengc-ngaaiz a'fai butv-wuiv faan baengc; hnyiouu nzauh ciouv nyei baengc, goux maaih gu'nguaz faaux sin, aengx caux goux nzuih mun baengc; caux nzaeng jaax mborqv mun goux nqaeqv ndorpc mun sic
- Njiaaux beu goux taux heng-wangc jauv-louc aengx caux ca'laangh njiaaux waac hiuv taux baengc zingh, tengx liepc gong zoux baengc aengx caux liuc leiz goux nqaeqv baengc yiem ndorm zinh nziouv hmuangx gunv duqv taux nyei sic
- Lorz jauv dorh bieqc goux nqaeqv baengc, caux dorh waac-fienx douc mbuox, njiaaux gong, aengx caux beu bun lorz taux zorc baengc jauv-louc yiem njiec langx zangc dorngx dauh
- Dimv baengc caux hlaau ndorqc zorc baengc jauv-louc liouh dorh baengc mienh borqv jauv bieqc lorz taux zorc baengc gorn zangc.

CHW mbenc ziangx gong-bou jauv-louc liouh ziux goux taux ninh mbuo nzaeng jaax zuqc mborqv doic nyei mienh ziux ninh mbuo maaih sou-gorn nanv sic mienh gouv ndorqc ziangx jauv-louc bun:

- Haaix laanh mienh yiem lorqc njiec langx zangc duqv caux doic ceuz sic zuqc mborqv mun camv.
- Haaix laanh mienh yiem lorqc njiec langx zangc haih ceuz sic caux doic mborqv mun camv nyei buonc.
- Haaix laanh mienh yiem lorqc njiec langx zangc haih ziangh diuh ceuz sic mborqv mun daaih lauh ndaav.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungu ndorm taux 7 dimv lungu muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

4 | Fu'loqc nyaanh aengx caux liuc leiz zoux gong

CHW tengx liuc leiz neqv goux nqaeqv taux langx zangc maaih mienh haih mborqv jaax ceuz sic hoic doic (beiv taux, janx-zaqc hung h nyei doic). CHW tengx liuc leiz zoux gong ziux ndoqc laanh goux/huov jaa maaih waac ceuz sic bun doic duqv zipv hoqc gon/neqv njiaaux zoux gong jauv-louc bun haih doix hnyiouv.

Tengx liuc leiz nzaaux nyutc zeiv/saax nziaamv

Anthem maaih sou-gorn beu bun nzaaux nyutc zeiv baengc. Anthem corc bun sou-gorn beu taux nzaaux nyutc zeiv baengc (hieh nyutc zeiv benx lauh ndaauv baengc hoic) nyei gong se gorngv domh ndie-sai duqv zoux sou tov taux aengx caux Anthem duqv nqoi nzuih liuz.

Medi-Cal mv maaih sou-gorn beu bun:

- Suangx-beu, jaa-dorngx, a'fai jaaix nyei jaa-sic, ga'naaiv-longc, caux ceix jaa-dingh
- Mv zeiz benx zorc baengc nyei jaa-dorngx, beiv taux diemv douz zorngh a'fai jaa-sic daux bieqc biauv liouh coqv jaa-dorngx nzaauz nyutc zeiv

Cingv mienh tengx liuc leiz ziux goux m'sieqv dorn ndutv sin

Anthem beu sou-gorn liouh cingv mienh tengx liuc leiz ziux goux m'sieqv dorn ndutv sin yiem caux ga'nyuoz juangc gong gorn zangc doic nyei ndie-sai tengx goux maaih sin nyei mienh; goux waaic sin aengx caux ndutv sin nyei ziangh hoc, lemh goux taux gu'nguaaic ndortv yiem ga'nyuoz sin, mbaang waaic, caux lom gu'nguaaz guangc; liouh tengx ziux goux yiem njiec yietc hnyiangx bouc dauh. Medi-Cal mv bun sou-gorn beu cingv mienh tengx liuc leiz ziux goux junh m'sieqv dorn ndutv sin gong nzoih.

Cingv mienh tengx liuc leiz ziux goux m'sieqv dorn ndutv sin se benx yietc laanh goux yungz gu'nguaaz nyei gong-mienh liouh njiaaux fioux sin zangc, njiaaux zorc baengc, caux goux beih zangc sin, zoux hnyiouv puix, aengx caux longc jaa-dorngx goux mangc maaih sin nyei mienh hiuv taux ndaangc maaih sin, maaih gu'nguaaz faaux sin nyei ziangh hoc, aengx caux ndutv sin liuc, lemh njiaaux goux taux gu'nguaaz waaic yiem sin, mbaang waaic, aengx caux lom gu'nguaaz guangc nyei jauv.

Liouh tengx liepc goux nqaeqv baengc jauv-louc, tengx liuc leiz ziux goux m'sieqv dorn ndutv sin nyei mienh oix zuqc duqv zipv haix ndie-sai a'fai goux baengc mienh nyei gong-mienh nyei sou liouh njiaaux zorc baengc jauv-louc ziux gouv ziangx nyei gong. DHCS oix zuqc ceix cing njiaaux waac jauv-louc liouh cingv mienh tengx liuc leiz ziux goux m'sieqv dorn ndutv sin gong bun jhex gorn zoux nzoih ziux paaiv daaih wuov.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nang h bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

4 | Fu'loqc nyaanh aengx caux liuc leiz zoux gong

Ninh mbuo nqoi nzuih cai naaiv laanh mienh tengx liuc leiz ziux goux m'sieqv dorn ndutv sin liouh zoux ga'ndiev deix gong:

- Jiex gorn mingh zaah mangc daauh baan ndaangc
- Gorqv-zeic tim bieqc mangc 8 nzunc ndaangc ndutv sin caux ndutv sin baac
- Ziux goux yiem njiec gu'nguaaz mun nyei bouc dauh aengx caux yungc gu'nguaaz ziangh hoc (lemh gu'nguaaz mun aengx caux yungc mv cuotv zitc maengc yiem ga'sie), lom gu'nguaaz guangc a'fai waaic gu'nguaaz
- Ndutv sin liuz mingh zaah mangc 2 nzunc caux yietc baan longc 3 norm ziangh hoc liouh goux mangc

Se gorngv ninh mbuo ndie-sai maaih sou daaih mbuox nor naaiv laanh mienh oix zuqc mingh gorqv-zeic zaah mangc baengc mienh camv taux nduoh nzunc ziux ndutv sin nyei ziangh hoc funx daaih

Anthem oix zuqc borqv caux ga'hlen nzuqc maengz gorn zangc doic liouh cingv mienh tengx liuc leiz ziux goux junh m'sieqv dorn ndutv sin gong se gorngv yiem juangc gorn zangc doic mv maaih naaiv laanh mienh.

Liuc leiz zoux yi maengz mienh

Anthem beu sou-gorn liouh zorc corngh zingh baengc bun yi maengz mienh (DBH) lemh ninh baengc mienh nyei baengc caux ziux goux nyei mienh zorc nzoih. Ziux ziangh doix mienh zorc baengc se lemh naaiv laanh fu'jueiv caux diez maac a'fai ziux goux nyei mienh. Ziux ziangh doix mienh zorc baengc se lemh diez maac a'fai ziux goux nyei mienh juangc yietc njiec zorc baengc. Ninh mbuo liepc hnyiou v oix tengx huov jaa bouc fu'jueiv wangc siangx longx henv aengx caux mv nzauh hiaang.

Ziux ziangh doix mienh zorc baengc se maaih:

- DBH tengx zaah dimv mangc fu'jueiv
- Ziux ziangx doix mienh goux junh yiem njiec langx zangc hei-horngc
- Ziux ziangh doix njiaaux bun hiuv taux corngh zingh baengc
- Dorh diez maac a'fai ziux goux nyei mienh zoux ziangh doix zorc
- Ziux ziangh doix njiaaux gong bun huov jaa, caux
- Njiaaux goux fu'jueiv hlo faaux nyei jauv-louc, aengx caux ziux goux mangc maac nyei corngh zingh baengc



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung h muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nang h bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Paaix zorc baengc mv zeiz bueix ndie-dorngh nyei mienh

Anthem maaih sou-gorn beu baengc mienh mingh nzuonx paaix zorc baengc mv zuqc bueix ndie-dorngh. Paaix zorc nyungc baav baengc, oix zuqc heuc meih jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun) liuz cingx mingh zorc baengc oc. Ninh mbuo mingh nzuonx zorc baengc nyei mienh duqv dimv cuotv oix zuqc paaix zorc baengc a'fai goux zorc nyaah nyei mienh funx benx mv zuqc bueix zorc baengc yiem dornghx dauh Meih oix zuqc duqv zipv jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun).

Ndie-sai tengx liuc leiz zorc baengc

Anthem maaih sou-gorn beu bun ndie-sai tengx liuc leiz zorc jienv sic nyei baengc.

Tengx liuc leiz zorc zauz-huv (zauz mun) baengc

Anthem maaih sou-gorn beu bun zorc zauz-huv baengc funx benx jienv sic nyei gong liouh dimv baengc caux zorc bun, paaix, longc jaa-dornghx zorc, tuix mingh daaih, aengx caux longc douz hlorm zorc. Zorc naaiv deix baengc se lemh zorc zauz-mueic mbungv-dauz aengx caux domh laangc jaan ziangh dauz zauz. Oix zuqc lemh zorc taux camv-zuih orv aengx caux domh laangc jaan ziangh bieqc dauz cing-jaang wuov bun ziangx ndipc doic.

Longc jaa-dornghx tengx zorc baengc

Anthem maaih sou-gorn beu bun longc camv-nyungc jauv-louc tengx zorc baengc, zorcpc nzoih:

- Longc ndie-doc
- Longc douz hlorm buov

Tengx ziux goux siang-gu'nguaaz aengx caux goux gu'nguaaz maac

Anthem maaih sou-gorn beu taux iux goux zorc gu'nguaaz maac aengx caux coqc cuotv seiz gu'nguaaz-lunx:

- Maaih dornghx tengx ziux goux yungc gu'nguaaz
- Ga'naaiv-longc caux sorqv nyorz zorngh
- Jaa-sic bun longc caux njiaaux bun nyorz gu'nguaaz hopv
- Borqv caux doic liouh tengx ziux goux zorc baengc
- Maaih sou-gorn benx goux baengc ndie-sai (CNM)



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

- Cuotv za'eix bun muangx
- Ziux goux yungz gu'nguaaz aengx caux ndutv sin liuz tengx zorc baengc
- Dimv ndorqc nziaamv-fei gu'nguaaz yiem sin nyei ziangh hoc aengx caux cuotv za'eix bun muangx
- Cingv mienh tengx liuc leiz ziux goux m'sieqv dorn ndutv sin
- Maaih sou benx ndie-sai goux yungz gu'nguaaz (LM)
- Ziux goux zorc gu'nguaaz maac nyei corngh zingh
- Ziux goux zorc gu'nguaaz-lunx
- Njiaaux wuix lai hnaangx
- Njiaaux maaih gu'nguaaz faaux sin nyei gong
- Ziux goux gu'nguaaz maac mv gaengh ndutv sin nyei ziangh hoc
- Hlaau ndorqc muangx seix zangc aengx caux corngh zingh baengc caux zoux sou fungx baengc mienh mingh zorc baengc
- Nzemx Vitamin ndie caux nzaav-wuom bun nyanc

Zorc baengc yangh ga'nyuoz Longc Telehealth

Zorc baengc yangh naaiv diuh Longc Telehealth jauv-louc se benx yietc diuh jauv zorc baengc caux ndie-sai mv zuqc mingh buangh yiem gorn zangc dorngx dauh. Douc waac yangh Longc Telehealth se duqv gorngv waac yangh fonh, yangh video, a'fai da'nyeic nyungc jauv liouh doix hmien gorngv caux zorc baengc ndie-sai. A'fai longc Longc Telehealth jauv-louc corc haih dorh waac-fienx bun zorc baengc ndie-sai mv zuqc dorng hmien mbuox. Longc naaiv nyungc telehealth liouh tengx meih zorc baengc.

Ninh mbuo mv mbenc duqv nzoih zorc baengc jauv-luc hietv yangh Longc Telehealth. Meih lorz taux zorc baengc ndie-sai liouh hoqc hiuv tipv taux maaih haaix nyungc zorc baengc gong hietv njiec yangh Longc Telehealth. Ninh benx jienv sic jauv-louc dungh meih caux zorc baengc ndie-sai jaa-nziouv oix zuqc lorqc doih longc telehealth tengx zorc baengc se haih zorc duqv zuqc baengc nyei. Maaih leiz beu ze'buonc bun meih liouh meih buangh doix hmien zorc baengc nyei oc. Se gorngv ninh mbuo zorc baengc ndie-sai buatac zorc baengc yangh Longc Telehealth bun meih duqv nyei, meih mv nyunc duqv longc yaac mv benx haaix nyungc oc.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Ziux goux zorc corngh zingh baengc

Tengx zorc corngh zingh baengc bun mingh nzuonx maiv zuqc bueix ndie-dorngh nyei mienh

Anthem maaih sou-gorn beu bun jaa-nziouv zaah ndorqc mangc corngh zingh baengc mv zuqc zipv jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun). Meih mingh lorz tengx zaah dimv mangc tangx corngh zingh baengc yiem juangc caux Anthem gorn zangc zorc corngh zingh baengc ndie-sai haaix zanc yaac mv zuqc longc sou fungx baengc mienh mingh.

Naaiv laanh PCP a'fai zorc corngh zingh baengc nyei ndie-sai oix zuqc zoux sou fungx baengc mienh mingh lorz taux liouc siouv ndie-sai tengx dimv ndorqc baengc yiem njiec Anthem gorn zangc doic tengx njiec lingc dunx taux baengc hniev heng horpc bouc zorc camv zoqc. Beiv hnavg naaiv laanh ndie-sai dimv cuotv buatc meih coqc jiex gorn butv baengc a'fai zong baan nzauh hiuaang baengc a'fai maaih dorngh waaic taux m'nqorngv-famv, hnyiouu cuotv nyei baengc, a'fai haih zorc duqv longx naaiv deix baengc nor, Anthem oix zuqc tengx liuc leiz zorc corngh zingh baengc bun meih. Anthem maaih sou-gorn beu bun zorc corngh zingh baengc beiv taux:

- Ziux ndoqc laanh baengc mienh hlaau ndorqc aengx caux juangc doic zorc corngh zingh baengc (zorc corngh zingh baengc)
- Haaix zanc zorc baengc gorn zangc dimv buatc eix-leiz mv doix diuc nor oix zuqc dorh mingh dimv ndorqc taux corngh zingh baengc
- Ceix ziangx jaa-sic liouh hlaau ndorqc mangc taux buoz-dauh tengx zorc orn-lorqc jauv-louc, jangx-fim sic, aengx caux caeqv sic dauh jauv-louc guangc
- Tengx zimh mangc mingh nzuonx zorc baengc nyei baengc mienh nyanc ndie jauv-louc benx hnavg haaix
- Tengx mingh nzuonx nyei baengc dimv nziaamv
- Ninh mbuo mingh nzuonx zorc baengc nyei baengc mienh dugh mv maaih sou-gorn beu ndie yiem njiec Medi-Cal Rx zorc baengc ndie-daan (<https://medi-calrx.dhcs.ca.gov/home/>), nzemx lai hnaangx caux ga'naaiv-longc
- Caux ca'laangh zorc corngh baengc jauv-louc
- Huov jaa oix zuqc cai ziangx 2 mienh liouh tengx zorc baengc. Mangc guv yienh heuc huov jaa cai ziangx mienh caux zorc baengc, naanh gorngv mv zienz:
 - Zorc corngh zingh baengc bun diez maac caux fu'jueiv (ziux hnyiang-jeiv duqv 0 taux 5 hnyiangx)
 - Zorc bun diez maac caux fu'jueiv jiu doic yaauc (ziux hnyiang-jeiv duqv 2 taux 12 hnyiangx)



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungu ndorm taux 7 dimv lungu muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

- Ziux zaingh doix corc corngh zingh baengc (hlo benx domh mienh)

Se gorngv oix lorz mienh tengx zaah lorz muangx waac-fienx tipv taux tengx liuc leiz zorc corngh zingh baengc yiem caux Anthem, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.

Beiv hnavg ninh mbuo mv liepc duqv maaih tengx zorc mv doix diuc corngh zingh baengc nyei gong yiem njiec Anthem gorn zangc doic a'fai naaiv laanh PCP a'fai zorc corngh zingh baengc nyei ndie-sai mv haih tengx liuc leiz zorc ziux qiemx zuqc nyei ziangh hoc hietv gu'nguaaic wuov "Bun bieqc hingh tengx zorc baengc," Anthem oix zuqc beu sou-gorn bun aengx caux tengx lorz ga'hlen nzuqc maengz gorn zangc ndie-sai tengx zorc bun.

Beiv hnavg ninh mbuo zorc corngh zingh ndie-sai dimv cuotv buatac meih benx baengc hniv aqv aengx caux qiemx zuqc longc gorqv-zeic ndie-sai lengc jeiv neqv zorc corngh zingh baengc (SMHS), naaiv laanh PCP a'fai zorc corngh zingh baengc ndie-sai oix zuqc zoux sou fungx meih mingh lorz taux nquenc zangc beu heng-wangc sou-gorn liouh tengx meih zorc baengc. Anthem oix zuqc tengx daux doic liouh dunx ziangh hoc caux nquenc zangc beu corngh zingh heng-wangc sou-gorn nyei ndie-sai tengx ginv zorc baengc jauv-louc bun meih. Se gorngv oix muangx waac-fienx tipv, doqc mangc yiem da'4 nzangh, "Medi-Cal da'nyeic norm kou-gong gorn aengx caux zorc baengc gong" paaiv njiec bun gorqv-zeic ndie-sai lengc jeiv neqv zorc corngh zingh baengc yiem naaiv buonv sou.

Tengx liuc leiz zorc jiepv sih baengc hiuang

Bueix ga'nyuoz ndie-dorngh zorc baengc nyei mienh caux mingh nzuonx zorc baengc nyei mienh yaac qiemx zuqc tengx njiox jiepv sih baengc hiuang fih ndongc

Anthem maaih sou-gorn beu nzoih yietc zungv qiemx zorc jiepv sih hiuang baengc bun nzoih baengc mienh yiem njiec meiv guoqv (lemh yiem lorqc njiec koiv-nzau deic beiv taux lorqc zuqc Puerto Rico, meiv guoqv Virgin Islands, corc gorngv mv zienz). Anthem corc maaih sou-gorn beu bun bueix ndie-dorngh liouh zorc jiepv sih baengc hiuang yiem Canada a'fai Mexico.

Tengx zorc jiepv sih baengc hiuang se zeiz lemh zeih zuqc baengc kouv maaih dorngh mun camv a'fai ndorpc mun hniv. Ninh zuqc baengc hniv haic, se gorngv mv duqv zipv jiepv sih tengx longc hnyiou v ziux goux zorc siepv, naaic laanh baengc mienh (ziux sic samx sic) layperson (mv zeiz benx liouc siouv ndie-sai) tengx ziux goux nor haih kouv hoic cuotv ga'ndiev deix sic:



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

4 | Fu'loqc nyaanh aengx caux liuc leiz zoux gong

- Haih benx baengc hniev hoic taux sin zangc
- Haih zoux hoic taux sin zangc waaic
- Haih maaih dornx hoic taux ga'nyuoz hnyiou v a'fai ga'nyiec sin zangc waaic
- Haih zoux hoic zuqc maaih gu'nguaaz yiem sin nyei mienh waaic sin, ga'sie mun waaic gu'nguaaz yiem naaic norm ziangh hoc se gorngv njioux mv hingh:
 - Mv haih tengx dorh baengc mienh mingh fungx bieqc taux zorc baengc dorngh ndaangc ndutv sin
 - Dorh fungx baengc mienh nyei ziangh hoc nzunc baav haih maaih baengc kou v hoic taux meih a'fai njioux zaih haic a'fai ndanc taux gu'nguaaz yiem sin

Se gorngv ninh mbuo zorc baengc dorngh yiem njioux jiepv sih baengc hiuang nyei dornx tengx goux lauh ndaav taux 72 nor ziangh hoc liuz bun ndie funx benx mingh nzuonx nyei baengc mienh, Anthem oix zuqc bun sou-gorn beu naaic deix ndie funx benx njioux jiepv sih baengc hiuang nyei gong. Se gorngv zorc baengc dorngh nyei njioux jiepv sih baengc hiuang ndie-sai bun ndie-daan dorh mingh zorqv ndie yiem bun ndie dornx liouh mingh nzuonx nyei baengc mienh, Medi-Cal Rx oix zuqc bun sou-gorn beu naaic deix ndie oc.

Se gorngv meih qiex zuqc longc ndie zorc jiepv sih baengc yiem mingh nzuonx baengc mienh nyei bun ndie dornx liouh dorh gan sin mingh saav, Medi-Cal Rx oix zuqc bun sou-gorn beu naaic deix ndie, aengx caux mv zeiz Anthem beu bun oc. Beiv hngv bun ndie dornx qiex heuc tengx mbenc haaix horng ndie liouh njioux jiepv sih baengc, horpc zuqc mborqv finx lorz taux Medi-Cal Rx yiem njiec naaiv 1-800-977-2273.

Lorz cie tengx tor zorc jiepv sih baengc hiuang

Anthem maaih sou-gorn beu bun tor baengc mienh nyei cie tengx tor lorz zorc baengc dornx nitv fatv meih wuov tengx njioux jiepv sih baengc. Se gorngv benx hngv naaiv nor ninh buac meih nyei baengc hniev haic oix zuqc gaanv jien sin liuc leiz lorz fatv nyei dornx tengx njioux baengc mv bun hniev mingh hoic zuqc sin zanc a'fai zitc maengc. Yiem njiec nzuqc maengz ziqc meiv guoqv nor ninh mbuo mv maaih sou-gorn beu zorc jiepv sih baengc hiuang bun, se gorngv mv zeiz meih bieqc bueix zorc baengc yiem ndie-dorngh yiem Canada a'fai Mexico deic. Beiv hngv duqv zipv tor jiepv sih baengc nyei cie tor mingh zorc baengc yiem Canada a'fai Mexico aengx caux meih mv zuqc bueix zorc baengc yiem zorc baengc dornx, Anthem mv beu cie tor mingh zorc baengc wuov.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung ndorm taux 7 dimv lung muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Tengx zorc baengc yiem setv mueix bouc dauh aengx caux tengx zorc donv baengc liouh borqv maengz yiem seiz zangc

Anthem maaih sou-gorn beu taux tengx zorc baengc yiem setv mueix bouc dauh aengx caux tengx zorc donv baengc liouh borqv maengz yiem seiz zangc bun fu'jueiv caux domh mienh, liouh donv mbungh beih sin waaic, maaih njien-nyiouh hnyiouu, zorc seiz zangc, aengx caux fiou fim nyei sic. Domh mienh maaih hnyiang-jeiv buangv 21 hnyiangx faaux mingh nyei buonc nzunc baav mv duqv zipv tengx zorc baengc yiem setv mueix bouc dauh juangc norm bouc dauh ziangh hoc juangc (zorc) zorc baengc.

Tengx zorc baengc yiem setv mueix bouc dauh

Tengx fu'loqc nyaanh liouh zorc baengc bun baengc mienh borqv maengc ziangh seiz zangc setv mueix bouc dauh aqv. Tengx naaiv laanh baengc mienh zorc baengc liouh borqv maengc ndaavv zaaic juqv hlaax nyieqc nyei fai. Naaiv deix gong liepc hnyiouu tengx neqv donv sienc mv mun camv aengx caux gunv goux taux mv bun maaih lorpc zorpc baengc hoic tipv hnangv oc, mv haih tengx borqv maengc ziangh ndaavv faaux aqv.

Tengx zorc baengc yiem setv mueix bouc dauh se maaih:

- Tengx nzaaux fioux sin zangc
- Tengx zorc beih sin, liuc leiz ziux goux mangc, a'fai gorngv nyienz hnyiouu waac
- Dorh caux seiz zangc mienh
- Tengx liuc leiz ziux goux yiem biauuv aengx caux tengx lorz fioux biauuv mienh bun
- Lorz zorc baengc jaa-dorngx aengx caux ga'naaiv-longc bun
- Lorz nyungc baav ndie caux jaa-dorngx bun longc (nyungc baav oix zuqc maaiz caux Medi-Cal Rx)
- Tengx ca'laangh daav za'eix bun
- Se gorngv yiem lorqc njiec baengc kouv nyei bouc dauh ziangh hoc oix zuqc nzipc ziux goux fioux nzengc yiem njiec 24 norm ziangh hoc aengx caux oix zuqc tengx liuc leiz ziux goux baengc mienh nyei setv mueic maengc yiem biauuv
- Oix zuqc bun baengc mienh bueix hitv kuonx zorc baengc yiem zorc baengc dorngx linh dapc biao hnoi, yiem goux baengc dorngx dauh, a'fai goux baengc zaamc
- Jiex jauv zorc baengc nyei gong se tengx donv baengc sienc njiec mv bun hoic camv yiem zorc baengc dorngx a'fai tengx goux donv baengc yiem goux baengc dorngx dauh, a'fai goux baengc zaamc



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungu ndorm taux 7 dimv lungu muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Anthem oix zuqc heuc meih mingh lorz longc ndie-sai yiem ga'nyuoz zorc baengc gorn zangc yiem caux gorn zangc doic tengx liuc leiz zorc se gorngv mv buatac maaih mienh haih tengx duqv naaiv deix gong yiem ga'nyuoz gorn zangc.

Tengx zorc donv baengc liouh borqv maengz yiem seiz zangc

Tengx ziux goux donv baengc liouh borqv maengz yiem seiz zangc aengx caux dorh huov jaa benx ba'ndongx mienh liuc leiz baeng gorng zorc baengc hnamv tengx borqv maengc lauh ndaav, goux nqaev, aengx caux mv bun hoic ninh naanc kou. Tengx ziux goux donv baengc bun naaiv laanh mienh se mv seiz hnamv funx ziangx borqv maengc ziangx taux juqv hlaax nyieqc bouc dauh. Nzunc baav oix zuqc dongh zanc zorc baengc caux tengx ziux goux donv baengc liouh borqv maengz yiem seiz zangc bun ninh.

Tengx ziux goux donv baengc liouh borqv maengz yiem seiz zangc se lemh nzoih:

- Jaa-nziouv mbenc ziangx zorc baengc jauv-louc
- Gouv ndorqc ziux goux donv baengc liouh borqv maengz yiem seiz zangc aengx caux ca'laangh jauv-louc
- Dorh yietc zungv liuc leiz zorc baengc gong caux ziux goux donv baengc liouh borqv maengz yiem seiz zangc ziux duqv zipv nqoi nzuih bun wuov juangc zoux
- Ziux goux donv baengc liouh borqv maengz yiem seiz zangc nyei gong-mienh se maaih, mv daan mbuoqc naaiv oc:
 - Zorc baengc momh ndie-sai a'fai zorc mbungv-dauz ndie-sai
 - Borng buoz ndie-sai
 - Njioux baengc ndie-sai
 - Njiec buoz zorc baengc ndie-sai a'fai goux baengc liouc siouv ndie-sai
 - Ziux goux domh zuangx mienh nyei gong-mienh
 - Zunh doz fin-saeng
- Borqv caux doic liouh tengx ziux goux zorc baengc
- Donv baengc sienc aengx caux gunv goux baengc
- Ziux goux taux corngh zingh baengc aengx caux domh zuangx yiem-laamz

Domh mienh maaih hnyiang-jeiv buangv 21 hnyiangx faaux mingh nyei buonc, yiem njiec dongh zangc ziangh hoc mv duqv juangc zipv tengx zorc baengc (zorc) caux ziux goux donv baengc liouh borqv maengz yiem seiz zangc oc. Se gorngv ih zanc meih duqv zipv jienv ziux goux donv baengc liouh borqv maengz yiem seiz zangc nyei gong yiem caux corc maaih horpc bouc puix-juang gaux tengx zorc baengc yiem setv mueix bouc dauh nor, meih ganh oix zuqc tov tiuv zorc baengc yiem setv mueix bouc dauh haaix zanc yaac duqv oc.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungu ndorm taux 7 dimv lungu muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Bueix zorc baengc yiem zorc baengc dorngh

Tengx liuc leiz paaix zorc baengc

Anthem maaih sou-gorn beu bun zorc jienv sic baengc dungh buate horpc zuqc nziepv ndie-meih yiem njiec bueix zorc baengc nyei ziangh hoc wuov. Horpc zuqc bun nziepv ndie-meih nyei liouc ndie-sai tengx liuc leiz nziepv ndie-meih bun baengc mienh. Ndie-meih se benx yietc horngh ndie liouh longc zorc baengc a'fai baeng nyaah.

Tengz ziux goux taux baengc mienh bueix zorc baengc yiem ndie-dorngh

Anthem beu sou-gorn bun tengx zorc jienv sic baengc bun taux baengc mienh horpc zuqc bueix zorc baengc yiem zorc baengc dorngh nyei ziangh hoc.

Jiepv sih tengx dorh Genome mbaih yuonh

Jiepv sih tengx dorh Genome mbaih zorc yuonh (RWGS) se duqv beu sou-gorn bun taux Medi-Cal baengc mienh dungh maaih hnyiang-jeiv duqv 1 hnyiangx daav njiec nyei baengc mienh aengx caux horpc zuqc bieqc bueix zorc baengc dorngh yiem jiej javv njioux baengc nyei gorn zangc. Ninh oix zuqc ziux mbaih zorc naaic laanh baengc mienh, dorh diez maac caux mbaih zorc benx buo laanh a'fai diez maac caux gu'nguaaz, aengx caux oix zuqc gaavn jien sin mbaih zorc siepv.

RWGS se benx yietc diuh siang-javv dorh tengx dimv cuotv baengc bun muangx liouh dorh mingh zorc baengc jiepv sih zorc baengc dorngh (ICU) tengx gu'nguaaz maaih hnyiang-jeiv 1 hnyiangx daav njiec nyei buonc. Beiv hnavv meih nyei gu'nguaaz maaih horpc bouc gaux liouh bieqc yiem California tengx liuc leiz ziux goux gu'nguaaz (CCS) nyei kou-gong gorn, CCS corc maaih sou-gorn beu bun bieqc bueix zorc baengc aengx caux yiem RWGS.

Tengx paaix zorc baengc

Anthem Bun sou-gorn beu bun bueix yiem zorc baengc dorngh tengx paaix zorc baengc.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lunggh ndorm taux 7 dimv lunggh muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Borqv sou-gorn bouc dauh ndaauv faaux liouh beu bun yungz liuc gu'nguaaz

Anthem maaih sou-gorn beu junh lauh ndaauv taux 12 hlaax nyieqc ziux ndutv sin liuz funx daaih, mv gunv gorngv naaic laanh baengc mienh maaih sou-gorn benx deic bung mienh mi'aqc fai, bieqc deic bung sou-gorn benx hngangv haaix, tiuv duqv nyaanh hlaax camv fai zoqc, a'fai hngangv haaix ndutv sin yaac zeiz.

Tengx jaa-dorngx aengx caux zorc baengc caux zorc longx henv (zorc)

Naaiv deix fu'loqc nyaanh se lemh tengx liuc leiz zorc baengc aengx caux bun jaa-dorngx tengx zuqc mun nyei baengc mienh, waac fangx mienh, a'fai butv lauh ndaauv baengc nyei mienh henv faaux a'fai maaih buz-dauh goux corngx zingx baengc aengx caux beih sin.

Anthem maaih sou-gorn beu bun jaa-dorngx aengx caux zorc baengc caux longx henv nyei gong porv mengx mbuox yiem naaiv ginc sou mi'aqc, beiv hngangv ninh mbuo maaih nzoih ziux ga'ndiev deix jauv-louc:

- Tengx liuc leiz zorc jienv sic baengc
- Naaic deix zorc baengc gong haih tengx njioux duqv baengc longx
- Naaiv deix zorc baengc gong se liouh tengx meih goux longx, hoqc hiuv taux baengc, a'fai zorc goux baengc buoz-dauh aengx caux ziux goux ndorm zinh nziouv hmuangx yiem-laamz gong
- Meih corc haih mingx zipv tengx liuc leiz zorc baengc yiem njiec ga'nyuoz gorn zangc doic nyei dorngx, se gorngv mv zeiz ga'nyuoz gorn zangc ndie-sai zaah buac yiem ga'nyuoz gorn zangc dorngx mv mbenc duqv maaih dorngx tengx liuc leiz zorc naaic diuc baengc bun meih

Anthem maaih sou-gorn beu zorc baengc/zorc longx henv nyei jauv-louc:

Nziepv sim-nqaai

Anthem maaih sou-gorn beu tengx nziepv sim-nqaai liouh goux nqaevq baengc, tiuv zorc baengc jauv-louc, a'fai donv baengc, longc camv-nyungc jauv-louc liouh tengx donv ih zanc minc zinh mun nyei baengc.

Nziepv sim-nqaai bun mv zuqc bueix zorc baengc nyei mienh, nzunc baav horpc zuqc longc a'fai mv longc electric ndie-sim nziepv bieqc, ninh mbuo gouv ndorqc ziangx yietc hlaax nyieqc tengx nziepv mv jhex 2 nzunc zorpc caux zorc m'normh ndung, zorc



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangx bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

4 | Fu'loqc nyaanh aengx caux liuc leiz zoux gong

mbungv-dauzc, nanv sin, aengx caux zorc nzuih mun baengc, naaiv deix gong horpc zuqc bun domh ndie-sai, nyaah zangc, zorc zauz ndie-sai, a'fai nziepv sim-nqaai ndie-sai tengx liuc leiz. Gouv ziangx bouc soux mv bun dorh longc caux fu'jueiv hnyiang-jeiv mv zaac 21 hnyiangx nyei buonc. Anthem se gorngv qiemx zuqc zorc jienv sic baengc tipv nor nzunc baav oix zuqc duqv zipv jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun).

M'normh ndung (m'normh mv njiang)

Anthem maaih sou-gorn beu taux m'normh ndung baengc. Baengc mienh mv zuqc bueix zorc baengc nyei mienh ninh mbou gouv ndorqc ziangx bouc soux tengx zorc yietc hlaax yi nzunc, naaiv deix gong horpc zuqc juangc caux nziepv sim-nqaai, zorc zauz, nan sic, aengx caux zorc nzuih nyei gong (Fu'jueiv-caan hnyiang-jeiv mv zaac 21 hnyiangx mv duqv zipv oc). Anthem se gorngv qiemx zuqc zorc jienv sic baengc tipv nor nzunc baav oix zuqc duqv zipv jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun).

Zorc butv baengc hnyiou v beqv zoux ciouv

Anthem maaih sou-gorn beu zorc taux hnyiou v beqv zoux ciouv nyei baengc (BHT) bun baengc mienh dugh maaih hnyiang-jeiv mv zaac 21 hnyiangx nyei mienh ziux naaiv norm Medi-Cal tengx nyaanh liouh zorc gu'nguaz caux fu'jueiv-caan gong. BHT liepc kou-gong gorn tengx liuc leiz zoux gong aengx caux zorc baengc javv-louc beiv taux tengx zaah ndorqc hlaau mangc corngh zingh ei-leiz aengx caux ceix kou-gong gorn tengx zorc naaic deix baengc ziux dimv cuotv a'fai zorc bun naaic laanh baengc mienh hnyiang-jeiv mv zaac 21 hnyiangx nyei buonc ziangh longx, longx hngv lox.

BHT tengx liuc leiz zoux nyei gong se oix zuqc samx mangc baengc mienh nyei ei-leix liouh njiaaux maaih buoz-dauh yauc aengx caux nzemz bieqc liouc faaux a'fai ziux zoqc mbiec gong njiaaux dorng dauh dorng mueix ziux hnyiou v hnamv. BHT oix zuqc bangc dimv cuotv nyei waac ziux goux. Naaiv deix javv-louc se mv zeix seix zoux mangc nyei gong oc. Mangc guv yienh yiem caux BHT liuc leiz zoux nyei gong liouh zorc corngh zingh baengc, mbenc ziangx ndorqc mangc nzoih wuonh zaang javv-louc, zorc junh corngh zingh baengc, aengx caux ceix ziangx javv-louc liouh dimv ndorqc corngh zingh ei-leix pioux ndongc haaix.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen huc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

BHT tengx liuc leiz zorc jienv sic baengc, oix zuqc bun ninh mbuo zorc baengc domh ndie-sai bun ndie zorc a'fai zorc corngh zingh baengc ndie-sai bun ndie, ziux ninh mbuo Anthem nqoi nzuih bun, aengx caux oix zuqc ziux ninh mbuo nqoi nzuih nyanc ndie zorc baengc jauv-louc.

Zorc mba'nziu baengc

Anthem maaih sou-gorn beu bun bueix zorc baengc nyei mienh aengx caux mv mingh nzuonx lorz zorc baengc nyei mienh liouh zorc ba'nziu baengc.

Jaa-dorngx liouh longc zorc baengc (DME)

Anthem maaih sou-gorn beu bun maaih siang a'fai gaav DME jaa-dorngx longc, jaa-sic, aengx caux da'nyeic diuc gong ziux domh ndie-sai paaiv, borng buoz ndie-sai, goux baengc ndie-sai, a'fai liouc siouv ndie-sai heuc longc wuov. Naaiv deix DME jaa-dorngx se tengx beu bun zorc jienv sic baengc liouh zorc bun sin zangc ziangh longx liuz bieqc cuotv lung hnoi yiem-laamz mbienc a'fai goux mbungh mv ndorqc mun waaic fangx.

Naaiv deix ga'naaiv Anthem mv bun sou-gorn beu taux:

- Suangx-beu, ga'naaiv, a'fai jaaix nzueic nyei jaa-dorngx, zeiv, caux ga'naaiv longc, dungh mv zeiz benx sorqv nyorz zorngh ziux jaa-nziouv mbuox yiem naaiv ginc sou nyei waac hietv yiem “Sorqv nyorz zorngh caux ga'naaiv-longc” an “Ziux goux zorc gu'nguaaz maanc caux gu'nguaaz-lunx” wuov yiemc sou
- Haaix nyungc jaa-dorngx dungh mv zeiz goux liouh ndorm zinh nziouv hmuangx yiem-laamz gong, beiv hngav corngz qaav nyei jaa-dorngx liouh biaac mingh saau nzaauc a'fai nyienz a'nzaauc gong wuov
- Fioux nzengc nyei jaa-dorngx, cih cuotv mv zeiz longc zorc jienv sic baengc bun baengc mienh hnyiang-jeiv mv zaac 21 hnyiangx nyei buonc
- Haaix jaa-dorngx dungh mv zeiz longc zorc baengc nyei ga'naaiv beiv taux zaang ndie jaa-dorngx a'fai tei-nzipv ga'naaiv
- Zorc biau a'fai cie puix zuqc longc
- Jaa-dorngx liouh dimv nziaamv a'fai dimv ndorqc sin zangc zorngh (dimv ndorqc nziaamv-gaam, zaah mangc glucose hlang aiv, buic sortv nziaamv, aengx caux sim nziepv ziux sou-gorn beu yiem Medi-Cal Rx)
- Electronic jaa-dorngx liouh zaah ndorqc mba'nziu dongx a'fai ndorqc mbiom cih cuotv jaa-sic zaah ndorqc gu'nguaaz mba'nziu yiem bueix nyei ziangh hoc



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung hndorm taux 7 dimv lung muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

4 | Fu'loqc nyaanh aengx caux liuc leiz zoux gong

- Se gorngv jaa-dorngx waac yaac oix zuqc zorc d'fai laaih zitc yaac zuqc tiuv siang, janx-zaqc nimc, d'fai zoux waac, cih cuotv tengx zorc fu'jueiv nyei jienv baengc yiem hnyiang-jeiv mv zaaic 21
- Corc maaih da'nyeic nyungc jaa-dorngx mv zeiz longc zorc baengc nyei ga'naaiv wuov

Corc maaih ziez dor, ninh mbuo zorc baengc domh ndie-sai mbuox oix zuqc longc naaiv deix jaa-dorngx ziux ninh mbuo fungx sou jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun).

Wuix lai hnaangx yangh jiaangh aengx caux yangh nziaamv-maac

Haaix zanc buatac baengc mienh zuqc baengc kouv mv haih nyanc duqv lai hnaangx liuz oix zuqc longc naaiv deix jauv-louc wuix lai hnaangx yungz sin zangc. Naaivdeix lai haangx liouh dapv wuix yangh jaangh bieqc aengx caux yangh nziaamv-maac wuov se maaih sou-gorn beu yiem Medi-Cal Rx, liouh tengx zorc jienv sic baengc. Anthem maaih sou-gorn beu bun maaiz zorngh aengx caux jaangh liouh wuix lai hnaangx caux, liouh zorc jienv sic baengc.

Jaa-dorngx topv m'normh haix waac

Anthem maaih sou-gorn beu jaa-dorngx topv m'normh haix waac se gorngv ninh mbuo dimv cuotv buatac meih nyei m'normh ndung qiemx zuqc zorc siepv, aengx caux ninh mbuo ndie-sai paaiv ziangx heuc longc. Sou-gorn duqv gouv ziangx jaax-zinh liouh maaiz zaanc jaax nyei jaa-dorngx ziux zuqc zorc baengc nyei jauv-luc hnavg oc. Anthem kungx bun sou-gorn beu yietc maengz m'normh nyei jaa-dorngx hnavg se gorngv mv zeiz dimv cuotv gorngv horpc zuqc hietv yi bung cingx muangx duqv haix njiang.

Jaa-dorngx topv m'normh haix waac liouh bun baengc mienh hnyiang-jeiv mv zaaic 21 hnyiangx nyei buonc:

Yiem lorqc njiec Alpine, Amador, Calaveras, El Dorado, Fresno, Inyo, Kings, Kern, Madera, Mono, Sacramento, San Francisco, Santa Clara, Tulare, aengx caux Tuolumne nquenc, saengv zangc doz-leiz duqv paaiv njiec tengx jaa-dorngx topv m'normh haix waac bun baengc mienh hnyiang-jeiv mv zaaic 21 hnyiangx, haaix laanh baengc mienh qiemx longc naaic nyungc jaa-dorngx oix zuqc zoux sou fungx bieqc bun taux California ziux goux fu'jueiv (CCS) nyei kou-gong gorn liouh corngh dunx ndorqc mangc naaic laanh fu'jueiv horpc zuqc bun CCS nyei fai. Se gorngv buatac naaic laanh



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

4 | Fu'loqc nyaanh aengx caux liuc leiz zoux gong

fu'jueiv maaih horpc bouc gaux zipv CCS, CCS oix zuqc beu sou-gorn nyaanh tengx maaz naaic deix jaa-dorngx bun. Se gorngv zaah ndorqc buatc naaic laanh fu'jueiv mv maaih horpc bouc gaux zipv CCS, Anthem oix zuqc beu bun naaic deix jaa-dorngx yiem lorqc njiec Medi-Cal nyei sou-gorn.

Jaa-dorngx topv m'normh haix waac bun taux baengc mienh hnyiang-jeiv buangv 21 hnyiangx faaux mingh.

Yiem njiec Medi-Cal, Anthem oix zuqc bun sou-gorn beu jaa-dorngx topv m'normh haix waac ziux hietv ga'ndiev wuov:

- M'normh zorngh dangh horpc bouc
- Yietc zorngh yunh liouh dapv
- Zaah mangc gorngv jaa-dorngx topv m'normh haix waac wuov longc duqv nyei fai
- Zaah mangc liouh tengx nzaaux aengx caux zorc guinh horpc jaa-dorngx
- Tengx zorc topv m'normh jaa-dorngx waaic nyei ziangh hoc
- Jaa-dorngx daux bieqc topv m'normh aengx caux gaav bun

Yiem njiec Medi-Cal, Anthem oix zuqc beu sou-gorn bun maaz jaa-dorngx topv m'normh a'fai tiuv siang se gorngv buatc:

- lh zanc dimv cuotv buatc meih nyei m'normh ndung mi'aqc caux longc jaa-dorngx topv yaac mv haih laic aqv
- Jaa-dorngx topv m'normh haix waac wuov lai h zite, janx-zaqc nimc, a'fai nauv waaic aengx caux mv haih zorc duqv benx aqv caux mv zeiz meih ba'baac zoux. Meih oix zuqc fiev sou douc bun yie mbuo hiuv gorngv ninh benx hhangv haaix daaih cingx hhangv naaic

Ninh mbuo hlo benx domh mienh hnyiang-jeiv buangv 21 hnyiangx faaux mingh nyei mienh, Medi-Cal mv maaih sou-gorn **beu oc:**

- Tengx tiuv yienc yunh dapv topv m'normh jaa-dorngx

Tengx liuc leiz ziux goux zorc baengc yiem biauv

Anthem maaih sou-gorn beu tengx zorc baengc bun taux baengc mienh yiem biauv zangc ga'nyuoz se gorngv haaix zanc zaah cuotv buatc meih qiex zorc jienv sic baengc aengx caux ninh mbuo domh ndie-sai a'fai borng buoz ndie-sai, goux baengc ndie-sai, a'fai liouc siouv ndie-sai paaiv waac cuotv mbuox.

Ninh mbuo Medi-Cal gouv ziangx waac yiem sou-gorn liouh ziux goux zorc baengc yiem biauv, se maaih:



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nang h bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

- Goux baengc ndie-sai tengx goux zorc baengc yiem biauuv benx nduqc aanx bouc dauh
- Tengx goux mangc yiem biauuv nduqc aanx hhangv
- Zorc beih sin ndie-sai, nanv sin, aengx caux zorc nzuih nyei baengc
- Dorh caux seix zangc mienh
- Ga'naaiv-longc liouh zorc baengc

Ga'naaiv-longc, jaa-dorngx, aengx caux zorc baengc jaa-dorngx

Anthem maaih sou-gorn beu bun zorc baengc jaa-dorngx ziux ninh mbuo domh ndie-sai a'fai borng buoz ndie-sai, goux baengc ndie-sai, a'fai liouc siouv ndie-sai paaiv waac cuotv mbuox. Maaih nyungc baav zorc baengc jaa-dorngx maaih sou-gorn beu yiem caux Medi-Cal Rx, ziux yiem Cingv Zoux Gong (FFS) Medi-Cal, aengx caux mv zeiz yiem caux Anthem. Haaix nyungc jaa-dorngx dugh Medi-Cal Rx beu sou-gorn bun nyei buonc, ninh mbuo zorc baengc gong-mienh oix zuqc siou nyaanh caux Medi-Cal.

Medi-Cal mv maaih sou-gorn **beu bun:**

- Huov jaa nyei ga'naaiv-longc, naanh gorngv mv zienz bun muangx:
 - Ga'naaiv-nyiouh (yietc zungv ga'naaiv-nyiouh)
 - Diuv piuz nzaatv
 - Nzaatv hmien mbuonv
 - Buic-ndunh caux buic-dih
 - Mbuonv
 - Zeiv-mau-ndorn
 - Witch hazel
- Tipv bun goux huov jaa nyei huoz, naanh gorngv mv zienz bun muangx:
 - Petrolatum baeqc
 - Nzaatv sin yiouh caux wuom
 - Talc zorpc caux talc huoz-muotc
 - Oxidizing benx hydrogen peroxide ndie-wuom
 - Carbamide peroxide caux sodium perborate
- Muiz m'nqorngv ndie
- Naaiv deix huoz dugh zorpc peuz caux benzoic aengx caux salicylic acid mueix-nzing, salicylic acid bomh, benx mueix-nzing a'fai wuom, aengx caux zinc oxide paste
- Corc zoix maaih da'nyeic nyungc huoz dugh mv zeiz longc tengx zorc baengc nyei ga'naaiv, aengx caux mv zeiz longc goux ndorm zinh nziouv hmuangx tengx zorc baengc bun baengc mienh nyei jauv-louc



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungu ndorm taux 7 dimv lungu muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Zorc corngz nanv sin zangc henv

Anthem maaih sou-gorn beu bun taux nanv sin zorc baengc caux tengx zaah ndorqc hlaau mangc nanv sin zorc baengc heng ndongc haaix, mbenc jauv-louc zorc baengc, tengx njiaaux waac, tengx zorc baengc, aengx caux daav za'eix mbuox zorc baengc. Ninh mbuo gouv ndorqc ziangx zorc baengc nanv sin bun baengc mienh yietc hlaax nyieqc 2 nzunc, naaiv deix gong horpc zuqc juangc caux nziepv sim-nqaai, zorc zauz, nan sic, aengx caux zorc nzuih nyei gong (Fu'jueiv-caan hnyiang-jeiv mv zaaic 21 hnyiangx mv duqv zipv oc). Anthem se gorngv qiex zuqc zorc jienv sic baengc tipv nor nzunc baav oix zuqc duqv zipv jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun).

Caengz zauz/zaengz hieh zauz

Anthem maaih sou-gorn beu tengx zoux jaa-dorngx caengz zauz aengx caux zaengz heih zaux bun taux baengc mienh qiex zorc jienv sic baengc aengx caux buac ninh mbuo domh ndie-sai, zorc zauz ndie-sai, nyaah zangc, a'fai zoux gong nyei mienh paaiv heuc longc. Ninh mbuo horpc zuqc tengx topv m'normh nyei jaa-dorngx, hietv hieh nyorz/zuqv borng nyorz lui liouh baengc mienh benx baengc-waac yiem nyorz, lui borng douz hluqv, aengx caux jaa-dorngx dauz topv bun ziangh longx a'fai tiuv waac nyei dorngx, a'fai caengz biaac a'fai guinh bieqc ndongc lox.

Nzunx jaangh aengx caux nzunx hieh mbeu

Anthem maaih sou-gorn beu bun dapv nqaiv mbuoqc, bungz yiez jaangh, dapv wuom-waac mbuoqc, louc wuom jaa-dorngx aengx caux ga'naaiv-nyiouh liouh nitv Naaiv deix jaa-dorngx mv lemh maaiz suangx-beu a'fai ga'naaiv, a'fai jaa-dorngx jaaiz nyei buonc.

Zorc ga'nyiec beih sin baengc

Anthem maaih sou-gorn beu taux zorc jienv sic baengc yiem beih sin baengc, lemh tengx gouv ndorqc hlaau mangc beih sin baengc longx ciouv ndongc haaix, mbenc jauv-louc zorc baengc, zorc baengc, njiaaux waac bun muangx, daav za'eix mbuox, aengx caux longc ndie neqv zorc baengc.

Zorc piom waac nyei baengc

Anthem maaih sou-gorn beu zorc piom omx baengc aengx caux ziux domh ndie-sai paaiv cuotv nyei waac.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Maaih buoz-dauh zorc baengc nyei dorngx

Anthem maaih sou-gorn beu taux baengc mienh bieqc zorc baengc yiem maaih buoz-dauh yaauc zorc baengc nyei dorngx beiv hhangv meih benx waac fangx mienh aengx caux qiex zuqc longc hnyiouu tengx goux zorc baengc. Ninh mbuo oix zuqc mbenc ziangx dorngx bun bueix dingh aengx caux wuix lai hnaangx yiem goux baengc dorngx dauh yiem 24 norm ziangh hoc.

Zorc nzuih waac gorngv waac mv mbui

Anthem maaih sou-gorn beu bun zorc nzuih waac gorngv waac mv mbui nyei baengc. Ninh mbuo gouv ndorqc ziangx zorc baengc nanv sin bun baengc mienh yietc hlaax nyieqc 2 nzunc, naaiv deix gong horpc zuqc juangc caux nziepv sim-nqaai, zorc zauz, aengx caux nanv sin zorc baengc. Gouv ziangx bouc soux mv bun dorh longc caux fu'jueiv hnyiang-jeiv mv zaaic 21 hnyiangx nyei buonc. Anthem se gorngv qiex zuqc zorc jienv sic baengc tipv nor nzunc baav oix zuqc duqv zipv jaa-nziouu tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun).

Tengx tiuv zorc benx naamh fai nyiouz nyenh

Anthem maaih sou-gorn beu bun tiuv sin benx naamh fai nyiouz nyenh nyei gong (zoux sou-gorn beu gorngv benx naamh fai nyiouz) yiem njiec haaix zanc butv baengc qiex jienv sic zorc a'fai ninh mbuo maaih horpc bouc ziux doz-leiz bun paaix tiuv sin zangc.

Zorc baengc zaamc seix nyungc zeiv baengc

Anthem maaih sou-gorn beu bun ndorm zinh nziouu hmuangx zorc baengc nyei baengc mienh se gorngv ninh laengz caux ninh mbuo seix nyungc zeiv baengc, lemh dimv lorz kaen ser baengc, ziux meiv guoqv goux baengc zingh mbuoz-daan hietv yiem njiec naaiv <https://clinicaltrials.gov>. Medi-Cal Rx, caux FFS Medi-Cal, duqv bun sou-gorn beu yietc buonc ndie liouh mingh nzuonx nyei baengc mienh. Se gorngv oix hiuv waac-fienx tipv, doqc mangc yiem "bun ndie liouh mingh nzuonx nyei baengc mienh zorc baengc" hietv yiem naaiv buonv sou.

Tengx ziux goux dimv nziaamv aengx caux ziux fangx

Anthem maaih sou-gorn beu bun bueix zorc baengc nyei mienh aengx caux mingh nzuonx zorc baengc nyei mienh tengx dimv nziaamv aengx caux ziux X-ray fangx yiem



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungu ndorm taux 7 dimv lungu muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

zorc baengc jauv-louc. Longc siang jaa-sic tengx ziux fangx dimv baengc beiv taux zoux CT scans, MRI, aengx caux PET scans, se maaih sou-gorn beu bun zorc jienv sic nyei baengc.

Goux nqaeqv baengc aengx caux goux heng-wangc longx henv caux gunv goux taux baengc-ngaaiz

Anthem beu sou-gorn bun:

- Nziepv nqaeqv wuon-baengc ndie (ACIP) ziux nanv sic mbuox nziepv nyei mbungh baengc ndie
- Tengx ziux goux taux maaih gu'nguaaz saa maqc
- Ziux naaiv meiv guoqv njaaux horqc zorc gu'nguaaz baengc liouh zinh hoz maaih njiang laangc mbuox taux nyei waac (https://downloads.aap.org/AAP/PDF/periodicity_schedule.pdf)
- Jaa-ndaangc zaah dimv mbungh gu'nguaaz baengc (ACE)
- Goux nqaeqv taux butv haa tauv qiez kuonx nyei baengc
- Tengx nqaeqv baengc bun m'sieqv dorn ziux naaiv norm meiv guoqv horqc dorngh njiaaux hoqc yungz gu'nguaaz caux hoqc zorc baengc mbuox nyei waac
- Ninh mbuo corc tengx guangc in-mbiaatc, maaih mbuoz heuc tengx guangc ndutv in-mbiaatc
- Meiv guoqv nyei nanv sic mienh goux taux nqaeqv baengc jauv-louc yiem lorqc njiec A caux B wuov nzangh gong heuc oix zuqc goux nqaeqv baengc jauv-louc

Tengx ziux goux taux maaih gu'nguaaz saa maqc

Tengx ziux goux taux maaih gu'nguaaz yiem sin saa maqc se benx yietc nyungc gong tengx taux ninh mbuo nin-dornq ziepc betv nyei mienh duqv sienv gorngv oix dorh fu'jueiv camv zoqc ndongc haaix aengx caux leih doic saa maqc ndongc haaix. Naaiv deix gong-bou jauv-louc se duqv zorpc nzoih yietc zungv goux taux maaih gu'nguaaz saa maqc nyei gong ziux ninh mbuo hung haa goux lai hnaangx caux ndie nyei gorn zangc (FDA) nqoi nzuih bun meih waac. Anthemduqv mbenc ziangx PCP caux OB/GYN liouc siouv ndie-sai tengx ziux goux taux maaih gu'nguaaz saa maqc nyei gong bun.

Se gorngv qiemx zuqc heuc tengx ziux goux taux maaih gu'nguaaz yiem sin saa maqc, meih oix zuqc sienv Medi-Cal domh ndie-sai a'fai njioux baengc zaamc dugh mv zeiz maaih mbuoz yiem ga'ngyuoz gorn zangc doic caux Anthem yaac mv zuqc heuc Anthem jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun). Se gorngv meih mingh lorz zorc baengc dugh mv zeiz tengx ziux goux taux maaih



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

gu'nguaaz yiem sin saa maqc nyei gong yiem caux ga'hlen nzuqc maengz ziqc gorn zangc doic nyei ndie-sai, ninh mbuo mv tengx sou-gorn beu taux naaic deix gong oc. Se gorngv oix hoqc hiuv waac-fienx tipv, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.

Gunv goux taux butv lauh ndaauv baengc-ngaaz

Anthem maaih sou-gorn beu kou-gong gorn liouh gunv goux taux butv lauh ndaauv baengc-ngaaz ziux neqv zoux ga'ndiev deix gong:

- Nziaamv-gaam baengc
- Mba'nziu baengc caux mba'nziu-jaan waaic
- Hnopv tauv qiez kuonx

Se gorngv qiemx zuqc muangx waac-fienx mbuox taux nqaeqv baengc jauv-louc bun baengc mienh dugh maaih hnyiang-jeiv mv zaaic 21 hnyiangx nyei mienh, doqc mangc yiem da'5 ginc sou, "Ziux goux zorc fu'jueiv aengx caux wangc siangx henv" hietv yiem naaiv buonv sou.

Kou-gong gorn tengx goux nqaeqv taux butv nziaamv-gaam baengc

Naaiv norm Kou-gong gorn tengx goux nqaeqv taux butv nziaamv-gaam baengc (DPP) se benx yietc norm kou-gong gorn tengx tiuv maengc ziangh. Naaiv norm kou-gong gorn liepc ziangx 12 hlaax nyieqc bouc dauh liouh neqv tengx tiuv maengc ziangh. Ninh mbuo liepc mbenc ziangx goux nqaeqv nziaamv-gaam baengc nyei jauv-louc a'fai donv mv bun butv hniv jhex da'2 horngh nziaamv-gaam baengc bun taux zinh ndaangc dimv cuotv buatac butv jhex nziaamv-gaam baengc nyei mienh. Haaix deix mienh maaih horpc bouc gaux naaiv deix ndaauv-ndorqc jauv-louc corc haih maaih horpc bouc gaux tengx yiem da'nyeic norm hnyiangx. Naaiv norm kou-gong gorn tengx njiaaux goux nqaeqv baengc nyei jauv aengx caux juangc doic goux mangc. Liuc leiz zoux yietv nyeic gong, naanh gorngv mv zienz bun muangx:

- Liepc ziangx sai-diez njiaaux waac
- Njiaaux heuc ga'ganh hnavg haaix zinh mangc baengc mbiangx sin aengx caux hnavg haaix zorc
- Tengx za'eix aengx caux wuih waac nzuonx bun hiuv
- Dorh waac-fienx bun muangx liouh tengx leic leiz zoux ziux hnyiouh hnamv ziangx wuov
- Ndorm zinh nziouv hmuangx a'louc nzaengc hniv-souz liouh zoux taux nzoih ziux hnyiouh hnamv ziangx wuov



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung hndorm taux 7 dimv lung muonx. Naaiv se wangv hen huc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Baengc mienh oix zuqc maaih horpc bouc gaux ziux gouv ziangx nyei leiz cingx duqv bieqc DPP. Mborqv finx lorz Anthem liouh muangx waac-fienx mangc gaax meih maaih puix-juang gaux bieqc naaiv norm kou-gong gorn nyei fai.

Tengx liuc leiz zorc buonh sin longx henv

Anthem maaih sou-gorn beu bun paaix zorc baengc yiem haaix wuonc tuix setv dorngx a'fai puix yuonh haaix wuonc sin zangc dorngx tengx zorc nzueic a'fai hietv siang liouh zoux gong longc duqv hnangv lox. Yiem sin zangc dugh maaih haaix wuonc dorngx tuix setv mv doix diuc ziux torqv saeng benx daaih, waac fangx mv haih hlo, zuqc mun, nyiez zuqc baengc hoic, orv-mbiaenz cuotv, butv baengc hoic, a'fai nyanc ndie zorc baengc zoux hoic zuqc waac sin zangc, beiv taux paaiz zorc nyorz. Gouv ziangx bouc soux aengx caux cih cuotv mv bun longc.

Tengx zaah dimv ndorqc mangc taux buov yongh in congz waaic nyei gong

Anthem beu sou-gorn bun:

- Dimv ndorqc taux hopv diuv caux buov yongh in, hlaau funx, zoux goux zorc baengc, aengx caux zoux sou fungx baengc mienh mingh zorc baengc (SABIRT)

Se gorngv oix longc tengx zorc taux naaiv deix baengc nor ninh mbuo nguenc zangc maaih sou-gorn beu bun mi'aqc, doqc mangc yiem “tengx liuc leiz ziux goux zorc buov ga'naaiv congz waaic nyei baengc” yiem naaiv buonv sou.

Fu'loqc nyaanh liouh tengx zorc m'zing

Anthem beu sou-gorn bun:

- Ziux bouc dauh ziangh hoc oix zuqc mingh ndorqc m'zing yiem 24 hlaax nyieqc yietc baan; ninh mbuo maaih sou-gorn beu bun benx nziaamv-gaam baengc nyei mienh horpc zuqc mingh ndorqc m'zing maqc
- Oix zuqc maaih zorc baengc ndie-daan bun daiah oix zuqc bun ndorqc japv muoc-ziuz yiem 24 hlaax nyieqc bouc dauh (lemh muoc-ziuz buoz caux muoc-ziuz nganh)
- Ziux ninh mbuo gouv ziangx nyei bouc dauh liouh yiem njiec 24 hlaax oix zuqc tiuv muoc-ziuz-nganh yietc baan a'fai se gorngv meih muoqv muoc-ziuz nganh laaih, janx-zaqc nimc, a'fai huv liuz mv haih zorc duqv aqv, aengx caux buatc mv zeiz meih ba'baanc zoux. Meih oix zuqc bun sou daaih mbuox yie mbuo hiuv gorngv



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

weic laaix haaix nyungc jauv-louc muoc-ziuz nganh laaih, janx-zaqc nimc, a'fai huv.

- Beiv hngangv meih nyei m'zingh waaic mv njiaang yiem ndorm zingh nziouv hmuangx mangc mv buac goux yiem-laamz jauv-louc (beiv taux ga'nyuoz m'zingh nganh gingz waaic nyei baengc) aengx caux muoc-ziuz, dapv contact lenses, nyanc ndie zorc baengc, a'fai paaix zorc m'zingh yaac mv haih njiang nor ninh mbuo a'zuqc tengx jaa-dorngx bun m'zing waaic nyei mienh dangh.
- Tengx butv baengc mienh dapv contact lenses. Se gorngv buac naaic laanh mienh maaih baengc dangh mv duqv muoc-ziuz (mv maaih m'normh kuaix muc-ziuz-buoz) ninh mbuo maaih sou-gorn beu bun tengx ndorqc mangc contact lenses aengx caux dapv contact lenses bun oc. Haaix laanh mienh maaih baengc dungx horpc zuqc bun lengc jeiv dapv contact lenses bun nyei buonc se maaih, naanh gorngv mv zienz bun muangx, m'zing-ginz biotc, m'zing-nganh tong, aengx caux m'zing-gingz njiouc pien.

Tengx nyaanh cingv cie tengx tor mingh zorc baengc dungx mv zeiz njioux jepv sih baengc hiuang

Se gorngv meih qiemx zuqc longc cie tor mingh zorc baengc dungx mv zeiz yangh cie-doc, cie-ndaav, cie-douz, a'fai jauv zangc cie-cingv liouh lorz ndie-sai tengx zorc baengc mv baac meih corc haih duqv bun cie tor nyei oc. Ninh mbuo maaih sou-gorn beu bun dorh cie tor mingh zorc baengc caengx caux Medi-Cal beu sou-gorn bun zorqv ndie. Meih tov taux ninh mbuo domh ndie-sai, nyaah zangc, zorc zauz nyei ndie-sai, a'fai zorc crongh zingh baengc ndie-sai a'fai zorc buangc yong-in ndie-sai tengx lorz cie tor. Naaiv laanh zorc baengc ndie-sai hiuv duqv lorz haaix hoc cie cingx puix zuqc meih.

Se gorngv meih haix ga'ganx qiemx zuqc longc cie tor mingh zorc baengc, ninh mbuo oix zuqc bun sou-daan mingh fiev ndaangc aengx caux fungx bieqc bun taux Anthem. Haaix zanc ninh mbuo nqoi nzuih bun liuz, oix zuqc ziux meih nyei baengc ndorqc, nzunc baav longc naaic zeiv sou lauh ndaav taux 12 hlaax nyieqc bouc dauh. Haaix zanc ninh mbuo nqoi nzuih bun liuz naaic zeiv sou, meih mingh nzuonx duqv camv-nzunc nyei oc. Ninh mbuo domh ndie-sai oix zuqc tengx dimv ndorqc mangc jhex meih nyei baengc corc qiemx zuqc longc cie tor mingh zorc baengc ndongc haaix lauh aengx caux, se gorngv buac horpc zuqc tengx nor, haaix zanc lox-sou-gorn dorng ziangh hoc liuz ninh mbuo oix zuqc ganx nqoi nzuih bun siang-sou. Nzunc baav domh ndie-sai horpc zuqc ganx nqoi nzuih bun cie tor mingh zorc baengc benx da'nyeic baan 12 hlaax nyieqc daav njiec.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henx heuc oc. A'fai mborqv finx lorz taux California Relay-nangx bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

4 | Fu'loqc nyaanh aengx caux liuc leiz zoux gong

Cie tor mingh zorc baengc se lemh yangh cie tor zorc jiepv sih baengc hiuang ambulance cie, cie-nqunz maaih couz-nzipv, cie-nqunz maaih eiv fongv, a'fai cie-ndaix. Anthem nqoi nzuih bun longc zaanz jaax nyei jauv-louc liouh tor mingh zorc baengc ziux baengc zingh ndorqc funx gorngv horpc zuqc haaix horngh jauv. Zoux guv yienh bun mangc, beiv hngangv meih butv ga'nyiec beih sin baengc hoic a'fai qiex zuqc longc cie-nqunz maaih eiv fongv nyei buonc, Anthem yaac mv zuqc cingv ambulance cie tor. Beiv hngangv meih maaih baengc kouv mv horpc zuqc bun longc cie-ndaix tor nor meih maaih leiz beu tor yangh cie-ndaix.

Meih haih duqv zipv tor mingh zorc baengc se gorngv buatc:

- Domh ndie-sai a'fai zoux gong zorc baengc nyei mienh bun sou daaih mbuox gorngv meih benx ga'nyiec beih sin baengc hniv a'fai baengc kouv haic mv horpc zuqc bun cie-doc, cie-ndaav, cie-douz, a'fai saeng-eix cie tengx tor weic laaix haih ndanc dongz zuqc baengc kouv faaux
- Se gorngv buatc meih benx ga'nyiec beih sin baengc a'fai butv corngv zingh baengc hoic zuqc waaic fangx nor ninh mbuo oix zuqc lorz niouv cie mienh tengx tor mingh zorc baengc aengx caux tor nzuonx, bun cie tor

Se gorngv qiex zuqc longc cie tor mingh zorc baengc ziux domh ndie-sai duqv bun sou heuc liouh cie zorc ndorm zinh nziouv hmuangx baengc (ziux lox nyei bouc dauh) mv zeiz jiepv zeh baengc wuov, mborqv finx llorz taux Anthem yiem njiec naaiv **1-800-224-0336 (TTY 711) a'fai 1-877-931-4755 (TTY 866-288-3133)** mv ngaih jhex biao norm zoux gong hnoi daav njiec (leiz-baaix yietv-leiz-baaix hmz) ndaangc taux dunx ziangh hoc. Se gorngv benx lemh zeh baengc, gaanv jien sin liuc leiz mborqv finx lorz siepv ndongc haaix yaac duqv. Haaix zanc qiex zuqc mborqv finx lorz Anthem oix zuqc jaa-nziouv mbenc ziangx ID hmien-mueic fnagx ndaangc oc.

Gouv ziangx bouc soux liouh bun cie tor mingh zorc baengc

Anthem oix zuqc ziux baengc corngv mangc hniv heng ndongc haaix liuz cingv zaanc jaax jauv-louc liouh tor mingh zorc baengc caux zorc baengc ndie-sai yiem nitv meih fatv nyei dorngx. Se gorngv maaih haaix deix zorc baengc gong dungh Medi-Cal mv maaih sou-gorn beu taux nyei buonc, a'fai mv zeiz Medi-Cal sou-gorn beu bun nyei ndie nor meih yaac mv duqv zipv tengx taux. Ninh mbuo mbenc ziangx mbuoz-daan bun mangc ziux sou-gorn beu bun nyei buonc gong yiem naaiv "Fu'loqc nyaanh caux zorc baengc gong" hietv yiem naaiv buonv sou-guv da' 4 ginc.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungv ndorm taux 7 dimv lungv muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

4 | Fu'loqc nyaanh aengx caux liuc leiz zoux gong

Beiv hngangv Medi-Cal bun sou-gorn beu nyei buonc gong mv duqv beu nzoih ziux beu heng-wangc nyei sou-gorn, Anthem yaac mv bun sou-gorn beu taux cie tor mingh zorc baengc oc, ninh mbuo kungx tengx Medi-Cal dux cie tor hngangv oc. Se gorngv mv ziez jaa-nziouv duqv zipv nqoi nzuih waac yiem caux Anthem ndaangc nor ninh mbuo mv bun sou-gorn beu taux cie tor mingh zorc baengc yiem ga'hlem nzuqc maengz ziqc Anthemnyei gorn zangc doic d'fai gunv taux nyei deic. Se gorngv oix hiuv waac-fienx tipv d'fai qiexx zuqc tov taux cingv cie tor mingh zorc baengc, mborqv finx lorz taux Anthem yiem njiec naaiv **1-800-224-0336 (TTY 711)** d'fai **1-877-931-4755 (TTY 866-288-3133)**.

Baengc mienh ndortv nyaanh cingv

Se gorngv haaix zanc Anthem duqv tengx liuc leiz lorz cie tengx tor nor baengc mienh mv zuqc ndortv nyaanh oc.

Hhngangv haaix lorz cie tengx tor mingh mv zeiz liouh zorc baengc

Se gorngv meih ganh mv maaih cie mingh lorz buangh ndie-sai nyei ziangh hoc ziux Medi-Cal bun sou-gorn beu nyei buonc gong wuov, ninh mbuo horpc zuqc tengx lorz cie tor mingh caux tor nzuonx. Haaix zanc meih lorz nzengc mv maaih da'nyeic nyungc javv haih mingh lorz duqv zaac naaic norm dorngx nor meih se duqv wangv henh tor mv zuqc ndortv nyaanh dungh maaih:

- Ninh mbuo ndie-sai nqoi nzuih bun ziangx nyei waac liouh lorz cie tor mingh caux tor nzuonx ziux Medi-Cal beu zorc baengc gong wuov, d'fai
- Mingh zorqv ndie aengx caux ga'naaiv-longc

Anthem nqoi nzuih bun meih yangh cie, yangh cie-cingv, yangh cie-ndaauv, d'fai javv zangc saeng-eix cie d'fai si'jeiv cie liouh mingh lorz zorc baengc ziux Medi-Cal sou-gorn beu bun nyei buonc gong. Anthem oix zuqc beu bun cingv zaanc jaax nyei cie liouh tor mingh mv zeiz zoux zorc baengc gong ziux meih qiexx zuqc longc haaix horhgh cie. Se gorngv meih bieqc saeng-eix javv zangc cie nor maaih nzunc baav, Anthem corc d'zuqc jaauv nzuonx (tuix nzuonx) bun meih. Anthem oix zuqc nqoi nzuih bun ndaangc meih cingx mingh.

Meih oix zuqc mbuox tong yie mbuo hiuv gorngv weic laaix haaix nyungc hoic zuqc cingx mv ahih lorz mv duqv cie mingh, d'fai gan javv nzangc cie-ndaauv. Meih mborqv finx lorz, fungx email, d'fai dorng hmien mbuox yie mbuo yaac duqv oc. Beiv hngangv meih lorz duqv zaac cie geh d'fai dorh ga'ganh nyei cie niouv mingh lorz zorc baengc,



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Anthem mv jaauv nyaanh nzuonx bun oc. Ninh mbuo tengx taux naaiv deix nyaanh se kungx liouh haaix laanh baengc mienh lorz mv zaac cie geh nyei mienh hngv oc.

Se gorngv oix zuqc ziux jauv-bouc ndorqc funx liouh jaauv nyaanh nor, meih oix zuqc dorh niouv cie mienh nyei sou-gorn aamx bun:

- Niouv cie sou,
- Bieqc cie-sou nyei nam mber, aengx caux
- Maaih beu cie sou-gorn

Se gorngv oi xtov heuc tengx lorz cie bun geh mingh zorc baengc ziux beu sou-gorn bun nyei buonc jauv-louc, mborqv finx lorz taux Anthem a'fai **1-877-931-4755 (TTY 866-288-3133)** jaa-nziouv oix zuqc mbuox ndaangc mv zaih jiex biao norm zoux gong hnoi (leiz-baaix yietv taux leiz-baaix hmz) a'fai haaix zanc hiuv taux ziangh hoc liuz gaanv jien sin liuc leiz mbuox siepv ndongc haaix yaac gauh yaauc. Haaix zanc qiex zuqc mborqv finx lorz Anthem oix zuqc jaa-nziouv mbenc ziangx ID hmien-mueic fngx ndaangc oc.

Mbuox jangx-fim waac: Meiv guoqv janx Indian corc maaih ninh mbuo ganh nyei Indian zorc baengc ndie-sai tengx liuc leiz lorz cie mingh mv zeiz zorc baengc jauv-louc nyei oc.

Gouv ziangx bouc soux liouh bun cie tor mingh mv zeiz zorc baengc jauv-louc gong

Anthem oix zuqc ziux baengc corng h mangc hniv heng ndongc haaix liuz cingv zaanc jaax jauv-louc liouh tor mingh mv zeiz lorz zorc baengc jauv-louc gong yiem nitv meih fatv nyei biao uv. Baengc mienh niouv ga'ganh nyei cie mingh a'fai geh cie mingh mv zeiz lorz zorc baengc nyei jauv-louc gong nor ninh mbuo mv jaauv nyaan nzuonx bun. Se gorngv oix muangx waac-fienx tipv, mborqv finx lorz taux Anthem yiem njec naaiv **1-800-224-0336 (TTY 711)** a'fai **1-877-931-4755 (TTY 866-288-3133)** mv zaih jiex biao norm zoux gong hnoi (leiz-baaix yietv-leiz-baaix hmz) ndaangc taux dunx ziangh hoc.

Ninh mbuo mv tengx cie torh dung h mv zeiz lorz zorc baengc jauv-louc se gorngv buatc:

- Longc ambulance cie, cie-nqunz maaih couz-nzipv, cie-nqunz maaih eiv fongv, a'fai da'nyeic nyungc cie tor mingh lorz zorc baengc mv zeiz ziux Medi-Cal sou-gorn beu bun nyei buonc gong wuov
- Se gorngv meih maaih baengc hoic a'fai baengc kou v qiex zuqc longc niouv cie mienh tengx tor mingh caux tor nzuonx biao uv, qiex longc cie tor
- Meih horpc zuqc bieqc zueix eiv fongv aengx caux ga'ganh mv haih tuix sin bieqc caux cuotv oix zuqc heuc niouv cie mienh tengx liuc leiz goux



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung h muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nang h bun mangc Line yiem njec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

- Medi-Cal mv maaih sou-gorn liouh beu bun naaiv deix gong oc

Baengc mienh ndortv nyaanh cingv

Se gorngv haaix zanc Anthem tengx liuc leiz lorz cie tor mingh mv zeiz zoux zorc baengc nyei gong meih mv zuqc ndortv nyaanh.

Dipc nyaanh liouh longc yangh javv mingh daaih

Maaih haaix nzunc, se gorngv meih duqv mingh lorz ndie-sai tengx zorc baengc leih biauuv go wuov, Anthem beu sou-gorn cingv cie, wuix lai hnaangx, dorngx bueix, aengx caux da'nyeic diuc javv-louc beiv taux dingh cie, cingv javv jiex. yangh javv liouh mingh daaih nyei buonc yaac zuqc beu bun taux ga'hlen mienh dorh meih mingh lorz buangh zorc baengc a'fai naaic laanh mienh nyei cie-zinh liouh dorh ga'nyuoz sin zangc ga'naaiv fongc meih tiuv siang wuov. Beiv hnavg qiemx zuqc heuc jaa-nziouv tov nqoi nzuih waac ndaangc (jaa-ndaangc nqoi nzuih bun) liouh bun zoux zorc baengc gong nor lorz taux Anthem yiem njiec naaiv **1-800-224-0336 (TTY 711)** a'fai **1-877-931-4755 (TTY 866-288-3133)**.

Tengx ziux goux zorc nyaanh

Se gorngv haaix deix mienh yiem lorqc zuqc Sacramento nquenc, Medi-Cal oix zuqc heuc longc gunv goux taux zorc baengc nyei nyaah zangc tengx goux zorc nyaanh. Meih oix zuqc faaux mbuoz bieqc norm beu gunv goux taux zorc baengc nyei sou-gorn ndaangc. Se gorngv oix hiuv waac-fienx tipv, bieqc lorz mangc yiem Health Care Options yiem njiec naaiv <http://dhcs.ca.gov/mymedi-cal>. Se gorngv oix sienv javv-louc bieqc sou-gorn a'fai tiuv beu zorc nyaanh sou-gorn, mborqv finx lorz taux Health Care Options yiem njiec naaiv 1-800-430-4263. Dongh zanc juangc norm bouc dauh ziangh hoc ninh mbuo mv bun zoux yietc dorh mbuoz bieqc PACE a'fai SCAN sou-gorn caux beu taux zorc nyaah sou-gorn oc.

Medi-Cal maaih sou-gorn beu zorc nyaah javv-louc, lemh jienv:

- Dimv ndorqc mangc nyaah aengx caux goux nqaeqv longx nyaah liouh ziux ndorqc dimv mangc nyaah waaic, ziux X-rays fangx, aengx caux nzaaux nyaah hui guangc
- Jiepv sih tengx njioux donv nyaah mun baengc
- Baengc nyaah
- Zotv nyaah kuotv
- Zorc nyaah nzungh (ga'nyuoz bung/ga'nyiec maengz)
- Buang nyaah (yietc sung nzuih/dimv baengc seix ndaangc)



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungu ndorm taux 7 dimv lungu muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

- Zorc taanz puix fih ndongc aengx caux mbenc zorc nyaah nzungh
- Zoux yietc sung nyaah zorngh aengx caux zoux nyaah zorngh fam bieqc
- Naeqc nyaah fih mbaengc bun fu'jueiv maaih horpc bouc gaux nyei buonc
- Nzaatv fluoride

Se gorngv haaix deix mienh yiem lorqc njiec LA caux Sacramento nquenc nyei buonc, beiv hngangv maaih waac qiemx naaic a'fai oix hiuv waac-fienx tipv taux tengx liu leiz zorc nyaah nyei gong aengx caux oix dorh mbuoz bieqc yiem naaiv norm sou-gorn gunv goux taux zorc baengc jauv-louc, mborqv finx lorz taux gunv goux beu zorc nyaah nyei gorn dorngx.

Anthem corc maaih sou-gorn beu taux da'nyeic nyungc fu'loqc aengx caux maaih da'nyeic norm kou-gong gorn tengx

Zoux bou goux mangc aengx caux ziux goux zorc baengc yiem lauh ndaauv bouc dauh ziangh hoc

Anthem maaih sou-gorn beu bun baengc mienh dugh maaih horpc bouc gaux horpc nyei buonc, liouh zipv ziux goux zorc baengc yiem lauh ndaauv bouc dauh ziangh hoc aengx caux maaih bou goux mangc yiem njiec zorc baengc dorngx a'fai yiem biauv ziux ga'ndiev hoc gong:

- Ziux goux yiem zorc baengc dorngx dauh ziux Anthem nqoi nzuih bun wuov
- Ziux goux zorc baengc yiem jiepv zaih baengc kouv nyei dorngx (lemh domh mienh caux fu'jueiv dorngx) ziux Anthem nqoi nzuih bun wuov
- Anthem nqoi nzuih bun zorc baengc yiem ndaamh bouc zorc baengc dorngx, lemh nzoih:
 - Ziux goux zorc zong baan baengc nyei bouc dauh dorngx/goux waac fangx mv hlo siepv nyei dorngx (ICF/DD)
 - Ziux goux zorc zong baan baengc nyei bouc dauh dorngx/goux waac fangx mv hlo siepv nyei dorngx tengx corngz zorc bun henv (ICF/DD-H)
 - Ziux goux zorc zong baan baengc nyei bouc dauh dorngx/goux waac fangx mv hlo siepv nyei dorngx tengx fioux baengc mienh (ICF/DD-N)



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungu ndorm taux 7 dimv lungu muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Beiv hnavgv meih maaih horpc bouc gaux zipv ziux goux zorc baengc yiem lauh ndaav bouc dauh ziangh hoc, Anthem oix zuqc suiv meih mingh bieqc yiem zorc baengc dorngx dauh a'fai bieqc biauv liouh tengx ziux goux zorc baengc puix horpc javv-louc.

Beiv hnavgv meih maaih waac qiemx zuqc naaic taux ziux goux zorc baengc yiem lauh ndaav bouc dauh ziangh hoc, mborqv finx lorz taux **1-800-407-4627 a'fai lorz taux gunv goux sou-gorn nyei dorngx ziux naaiv (TTY 711)**.

Jaa-nziouv jiej gorn gunv goux taux zorc baengc javv-louc

Ninh mbuo haix oix bun camv-norm dorngx nyei ndie-sai tengx zorc baengc a'fai camv-norm zorc baengc gorn zangc yaac nyauv haic. Anthem liepc ziangx hnyiouv oix bun yietc zungv baengc mienh duqv zipv ziux goux zorc jienv sic nyei baengc nzoih nzengc, duqv ndie zorc baengc, caux ziux goux zorc corng h zingh baengc. Anthem haih wangv henh tengx liuc leiz dauh doic lorz ndie-sai tengx zorc baengc bun aengx caux gunv goux taux heng-wangc. Ninh mbuo haih tengx liuc leiz mbenc bun da'nyeic norm kou-gong gorn ziux sou-gorn beu nyei gong baengc.

Se gorngv meih bieqc bueix zorc baengc yiem ndie-dorng h cuotv daaih a'fai mingh zorc baengc yiem ganh norm zorc baengc dorngx nor ninh mbuo a'duqv gouv ndorqc buac gorngv hnavgv haax tengx liuc leiz zorc baengc bun meih. Yiem naaiv deix javv-louc Anthem haih tengx liuc leiz bun meih:

- Beiv hnavgv meih maaih dorngx nyauv taux dux ziangh hoc liouh mingh zorc baengc a'fai zorqv ndie yiem meih zorc baengc dorngx liuz, Anthem haih tengx liuc leiz duqv nyei oc.
- Se gorngv meih qiemx zuqc longc mienh dorh mingh dorng hmien dux ziangh hoc zorc baengc, Anthem haih tengx liuc leiz lorz cie tor mingh mv zuqc ndortv nyaanh cingv.

Beiv hnavgv meih maaih waac qiemx zuqc naaic a'fai maaih dorngx nyauv taux baengc zingh nyei sic a'fai fu'jueiv nyei baengc, mborqv finx lorz taux **1-800-407-4627 a'fai lorz taux gunv goux sou-gorn dorngx ziux naaiv (TTY 711)**.

Gunv goux taux zorc camv-nyungc lorpc zorpc baengc (CCM)

Haax deix baengc mienh butv benx camv-nyungc lorpc zorpc nor horpc zuqc longc gorqv-zeic ndie-sai guai liouc wuov tengx zorc baengc caux doic. Anthem duqv bun tengx gunv goux zorc taux camv-nyungc lorpc zorpc baengc nyei gong (CCM) bun



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

baeqc fingx, naanh gorngv mv zienz bun muangx aqv: fu'jueiv qiex zuqc heuc gorqv-zeic goux zorc baengc, maaih gu'nguaaz yiem sin nyei mienh caux ndutv sin liuz, baengc mienh duqv zipv tengx taux LTSS, baengc mienh butv nyutv zeiv baengc zuov daic nyei mienh (ESRD), baengc mienh zuov tengx tiuv ga'nyuoz nyei ga'naaiv, baengc mienh butv benx corngx zingh baengc a'fai buov ga'naaiv congz waaic, aengx caux baengc mienh butv lauh ndaav baengc-ngaaiz hoic

Beiv hngv meih duqv dorh mbuoz bieqc yiem caux CCM a'fai bieqc gunv goux zorc baengc yauc nyei dorngx (doqc mangc ga'ndiev wuov), Anthem oix zuqc tengx dimv mangc cing gorngv ninh mbuo duqv cai ziangx naaiv laanh nanv gong tengx zorc baengc mienh tengx liuc leiz jiex gorn gunv goux taux zorc baengc jauv-louc ziux hietv ga'nguaaic deix waac wuov aengx caux mbenc ziangx gorqv-zeic jauv-louc tengx zorc baengc liouh haaix zanc meih cuotv zorc baengc dorngx daaih, cuotv goux baengc dorngx dauh, cuotv zorc corngx zingh baengc nyei dorngx daaih, a'fai yiem lorqc njiec zorc baengc dorngx dauh.

Gunv goux zorc baengc yauc dorngx (ECM)

Anthem beu sou-gorn bun tengx zorc baengc ECM bun taux baengc mienh maaih camv-nyungc lorpc zorpc baengc wuov. ECM mbenc duqv maaih gorqv-zeic gong liouh tengx zorc baengc bun meih longx henv. Ninh mbuo oix zuqc tengx daux doic caux domh ndie-sai aengx caux da'nyeic deix zoux gong nyei mienh tengx meih zorc baengc. ECM corc haih tengx daux doic lorz taux meih nyei daauh laanh zorc baengc ndie-sai aengx caux goux nqaev baengc jauv-louc, zorc jiepv zeih butv baengc gong, zorc corngx zingh baengc, hlo hlang siepv nyei gong, zorc nzuih nyei baengc, ziux goux zorc baengc yiem lauh ndaav bouc dauh yiem langx zangc aengx caux zoux bouc ziux goux (LTSS), caux zoux sou fungx baengc mienh bun taux langx zangc nyei dorngx.

Se gorngv meih maaih horpc bouc gaux nor, nzunc baav ninh mbuo ECM lorz taux tengx ziux goux zorc baengc bun. Meih corc haih mborqv finx lorz taux Anthem liouh zaah lorz muangx taux haaix zangc cingx haih duqv zipv bieqc ECM. A'fai ca'laangh naaic caux zorc baengc ndie-sai yaac duqv oc. Ninh mbuo haih tengx dimv ndorqc mangc gaax gorngv meih maaih horpc bouc gaux bun ECM a'fai horpc zuqc zoux sou fungx dorh meih bieqc zorc baengc yiem gunv goux baengc nyei dorngx.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Sou-gorn beu zorc baengc gong yiem ECM

Se gorngv buatec meih maaih horpc bouc gaux bun ECM, ninh mbuo horpc zuqc paav zaingx zorc baengc nyei gong-mienh benx nanv sic mienh tengx liuc leiz goux zorc baengc jauv-louc. Ninh mbuo ca'laangh gorngv caux meih aengx caux domh ndie-sai, liouc siouv ndie-sai, gaeqv ndie nyei ndie-sai, nanv goux sou-gorn nyei mienh, zorc domh zuangx mienh nyei hnyiouu gong-mienh, aengx caux ga'hlen da'nyeic deix. Ninh mbuo oix zuqc tengx dimv mangc longx gorngv da'dauh juangc zoux gong tengx zorc baengc bun meih. Naaiv laanh nanv sic gong-mienh oix zuqc tengx meih zaah lorz ziux goux zorc baengc gong aengx caux zoux sou mingh tov langx zangc hei-horngc zorc baengc bun meih. ECM liepc duqv maaih:

- Bieqc lorz zaic gorn zangc gong aengx caux dongh hnyiouu bieqc juangc zoux gong
- Hlaau ndorqc zaah mangc nzoih jauv-louc aengx caux gunv goux taux zorc baengc gong
- Daux doic liouh tengx zorc baengc yaauc nyei gong
- Liepc gong ziux goux heng-wangc
- Ziux goux zorc nzoih baengc nyei jauv-louc yiem njiec jiex jauv bouc dauh ziangh hoc
- Liuc leiz zoux gong ziux goux baengc mienh aengx caux huov jaa
- Daux doic juangc zoux gong caux zoux sou fungx mienh mingh lorz taux langx zangc hei-horngc nyei dorngx aengx caux ziux goux yiem seiz zangc gong

Se gorngv oix zaah lorz ndorqc mangc ninh mbuo liepc duqv maaih ECM horpc bun meih longc nyei fai nor, ca'laangh gorngv caux Anthem nyei borng buoz mienh a'fai zorc baengc ndie-sai yaac duqv oc.

Baengc mienh ndortv nyaanh cingv

Ninh mbuo mv heuc baengc mienh ndortv nyaanh cingv zorc baengc gong yiem ECM.

Ziux goux langx zangc hei-horngc mienh

Nzunc baav meih corc maaih horpc bouc gaux zipv yiem langx zangc hei-horngc dorngx tengx ziux goux zorc baengc, se gorngv mbenc duqv maaih. Ziux goux yiem langx zangc hei-horngc dorngx se benx yietc nyungc jauv liouh zorc baengc bun baeqc fingx aengx caux buatec benx zic zinh gong tengx ziux goux zorc baengc bun baeqc fingx a'fai saengv zangc Medi-Cal beu heng-wangc sou-gorn liepc zorc baengc dorngx bun. Baengc mienh se maaih leiz beu ziux hnyiouu nyunc ginv gorngv oix longc



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungu ndorm taux 7 dimv lungu muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

fai mv longc naaiv deix gong yaac duqv. Beiv hngangv meih maaih horpc bouc gaux aengx caux lorqc doih oix zipv taux naaiv deix gong-bou jauv-louc, nzunc baav ninh mbuo corc haih tengx meih liuc leiz mbenc dorngx bun gorqv-zeic yiem. Ninh mbuo mv duqv tiuv yienc taux zinh nyaanh jauv-louc dungx meih duqv zipv yiem caux Medi-Cal wuov oc.

Beiv hngangv meih qiemx zuqc longc mienh tengx a'fai oix zaah lorz mangc taux ninh mbuo mbenc duqv maaih haaix nyungc gong horpc meih longc yiem goux langx zangc hei-horngc dorngx wuov, mborqv finx bieqc zaqc lorz taux **1-800-407-4627 a'fai lorz taux nanv sou-gorn mienh ziux naaiv (TTY 711)**. A'fai mborqv finx lorz zorc baengc ndie-sai yaac duqv oc.

Tiuv yienc yiem ga'nyuoz hnyiou v nyei ga'naaiv

Tiuv yienc yiem ga'nyuoz hnyiou v nyei ga'naaiv bun fu'jueiv hnyiang-jeiv mv zaaic 21 hnyiangx

Yiem lorqc njiec Alpine, Amador, Calaveras, El Dorado, Fresno, Inyo, Kern, Kings, Madera, Mono, Sacramento, San Francisco, Santa Clara, Tulare aengx caux Tuolumne nquenc, saengv zangc doz-leiz duqv paaiv njiec bun fu'jueiv dungx haaix laanh qiemx zuqc tiuv yienc yiem ga'nyuoz hnyiou v nyei ga'naaiv wuov oix zuqc zoux sou fungx bieqc bun taux California ziux goux fu'jueiv (CCS) nyei kou-gong gorn liouh corngx dunx ndorqc mangc naaic laanh fu'jueiv horpc zuqc bun CCS nyei fai. Se gorngv buatac haaix laanh fu'jueiv maaih puix-juang gaux CCS, naaiv norm kou-gong gorn oix zuqc bun sou-gorn beu tengx nyaanh maaz naaic deix ga'naaiv aengx caux zorc baengc gong.

Se gorngv zaah ndorqc buatac naaic laanh fu'jueiv mv maaih puix-juang gaux CCS, Anthem oix zuqc zoux sou fungx naaic laanh fu'jueiv mingx bun taux tiuv yienc yiem ga'nyuoz hnyiou v nyei ga'naaiv domh gorn tengx liuc leiz zaah ndorq mangc. Se gorngv ninh mbuo tiuv yienc yiem ga'nyuoz hnyiou v nyei ga'naaiv domh gorn beu waac mbuox gorngv tiuv yienc ga'nyuoz nyei ga'naaiv mv maaih dorngx hoic zuqc fu'jueiv aengx caux buatac horpc tengx zorc baengc bun fu'jueiv aqv, Anthem oix zuqc beu sou-gorn beu taux tiuv yienc yiem ga'nyuoz hnyiou v nyei ga'naaiv aengx caux zorc baengc gong bun.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henx heuc oc. A'fai mborqv finx lorz taux California Relay-nangx bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

**Tiuv yiem ga'nyuoz hnyiouv nyei ga'naaiv bun domh mienh hnyiang-jeiv
buangv 21 hnyiangx faaux mingh**

Se gorngv ninh mbuo domh ndie-sai dimv cuotv buatac meih oix zuqc tiuv yiem yiem ga'nyuoz hnyiouv hlo nyei ga'naaiv, Anthem oix zuqc fungx mieh mingh bun taux tiuv yiem yiem ga'nyuoz hnyiouv nyei ga'naaiv domh gorn tengx liuc leiz zaah ndorq mangc. Se gorngv ninh mbuo tiuv yiem yiem ga'nyuoz hnyiouv nyei ga'naaiv domh gorn beu waac mbuox gorngv tiuv yiem yiem ga'nyuoz nyei ga'naaiv mv maaih dorngx hoic meih aengx caux buatac horpc tengx zorc baengc bun aqv, Anthem oix zuqc beu sou-gorn beu taux tiuv yiem yiem ga'nyuoz hnyiouv nyei ga'naaiv aengx caux zorc baengc gong bun.

Tiuv yiem yiem ga'nyuoz hnyiouv hlo nyei ga'naaiv Anthem maaih sou-gorn beu bun nzoih, naanh gorngv mv zienz bun muangx:

- Diqc daanz mbungv
- Mbu'nziu
- Mbu'nziu/piom
- Nyutc zeiv
- Nyutc zeiv/baangv yiouh
- Mbu'nziu dorn
- Mbu'nziu dorn/jaangh lunx
- Hlan
- Jaangh lunx

Corc maaih Medi-Cal da'nyeic norm kou-gong gorn aengx zorc baengc gong bun

Corc maaih da'nyeic deix zorc baengc jauv-louc dugh meih haih duqv zipv yiem njiec Cingv Zoux Gong (FFS) Medi-Cal a'fai Medi-Cal da'nyeic nyungc kou-gong gorn

Anthem mv maaih sou-gorn beu bun zorc nyungc baav baengc nyei gong, mv baac meih corc haih duqv zipv tengx yiem njiec FFS Medi-Cal a'fai Medi-Cal da'nyeic nyungc kou-gong gorn. Anthem oix zuqc daux doic caux da'nyeic norm kou-gong gorn liouh juangc tengx liuc leiz zorc baengc bun meih ziux qiex longc zorc baengc nyei gong, lemh nzoih naaic deix gong dugh maaih sou-gorn beu yiem da'nyeic norm kou-gong gorn beu nyei buonc caux mv zeiz benx Anthem. Yiem njiec naaiv ginc sou duqv faaux benx nyungc baav gong bun mangc. Se gorngv oix hoqc hiuv tipv, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen huc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Bun ndie liouh bun mingh nzuonx zorc baengc nyei mienh

Medi-Cal Rx beu sou-gorn bun nyei buonc ndie

Ninh mbuo ndie-pouz bun nyei buonc ndie yaac maaih sou-gorn beu yiem caux Medi-Cal Rx, juangc caux yietc buonc FFS Medi-Cal. Anthem corc haih beu taux nyungc baav ndie dungh ndie-sai a'fai zorc baengc zaamc bun nyei buonc. Beiv hhangv ninh mbuo ndie-sai zorc baengc dorngh bun ndie zorc baengc a'fai tengx nziepv domh ndie bun, yaac dorh funx gorngv ndie-sai bun ndie zorc baengc mi'aaq.

Beiv hhangv haaix nyungc ndie mv zeiz yiem caux ninh mbuo liouc siouv ndie-sai gunv taux nyei buonc ndie, ninh yaac zuqc maaih sou-gorn beu tengx nyaanh dorh mingh maaz. Ninh mbuo tengx meih zorc baengc nyei ndie-sai paaiv ndie bun nyanc ziux ndie-daan yiem Medi-Cal Rx beu sou-gorn nyei ndie-mbuoz.

Maaih nzunc baav, meih qiemx zuqc zorqv ndie dungh mv maaih mbuoz yiem njiec ga'nyuoz ndie-daan nyei buonc. Naaiv deix ndie oix zuqc duqv zipv naoi nzuih waac ndaangc liuz cingx mingh zorqv yiem bun ndie dorngh. Medi-Cal Rx oix zuqc zaah luic mangc ndaangc aengx caux njiec lingc dunx tov taux nyei waac yiem njiec 24 norm ziangh hoc.

- Se gorngv ninh mbuo bun ndie mienh yiem bun ndie dorngh buatc horpc bouc nor ninh mbuo bun 14 hnoi nyei ndie liouh njieux zorc jiepv sih baengc mangc ndaangc. Medi-Cal Rx oix zuqc dipc nyaanh tengx maaz ndie bun nyanc njieux zorc jiepv sih baengc bun mingh nzuonx zorc baengc nyei mienh.
- Nzunc baav Medi-Cal Rx corc haih ngaengc nzuih mv dapc engx bun taux meih tov taux nyei waac dungh mv zeiz zorc jiepv sih baengc nyei ndie wuov. Se gorngv ninh mbuo zoux hhangv naaic, ninh mbuo oix zuqc fungx fiensex mbuox meih bei gorngv weic haaix nyungc. Ninh mbuo ix zuqc mbuox tong gorngv maaih haaix nyungc jauv-louc bun meih ginv. Se gorngv oix hiuv tipv, doqc mangc yiem "Maaih waac guaix taux" hietv yiem naaiv buonv sou da' 6 ginc.

Se gorngv oix zaah ndorqc mangc taux naaic deix ndie yiem njiec ndie-daan nyei fai a'fai qiemx zuqc tov heuc aamx naaic zeiv ndie-daan bun siou nor, mborqv finx lorz taux Medi-Cal Rx yiem njiec naaiv 1-800-977-2273 (TTY 1-800-977-2273) aengx caux zatv bieqc 7 fai 711. A'fai bieqc lorz mangc yiem Medi-Cal Rx website yiem njiec naaiv <https://medi-calrx.dhcs.ca.gov/home/>.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Bun ndie dorngx

Beiv hngangv meih ganh fiev sou a'fai faaux ndie-mbuoz, meih oix zuqc mingh zorqv ndie yiem bun ndie dorngx dung h maaih mbuoz juangc gong caux Medi-Cal Rx wuov oc. Meih corc haih zaah lorz bun ndie dorngx dung h juangc gong caux Medi-Cal Rx yiem njiec Medi-Cal Rx bun ndie nyei mbuoz-daan yiem njiec naaiv:

<https://medi-calrx.dhcs.ca.gov/home/>

Meih corc haih mborqv finx zaah lorz taux bun ndie dorngx yiem nitv fatv biau v a'fai ndie-pouz haih dorh ndie fungx yangh fungx fiex javv mingh bun meih nyei fai, mborqv finx lorz Medi-Cal Rx yiem njiec naaiv 1-800-977-2273 (TTY 1-800-977-2273) aengx caux zatv bieqc 7 fai 711.

Haaix zanc meih duqv ginv ziangx bun ndie dorngx liuz, ninh mbuo zoux gong nyei mienh oix zuqc dorh ndie fungx yangh ga'nyuoz electronic mingh bun taux naaic norm bun ndie dorngx. Ninh mbuo ndie-sai oix zuqc faaux zangc ndie-daan liouh bun meih mingh zorqv ndie yiem bun ndie dorngx. Oix zuqc dorh zorqv nyaanh hmien-mueic fangx (BIC) caux zorqv ndie daan jau ziec caux Medi-Cal bun yiem zorqv ndie dorngx. Zaah dimv mangc longx gorngv ninh mbuo bun ndie dorngx mangc bieqc hnyiou v nzoih yietc zungv ndie-nyungc ziux meih nyanc nyei buonc aengx caux haih laengc zuqc hoic sin sietv omx nyei ndie. Beiv hngangv meih maaih waac qiex zuqc naaic taux meih nyei ndie-nyungc, naaic caux bun ndie mienh oc.

Baengc mienh corc haih duqv zipv Anthem lorz cie tengx tor dorh mingh zorqv ndie nyanc. Se gorngv oix hiuv waac-fiex tipv taux hngangv haaix lorz cie tor nyei javv-louc, doqc mangc yiem "Tengx nyaanh cingv cie tor mv zeiz njioux jiepv sih baengc" hietv yiem naaiv buon sou da'4 ginc.

Gorqv-zeic neqv zorc corngh zingh baengc (SMHS)

Maaih zorc nyungc baav corngh zingh baengc nyei gong se duqv yiem caux nquenc zangc beu sou-gorn zorc corngh baengc, mv zeiz yiem caux Anthem. Ninh mbuo lem h naaiv deix baengc mienh dung h horpc bouc gaux zipv SMHS yiem caux Medi-Cal nyei mienh maaih leiz horpc bun SMHS wuov. SMHS oix zuqc tengx liuc leiz ziux goux mingh nzuonx zorc baengc nyei mienh caux bueix ga'nyuoz ndie-dorng h zorc baengc nyei mienh se maaih:



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung h muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nang h bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Liuc leiz ziux goux mingh nzuonx zorc baengc nyei mienh:

- Ziux goux zorc corngh zingh baengc
- Tengx ziux goux zorc baengc
- Lungh hnoi tengx ziux goux zorc nzoih baengc
- Lungh hnoi tengx zorc baengc corngz beih sin baengc
- Tengx liuc leiz njioux jiepv sih baengc
- Tengx liuc leiz njioux donv jiepv sih baengc
- Neqv gunv goux taux baengc mienh
- Tengx liuc leiz ziux goux mienh mv nzang ceuz nyei baengc ziux sou-gorn beu bun mv zaaic 21 hnyiangx nyei mienh
- Daux doic liouh jiepv sih njioux zorc baengc (ICC) ziux sou-gorn beu bun mv zaaic 21 hnyiangx nyei mienh
- Gaanv tengx njioux zorc baengc yiem biauv dangh baav bouc dauh (IHBS) ziux sou-gorn beu bun mv zaaic 21 hnyiangx nyei mienh
- Tengx liuc leiz ziux goux mienh mv nzang ceuz nyei baengc yiem goux mienh nyei dorngx (TFC) ziux sou-gorn beu bun mv zaaic 21 hnyiangx nyei mienh
- Tuix mingh ga'nyiec dorngx dauh njioux baengc
- Laanh ziux goux laanh Peer (PSS) (ginv longc duqv)

Tengx liuc leiz ziux goux zorc baengc yiem biauv:

- Tengx liuc leiz zoux goux zorc baengc bun domh mienh yiem biauv
- Tengx liuc leiz zoux goux zorc baengc kouv yiem biauv

Tengx liuc leiz ziux goux zorc baengc bun bueix zorc baengc dorngx nyei mienh:

- Tengx liuc leiz goux baengc mienh bueix ndie-dorngx zorc corngh zingh baengc
- Tengx liuc leiz goux baengc mienh zorc corngh zingh baengc nyei gorn zangc dorngx

Se gorngv oix hiuv tipv taux SMHS yiem nquenc zangc beu sou-gorn tengx zorc corngh zingh baengc, mborqv finx lorz taux nquenc zangc beu corngh zingh baengc nyei sou-gorn oc.

Se gorngv oix zaah lorz mangc taux yietc zungv nquenc zangc nyei wangv henh heuc nyei finx-gorn nam mber yiem online, bieqc lorz taux dhcs.ca.gov/individuals/Pages/MHPContactList.aspx. Beiv hngangv Anthem dimv buac



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungh ndorm taux 7 dimv lungh muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

meih qiex zuqc longc zorc corngh zingh baengc nyei sou-gorn yiem caux nquenc zangc, Anthem oix zuqc tengx liuc leiz borqv caux nquenc zangc beu corngh zingh baengc nyei sou-gorn tengx zorc baengc oc.

Tengx liuc leiz goux zorc buov yongh in congz waaic nyei gong

Anthem liepc hnyiouu oix tov heuc baengc mienh dungh haix hnamv taux oix guangc diuv a'fai guangc yongh in nyei mienh duqv zipv tengx zorc baengc. Ninh mbuo mbenc duqv maaih jauv-louc tengx liuc leiz ziux goux zorc buov yongh in jauv-louc yiem caux yietc zuangx zorc baengc ndie dorngx dauh beiv taux yiem lorqc njiec daauh laanh ndie-sai dorngx, bueix zorc baengc nyei ndie-dorngx, caux njioux zorc jiepv sih baengc nyei dorngx, aengx caux liouc siouv ndie-sai neqv zorc naaiv diuc baengc nyei dorngx. Ninh mbuo nquenc zangc beu zorc corngh zingh baengc nyei sou-gorn duqv bun liouc siouv ndie-sai tengx zorc baengc bun.

Se gorngv oix muangx waac-fienx tipv taux zorc baengc jauv-louc liouh bun buov ga'naaiv congz waaic nyei baengc, mborqv finx lorz taux ziux goux hnyiouu beqv zoux ciouv nyei gorn zangc yiem njiec naaiv **1-888-831-2246 (TTY 711)**.

Anthem nyei baengc mienh corc haih duqv zipv bun gouv ndorqc mangc taux zorc baengc ziux zuqc baengc ndongc haaix aengx caux ninh mbuo nyunc duqv naaic deix gong ndongc haaix. Ninh mbuo duqv liepc mbenc ziangx zorc kouv nyei baengc bun taux baengc mienh dungh mingh nzuonx zorc baengc nyei mienh, yiem zorc baengc dorngx dauh, aengx caux maaih ndie bun zorc buov ga'naaiv congz waaic nyei baengc (ninh mbuo maaih ndie bun nyaanc liouh guangc naaic deix baengc a'fai MAT) mbenc ziangx naaiv nyungc ndie buprenorphine, methadone, aengx caux naltrexone nyanc zorc.

Ninh mbuo nquenc zangc corc zuqc tengx liuc leiz zorc baengc bun buov ga'naaiv congz waaic nyei baengc bun taux Medi-Cal baengc mienh dungh maaih horpc bouc gaux tengx nyei mienh. Se gorngv dimv cuotv buac haaix laanh mienh buov ga'naaiv congz waaic wuov horpc zuqc ziov tengx zorc baengc guangc naaic diuc jauv nor oix zuqc zoux sou fungx bieqc bun taux nquenc zangc dorngx tengx zorc. Se ogrngv oix mangc taux yietc zungv nquenc zangc fonh nam mber nor bieqc lorz mangc yiem https://dhcs.ca.gov/individuals/Pages/SUD_County_Access_Lines.aspx.

Anthem oix zuqc tengx liuc leiz a'fai tengx mbenc MAT liouh bun taux daauh laanh zorc baengc ndie-sai, bueix zorc baengc yiem ndie-dorngx dorngx, njioux zorc jiepv sih baengc nyei dorngx, aengx caux da'nyeic diuc zorc baengc gorn zangc.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Tengx ziux goux zorc nyaanh

FFS Medi-Cal Dental nyei gorn zangc caux FFS Medi-Cal zorc nyaah nyei dorngx se zeiz dungx norm dorngx oc. Jaa-nziouv meih duqv zipv tengx goux zorc nyaah nyei ziangh hoc, meih oix zuqc zorqv Medi-Cal BIC hmien-mueic fangx bun nyaah zangc mangc ndaangc oc. Oix zuqc dimv mangc longx gorngv naaic laanh nyaah zangc laengz zipv FFS Dental aengx caux meih mv maaih mbuoz yiem caux sou-gorn beu gunv goux taux zorc nyaah nyei gong.

Medi-Cal maaih sou-gorn beu camv-nyungc gong liouh tengx ziuz goux zorc nyaah yiem njiec Medi-Cal Dental jauv-louc, lemh jienv:

- Dimv ndorqc mangc nyaah aengx caux goux nqaeqv longx nyaah liouh ziux ndorqc dimv mangc nyaah waaic, ziux X-rays fangx, aengx caux nzaaux nyaah hui guangc
- Jiepv sih tengx njioux donv nyaah mun baengc
- Baeng nyaah
- Zotv nyaah kuotv
- Zorc nyaah nzungh (ga'nyuoz bung/ga'nyiec maengz)
- Buang nyaah (yietc sung nzuih/dimv baengc seix ndaangc)
- Cenv nyaah huic guangc aengx caux zorc nyaah gorn
- Zoux yietc sung nyaah zorngh aengx caux zoux nyaah zorngh fam bieqc
- Naeqc nyaah fih mbaengc bun fu'jueiv maaih horpc bouc gaux nyei buonc
- Nzaatv fluoride

Se gorngv meih maaih waac qiemx zuqc naaic a'fai oix muangx waac-fienx tipv taux zorc nyaah nyei jauv-louc, mborqv finx lorz taux Medi-Cal Dental gorn zangc yiem njiec naaiv 1-800-322-6384 (TTY 711). Meih corc haih bieqc lorz mangc yiem Medi-Cal Dental website yiem njiec naaiv: <https://www.dental.dhcs.ca.gov>.

California tengx liuc leiz ziux goux fu'jueiv (CCS)

Naaiv norm CCS se benx yietc norm Medi-Cal kou-gong gorn liouh tengx liuc leiz goux zorc nyaah bun mienh hnyiang-jeiv mv zaaic 21 hnyiangx nyei buonc dungx butv baengc hoic, baengc zingh naanc zuqc, a'fai butv benx lauh ndaauv baengc-ngaaiz dungx buatc horpc leiz bun bieqc CCS kou-gong gorn wuov. Beiv hnavg Anthem a'fai naaiv laanh PCP ndorqc buatc meih nyei fu'jueiv horpc zuqc CCS jauv-louc mi'aaq, ninh mbuo ix zuqc zoux sou fungx bieqc bun taux nquenc zangc CCS kou-gong gorn tengx dimv ndorqc mangc nzunc.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

4 | Fu'loqc nyaanh aengx caux liuc leiz zoux gong

Nquenc zangc CCS gong-mienh oix zuqc corngh dunx mangc taux meih a'fai meih nyei fu'jueiv horpc bouc bieqc CCS ziux goux nyei fai. Anthem mv duqv tengx njiec lingc dunx taux CCS horpc bouc puix-juang oc. Beiv hngangv buatac naaic laanh fu'jueiv horpc bouc bun zipv taux haaix horngh zorc baengc jauv-louc, ninh mbuo CCS ndie-sai cingx tengx liuc leiz zorc baengc bun yiem njiec CCS horpc bouc jauv-louc. Anthem corc oix zuqc borqv nzipc beu sou-gorn liouh tengx zorc haaix nyungc baengc dungh mv maaih sou-gorn beu yiem caux CCS nyei buonc beiv taux zorc ga'nyiec beih zangc baengc, nziepv nqaeqv wuon ndie, aengx caux dimv baengc.

Anthem mv tengx sou-gorn beu taux CCS kou-gong gorn bun sou-gorn beu nyei buonc baengc. Se gorngv oix tov CCS bun sou-gorn beu zorc nyei baengc, CCS oix zuqc nqoi nzuih bun ndie-sai, zorc baengc gong, aengx caux jaa-sic liouh zorc baengc.

CCS maaih sou-gorn beu nzoih yietc zungv baengc mi'aaq. Zoux guv yienh bun mangc taux CCS horpc bouc jauv-louc lemh jienv, naanh gorngv mv zienz bun muangx aqv:

- Butv mbu'nziu baengc yiem cuotv seiz daaih
- Ziangh guaix kaen ser baengc
- Ziangh orv mbienz cuotv siang
- Hemophilia baengc
- Naaimv-fei waaic
- Ziangh ga'naaiv butv beuh
- Nziaamv-gaam baengc
- Butv nyutv zeiv baengc-ngaaiz
- Hlan-dorn waaic
- Jaangh waaic
- Nzuih nquaqv/nzuih dungz waaic
- Diqc daanz mbungv piouz
- M'normh ndung
- Ziangh ga'naaiv yiem m'zing-nganh
- M'nqorngv-famv waaic
- Butv meih muangv baengc ciou
- Mbungv-dauz baengc
- Orv-deic waaic
- HIV/AIDS
- Mborqv zuqc m'nqorngv mun, m'nqorngv famv, a'fai ndanc baengc zuqc diqc daanz-jaan mun
- Jorm naanh diev mv zouc
- Nyaah nzorc caengz doic go

Medi-Cal dipc nyaanh bun CCS tengx liuc leiz zorc baengc. Beiv hngangv meih nyei fu'jueiv mv maaih horpc bouc gaux bieqc yiem caux CCS kou-gong gorn tengx zorc baengc, ninh mbuo yaac oix zuqc bun Anthem tengx nzipc zorc jienv baengc mingh.

Se gorngv oix hiuv tipv taux CCS, bieqc lorz mangc yiem <https://www.dhcs.ca.gov/services/ccs>. A'fai mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.

Tengx cie tor aengx caux cuotv nyaanhliouh mingh lorz CCS

Se gorngv meih ganh a'fai hmuangv doic qiemx zuqc longc mienh tengx dorh mingh zorc baengc yiem caux CCS horpc bouc nyei jauv-louc aengx caux mv maaih da'nyeic



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen huc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

norm dorngx tengx duqv nor **nzunc baav meih corc haih duqv zipv tengx** cie tor mingh caux tor nzuonx, wuix nyanc hopv, maaiz dorngx bueix, aengx caux tengx nyaanh zoux da'nyeic diuc jauv-louc beiv taux maaiz dorngx dingh cie, cingv jauv nyaanh. Mborqv finx lorz taux Anthem aengx caux oix zuqc jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun) ndaangc meih dipc ga'ganh nyei nyaanh cingv cie tor, maaiz lai hnaangx nyanc, aengx caux maaiz dorngx bueix. Anthem mv tengx cie tor mingh lorz mv zeic zorc baengc nyei jauv-louc aengx caux mv zeiz njioux jiepv sih banegc hoic nyei gong ziux fiev njiec da'4 ginc sou, mbuox taux "Bun fu'loqc nyaanh caux zorc baengc gong" wuov oc.

Beiv hnaangv bun cie tor a'fai yangh jauv mingh lorz zorc baengc longc nyei buonc nyaanh dungh meih dipc nyaanh bun wuov buatac horpc bouc longc aengx caux Anthem dimv mangc buatac se seix lorz nzengc jauv yiem caux Anthem mi'aqc, Anthem oix zuqc jaaubv nzuonx bun. Yie mbuo oix zuqc tengx liuc leiz jaaubv naaic deix nyaanh nzuonx bun meih yiem njiec 60 hnoi ziux hnoi-nyieqc meih dorh zipv nyaanh zeiv-daan fungx bieqc bun wuov aengx caux dimv buatac zien benx cingv cie nyaanh.

Ziux goux zorc baengc yiem biau aengx caux yiem njiec ziux goux langx zangc hei-gorn nyei dorngx (HCBS) ga'hlen nzuqc maengz CCS nyei dorngx dauh gong

Beiv hnaangv meih maaih puix-juang gaux bieqc yiem naaiv norm dorngx 1915(c) liouh guangc nqenx cuotv bun, nzunc baav meih corc haih duqv zipv ziux goux zorc baengc yiem njiec biau aengx caux yiem njiec ziux goux zorc baengc yiem langx zangc hei-horngc dorngx dungh mv zeiz benx CCS horpc bouc jauv-louc wuov, mv baac oix zuqc heuc meih bieqc yiem njiec mbenc dorngx zorc baengc yiem langx zangc hei-horngc dorngx wuov mv zeiz yiem gorn zangc dorngx. Zoux guv yienh bun mangc, beiv hnaangv oix heuc tengx meih zorc ziangx dorngx yiem biau liouh puix horpc yiem zorc baengc yiem njiec langx zangc hei-horngc mbenc ziangx wuov, Anthem mv dipc nyaanh cuotv bun taux CCS zoux nyei gong. Corc buatac se gorngv meih duqv dorh mbuoz bieqc yiem naaiv norm 1915(c) liouh guangc nqenx cuotv bun, nzunc baav ninh mbuo horpc zuqc dipc nyaanh bun zorc dorngx liouh zorc baengc yiem biau ga'nyuoz mv zuqc mingh bueix yiem zorc baengc gorn zangc dorngx.

Tengx cie tor aengx caux cuotv nyaanhliouh mingh lorz CCS

Se gorngv meih ganh a'fai hmuangv doic qiex zuqc longc mienh tengx dorh mingh zorc baengc yiem caux CCS horpc bouc nyei jauv-louc aengx caux mv maaih da'nyeic norm dorngx tengx duqv nor nzunc baav meih corc haih duqv zipv tengx cie tor mingh



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

4 | Fu'loqc nyaanh aengx caux liuc leiz zoux gong

caux tor nzuonx, wuix nyanc hopv, maaiz dorngx bueix, aengx caux tengx nyaanh zoux da'nyeic diuc jauv-louc beiv taux maaiz dorngx dingh cie, cingv jauv nyaanh. Meih oix zuqc mborqv finx lorz taux Anthem aengx caux oix zuqc jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun) ndaangc meih dipc ga'ganh nyei nyaanh cingv cie tor, maaiz nyanc hopv, aengx caux maaiz dorngx bueix. Anthem mv tengx cie tor mingh lorz mv zeic zorc baengc nyei jauv-louc aengx caux mv zeiz njioux jiepv sih banegc hoic nyei gong ziux fiev njiec da'4 ginc sou, mbuox taux "Bun fu'loqc nyaanh caux zorc baengc gong" wuov oc.

Beiv hhangv bun cie tor a'fai yangh jauv mingh lorz zorc baengc longc nyei buonc nyaanh dugh meih dipc nyaanh bun wuov buatac horpc bouc longc aengx caux Anthem dimv mangc buatac se seix lorz nzengc jauv yiem caux Anthem mi'aqc, meih corc haih duqv zipv nyaanh jaauv nzuonx yiem caux Anthem. Yie mbuo oix zuqc tengx liuc leiz jaauv naaic deix nyaanh nzuonx bun meih yiem njiec 60 hnoi bouc dauh ga'nyuoz ziux hnoi-nyieqc meih dorh zipv nyaanh zeiv-daan fungx bun wuov aengx caux dimv buatac zien benx cingv cie nyaanh.

Ziux goux zorc baengc yiem biau v aengx caux yiem njiec ziux goux langx zangc hei-gorn nyei dorngx (HCBS) ga'hlen nzuqc maengz WCM nyei dorngx dauh gong

Beiv hhangv meih maaih puix-juang gaux bieqc yiem naaiv norm dorngx 1915(c) liouh guangc nqenx cuotv bun, nzunc baav meih corc haih duqv zipv ziux goux zorc baengc yiem njiec biau v aengx caux yiem njiec ziux goux zorc baengc yiem langx zangc hei-horngc dorngx dugh mv zeiz benx CCS horpc bouc jauv-louc wuov, mv baac oix zuqc heuc meih bieqc yiem njiec mbenc dorngx zorc baengc yiem langx zangc hei-horngc dorngx wuov mv zeiz yiem gorn zangc dorngx. Zoux guv yienh bun mangc, beiv hhangv oix heuc tengx meih zorc ziangx dorngx yiem biau v liouh puix horpc yiem zorc baengc yiem njiec langx zangc hei-horngc mbenc ziangx wuov, Anthem mv dipc nyaanh cuotv bun taux CCS zoux nyei gong. Corc buatac se gorngv meih duqv dorh mbuoz bieqc yiem naaiv norm 1915(c) liouh guangc nqenx cuotv bun, nzunc baav ninh mbuo horpc zuqc dipc nyaanh bun zorc dorngx liouh zorc baengc yiem biau v ga'nyuoz mv zuqc mingh bueix yiem zorc baengc gorn zangc dorngx.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

1915(c) mbeu beu ze'buonc guangc liouh ziux goux zorc baengc yiem biau v aengx caux ziux goux zorc baengc yiem langx zangc hei-horngc dorngh (HCBS)

Ziux California doz-leiz gunv njiec 6 Medi-Cal 1915(c) liouh mbeu beu ze'buonc guangc bun taux saengv zangc tengx leic leiz ziux goux naaic laanh mienh ginv jauv-louc bieqc zorc baengc yiem njioux baengc dorngh dauh a'fai zorc baengc ndie-dorngh liepc tengx zorc baengc yiem langx zangc hei-horngc dorngh wuov. Medi-Cal maaih zoux gong sou-gorn caux guoqv zangh domh hung h jaa liouh guangc nqenx cuotv zorc baengc jauv-louc bun taux baengc mienh yiem njiec ga'ganh nyei biau v a'fai yiem langx zangc hei-horngc zorc baengc nyei dorngh. Ninh mbuo tengx mbeu beu ze'buonc guangc naaiv deix gong yaac mv bun gauh jhex zorc baengc yiem njiec gorn zangc dorngh dauh wuov. Ninh mbuo baengc meih oix zuqc maaih horpc bouc gaux zipv buangv Medi-Cal sou-gorn cingx haih duqv bun HCBS guangc nqenx cuotv. Naaiv bienh leiz 1915(c) paaiv mbeu beu ze'buonc guangc yiem California saengv zangc mienh caux/fai dorh mbuoz zuov guangc nqenx cuotv bun. Yiem naaiv bienh leiz 6 Medi-Cal 1915(c) guangc nqenx cuotv bun nyei mienh:

- Mbeu ze'buonc beu ze'buonc guangc bun taux ziux goux mienh goz mienh yiem California (ALW)
- California kou-gong gorn liouh zaah ndorqc ga'ganh (SDP) mbeu beu ze'buonc guangc bun waaic fangx mv haih hlop siepv nyei mienh
- HCBS mbeu beu ze'buonc guangc bun California baeqc fingx dugh benx waaic fangx mv haih hlo siepv nyei mienh (HCBS-DD)
- Mbeu beu ze'buonc guangc mv yiem biau v aengx caux ziux goux zorc baengc yiem langx zangc dorngh (HCBA)
- Medi-Cal mbeu beu ze'buonc guangc nyei kou-gong gorn (MCWP), zinh ndaangc lox-mbuoz huec Sin zangc mv maaih mbungh sin liuc torng h Virus baengc/ mbungh sin liuc mv gaux yungz sin (HIV/AIDS) nyei buonc
- Kou-gong gorn liepc gong liouh ziux goux mienh goz mienh (MSSP)

Se gorngv oix hiuv tipv taux Medi-Cal mbeu beu ze'buonc nyei jauv-louc, bieqc lorz mangc yiem <https://www.dhcs.ca.gov/services/Pages/HCBSWaiver.aspx>. A'fai mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung h muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nang h bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Tengx liuc leiz ziux goux zorc baengc yiem biau v ga'nyuoz (IHSS)

Naaiv norm kou-gong gorn tengx liuc leiz zoux gong goux mangcyiem biau v (IHSS) duqv tengx taux naaiv laanh mienh zorc baengc yiem biau v funx benx yietc nyungc jauv-louc liouh mv zuqc cuotv biau v mingh ga'hlen zorc baengc yiem caux Medi-Cal zorc baengx dorngx, naaiv deix mienh se maaih se zeiz mienh goz mienh, m'zingh waaic, caux/fai waaic fangx mienh. IHSS nqoi nzuih bun baengc mienh zorc baengc yiem biau v mv zuqc mingh ga'hlen go. Se gorngv meih mv oix bieqc yiem IHSS dorngx nor meih caux ninh mbuo zorc baengc ndie-sai oix zuqc lorqc doih taux lengc jeiv zorc baengc yiem biau v nyei gong, mv zeiz nor ninh mbuo haih suiv meih mingh zorc baengc yiem ga'hlen dorngx. Naaiv norm IHSS kou-gong gorn corc oix zuqc tengx liuc leiz dimv ndorqc mangc taux qiemx longc nyei jauv-louc.

Se gorngv oix hoqc hiuv tipv taux IHSS duqv liepc kou-gong yiem njiec nquenc zangc nyei fai nor, bieqc lorz mangc yiem <https://www.cdss.ca.gov/inforesources/ihss>. A'fai mborqv finx lorz nquenc zangc ziux goux domh zuangx yiem seix zangc nyei gorn.

Corc maaih naaiv deix zorc baengc gong dugh meih mv duqv zipv yiem caux Anthem a'fai Medi-Cal

Anthem caux Medi-Cal mv duqv beu soui-gorn bun nyungc baav zorc baengc gong oc. Anthem a'fai Medi-Cal mv beu sou-gorn bun nyei buonc gong se maaih yiem naaiv, naanh gorngv mv zienz bun muangx aqv:

- Nganegc nzuih mv bun dapv bieqc ga'nyuoz gorngc-nqunz liouh ndorqc seix mangc (IVF) lemh jienv naaiv deix, naanh gorngv mv zienz bun muangx dugh mv zeiz daan hoqc zaah ndorqc seix mangc maaih gu'nguaaz aqc nyei jauv-louc a'fai yietc nyeic gong liouh zaah dimv baengc a'fai zorc maaih gu'nguaaz aqc nyei jauv-louc
- Ziux goux gu'nguaaz maaih fuqv maaih loqc
- Zaah seix mangc nyei gong
- Zorc taanz cie puix zuqc longc
- Paaix zorc nzueic

Anthem oix zuqc beu taux naaic deix gong dugh mv maaih sou-gorn beu bun nyei buonc se gorngv buac qiemx zuqc longc tengx zorc baengc. Naaiv laanh zorc baengc ndie-sai oix zuqc zoux jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung h muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nang h bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

nqoi nzuih bun) sou fungx bieqc bun taux Anthem hiuv gorngv weic laaix haaix nyungc qiexm zuqc zoux naaic deix zorc baengc gong dungh mv maaih sou-gorn beu wuov.

Se gorngv oix hiuv tipv, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.

Hlaaux ndorqc funx mangc taux siang jaa-dorngx aengx caux ih zanc minh longc nyei jauv-louc

Oix zuqc zanh zanc samx ndorqc mangc longx gorngv yie mbuo duqv longc siang jauv-louc tengx zorc baengc aengx caux siang-jaa-sic tengx zorc baengc bun meih haix bungx laangc hnyiouu wuov, yie mbuo nyei nanv sic ziouv aengx caux zorc baengc ndie-sai caux yietc zungv gong-mienh oix zuqc lorz maaliz tiuv siang jaa-sic liouh zorc baengc. Ninh mbuo zaah samx taux:

- Zorc baengc ndie aengx caux zorc baengc jauv-louc
- Zorc corng h zingh baengc aengx caux zorc baengc jauv-louc
- Nyungc horngh ndie
- Jaa-sic

Ninh mbuo corc oix zuqc zaah samx mangc taux zorc baengc siang-ndie aengx caux ndie-mbuoz. Yietc zungv waac-fienx yiem gorn zangc, corng mangc taux:

- Beiv hngv tiuv siang se haih maaih haaix nyungc hoic taux aengx caux tengx duqv camv zoqc.
- Beiv hngv tiuv yien siang liuz ninh corc longx ndongc lox a'fai tengx duqv gauh yaauc ih zanc longc nyei buonc fai.

Liuc leiz zoux naaiv deix gong se liouh tengx yie mbuo dorh mingh corng hnamv dunx waac gorngv horpc zuqc longc siang jauv-louc zorc baengc a'fai siang-ndie haih maaih haaix nyungc tengx taux baengc mieh gauh yaauc.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nang h bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

5. Gu'nguaaz aengx caux fu'jueiv-caan wiux goux mangc longx faaux

Haaix zanc ninh mbuo gu'nguaaz caux fu'jueiv-caan hnyiang-jeiv mv zaaic 21 hnyiangx nyei buonc duqv dorh mbuoz bieqc liuz yaac haih duqv zipv lengc jeiv zorc baengc jauv-louc aqv. Oix zuqc tengx mbungh goux mangc longx gorngv ninh mbuo duqv zipv tengx goux nqaeqv baengc, zorc nyaah, aengx caux zorc corngh zingh baengc zuqc jauv, lemh bun hlo hlang siepv aengx caux zipv gorqv-zeic gong. Yiem naaiv ginc sou duqv porv mengh mbuox taux naaiv deix gong-bou jauv-louc bun hiuv.

Medi-Cal liouh bun gu'ngaauz caux fu'jueiv-caan

Maaih sou-gorn beu baengc mienh hnyiang-jeiv mv zaaic 21 hnyiangx nyei mienh duqv wangv henh zorc baengc mv zuqc ndortv nyaanh. Yiem ga'ndiev deix mbuoz se bun hiuv taux zorc jienv sic gong-bou jauv-louc bun a'fai zorc taux waaic fangx mienh aengx caux beih sin baengc a'fai dimv cuotv buatac benx corngh zingh baengc nyei mienh. Sou-gorn beu bun liouh zoux zorc baengc gong, naanh gorngv mv zienz bun muangx:

- ZaaH ndorqc mangc gu'nguaaz aengx caux dimv baengc bun fu'jueiv-caan (Dorh fu'jueiv mingh dimv baengc)
- Nziepv nqaeqv wuon-baengc ndie (nziepv ndie)
- ZaaH ndorqc hlaau mangc taux corngh zingh baengc aengx caux tengx zorc baengc



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungH ndorm taux 7 dimv lungH muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

5 | Gu'nguaaz aengx caux fu'jueiv-caan wiux goux mangc longx faaux

- Zaah ndorqc hlaau mangc taux benx corngh zingh baengc aengx caux tengx zorc baengc, bun zoqc laanh baengc mienh, juangc doic, aengx caux zorc huov jaa corngh zingh baengc (SMHS) maaih nquenc zangc sou-gorn beu bun mi'aaqc
- Jaa-ndaangc zaah dimv mbungh gu'nguaaz baengc (ACE)
- Gunv goux taux zorc baengc yaauc nyei jauv-louc (ECM) liouh neqv ziux goux baengc fingx gu'nguaaz aengx caux fu'jueiv-caan (POF) (yiem Medi-Cal gunv goux zorc baengc sou-gorn (Anthem) tengx nyaanh)
- Dimv ndorqc nziaamv, zaah lorz mangc nziaamv maaih yunh siouz zorpc
- Tengx baengc mienh gouv ndorqc mangc taux haih benx baengc nyei jauv-louc
- Njiaaux zorc baengc aengx caux njiaaux nqaeqv baengc jauv-louc
- Tengx dimv ndorqc m'zing
- Tengx ziux goux zorc nyaah (maaih sou-gorn beu yiem caux Medi-Cal Dental)
- Tengx liuc leiz dimv ndorqc m'normh (maaih sou-gorn beu yiem caux California tengx ziux goux fu'jueiv nyei gorn zangc (CCS) liouh tengx ziux goux fu'jueiv maaih ze'buonc horpc bun nyei mienh. Anthem oix zuqc beu sou-gorn bun taux haaix laanh fu'jueiv dungh mv maaih horpc bouc gaux zipv yiem CCS wuov)
- Ziux goux mangc zorc baengc yiem biauv, se a'zuqc bun goux baengc ndie-sai daaih gorqv-zeic goux (PDN), nanv sin zorc baengc, nanv zorc beih sin baengc, aengx caux bun zorc baengc jaa-sic caux ga'naaiv-longc

Naaiv deix gong-bou jauv-louc maaih mbuoz heuc Medi-Cal tengx gu'nguaaz caux fu'jueiv-caan (duqv zipv jaa-nziouv bouc dauh ziux ziangh hoc dimv ndorqc baengc, dimv baengc aengx caux zorc baengc bun (EPSDT)). Tim gorqv-zeic waac-fienx bun baengc mienh hiuv taux Medi-Cal tengx gu'nguaaz caux fu'jueiv-caan nyei jauv-louc yiem njiec naaiv oc, <https://www.dhcs.ca.gov/services/Medi-Cal-For-Kids-and-Teens/Pages/Member-Information.aspx>. Medi-Cal tengx gu'nguaaz caux fu'jueiv-caan nyei gong-bou jauv-louc se duqv zoux ziux zorc gu'nguaaz ndie-sai nyei waac mbuox taux' bun meih yiem zinh hoz maaih njiang-laangc, a'fai bun sou-gorn beu wangv henh goux longx fu'jueiv wangc siangx henv. Se gorngv oix doqc mangc naaiv buonv sou-guv njiaaux taux zinh hoz maaih njiang-laangc, bieqc lorz mangc yiem https://downloads.aap.org/AAP/PDF/periodicity_schedule.pdf.

Gunv goux zorc baengc yaauc (ECM) se benx yietc norm Medi-Cal sou-gron beu gunv goux zorc baengc jauv-louc (Anthem) duqv dipc nyaanh tengx bun yietc zungv California nquenc zangc liouh ziux goux nzoih zorc baengc gong-bou jauv-louc bun taux Anthem nyei baengc mienh but benx camv-nyungc lorpc zorpc baengc qiemx zuqc zorc baengc. Weic laix buatc maaih gu'nguaaz caux fu'jueiv-caan maaih camv-nyungc lorpc zorpc baengc hoic zuqc dungh qiemx zuqc zorc yiem caux yietc norm



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungh ndorm taux 7 dimv lungh muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

5 | Gu'nguaaz aengx caux fu'jueiv-caan wiux goux mangc longx faaux

dorngx a'fai ziox norm dorngx nanv sic zioov mienh tengx goux a'fai camv-norm dorngx ndie-sai tengx zorc baengc dugh buac oix zuqc maeqv muonc zoux sou fungx mingh lorz doic tengx zorc baengc, ECM oix zuqc tengx daux doic caux naaic deix gorn zangc bun ninh mbuo. Haaix deix gu'nguaaz caux fu'jueiv-caan haih maaih ze'buonc puix-juang duqv zipv ziox ga'ndiev deix gong:

- Gu'nguaaz caux fu'jueiv-caan mv maaih biau v nyei mienh
- Gu'nguaaz caux fu'jueiv-caan dugh haih zuqc baengc mv duqv bieqc zorc baengc ndie-dorngx a'fai bieqc njioux jiepv sih baengc hiuang nyei dorngx (ED)
- Gu'nguaaz caux fu'jueiv-caan butv benx corngx zingh baengc hniev caux/fai buov ga'naaiv congz hoic nyei mienh (SUD)
- Gu'nguaaz caux fu'jueiv-caan dugh maaih mbuoz bieqc yiem caux California ziox goux fu'jueiv nyei gong (CCS) a'fai CCS goux nzoih yietc zung gong bun fu'jueiv mangc (WCM) liouh nzemx gong bieqc cih njiec CCS bun nyei buonc
- Gu'nguaaz caux fu'jueiv-caan bieqc yiem taan nyanc hopv wuix fu'jueiv dorngx

Tim gorqv-zeic waac-fienx bun muangx taux ECM lorz mangc duqv yiem naaiv oc: <https://www.dhcs.ca.gov/CalAIM/ECM/Documents/ECM-Children-And-Youth-POFs-Spotlight.pdf>

Jaa-gorqv-zeic waac, ECM benx zioov nanv goux sic nyei mienh oix heuc ECM tengx zaah ndorqc mangc taux baengc mienh qiemx longc ziox goux yiem langx zangc hei-horngc nyei dorngx dugh Anthem tengx liuc leiz zorc baengc jauv-louc dugh mv zuqc qiemx nyaanh camv liouh gorqv-zeic nzemx bieqc zorc baengc jauv-louc a'fai mbenc dorngx dauh bun—aengx caux zoux sou fungx baengc mienh bieqc taux naaic norm dorngx tengx. Gu'nguaaz caux fu'jueiv-caan corc haih duqv zipv tengx nyaanh yiem caux camv-norm langx zangc heic-horngc gorn zangc dorngx, lemh tengx zorc bun haa tauv qiez kuonx nyei baengc, dorh jauv bieqc zorc baengc, cutov ndie-dorngx liuz dingh hitv kuonx bun longx henv, aengx caux guangc diuv nyei baengc.

Medi-Cal beu sou-gorn gunv goux taux zorc baengc tengx liuc leiz zoux gong zorc baengc yiem langx zangc hei-horngc dorngx (Anthem) aengx caux Medi-Cal duqv mbenc ziangx horpc bouc puix-juang bun baengc mienh mv gunv gorngv ninh mbuo maaih horc bouc gaux yiem ECM yaac mv benx haaix nyungc.

Se gorngv oix muangx waac-fienx tipv liouh tengx taux naaiv deix gong-bou jauv-louc nor lorz mangc yiem naaiv oc: <https://www.dhcs.ca.gov/CalAIM/Documents/DHCS-Medi-Cal-Community-Supports-Supplemental-Fact-Sheet.pdf>



Mborqv finx lorz taux ziox goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziox naaiv anthem.com/ca/medi-cal.

Ninh mbuo corc liepc mbenc duqv naaiv deix gong-bou jauv-louc yiem njiec Medi-Cal tengx gu'nguaaz caux fu'jueiv-caan, liouh benx PDN, liouh nzemx gong-bou jauv-louc bieqc tipv zorc baengc gong. Naaiv deix gong-bou jauv-louc yaac mv duqv mbenc ziangx liouh bun Medi-Cal nyei mienh hnyiang-jeiv 21 hnyiangx faaux mingh nyei buonc. Se gorngv oix duqv wangv henh tengx ziux goux zorc baengc mv zuqc ndortv nyaanh, meih ganh a'fai fu'jueiv horpc zuqc dorh mbuoz bieqc yiem ziux goux zorc baengc yiem biauv aengx caux ziux goux zorc baengc yiem langx zangc hei-horngc dorngx (HCBS) ziux naaiv bienh leiz 1915(c) liouh mbeu ze'buonc guangc a'fai bieqc da'nyeic norm dorngx dauh liouh ziux goux zorc baengc yiem lauh ndaauv bouc dauh aengx caux bieqc ziux goux yiem (LTSS) a'fai ndaangc hnyiang-jeiv buangv 21. Beiv hngangv meih ganh a'fai fu'jueiv duqv zipv naaiv deix zorc baengc gong nzemx bieqc yiem caux Medi-Cal tengx gu'nguaaz caux fu'jueiv-caan wuov aengx caux mv lauh hnyiang-jeiv buangv 21 siepv aqv nor, lorz taux Anthem tengx ca'laangh lorz jauv-louc liouh nzipc zorc baengc oc.

Dimv ndorqc fu'jueiv heng-wangc bun longx henv aengx caux goux nqaeqv mbungh zinh hoz baengc

Goux nqaeqv mbungh zinh hoz baengc se lemh ziux bouc dauh mingh dimv ndorqc mangc heng-wangc, jaa-nziouv dorh mingh bun domh ndie-sai tengx dimv mangc buonh-sin haih maaih baengc nyei fai, aengx caux muangx mbuox goux nqaeqv baengc nyei jauv, haih nyiez baengc hoic zuqc, a'fai jaa-nziouv zorc baengc ndaangc mv zuov taux baengc hniev. Bun domh ndie-sai tengx meih ganh a'fai fu'jueiv ziux bouc dauh mingh dimv ndorqc mangc heng-wangc nzauh heiz haih maaih baengc. Nzauh heiz haih butv maaih naaiv deix baengc hoic taux sin, nyaah, m'zing, m'normh, corngx zingh baengc, aengx caux ga'naaiv nquin (hopv diuv baengc a'fai buov yongh in) hoic nyei baengc. Anthem maaih sou-gorn beu bun liouh dimv baengc mangc taux (ndorqc mangc yuonh siouz zorpc zuqc ga'nyuoz nziaamv-fei fai) mingh zorc zaah ndorqc haaix zanc yaac duqv, mv zuqc zuov taux meih mingh lorz buangh ndie-sai ziux lox bouc dauh a'fai dorh fu'jueiv mingh dimv ndorqc baengc nyei ziangh hoc oc.

Goux nqaeqv mbungh zinh hoz baengc se lemh nziepv nqaeqv baengc ndie (nziepv ndie) bun meih a'fai fu'jueiv. Anthem oix zuqc dimv mangc longx gorngv yietc zungv fu'jueiv maaih mbuoz bieqc yiem taux ih zanc nyei mienh duqv nziepv nzoih nqaeqv baengc ndie (nziepv ndie) sung nzengc mi'aqc fai se gorngv haaix zanc ninh mbuo



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

5 | Gu'nguaz aengx caux fu'jueiv-caan wiux goux mangc longx faaux

mingh lorz buangh domh ndie-sai nyei ziangh hoc wuov. Ninh mbuo liepc mbenc ziangx goux nqaeqv mbungh zinh hoz baengc nyei gong liouh wangv henh bun longc mv zuqc ndortv nyaanh aengx caux mv zuqc jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun).

Se gorngv meih nyei fu'jueiv maaih hnyiang-jeiv zaaic naaiv bouc dorngx nor oix zuqc dorh mingh dimv ndorqc mangc baengc aqv:

- Yiem cuotv seiz ndortv ndauh 2-4 hnoi
- 1 hlaax nyieqc
- 2 hlaax nyieqc
- 4 hlaax nyieqc
- 6 hlaax nyieqc
- 9 hlaax nyieqc
- 12 hlaax nyieqc
- 15 hlaax nyieqc
- 18 hlaax nyieqc
- 24 hlaax nyieqc
- 30 hlaax nyieqc
- Hnyiang-jeiv yiem 3 hnyiangx taux 20 hnyiangx oix zuqc mingh yietc hnyiangx yietc baan

Dimv wangc ziangx heng-wangc bun fu'jueiv nyei gong se lemh nzoih:

- Zimh mangc nzoih sin zangc gouv-nyinh aengx caux dimv maengc nzoih sin zangc yiem m'nqorngv dimv taux zauz-ndoqv
- Ziux hnyiang-jeiv nziepv nqaeqv baengc ndie (nziepv ndie) (Ziux California ziux meiv guoqv njaaux horqc zorc ziaux mun baengc liouh zinh hoz maaih njiang laangc bouc dauh ziangh hoc: https://downloads.aap.org/AAP/PDF/periodicity_schedule.pdf)
- Dimv ndorqc nziaamv, zaah lorz mangc nziaamv maaih yunh siouz zorpc
- Tengx baengc mienh gouv ndorqc mangc taux haih benx baengc nyei jauv-louc
- Hoqc hiuv taux goux buonh sin baengc nyei jauv-louc
- Dimv ndorqc m'zingh caux m'normh
- Dimv ndorqc mangc nziuh
- Dimv ndorqc taux butv baengc hnyiouv beqv zoux ciouv

Beiv hngangv domh ndie-sai dimv cuotv meih maaih baengc a'fai fu'jueiv butv beih sin baengc a'fai corngv zingh baengc yiem njiec dimv baengc nyei ziangh hoc, meih a'fai fu'jueiv horpc zuqc mingh zorc baengc yiem wuov ndaangc zinh hoz. Anthem maaih sou-gorn beu bun liouh wangv henh tengx zorc baengc mv zuqc ndortv nyaanh, se maaih:

- Domh ndie-sai, njiec buoz goux baengc ndie-sai, aengx caux zorc baengc ndie-dorngv tengx zorc baengc
- Nziepv nqaeqv baengc ndie (nziepv ndie) liouh goux mbungh zinh hoz baengc
- Nanv zorc beih sin, zorc nzuih/gorngv waac, aengx caux zorc buonh sin



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungv ndorm taux 7 dimv lungv muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangv bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

- Ziux goux zorc baengc yiem biauv, caux tengx zorc baengc jaa-dorngx, jaa-sic, aengx caux ga'naaiv-longc
- Tengx zorc m'zingh baengc, caux njapv muoc-ziuz
- Tengx zorc m'normh ndung baengc, caux tengx jaa-sic topv m'normh haix waac ziux sou-gorn beu yiem caux CCS
- Tengx zorc mv buangv dangv nyei mienhdungh waac fangx benx autism, aengx caux waaic fangx mv hlo hlang siepv nyei mienh
- Guvv goux taux zorc baengc jauv-louc aengx caux njiaaux zorc baengc gong bun
- Paaix tengx zorc siang, se benx yietc nyungc jauv-louc liouh paaix zorc nzueic dungh buac haix norm dorngx tuix setv mv doix diuc dungh buac ziux ninh cuotv seix weic fangx benx daaih, waaic fangx mv hlo hlang, zuqc mun hoic daaih, nyiec zuqc baengc hoic daaih, ziangh orv bienz cuotv siang, a'fai butv baengc hoic mv haih ziangh ndongc lox a'fai zoux zuqc waaic

Dimv ndorqc mangc nziaamv maaih yuonh siouz dapc bieqc nyei fai

Yietc zungv fu'jueiv dungh maaih mbuoz bieqc yiem caux Anthem nyei buonc horpc zuqc duqv zipv tengx dimv ndorqc mangc taux maaih yuonh siouz dapc bieqc nziaamv ziux hnyiang-jeiv yiem 12 taux 24 hlaax nyieqc, a'fai yiem hnyiang-jeiv yiem 24 taux 72 hlaax nyieqc se gorngv nziouv hnoi mv duqv dimv ndorqc mangc jiex. Se gorngv diez maac a'fai ziux goux nyei mienh tov taux nor fu'jueiv se haih duqv zipv tengx dimv ndorqc mangc yuonh siouz dapc bieqc nziaamv duqv yietc baan. Fu'jueiv horpc zuqc duqv zipv tengx dimv ndorqc mangc baengc ndaangc se gorngv domh ndie-sai buac tiuv yiem seix zangc jauv-louc haih zoux bun maaih baengc hoic zuqc fu'jueiv.

Tengx ziux goux gu'nguaaz caux fu'jueiv-caan wangc siangx longx henv

Anthem oix zuqc tengx liuc leiz zorc baengc bun taux baengc mienh hnyiang-jeiv mv zaaic 21 hnyiangx nyei mienh aengx caux huov jaa. Naaiv laanh Anthem liuc leiz daux zorc baengc nyei mienh se haih tengx:



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung hndorm taux 7 dimv lung muonx. Naaiv se wangv hen henv oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

- Mbuox tong meih hiuv taux maaih haix nyungc zorc baengc gong bun
- Tengx liuc leiz zaah lorz zorc baengc ndie-sai yiem ga'nyuoz gorn zangc doic a'fai ga'hlen nzuqc maengz gorn zangc doic bun
- Tengx liuc leiz dungx ziangh hoc bun
- Tengx liuc leiz lorz cie tor fu'jueiv mingh zorc baengc
- Tengx daux doic bun zorc baengc yiem njiec Cingv Zoux Gong (FFS) Medi-Cal, caux naaiv deix gong:
 - Tengx zorc baengc aengx caux goux bun butv corngz zingh baengc caux buov ga'naaiv congz hoic nyei mienh corngz henv
 - Tengx zorc nyaah, caux longc finx naeqc nyaah yuonh nzueic

Corc maaih da'nyeic deix zorc baengc javv-louc dungx meih haih duqv zipv yiem njiec Cingv Zoux Gong (FFS) Medi-Cal a'fai da'nyeic nyungc kou-gong gorn

Dimv mangc nyaah

Hnoi-hnoi longc buic manc sortv nzaaux gu'nguaaz nyaah orv liouh fioux njiang. Zuov taux g'nguaaz duqv 4 taux 6 hlaax nyieqc, tengx ziux goux hopv nyorz “nyaah mbiangx” nyei ziangh hoc. Se gorngv buac gu'nguaaz nyei daauh norm nyaanh mbiangx, meih horpc zuqc dux ziangc hoc liouh dorh buangh daauh baan a'fai daauh norm nyaah mbiangx dorh mingh buangh nyaah zangc tengx dimv mangc siepv.

Medi-Cal tengx liuc leiz ziux goux zorc nyaah javv-louc bun henh mv zuqc ndortv nyaanh a'fai ndortv zaanc jaax liouh bun:

Gu'nguaaz hnyiang-jeiv yiem 0-3 hnyiangx

- Dorh gu'nguaaz mingh buangh daauh baan nyaah zangc
- Dorh gu'nguaaz mingh dimv ndorqc daauh baan nyaah
- Dimv ndorqc mangc nyaah (normh norm 6 hlaax, aengx caux camv faaux)
- Ziux X-rays fangx
- Nzaaux nyaah (normh norm 6 hlaax, aengx caux camv faaux)
- Longc Fluoride nzaatv nzaaux (normh norm 6 hlaax, aengx caux camv faaux)
- Zotv nyaah kuotv
- Baeng nyaah (baeng nyaah guangc)
- Liuc leiz zorc jiepv sih nyaah mun
- *Donv sienc njiec (se gorngv qiexm zuqc zorc jienv sic baengc)



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

5 | Gu'nguaz aengx caux fu'jueiv-caan wiux goux mangc longx faaux

Fu'jueiv hnyiang-jeiv 4-12 hnyiangx

- Dimv ndorqc mangc nyaah (normh norm 6 hlaax, aengx caux camv faaux)
- Ziux X-rays fangx
- Longc Fluoride nzaatv nzaaux (normh norm 6 hlaax, aengx caux camv faaux)
- Nzaaux nyaah (normh norm 6 hlaax, aengx caux camv faaux)
- Biopv nyaah gorn
- Zotv nyaah kuotv
- Zorc nyaah nzungh
- Baeng nyaah (baeng nyaah guangc)
- Liuc leiz zorc jiepv sih nyaah mun
- *Donv sienc njiec (se gorngv qiexm zuqc zorc jienv sic baengc)

Fu'jueiv-caan hnyiang-jeiv 13-20 hnyiangx

- Dimv ndorqc mangc nyaah (normh norm 6 hlaax, aengx caux camv faaux)
- Ziux X-rays fangx
- Longc Fluoride nzaatv nzaaux (normh norm 6 hlaax, aengx caux camv faaux)
- Nzaaux nyaah (normh norm 6 hlaax, aengx caux camv faaux)
- Naeqc maih nyaah yuonh (longc finx naeqc) bun ninh mbuo maaih horpc bouc gaux nyei mienh
- Zotv nyaah kuotv
- Buang nyaah
- Zorc nyaah nzungh
- Zoux yietc maengz caux zoux yietc sung nyaah zorngh
- Cenv nyaah huic guangc aengx caux zorc nyaah gorn
- Baeng nyaah (baeng nyaah guangc)
- Liuc leiz zorc jiepv sih nyaah mun
- *Donv sienc njiec (se gorngv qiexm zuqc zorc jienv sic baengc)

* Ninh mbuo zoux gong zorc baengc ndie-sai horpc zuqc tengx corngh buatec nziepv ndie-m'njormh aengx caux nziepv ndie-mbiez puis mv zuqc naaic duc zorc baengc jauv-louc, aengx caux tengx zorc nyaah nyei gong duqv zipv jaa-nziouv nqoi nzuih bun mi'aqc a'fai mv zuqc heuc jaa-nziouv tov nqoi nzuih waac ndaangc (Jaa-ndaangc nqoi nzuih bun).

Weic haaix nyungc ninh mbuo longc naaiv deix ndie buatec buonh deic mv haih nziepv ndie-mbiez bun aengx caux ndie-m'njormh bun a'fai nzunc baav naaic deix ndie-m'njormh haih hoic zuqc:



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungh ndorm taux 7 dimv lungh muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

5 | Gu'nguaaz aengx caux fu'jueiv-caan wiux goux mangc longx faaux

- Zorc beih sin baengc, hnyiou v beqv zoux ciouv, waac fangx mv hlo hlang, a'fai corngh zingh baengc dugh tengx goux taux naaic laanh baengc mienh mv dongz taux ndie-sai yiem zorc baengc jauv-louc
- Paaix zorc hlo nyei dorngx a'fai zorc hlo nyei baengc
- Gu'nguaaz dongz borngz
- Jiepv zeiv nyiez zuqc baengc yiem nziepv ndie-sim dorngx
- Nziepv ndie-mbiec mv gaux tengx donv duqv mun

Beiv hhangv meih maaih waac qiemx zuqc naaic a'fai oix muangx waac-fienx tipv taux zorc nyaah jauv-louc, mborqv finx lorz taux Medi-Cal zorc nyaah gorn zangc yiem njiec naaiv 1-800-322-6384 (TTY 711). A'fai bieqc lorz mangc yiem <https://smilecalifornia.org/>.

Tim waac mbuox taux mbungh goux taux hoqc sou-nzangc jauv-louc

Beiv hhangv meih maaih dorngx guaax hnyiou v taux fu'jueiv bieqc hoqc nyei jauv-louc aengx caux hoqc sou-nzangc, ca'laangh gorngv caux domh ndie-sai, fin-saeng, a'fai nav goux horqc dorng h nyei mienh. Anthem mv daan beu sou-gorn tengx nyaanh bun goux taux zorc baengc jauv-louc hhangv, ninh mbuo corc liuc leiz taux bun fu'jueiv bieqc horqc hoqc sou-nzangc aengx caux mv bun bungx ndortv hoqc sou-nzangc jauv-louc. Ninh mbuo liepc mbenc ziangx naaiv deix gong-bou jauv-louc liouh tengx nzie fu'jueiv:

- Liuc leiz ziux goux hoqc waac aengx caux gorngv waac
- Liuc leiz ziux goux taux corngh zingh baengc
- Zorc ga'nyiec beih sin baengc
- Zorc corngh nanv sin zangc henv
- Maaih technology jaa-sic tengx
- Ziux goux yiem zorpc seix zangc nyei jauv-louc
- Tengx ca'laangh njiaaux waac bun muangx
- Goux njioux baengc yiem horqc dorng h
- Lorz cie tor mingh horqc dorng h caux tor nzuonx

California dinc zangx gunv goux taux hoqc sou-nzangc gorn zangc corc haih tengx zoux naaiv deix gong aengx caux dipc nyaanh cingv naaiv deix jauv-louc. Meih horpc zuqc dongh hnyiou v juangc caux domh ndie-sai caux fu'jueiv nyei fin-saeng, tengx liepc mbenc ziangx gng-bou jauv-louc ziux zuqc fu'jueiv bouc soux wuov liouh longc.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung h muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nang h bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

6. Douc fiensex bun hiuv taux maaih sic caux caeqv sic gong

Maaih yi nyungc javv liouh douc fiensex mbuox aengx caux caeqv nzaanz sic:

- Haaix zanc meih maaih sic a'fai Anthem a'fai zoux gong nyei mienh a'fai zorc baengc ndie-sai zoux haaix nyungc gong mv doix hnyiou **longc naaiv diuh javv guaix waac (gox sic)** guaix waac (gox sic) daaih mbuox.
- Anthem njiec lingc dux liouh tiuv zorc baengc gong a'fai tiuv sou-gorn beu haaix deix dong mv doix hnyiou nor longc naaiv diuh javv **lorz weic faan sic**.

Meih corc maaih leiz beu ze'buonc liouh zoux sou daaih guaix taux aengx caux lorz weic faan sic caux Anthem hiuv taux naaic deix sic dauh javv-louc oc. Naaiv deix javv-louc se mv duqv tiu ze'buonc beu taux wuov aengx caux lei beu taux tipv nyaanh javv-louc oc Yie mbuo mv nqemh a'fai mv ndouv zoux sic caux meih ziux fungx sou bieqc guaix taux yie mbuo wuov a'fai douc fiensex mbuox nyei javv. Mbuox tong yie mbuo hiuv taux meih nyei sic dauh javv-louc liouh yie mbuo dorh mingh zorc javv-louc tengx nzoih yietc zungv baengc mienh.

Meih corc haih lorz taux Anthem liouh douc fiensex mbuox yie mbuo hiuv taux meih nyei sic ndaangc. Mborqv finx lorz taux yie mbuo yiem njiec leiz baaix yietv taux leiz baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx ziangh hoc yiem njiec naaiv **1-800-407-4627 (TTY 711)**. Liouh douc fiensex mbuox yie mbuo hiuv taux meih nyei sic.

Beiv hnavv meih gox sic javv-louc a'fai lorz weic faan sic wuov mv gaengh caeqv sung sic jhex ndaangc 30 hnoi bouc dauh, a'fai ninh mbuo paaiv cuotv mv doix meih nyei hnyiou, daaix luic mborqv finx lorz taux California dinc zangc dimh gorn gunv goux heng'wangc (DMHC). Tov heuc DMHC tengx zaah luic taux meih guaix taux nyei waac a'fai lorz ga'hlen mienh daaih tengx zaah luic mangc taux zorc baengc javv-louc (IMR). Beiv hnavv sic dauh javv-louc benx jiepv zeh sic, buatc zorv ngaih haih maaih dorngx hoic zuqc baengc hniv faaux, norm meih oix zuqc gaanv jien sin liuc



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

leiz mborqv finx lorz DMHC siepv caux mv zuqc zoux sou fungx bieqc guaix a'fai lorz weic faan sic caux Anthem. Mborv finx lorz DMHC wangv henh heuc nyei finx-gorn yiem njiec naiav 1-888-466-2219 (TTY 1-877-688-9891 a'fai 711). A'fai bieqc lorz mangc yiem: <https://www.dmhc.ca.gov>.

Naaiv California dinc zangc domh gorn ziux goux zorc heng-wangc gong (DHCS) Medi-Cal gunv goux zorc baenc ziux yiem Ombudsman corc haih tengx nzie duqv meih. Beiv hnavg meih corc maaih dorngx nyauv taux dorh mbuoz bieqc, tiuv sou-gorn a'fai tiu mbuoz cuotv beu heng-wangc sou-gorn nor ninh mbuo tengx nzie meih duqv. Beiv hnavg meih duqv suiv dorngx aengx caux oix dorh mbuoz suiv bieqc yiem Medi-Cal ganh norm nquenc nyei sou-gorn ninh mbuo yaac tengx nzie duqv. Meih horpc zuqc mborqv finx lorz taux Ombudsman yiem leiz-baaix yietv taux leiz-baaix hmz, ziux 8 dimv lungx ndorm taux 5 dimv lungx hmuangx yiem njiec naaiv 1-888-452-8609. Naaiv se wangv henh heuc oc.

Meih corc haih zoux sou fungx bieqc gox taux nquenc zangc beu ze'buonc puix-juang nyei dinc gorngv taux Medi-Cal beu ze'buonc puix-juang javv-louc. Beiv hnavg meih mv hiuv longx ogrngv oix zuqc zoux sou fungx bieqc gox sic caux haaix norm dorngx, mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.

Se gorngv oix douc fiensex mbuox taux waac-fienx mv zuqc doic yiem caux beu heng-wangc sou-gorn wuov, mborqv finx lorz Medi-Cal yiem leiz-baaix yietv taux leiz-baaix hmz, ziux 8 dimv lungx ndorm taux 5 dimv lungx hmuangx yiem njiec naaiv 1-800-541-5555.

Maaih waac guaix taux

Naaiv zeiv maaih waac guaix taux (gox sic) sou se zez haaix zanc meih buangh zuqc sic a'fai ninh mbuo Anthem a'fai zoux gong nyei mienh zoux gong tengx meih haix mv doix hnyiouov wuov. Ninh mbuo mv gouv ziangx bouc dauh ziangh hoc liouh fungx sou bieqc guaix taux nyei waac. Haaix zanc yaac longx meih corc haih dorh guaix taux nyei waac bun taux Anthem yangh fonh daaih, fiev sou fungx daaih bun, a'fai yangh online bun hiuv. Meih corc haih nqoi nzuih bun ninh mbuo benx borng gong nyei mienh a'fai zoux gong nyei mienh corc haih tengx meih zoux sou fungx bieqc gaux taux.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

- **Yangh fonh: Mborqv finx lorz Anthem** yiem njiec naaiv **1-800-407-4627 (TTY 711)** yiem njiec leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Dorh meih nyei beu heng-wangc sou-gorn ID nam mber, mbuoz heuc, aengx caux guaix taux haaix nyungc jauv-louc bun muangx oc.
- **Fungx yangh funx fiensex jauv: Mborqv finx lorz taux Anthem** yiem njiec naaiv **1-800-407-4627 (TTY 711)** aengx caux tov heuc ninh mbuo dorh sou-daan fungx mingh bun meih. Haaix zanc meih duqv zipv naaiv zeiv sou-daan liuz, fiev nzoih ndaangc oc. Oix zuqc dimv mangc longx gorngv duqv dorh meih nyei mbuoz heuc, beu heng-wangc sou-gorn ID nam mber, aengx caux haaix nyungc jauv-louc dungn meih guaix taux wuov hietv nzoih. Mbuox yie mbuo hiuv taux benx hhangv haaix aengx caux heu yie mbuo hhangv haaix nzie meih.

Dorh sou-daan fungx yangh zipv fiensex jauv bun taux:

Anthem Blue Cross

P.O. Box 60007

Los Angeles, CA 90060-0007

Yiem njiec domh ndie-sai nyei dorngx mbenc duqv maaih sou-daan liouh bun guaix waac.

- **Online:** Bieqc lorz mangc taux Anthem website yiem njiec naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Beiv hhangv meih qiemx zuqc longc mienh tengx fiev naaiv zeiv sou liouh guaix taux nyei waac, yie mbuo nzie meih duqv. Yie mbuo liepc duqv gong tengx wangv henh porv waac mbuox. Mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.

Yiem njiec 5 norm zoux gong hnoi ziux ninh mbuo duqv zipv haix meih guaix taux nyei sic liuz, Anthem oix zuqc fungx fiensex mbuox meih hiuv taux yie mbuo duqv zipv fiensex taux buoz mi'aaq. Yiem njiec 30 hnoi bouc dauh ga'nyuoz, yie mbuo ix zuqc aengx fungx zeiv fiensex mbuox meih hiuv gorngv yie mbuo hhangv haaix caeqv sung sic bun. Beiv hhangv mborqv finx mbuox Anthem hiuv taux gox sic jauv-louc dungn mv zeiz guen taux beu heng-wangc sou-gorn jauv-louc, zorc jeinv sic baengc, a'fai zaah seix baengc a'fai dimv lorz zorc baengc, aengx caux taux setv mueix ziangh hoc ninh mbuo duqv tengx caeqv sung sic bun mi'aaq nor, meih yaac mv duqv zipv haix naaic zeiv fiensex aqv.

Beiv hhangv meih maaih jauv beqv siepv se gorngv mv tengx caeqv sung siepv nor haih hoic taux baengc hniev faaux, yie mbuo oix zuqc liuc leiz (gaanv) beqv zaah luic siepv. Yie mbuo oix zuqc njiec lingc dunx sic bun meih yiem njiec 72 norm ziangh hoc.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

6 | Douc fiensex bun hiuv taux maaih sic caux caeqv sic gong

Se gorngv qiemx zuqc tov heuc gaanv beqv zaah luic siepv, mborqv finx mbuox yie mbuo hiuv yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Yiem njiec 72 norm ziangh hoc ziux duqv zipv haix guaix sic nyei sou, yie mbuo oix zuqc dux gorngv horpc zuqc hngv haix luic leiz goux taux naaiv baan sic aengx caux mbuox hiuv gorngv tengx gaanv beqv zaah luic nyei fai. Beiv hngv yei mbuo corngv buac mv horpc zuqc luic leiz gaanv beqv zaah luic guaix waac nyei sic siepv, yie mbuo oix zuqc mbuox meih hiuv taux caeqv sung sic yiem njiec 30 hnoi ga'nyuoz. Nzunc baav DMHC corc zuqc lorz taux meih liouh naaic waac tipv, caux se gorngv meih buac naaic deix kuonx hnyiouy nyei sic horpc bouc gaux ganav beqv zaah luic siepv nyei, corc mv haix Anthem dua mbuox tengx luic leiz zaah luic waac yiem njiec 72 norm ziangh hoc, a'fai mv doix hnyiouy taux Anthem njiec lingx dux nyei waac.

Maaih waac guaix taux Medi-Cal Rx bun ndie nyei jauv-louc nyaanh dugh mv zeiz yiem caux goux sic bun taux Anthem nyei buonc jauv-louc a'fai zipv ga'hlen mienh tengx zaah luic taux zorc baengc jauv-louc. Baengc mienh corc haih zoux sou fungx bieqc guaix taux Medi-Cal Rx bun ndie nyei jauv-louc nyaanh ziux naaiv norm mborqv finx dorngx 1-800-977-2273 (TTY 1-800-977-2273) caux zatv bieqc 7 fai 711. A'fai bieqc lorz mangc yiem <https://medi-calrx.dhcs.ca.gov/home/>.

Maaih waac guaix taux bun ndie nyei jauv-louc nyaanh dugh mv zeiz benx Medi-Cal Rx ziux maaih horpc bouc gaux bun ga'hlen mienh tengx zaah luic mangc taux zorc baengc jauv-louc. DMHC wangv henh heuc nyei fonh nam mber ziux naaiv 1-888-466-2219 (TTY 1-877-688-9891). Meih corc haih zaah lorz mangc naaiv zeiv sou-daan liouh tov ga'hlen mienh tengx zaah luic mangc taux zorc baengc jauv-louc/sou-guv njiaaux zoux guaix waac sou yiem online yiem njiec naaiv DMHC's website: <https://www.dmhc.ca.gov/>.

Lorz weic faan sic

Lorz weic faan sic caux maaih waac guaix taux nyei sic se mv doix doic oc. Lorz weic faan sic se benx yietc zeiv sou daaih tov taux Anthem tengx zaah luic mangc aengx caux tiuv njiec lingc dux sic liouh zoux gong bun wuov. Beiv hngv yei mbuo duqv fungx naaiv zeiv fiensex mbuox heuc njiec buoz luic leiz zoux nyei gong (NOA) mingh bun hiuv taux gorngv yei mbuo ngaengc nzuih mv dapc engx bun, zorv ngaih, tiuv siang, a'fai bungx gong dorng mueix baac aqv, aengx caux meih mv doix dongh taux yei mbuo dux nyei sic, meih tov taux yei mbuo tengx faan mangc siang duqv. Naaiv



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungu ndorm taux 7 dimv lungu muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

laanh borng gong bun meih nyei mienh a'fai zoux gong zorc baengc ndie-sai corc haih tengx meih fiev sou daaih tov taux yie mbuo faan mangc siang duqv nyei oc.

Meih a'zuqc zoux sou mingh tov heuc faan sic yiem njiec 60 hnoi ga'nyuoz ziux hnoi-nyieqc hietv NOA yiem caux Anthem bun mbuox meih wuov. Beiv hnavg yie mbuo duqv njiec lingc dunx taux ih zanc minc zinh gong hluotv zoqc njiec, taanz tuix ziangh hoc, a'fai donv dingh njiec mv bun aqv, meih corc haih duqv zipv nzipc zorc baengc yiemnjiec zuov muangx faan sic nyei bouc dauh wuov oc. Naaiv jioux waac heuc zengc gong zuov njiec muangx sic nyei ziangh hoc. Se gorngv qiemx zuqc longc naaiv deix zengc gong zuov njiec muangx sic nyei ziangh hoc, meih a'zuqc tov taux yie mbuo tengx faan sic yiem njiec 10 hnoi ga'nyuoz ziux hnoi-nyieqc hietv NOA wuov a'fai ndaangc taux hnoi-nyieqc ziux yie mbuo mbuox heuc donv dingh njiec gong, haaix nyungc yaac duqv oc. Haaix zanc meih zoux sou tov lorz weic faan sic mangc taux naaiv deix sic dauh javv-louc nyei ziangh hoc, ninh mbuo ix zuqc tengx nzipc zorc baengc bun yiem njiec tengx njiec lingc dunx taux faan sic javv-louc wuov.

Meih douc waac lorz faan sic yangh fonh mbuox, fiev sou fungx daaih, a'fai mbuox yangh online:

- **Yangh fonh:** Mborqv finx lorz Anthem yiem njiec naaiv **1-800-407-4627 (TTY 711)** yiem njiec leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Dorh meih nyei mbuoz heuc, beu heng-wangc sou-gorn ID nam mber, aengx caux haaix nyungc zorc baengc gong dungn meih oix lorz weic faan sic wuov.
- **Fungx yangh funx fiensex javv:** Mborqv finx lorz taux Anthem yiem njiec naaiv **1-800-407-4627 (TTY 711)** aengx caux tov heuc ninh mbuo dorh sou-daan fungx mingh bun meih. Haaix zanc meih duqv zipv naaiv zeiv sou-daan liuz, fiev nzoih ndaangc oc. Oix zuqc dimv mangc longx gorngv duqv dorh meih nyei mbuoz heuc, beu heng-wangc sou-gorn ID nam mber, aengx caux haaix nyungc zorc baengc gong dungn meih oix lorz weic faan sic wuov.

Dorh sou-daan fungx yangh zipv fiensex javv bun taux:

Attn: Grievance Coordinator

Anthem Blue Cross

P.O. Box 60007

Los Angeles, CA 90060-0007

Yiem njiec domh ndie-sai nyei zoux gong gorn zangc mbenc duqv maaih lorz weic faan sic sou-daan nyei oc.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

- **Online:** Bieqc mangc yiem Anthem website. Bieqc lorz taux [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Beiv hngangv meih qiemx zuqc longc mienh tengx zoux sou lorz weic faan sic a'fai tengx taux zengc njiec zuov muangx nyei waac, yie mbuo nzie bun duqv oc. Yie mbuo liepc duqv gong tengx wangv henh porv waac mbuox. Mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.

Yiem njiec 5 hnoi ga'nyuoz ziux duqv zipv haix meih guaix taux nyei sic liuz, Anthem oix zuqc fungx fiensex mbuox meih hiuv taux yie mbuo duqv zipv fiensex taux buoz mi'aaq. Yiem njiec 30 hnoi ga'nyuoz, yie mbuo oix zuqc mbuox tong meih hiuv taux yie mbuo njiec lingc dux faan sic waac aengx caux fungx fiensex mbuox hiuv taux caeqv sung sic mi'aaq (NAR). Beiv hngangv yiem njiec 30 hnoi ga'nyuoz corc mv buatac yie mbuo dau waac mbuox taux lorz weic faan sic wuov, meih corc haih tov taux saengv zangc paaiv leiz bun muangx yiem caux naaiv norm California dinc zangc dom gorn njiaaux goux mienh yiem seix zangc (CDSS) aengx caux lorz ga'hlenh mienh tengx zaah luic mangc taux zorc baengc jauv-louc (IMR) caux DMHC.

Se gorngv meih ginv jauv-louc tov taux saengv zangc tengx paaiv leiz bun muangx ndaangc, aengx caux jhex daaih cingx haix ninh mbuo neqv mbuox cing caeqv sung sic bun muangx, yiem naaiv mingh meih yaac mv haih dorh dongh nyungc sic tov zoux IMR juangc caux zoux DMHC aqv. Weic zuqc gorngv, ninh mbuo saengv zangc paaiv leiz bun muangx yaac benx nqa'haav set mueix dorngx mi'aaq. Mv gunv gorngv saengv zangc duqv paaiv leiz bun muangx baac liuz, yiem naaiv mingh meih corc maaih leiz bun zoux sou mingh guaix caux DMHC se gorngv buatac naaic deix sic mv horpc zuqc bun zoux IMR.

Beiv hngangv meih a'fai domh ndie-sai oix beqv yie mbuo gaanv tengx njiec lingc dux sic siepv weic zuqc tor ziangh hoc lauh ndaav haih maaih banegc hniev hoic taux waac maengc, buonh sin, a'fai mv haih ziangx doic longc duqv hngangv lox, meih cingx beqv heuc (gaanv) zaah luic siepv. Se gorngv oix mborqv finx lorz tov beqv gaanv zaah luic siepv **1-800-407-4627 (TTY 711)**. Yie mbuo oix zuqc njiec lingc dux bun yiem njiec 72 norm ziangh hoc ziux zipv haix tov faan sic nyei sou funx.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung hndorm taux 7 dimv lung muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

A'zuqc hnavg haaix zoux haaix nyungc beiv hnavg meih mv lorqc doih taux lorz weic faan sictengx njiec lingc dux nyei sic

Beiv hnavg meih duqv zoux sou mingh tov lorz weic faan sic aengx caux duqv zipv haix naaiv zeiv fienv NAR daaih mbuox gorngv yie mbuo mv duqv tiuv taux njiec lingc dux nyei waac, a'fai meih mv duqv ziov haix jiex naaiv zeiv fienv NAR daaih mbuox aengx caux zaih jiex ndaangc 30 hnoi mi'aaq, meih horpc zuqc:

- Tov taux **Saengv zangc tengx paaiv leiz** bun muangx yiem caux California dinc zangc dom gorn njiaaux goux mienh yiem seix zangc (CDSS) aengx caux dux sic leiz sai oix zuqc tengx zaah luic mangc taux meih nyei sic. CDSS nyei wangv henh heuc fonh nam mber ziux naaiv 1-800-743-8525 (TTY 1-800-952-8349). Meih corc haih tov taux saengv zangc tengx paaiv leiz bun muangx yangh online yiem njiec naaiv <https://www.cdss.ca.gov>. Ninh mbuo liepc ziangx camv-nyungc javu liouh zoux sou mingh tov taux saengv zangc tengx paaiv leiz bun muangx lorz mangc yiem “Saengv zangc paaiv leiz bun muangx” yiem naaiv ginc sou.
- Sou-daan liouh zoux sou mingh tov longc ga'hlen mienh tengx zaah luic mangc taux zorc baengc javu-louc/zoux sou fungx guaix waac caux dinc zangc domh gorn gunv goux zorc baengc javu-louc (DMHC) liouh bun Anthem's njiec lingc dux yiem zaah luic javu-louc. Beiv hnavg meih guaix waac nyei javu-louc maaih horpc bouc gaux bun DMHC benx ga'hlen mienh tengx zaah luic mangc taux zorc baengc javu-louc (IMR), naaiv laanh mienh se benx ga'hlen maengz gorn zangc ndie-sai dugh mv maaih mbuoz juangc caux Anthem gorn zangc doic wuov tengx zaah luic mangc aengx caux duqv njiec lingc dux gorngv oix zuqc ziux Anthem nyei waac longc.

DMHC wangv henh heuc nyei fonh nam mber ziux naaiv 1-888-466-2219 (TTY 1-877-688-9891). Meih corc haih zaah lorz mangc naaiv zeiv sou-daan liouh zoux sou mingh tov IMR/guaix waac sou-daan aengx caux njiaaux waac sou-guv yiem online yiem njiec naaiv DMHC's website: <https://www.dmhc.ca.gov>.

Meih mv zuqc ndortv nyaanh cingv saengv zangc tengx paaiv leiz bun muangx a'fai cingv zoux IMR.

Meih corc maaih leiz beu ze'buonc bun zipv muangx nzoih yi nyungc javu-louc lemh muangx saengv zangc paaiv leiz aengx caux zoux IMR. Se gorngv meih ginv javu-louc tov taux saengv zangc tengx paaiv leiz bun muangx ndaangc aengx caux jiex daaih cingx haix ninh mbuo neqv mbuox cing caeqv sung sic bun muangx, yiem naaiv mingh



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungu ndorm taux 7 dimv lungu muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

meih yaac mv haih dorh dongh nyungc sic tov zoux IMR juangc caux zoux DMHC aqv. Weic zuqc gorngv, ninh mbuo saengv zangc paaiv leiz bun muangx yaac benx nqa'haav set mueix dorngx mi'aqc. Maiv baac meih corc haih zoux sou fungx bieqc guaix sic caux DMHC duqv oc beiv hhangv meih nyei sic mv maaih leiz beu gaux bun zoux IMR, mv gunv gorngv ninh mbuo saengv zangc duqv tengx paaiv leiz bun muangx liuc yaac baac.

Naaiv deix waac-fienx hietv yiem ga'ndiev wuov liouh bun hiuv taux hhangv haaix tov taux saengv zangc tengx paaiv leiz bun muangx aengx caux zoux IMR.

Zoux sou guaix nyei waac aengx caux lorz weic faan sic lorz taux Medi-Cal Rx bun nyaanh maaiz ndie dungh mv zeiz Anthem goux taux nyei javv-louc. Se gorngv oix zoux sou mingh guaix taux aengx caux lorz weic faan sic muangx taux Medi-Cal Rx bun nyaanh ndie, mborqv finx lorz taux 1-800-977-2273 (TTY 1-800-977-2273) aengx caux zatv bieqc 7 fai 711. Maaih waac guaix taux bun maaiz ndie nyaanh dungh mv zeiz benx Medi-Cal Rx bun horpc bouc gaux ga'hlen mienh tengx zaah luic mangc taux zorc baengc javv-louc (IMR) caux DMHC

Beiv hhangv meih mv horpc hnyiou v taux ninh mbuo njiec lingc dux guaix taux Medi-Cal Rx bun nyaanh maaiz ndie, meih corc haih tov heuc saengv zangc paaiv leiz bun muangx. Meih mv haih tov taux DMHC liouh tengx zoux IMR mangc taux Medi-Cal Rx njiec lingc dux taux bun nyaanh maaiz ndie.

Zoux sou fungx daaih guaix taux aengx caux tov longc ga'hlen mienh tengx zaah luic mangc taux zorc baengc javv-louc (IMR) caux dinc zangc domh gorn ziux goux zorc baengc javv-louc (DMHC)

Zoux taux naaiv diuc IMR gong se benx ga'hlen nzuqc maengz ndie-sai dungh mv maaih mbuoz zoux gong caux Anthem wuov tengx zaah luic mangc sic. Beiv hhangv meih oix zoux naaiv diuc IMR, meih oix zuqc jhex gorn zoux sou mingh lorz weic faan sic caux Anthem dungh mv zeiz jiepv zeh beqv nyei javv-louc. Beiv hhangv meih mv duqv haix Anthem nyei waac yiem njiec 30 hnoi ga'nyuoz, a'fai mv doix hnyiou v taux Anthem njiec lingc dux nyei waac ndaangc, liuc meih cingx zoux sou mingh tov zoux IMR. Meih a'zuqc tov zoux IMR yiem njiec 6 hlaax nyieqc ga'nyuoz ziux hnoi-nyieqc



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

6 | Douc fiensex bun hiuv taux maaih sic caux caeqv sic gong

hietv naaiv zeiv fiensex bun hiuv taux njiec lingc dux taux lorz weic faan sic wuov, meih corc maaih bouc dauh ziangh hoc 120 hnoi liouh tov taux saengv zangc tengx paaiv leiz bun muangx. Yiem naaiv mingh, se gorngv meih haix oix tov zoux IMR aengx caux oix heuc saengv zangc tengx paaiv leiz bun muangx, oix zuqc gaanv jien sin liuc leiz zoux sou fungx waac bieqc guaix siepv.

Oix zuqc bieqc hnyiou v oc, se gorngv meih ginv javu-louc tov taux saengv zangc tengx paaiv leiz bun muangx ndaangc, aengx caux haix ninh mbuo neqv mbuox tengx caeqv sung sic bun muangx ziangx, yiem naaiv mingh meih yaac mv haih tov DMHC heuc tengx zoux IMR dongh nyungc gong aqv. Weic zuqc gorngv, ninh mbuo saengv zangc paaiv leiz bun muangx yaac benx nqa'haav set mueix dorngx mi'aqc. Maiv baac meih corc haih zoux sou fungx bieqc guaix sic caux DMHC duqv oc beiv hnavg meih nyei sic mv maaih leiz beu gaux bun zoux IMR, mv gunv gorngv ninh mbuo saengv zangc duqv tengx paaiv leiz bun muangx liuc yaac baac.

Nzunc baav meih corc haih duqv zipv tengx liuc leiz zoux IMR siepv, mv zuqc zoux sou fungx bieqc lorz Anthem faan sic ndaangc. Se gorngv haax zanc haix maaih dorngx guaax hnyiou v taux beu heng-wangc sou-gorn beqv nyei javu-louc, dungh nzauh heiz haih maaih dorngx hoic zuqc baengc hniev faaux.

Beiv hnavg naaiv zeiv guaix waac sou DMHC mv horpc bouc liouh tengx liuc leiz zoux IMR, DMHC oix zuqc tengx zaah luic mangc longx guaix waac sou liouh tengx dimv mangc taux Anthem njiec lingc dux sic zuqc ziangx javu-louc ziux meih lorz weic faan sic duqv ngaengc nzuih mv dapc engx nyei gong wuov.

California dinc zangc domh gorn gunv goux taux zorc baengc javu-louc oix zuqc laengz gunv goux taux beu heng-wangc sou-gorn liouh zorc baengc. Beiv hnavg meih maaih dorngx oix gox liouh hemz taux caux beu heng-wangc sou-gorn, meih horpc zuqc jhex gorn douc waac yangh fonh bun taux beu heng-wangc sou-gorn ndaangc, ziux naaiv **1-800-407-4627 (TTY 711)** aengx caux longc beu heng-wangc sou-gorn nyei javu-louc liouh zoux sou fungx gox sic ndaangc lorz taux dinc zangc domh gorn oc. Longc gox sic javu-louc se mv maaih haax nyungc haih zoux hoic zuqc beu ze'buonc leiz bun meih aengx caux mv ndanc taux tengx nyaanh meih. Beiv hnavg meih qiex zuqc longc mienh tengx gox sic liouh njieux jiepv sih beqv nyei gong, caux ninh mbuo beu heng-wangc sou-gorn dorh gox sic sou corng dux liuz mv doix hnyiou v, a'fai corc maaih javu-louc yiem gox taux nyei waac zengc njiec mv gaengh caeqv nzaanz tor ziangh hoc jhex ndaangc 30 hnoi, meih horpc zuqc mborqv finx lorz taux dinc zangc domh gorn tengx liuc leiz duqv. Nzunc baav meih corc haih duqv zipv



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung hndorm taux 7 dimv lung muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

tengx lorz ga'hlen mienh tengx zaah luic mangc taux zorc baengc jauv-louc (IMR). Beiv hhangv meih maaih leiz beu bun zoux IMR, ninh mbuo IMR oix zuqc ziux ziepc zuoqv laangh fim zaah luic mangc taux beu heng-wangc sou-gorn duqv njiec lingc dux zorc baengc jauv-louc mv wangc haaix bung a'fai mbuox taux nyei waac zien ndongc haaix, sou-gorn beu taux seix baengc gong ziux jauv-louc hhangv haaix daaih, aengx caux maaih dorngx mv horpc doic yiem cuotv nyaanh goux taux jiepv sih baengc a'fai qiemx zorc baengc beqv siepv nyei sic. Ninh mbuo dinc zangc domh gorn mbenc ziangx wangv henh heuc nyei fonh nam mber (1-888-466-2219) aengx caux TDD finx-gorn (1-877-688-9891) liouh bun m'normh ndung caux nzuih waac nyei mienh longc. Dinc zangc domh gorn internet website www.dmhc.ca.gov liepc ziangx sou-daan liouh zoux sou hemz, sou-daan tov zoux IMR aengx caux njiaaux waac yiem online.

Saengv zangc paaiv leiz bun muangx

Ninh mbuo saengv zangc paaiv leiz bun muangx se liepc benx yietc norm wuic liouh ca'laangh caux Anthem aengx caux dunc sic domh sai yiem caux California dinc zangc dom gorn njiaaux goux mienh yiem seix zangc (CDSS). Naaiv laanh dux sic domh sai oix zuqc tengx lorz jauv dux caeqv nzaanz sic bun meih aengx caux ndorqc corngx dux mangc taux Anthem duqv njiec lingc dux nyei waac se zuqc nzengc mi'aqc fai. Meih corc maaih leiz beu ze'buonc liouh tov taux saengv zangc paaiv leiz bun muangx duqv se gorngv meih duqv tov lorz weic faan sic yiem caux Anthem ndaangc liuz aengx caux haix maiv doix hnyiou v taux yie mbuo njiec lingc dux nyei waac, a'fai meih maiv duqv zipv haix njiec lingc dux taux lorz weic faan sic tor ziangh hoc lauh jhex 30 hnoi.

Meih oix zuqc tov taux saengv zangc tengx paaiv leiz bun muangx yiem njiec 120 hnoi ziux hnoi-nyieqc dugh yie mbuo hietv naaiv zeiv fiensex NAR funx. Beiv hhangv yie mbuo duqv bun tengx zoux zengc njiec zuov muangx nyei buonc gong yiem njiec lorz weic faan sic nyei ziangh hoc aengx caux meih qiemx zuqc nzipc longc naaic deix gong zuov taux haix njiec lingc dux waac yiem saengv zangc paaiv leiz zaamc, meih oix zuqc tov taux saengv zangc tengx paaiv leiz bun muangx yiem njiec 10 hnoi ziux yie mbuo hietv hnoi-nyieqc yiem naaiv zeiv fiensex NAR wuov a'fai ndaangc taux hnoi-nyieqc yie mbuo heuc donv dingh gong njiec wuov, longc haaix nyungc ndaangc yaac longx.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

6 | Douc fiensex bun hiuv taux maaih sic caux caeqv sic gong

Beiv hnavgv meih qiemx zuqc longc mienh tengx nor oix zuqc dimv mangc longx gorngv naaiv deix gong bun zoux zengc njiec zuov muangx saengv zangc tengx dunx setv mueix sic wuov, lorz taux Anthem yiem njiec leiz-baaix yietv taux leiz-baaix hmz, ziux 7 dimv lungx ndorm taux 7 dimv lungx muonx. mborqv finx lorz **1-800-407-4627**. Beiv hnavgv meih m'normh ndung a'fai nzuih waaic gorngv waac mv mbiaangc, mborqv finx lorz TTY 711. Meih corc haih ngoi nzuih bun ninh mbuo borng gong bun meih nyei mienh a'fai zorc baengc ndie-sai corc haih tengx tov taux saengv zangc tengx paaiv leiz bun meih duqv oc.

Maaih nzunc baav meih corc haih tov taux saengv zangc tengx paaiv leiz bun muangx mv zuqc liuc leiz lorz weic faan sic ziangx ndaangc.

Zoux guv yienh bun mangc, beiv hnavgv Anthem mv duqv mbuox meih hiuv ziux ziangh hoc a'fai mv mbuox hiuv nzoih zorc baengc gong hingh ziangh hoc, meih corc haih tov taux saengv zangc tengx paaiv leiz bun muangx mv zuqc lorz weic faan sic ndaangc. Maaih mbuoz heuc naaiv jioux waac gorngv mv maaih dorngx hnamv kaux. Zoux guv yienh bun mangc yiem naaiv benx mv maaih dorngx hnamv kaux nyei javv-louc:

- Se gorngv buatac yie mbuo mv duqv dorh naaiv zeiv fiensex NOA a'fai NAR sou mingh fiev benx meih nyei waac bun muangx
- Yie mbio maaih dorngx zoux zuqc dorngc dungh muangh zuqc leiz beu ze'buonc bun meih wuov
- Mv buatac yie mbuo dorh naaiv zeiv fiensex NOA bun meih hiuv
- Mv buatac yie mbuo dorh naaiv zeiv fiensex NAR bun meih hiuv
- Yie mbuo zoux zuqc dorngx naaiv zeiv fiensex NAR bun meih
- Beiv hnavgv buatac yie mbuo mv duqv njiec lingc dunx lorz weic faan sic nyei javv-louc yiem njiec 30 hnoi ga'nyuoz
- Se gorngv meih nyei sic beqv haic aengx caux buatac yie mbuo mv duqv dau waac mbuox meih yiem njiec 72 norm ziangh hoc

Meih horpc zuqc tov taux saengv zangc tengx paaiv leiz bun muangx yangh naaiv deix haaix diuh javv-louc yaac duqv oc:

- **Yangh fonh:** Mborqv finx lorz taux CDSS Saengv zangc goux paaiv leiz bun muangx nyei gorn zangc yiem njiec naaiv 1-800-743-8525 (TTY 1-800-952-8349 a'fai 711)



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

- **Fungx yangh fungx fiensex jauv:** Dorh naaiv zeiv sou-daan lorz weic faan sic liouh caeqv nzaanz sic nyei sou mingh fiev ziangx aengx caux fungx bun taux:
California Department of Social Services
State Hearings Division
P.O. Box 944243, MS 09-17-433
Sacramento, CA 94244-2430
- **Online:** Tov muangx paaiv leix waac yangh online yiem njiec naaiv www.cdss.ca.gov
- **Fungx yangh email:** Dorh naaiv zeiv sou-daan dungh duqv jau ziec caux naaiv zeiv tih mengh fiensex mbuox lorz weic faan sic caeqv sung sic bun daaih wuov fiev ziangx ndaangc aengx caux fungx yangh email bun taux Scopeofbenefits@dss.ca.gov
 - **Mbuox jangx-fim waac:** Beiv hngv meih duqv fungx yangh email daaih bun nor, nzunc baav maaih ga'hlen mienh dungh mv zeiz saengv zangc paaiv leiz bun muangx nyei mienh haih nimc mangc email. Jaa-nziouv oix zuqc corng h mangc longx ndaangc liouh gin v mbueix jauv fungx sou oc.
- **Yangh faekv:** Dorh naaiv zeiv sou-daan dungh duqv jau ziec caux naaiv zeiv tih mengh fiensex mbuox lorz weic faan sic caeqv sung sic bun daaih wuov fiev ziangx ndaangc aengx caux fungx bun taux saengv zangc paaiv leiz gorn zangc yangh faeqv bun taux 916-309-3487 a'fai wangv hen h heuc yiem njiec naaiv 1-833-281-0903.

Beiv hngv meih qiemx zuqc longc mienh tengx zoux sou mingh tov saengv zangc paaiv leiz bun muangx, yie mbuo tengx duqv oc. Yie mbuo liepc duqv gong tengx wangv hen h porv waac mbuox. Mborqv finx lorz taux **1-800-407-4627 (TTY 711)**.

Yiem njiec paaiv leiz bun muangx nyei ziangh hoc, meih oix zuqc mbuox taux dux sic leiz sai hiuv taux weic laaix haaix nyungc meih mv doix-dongh taux Anthem njiec lingc dux nyei waac. Anthem oix zuqc mbuox taux dux sic leiz sai hiuv taux yie mbuo hngv haaix corng h liuz njiec lingc dux waac. Ninh haih tor bouc dauh ziangh hoc lauh ndaauv taux 90 hnoi liouh dux sic leiz sai tengx njiec lingc dux sic bun meih. Anthem oix zuqc mau ziux dux sic leiz sai njiec lingc dux nyei waac.

Beiv hngv meih haix oix heuc CDSS tengx beqv njiec lingc dux waac bun siepv weic laaix gorngv saengv zangc paaiv leiz bun muangx nyei gorn zangc tor ziangh hoc lauh ndaauv nor haih zoux bun hoic taux maengc, baengc zingh, a'fai mv haih zorc duqv longx hngv lox, meih ganh, borng gong bun meih nyei mienh, a'fai ndie-sai corc haih lorz taux CDSS aengx caux tov beqv heuc saengv zangc (gaanv) paaiv leiz bun muangx siepv. CDSS oix zuqc gaanv liuc leiz tengx njiec lingc dux waac bun



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung h muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

muangx mv lauh jiex 3 norm zoux gong hnoi ziux haix meih zoux sou daaih bun taux Anthem funx daaih.

Gorngv-baeqc nduov pienx nyanc, guangc henh, aengx caux zoux dorngc javv

Beiv hnavg meih laaic naaiv laanh ndie-sai a'fai haaix laanh mienh duqv zipv Medi-Cal wuov gorngv -baeqc nduov pienx nyanc, guangc henh, a'fai zoux dorngc javv nor, meih horpc zuqc jienv sin liuc leiz douc fiensex mbuox taux naaiv norm gem waac nyei wangv henh heuc nyei nam mber 1-800-822-6222 a'fai fungx sou bieqc gox sic yangh online yiem njiec naaiv <https://www.dhcs.ca.gov/>.

Zoux gong mienh gorngv-baeqc nduov pienx nyanc, guangc henh, aengx caux zoux dorngc javv se maaih:

- Zoux benx zorc baengc sou-gorn javv
- Bun ndie camv njiec ndaangc qiex longc zorc baengc nyei buonc
- Zoux gong camv jiex ndaangc dungh qiex zuqc longc tengx zorc baengc nyei gong
- Dorh zorc baengc zaeqv-daan mingh siou nyaanh dungh mv zoux nyei gong
- Dorh zorc baengc zaeqv-daan mingh siou nyaanh gorngv duqv cingv liouc siouv ndie-sai daaih tengx zorc baengc, zien sic mv duqv cingv daaih
- Ginv ziangx nyungc horngh gong gorngv wangv henh bun a'fai dorh huoz njiec jaax zanc dorh mingh njomc nduov baengc mienh ginv longc naaic laanh zoux gong mienh
- Tengx tiuv yienc baengc mienh nyei daauh laanh zorc baengc ndie-sai mv duqv jaa-nziouv mbuox baengc mienh hiuv ndaangc

Haax laanh mienh gorngv-baeqc nduov pienx nyanc nyaanh, guangc henh, aengx caux zoux dorngc javv se maaih naaiv deix, naanh gorngv mv zienz bun muangx aqv:

- Dorh beu heng-wangc sou-gorn ID a'fai dorh Medi-Cal zorqv nyaanh hmien-mueic fangx (BIC) gaav bun mienh longc, maaic, a'fai fongc mienh



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

6 | Douc fiensex bun hiuv taux maaih sic caux caeqv sic gong

- Yiem caux yietc laanh ndie-sai duqv bun ndie a'fai juangc nyungc ndie bun a'fai zorc baengc lapv zuqc doic
- Se gorngv mv zeiz benx jiepv sih baengc hiuang yaac guaih mingh bieqc lorz njoux jiepv sih baengc hiuang nyei dorngx
- Zorqv ga'hlen mienh nyei Social Security nam mber a'fai beu heng-wangc sou-gorn ID nam mber mingh longc
- Tov cie tengx tor mingh zorc baengc aengx caux mv geh mingh zorc baengc nyei gong, tov tengx zorc baengc nyei gong dungx mv maaih sou-gorn beu yiem caux Medi-Cal, a'fai mv buatec maaih dungx ziangx ziangh hoc liouh lorz ndie-sai zorc baengc a'fai mv zeiz mingh zorqv ndie

Liouh douc fiensex mbuox taux gorngv-baeqc nduov pienx nyanc nyaanh, guangc henh, aengx caux zoux dorngc jauv, a'zuqc fiev naaic laanh janx-zaqc nyei mbuoz heuc, hietv deic zepv, caux ID nam mber hietv nzoih oc. Dorh waac-fiensex mbuox camv ndongc haaix yaac gauh yaauc bun hiuv taux naaic laanh janx-zaqc, se gorngv ninh benx zorc baengc ndie-sai nor oix zuqc mbuox taux ninh nyei fonh nam mber a'fai ben xhaaix nyungc liouc siouv ndie-sai. Horpc zuqc gapv zunv sic dauh jauv-louc mbuox bun hiuv taux benx hngv haaix daaih aengx caux yiem lorqc zuqc haaix norm hnoi-nyieqc cornz cuotv.

Douc fiensex bun taux:

Attn: Special Investigations Unit (SIU)

Anthem Blue Cross

21215 Burbank Blvd.

Woodland Hills, CA 91367

Anthem mbungh goux gorngv-baeqc pienx nyanc SIU jiepv sih douc waac finx-gorn: 1-888-231-5044



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

7. Leiz beu ze'buonc aengx caux a'zuqc liuc leiz zoux ndaamgorng gong

Weic meih bengx yietc laanh Anthem nyei mienh mi'aqc, horpc zuqc maaih leiz beu ze'buonc bun aengx caux liuc leiz zoux ndaam dornng gong. Yiem naaiv ginc sou duqv porv mengh mbuox taux maaih leiz beu ze'buonc bun aengx caux liuc leiz ndaam dornng zoux naaiv deix gong. Yiem naaiv ginc sou se duqv zorpc tih mengh fiensex mbuox taux maaih leiz beu ze'buonc benx baengc mienh yiem caux Anthem.

Maaih leiz beu ze'buonc bun meih

Maaih leiz beu ze'buonc bun meih benx baengc mienh yiem Anthem:

- Oix zuqc ziux goux taaih mangc longx aengx caux mangc duqv faaux mueic, corngh mangc longx maaih leiz beu ze'buonc liouh benx gorqv-zeic goux si'jeiv gong bun aengx caux gem mbueix zorc baengc zingh baengc jauv-louc beiv taux lox-hnoi zorc baengc gouv-nyinh, benx jiex corngh zingh baengc caux beih sin baengc, aengx caux zorc lomc-mbueix baengc a'fai bueix doic nyiez zuqc nyei baengc
- Oix zuqc dorh beu heng-wangc sou-gorn gong caux zorc baengc jauv-louc bun hiuv nzengc, maaih sou-gorn beu taux haaix nyungc gong-bou jauv-louc, zoux gong ndie-sai mienh, njiec buoz goux baengc nyei mienh, aengx caux bun hiuv taux baengc mienh maaih haaix horngh leiz beu ze'buonc aengx caux a'zuqc liuc leiz zoux haaix nyungc gong



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

7 | Leiz beu ze'buonc aengx caux a'zuqc liuc leiz zoux ndaamgong gong

- Liouh zipv haix zorc baengc gong-bou jauv-louc waac-fienx porv benx meih nyei waac bun muangx, lemh bun hiuv taux gox sic aengx caux lorz weic faan sic jauv-louc nzoih zunh
- Kuv waac mbuox taux Anthem doz-leiz liouh tengx beu ze'buonc bun baengc meinh aengx caux a'zuqc liuc leiz zoux nyei gong
- Maaih leiz beu bun sienv longc daauh laaun ndie-sai yiem njiec Anthem juangc doic nyei gorn zangc
- Duqv zipv bieqc lorz taux juangc gorn zangc doic nyei ndie-sai tengx zorc baengc hingh ziangh hoc
- Bun ziangh hoc duqv bieqc juangc caux ninh mbuo zorc baengc ndie-sai njiec lingc corngh dunx taux zorc baengc bun ga'ganh, caux maaih leiz beu bun ngaengc nzuih mv nyunc duqv longc zorc baengc nyei gong
- Maaih ze'buonc gaux liouh zoux sou gox sic, longc baeqc nzuih gox a'fai fiev sou fungx mingh gox taux gorn zangc hiuv a'fai zorc baengc jauv mv doix hnyiouv wuov
- Maaih leiz bun hiuv taux weic laaix haix nyungc Anthemhnangv naaic njiec lingc corngh dunx ngaengc nzuih mv dapc engx, zorv ngaih, guangc (dingh njiec) naaic deix gong, a'fai tov tiuv taux zorc baengc jauv-louc wuov
- Duqv taux tengx daux doic zorc baengc bun
- Maaih leiz liouh zoux sou lorz weic faan sic muangx taux njiec lingc dunx ngaengc nzuih mv dapc engx tengx nyaanh, tuix bouc, a'fai hluotv zorc baengc gong a'fai nyaanh zoqc njiec
- Duqv zipv wangv henh tengx porv waac bun bei aengx caux dorch zorc baengc gong-bou jauv-louc porv benx meih waac bun doqc muangx
- Duqv zipv wangv henh tengx yiem njiec goux doz-leiz gorn a'fai da'nyeic deix doic tengx nzie
- Duqv bun jaa-nziouv gouv ziangx oix longc zinh hoz gong-bou jauv-louc
- Se gorngv oix tov taux saengv zangc paaiv leiz bun muangx dughn buac maaih haix nyungc zorc baengc jauv-louc a'fai zorc baengc nyaanh zuqc ninh mbuo ngaengc nzuih mv dapc engx tengx wuov aengx caux meih duqv lorz faan sic caux Anthem mi'aaq aengx caux ninh mbuo dingc waac dunx cuotv daaih mv doix hnyiouv, a'fai meih mv duqv zipv haix ninh mbuo tengx njiec lingc dunx taux lorz weic faan sic dau mbuox lauh jiex 30 hnoi mi'aaq, caux buac naaic deix jauv-dauh louc mueix nyei sic yaac horpc zuqc beqv gaanh tengx jien sin siepv wuov
- Se gorngv oix tiu mbuoz cuotv (zorqv mbuoz guangc) caux Anthem aengx caux oix tiuv ganh norm beu heng-wangc sou-gorn yiem njiec nquenc zangc
- Fu'jueiv-lunx laengz waac bun bieqc ziux goux zorc baengc



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

7 | Leiz beu ze'buonc aengx caux a'zuqc liuc leiz zoux ndaamgong gong

- Duqv zipv muangx baengc mienh nyei waac-fienx fiev bieqc benx da'nyeic nyungc nzangc (caux zoux benx nangc-pokc bun hluo, aamx bieqc domh zeiv, benx waac-qeiz bun muangx, aengx caux bieqc lorz yiem ga'nyuoz electronic gorn zangc) ziux haaix zanc qiemp longc nyei ziangh hoc aengx caux bun hingh ziux sic dauh longc ziux taan nyanc hopv jauv-louc aengx caux doz-leiz (W&I) gunv njiec yiem 14182 (b)(12)
- Duqv zipv bungz cuotv mv zuqc wuonx a'fai mv zuqc bun longc jaa-dorngx kaux njiec zuiz, zorqv siouc zuiz, dorngx dauh kuv-yiem, a'fai jaauv siouh
- Duqv zipv ziux ziepc zuoqv laangh fim ca'laangh muangx taux waac-fienx aengx caux jauv-louc sienv longc dorh mingh zorc baengc ziux hnyiouu nyunc, ziux baengc zingh mbuox bun hiuv taux benx hhangv haaix aengx caux bieqc hnyiouu longx, mbuox taux zuqc nyaanh jaaix zaanc a'fai sou-gorn tengx beu bun
- Duqv zipv siou taux zorc baengc sou-gorn aengx caux bieqc lorz mangc haaix zanc yaac duqv, caux tov taux ninh mbuo tengx zorc jauv-louc liouh zorc baengc a'fai goiv siang naaic deix gong ziux naaiv beih doz-leiz 45 yiem guoqv zangc hung h doz-leiz gun njiec (CFR) hietv naaiv ginc 164.524 caux 164.526
- Duqv ziux hnyiouu zipv longc naaiv deix gong-bou jauv-louc mv maaih dorngx mbienv hoic taux leiz beu ze'buonc yiem caux Anthem, ndie-sai, a'fai saengv zangc tengx taux nyei gong
- Duqv zipv bieqc longc goux taux maaih gu'nguaaz saa maqc nyei gong, wangv hen h ziux goux yiem yungz gu'nguaaz ndutv sin dorngx, guoqv zangc mbenc zorc baengc domh gorn, Indian beu heng-wangc zorc baengc ndie-sai, goux yungc gu'nguaaz ndie-sai tengx goux mangc, gemh hlang zorc baengc dorng h, zorc taux bueix doic nyiez zuqc nyei baengc, aengx caux njioux jiepv sih baengc hiuang sic duah yiem ga'hlen nzuqc maengz Anthem gorn zangc doic ziux guoqv zangc hung h jaa doz-leiz

Meih a'zuqc liuc leiz zoux ndaam dorng gong

Anthem nyei baengc mienh a'zuqc liuc leiz zoux ndaam dorng gong:

- Gaanv beqv jien sin lorz taux PCP siepv liouh dunx ziangh jaa-nziouv dorh fu'jueiv jiej gorn dimv mangc (yiem njiec 120 hnoi ga'nuoz ziux dorh mbuoz bieqc liuz).
- Dorh ndie-sai mbuoz, caux da'nyeic nyungc zorc baengc waac-fienx bun yie mbuo liouh tengx lorz jauv bun zipv zorc baengc jauv-louc aengx nyaanh dungh mmeih maaih leiz horpc duqv wuov.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung h muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

7 | Leiz beu ze'buonc aengx caux a'zuqc liuc leiz zoux ndaamgong gong

- Oix bieqc hnyiouu taux meih nyei sic dauh baengc zingh jauv-louc aengx caux juangc caux ndie-sai zorc baengc aengx caux da'nyeic deix zoux gong zorc baengc gong-mienh tengx zorc baengc ziux meih mbuo lorqc doih ndaangc nyei daan.
- Tengx liuc leiz zorc baengc ziux zorc baengc daan yiem meih mbuo lorqc doih caux ndie-sai aengx caux da'nyeic deix gong-mienh ndaangc wuov.
- Zimh lorz mangc ndie-sai'njiaaux waac mbuox heuc ziux goux mangc longx ga'ganh nyei gong.
- Longc zuqc gorn zangc tengx ziux goux zorc baengc.
- Dorh naaiv kuaaiv Anthem ID hmien-mueic fangx gan sin caux meih mingh lorz buangh ndie-sai.
- Taaih longc ninh mbuo ndie-sai aengx caux da'nyeic deix zorc baengc gong-mienh fih hngangv doic.
- Bieqc hnyiouu nzoih naaiv zeiv beu heng-wangc sou-gorn.
- Oix zuqc hiuv aengx caux zoux ziux nzoih doz-leiz yiem naaib zeiv beu heng-wangc sou-gorn wuov.
- Oix zuqc hiuv duqv doz-leiz gunv taux naaiv zeiv beu heng-wangc sou-gorn aengx caux haaix horng h zorc baengc gong bun meih duqv zipv zorc baengc.
- Oix zuqc hiuv taux doz-leiz gec mv bun yie mbuo mv nqemh taux zorc baengc jauv-lic dung h buatc meih nyei hnyiang-jeiv goz lunx, namh fai nyiouz, lox-hnoi yiem haaix norm guoqv cuotv seiz, lox-hnoi douh zangc, fiou haaix nyungc zongh zeiv, oix gongv haaix finx waac, hnyiouu eix gan h haaix laanh mienh, a'fai baengc zingh.

Tih mengh fieng mbuox taux mv nqemh mienh liouh bieqc ziux goux zorc baengc

Nqemh mienh bieqc ziux goux zorc baengc se dorngc leiz hlo. Anthem oix zuqc ziux saengv zangc caux guoqv zangc doz-leiz maaih leiz beu ze'buonc bun baeqc fingx. Anthem mv zoux dorngc leiz yiem caux nqemh mienh ziux zoux gong zorc baengc nyei jauv-louc, mv nqenx cuotv haaix deix mienh, a'fai gan h longc ei-leiz jauv-louc ziux goux mangc ninh mbuo dung h wei claaix buatc benx naamh fai nyiouz, lox-hnoi yiem



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung h muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nang h bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

7 | Leiz beu ze'buonc aengx caux a'zuqc liuc leiz zoux ndaamgong gong

haaix norm guoqv cuotv seiz, ndopv beih hhangv haaix, fiou haaix nyungc zongh ze, lox-hnoi ong-taaih, lox-hnoi douh zangc, haaix nyungc fiuv fingx mienh, hnyiang-jeiv goz lunx, benx corng h zingh baengc waaic, butv beih sin baengc waaic, baengc hniev heng ndongc haaix, douh zangc nziaamv-fei waac, dornj jaa javv-louc, m'sieqv fai m'jangc, zornj naamh fai nyiouz, a'fai oix zuqc haaix dauh mienh.

Anthem oix zuqc bun:

- Oix zuqc tengx jaa-sic aengx caux liuc leiz ziux goux bun waaic fangx mienh liouh douc waac caux doic bieqc hnyiouz, caux:
 - Maaih porv waac liouc nyei mienh wuv buoz porv waac
 - Dorh waac-fienx fiev bieqc sou-nzangc bun doqc mangc (aamx bieqc domh zeiv, hietv benx waac-qiez, zoux benx nzangc-pokc bun hluo, bieqc lorz longc yiem ga'nyuoz electronic gorn zangc, aengx caux ziez diuc)
- Wangv henh porv waac bun taux ninh mbuo haaix deix mienh mv haih gongv janx-yangh yinh waac nyei mienh, corc maaih:
 - Porv waac guai liouc nyei mienh bun
 - Dorh waac-fien xfielv bieqc benx da'nyeic fingx waac bun doqc muangx

Beiv hhangv qiemx zuqc longc tengx taux naaiv deix gong-bou javv-louc, lorz taux Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, ziux 7 dimv lung h ndorm taux 7 dimv lung h muonx. mborqv finx lorz **1-800-407-4627**. A'fai, beiv hhangv meih m'normh ndung a'fai nzuih waac gongv waac mv mbiaangc, mborqv finx lorz **TTY 711** tov taux California Relay bun mangc.

Hhangv haaix zoux sou fungx bieqc gox sic

Beiv hhangv meih maaih dornjx buac gongv Anthem duqv bungx piatv mv tengx liuc leiz zoux naaiv deix zorc baengc gong bun nzoih a'fai maaih dornjx zoux dornjx leiz ngemh zuqc meih ziux naaiv deix ei-leiz javv-louc ngemh taux benx naamhh fai nyiouz, lox-hnoi yiem haaix norm guoqv cuotv seiz, ndopv beih hhangv haaix, fiou haaix nyungc zongh ze, lox-hnoi ong-taaih, lox-hnoi douh zangc, haaix nyungc fiuv fingx mienh, hnyiang-jeiv goz lunx, benx corng h zingh baengc waaic, butv beih sin baengc waaic, baengc hniev heng ndongc haaix, douh zangc nziaamv-fei waac, dornj jaa javv-louc, m'sieqv fai m'jangc, zornj naamh fai nyiouz, a'fai oix zuqc haaix dauh mienh, zoux sou fungx bieqc gox sic caux Anthem nanv gong ziuov goux leiz beu baeqc fingx ze'buonc wuov laanh mienh. Meih corc haih gox sic bun daaih yangh fonh, yangh fungx fienx javv, dornj hmien cunv bun, a'fai yangh online:

- **Yangh fonh:** Lorz taux Anthem nyei nanv gong ziuov goux taux gox sic javv-louc



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung h muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

7 | Leiz beu ze'buonc aengx caux a'zuqc liuc leiz zoux ndaamgong gong

yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, ziux 7 dimv lungn ndorm taux 7 dimv lungn muonx. mborqv finx lorz **1-800-407-4627**. A'fai, beiv hngangv meih m'normh ndung a'fai nzuih waac gongv waac mv mbiaangc, mborqv finx lorz **TTY 711** California tengx bungx fangx-nangh bun mangc.

- **Fungx yangh funx fiex javu:** Dorh naaiv zeiv guaix waac sou-daan mingh fiev ziangx ndaangc a'fai fiev benx fiex aengx caux fungx bun taux:
Deputy Director, Office of Civil Rights
Department of Health Care Services Office of Civil Rights
P.O. Box 997413, MS 0009 Sacramento, CA 95899-7413
- **Dorng hmien:** Bieqc lorz taux domh ndie-sai dinc zangc a'fai Anthem aengx caux mbuox ninh mbuo hiuv gongv meih oix zoux sou gox sic guaix taux.
- **Online:** Bieqc mangc yiem Anthem nyei website ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Dinc zangc ziux goux leiz beu ze'buonc bun baeqc fingx – California dinc zangc domh gorn goux taux zorc baengc javu-louc

Meih corc haih zoux sou fungx bieqc gox sic guaix taux beu baeqc fingx nyei leiz caux California dinc zangc domh gorn goux taux zorc baengc javu-louc (DHCS), Dinc zangc ziux goux leiz beu ze'buonc bun baeqc fingx yangh fonh daaih, yangh fungx fiex javu, a'fai yangh online:

- **Yangh fonh:** Mborqv finx lorz 1-916-440-7370. Beiv hngangv meih m'normh mv mbieuc a'fai nzuih waac gongv waac mv mbui, mborqv finx lorz 711 (Tengx liuc leiz bungx fangx-nangh douc waac caux doic).
- **Fungx yangh funx fiex javu:** Fiev ziangx naaiv zeiv guaix waac sou fa'fai fungx fiex bun taux:
Deputy Director, Office of Civil Rights
Department of Health Care Services
Office of Civil Rights
P.O. Box 997413, MS 0009
Sacramento, CA 95899-7413

Mbenc ziangx guaix waac sou-daan hietv yiem njiec naaiv https://www.dhcs.ca.gov/Pages/Language_Access.aspx.

- **Online:** Fungx email bun taux CivilRights@dhcs.ca.gov.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Dinc zangc ziux goux leiz beu ze'buonc bun baeqc fingx – meiv guoqv dinc zangc domh gorn goux taux heng-wangc aengx caux zuangx mienh

Beiv hngangv meih maaih doringx sienx gorngv ninh mbuo nqemx zuqc meih yiem liuc leiz zorc baengc zoux ei-leix jauv-louc ziux lox-hnoi yiem haaix norm guoqv cuotv seiz, ndopv beih hngangv haaix, lox-hnoi douh zangc, hnyiang-jeiv goz lunx, waaic fangx mieh, a'fai naamh fai nyiouz, meih corc haih zoux sou fungx bieqc gox sic guaix bun taux meiv guoqv dinc zangc domh gorn goux taux heng-wangc aengx caux zuangx mienh, dinc zangc ziux goux leiz beu ze'buonc bun baeqc fingx yangh fonh daaih, yangh zipv fiengx jauv, a'fai yangh online:

- **Yangh fonh:** Mborqv finx lorz 1-800-368-1019. Beiv hngangv meih m'normh mv mbieuc a'fai nzuih waaic gorngv waac mv mbui, mborqv finx lorz TTY 1-800-537-7697 a'fai 711 liouh California Relay bun mangc.
- **Fungx yangh funx fiengx jauv:** Fiev ziangx naaiv zeiv guaix waac sou fa'fai fungx fiengx bun taux:
U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201

Mbenc ziangx guaix waac sou-daan hietv yiem njiec naaiv <https://www.hhs.gov/ocr/complaints/index.html>.

- **Online:** Bieqc mangc dinc zangc gorn ziux goux taux leiz beu ze'buonc bun baeqc fingx zoux sou guaix taux nyei gorn zangc yiem njiec naaiv <https://ocrportal.hhs.gov/ocr/cp>.

Baengc mienh maaih jauv bun bieqc juangc zoux gong

Anthem zien maaih hnyiouuv oix haix meih nyei waac. Yiem njiec norm buo hlaax nyieqc bouc dauh, Anthem duqv liepc wuic liouh ca'laangh gorngv taux maaih haaix nyungc gong liuc leiz zoux duqv yaauc aengx caux maaih haaix nyungc Anthem zoux piatv-bueix a'zuqc zorc siang. Oix gwaan taux baengc mienh bieqc muangx. Oix zuqc daaih naaiv norm wuic oc!



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungu ndorm taux 7 dimv lungu muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Juangc nanv sic mienh goux langx zangc hei-horngc

Anthem liepc duqv maaih doic heuc Juangc nanv sic mienh goux langx zangc hei-horngc. Naaiv deix mienh se duqv dorh ziex laanh mienh daaih gapv zunv liouh benx juangc nanv sic nyei mienh. Se gorngv meih nyunc duqv nor corc haih bieqc juangc naaiv deix mienh. Naaiv deix juangc nanv sic nyei mienh duqv ca'laangh gorngv taux hngangv haaix zoux taanx Anthem zorc baengc doz-leiz gauh yaauc faaux aengx caux a'zuqc liuc leiz zoux bun taux:

- Naaiv deix juangc nanv sic mienh duqv liuc leiz goux taux langx zangc hei-horngc gong
- Zaah ndorqc lorz javv liouh bun banegc mienh bieqc zorc baengc
- Lorz kuv waac mbuox tong Anthem dorh zorc baengc javv-louc mingh taanx zorc yaauc faaux
- Tengx cuotv za'eix bun hiuv taux zongh zei javv-louc aengx caux hlaau ndorqc taux qiemx longc haaix fingx waac

Beiv hngangv meih haix oix bieqc juangc caux doic liuc leiz nanv naaiv deix gong, mborqv finx lorz **1-800-407-4627 (TTY 711)**.

Douc fiensex bun hiuv taux zoux gong ziux goux si'jeiv buonh sin

Maaih naaiv bienh doz-leiz paaiv heuc Anthem aengx caux liepc zoux gong javv-louc tengx gem mbueix zorc baengc sou-gorn yiem njiec gorn zangc aengx caux mbenc ziangx liouh tov bun qiemx zuqc longc nyei ziangh.

Beiv hngangv meih maaih hyiang-jeiv gaux bouc aengx caux haih dunx lorqc doih waac bun zorc lomc-bueix baengc nor, mv zuqc heuc da'nyeic laanh mienh tengx nqoi nzuih bun zorc lomc-mbueix baengc a'fai liouh zoux sou mingh tov tengx nyaanh liouh zorc lomc-mbueix baengc. Doqc mangc yiem naaiv norm doqc bun hiuv taux zorc lomc-mbueix baengc hietv yiem "Zorc lomc-mbueix baengc nyei waac" yiem naaiv ginc sou.

Meih corc haih tov taux Anthem douc waac mbuox bun hiuv taux zorc lomc-mbueix baengc nyei sou fungx bieqc bun taux ganh norm deic zepv dorngx, zipv email dorngx, a'fai fonh nam mber ziux meih sienv ziangx bun nyei dorngx wuov. Naaiv jioux waac se heuc "tov tengx fungx gem mbueix waac bun hiuv." Beiv hngangv meih nqoi



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

7 | Leiz beu ze'buonc aengx caux a'zuqc liuc leiz zoux ndaamgong gong

nzuih laengz waac bun zorc baengc liuz, Anthem yaac mv zuqc dorh zorc lomc-mbueix baengc nyei waac-fienx guaih bun ga'hlen mienh se gorngv mv zeiz duqv zipv meih nqoi nzuih bun ndaangc. Beiv hhangv meih mv dorh ganh norm zipv fiendecic zepv, zipv email dorngx, a'fai fonh nam mber daaih bun, Anthem oix zuqc ziux sou-gorn nyei deic zepv a'fai fonh nam mber bun daaih ndaangc wuov fungx lorz meih.

Anthem oix zuqc longc hnyiouu liuc leiz tengx gem mbueix lorz doic jauv-louc ziux meih tov taux nyei jauv-louc. A'fai yie mbuo a'zuqc dimv mamgc longx liouh dorh douc waac lorz doic jauv-louc hietv mbiencliouh meih qiemx zuqc tov taux nyei ziangh hoc. Se gorngv meih haix oix bun fungx mingh da'nyeic norm dorngx yie mbuo corc haih tengx duqv. Meih tov taux heuc tengx gem mbueix douc waac lorz doic nyei jauv-louc se longc duqv zaac taux haaix zanc meih tuix siou waac nzuonx a'fai fungx sou mbuox heuc donv dingh njiec duqv aqv.

Gem mbueix zorc baengc waac-fienx

Haaix laanh mienh, hlo benx domh mienh a'fai fu'jueiv yaac longx dungh nqoi nzuih laengz bun zorc baengc dungh mv zeiz heuc diez maac a'fai ziux goux nyei mienh tengx laengz waac bun, oix zuqc ziux saengv zangc a'fai guoqv zangc doz-leiz tengx gem mbueix zorc baengc waa-fienx sou-gorn a'fai hietv yiem ga'nyuoz electronic gorn zangc. Fungx sou bieqc tov taux ninh mbuo tengx gem mbueix zorc baengc jauv-louc bun taux Anthem Blue Cross, P.O. Box 60007, Los Angeles, CA 90060-0007. Se gorngv oix fungx sou benx electronic mingh bun ninh mbuo nor ziux naaiv norm **anthem.com/ca** website. Baengc mienh corc haih mborqv finx lorz taux yie mbuo ziux naaiv norm fonh nam mber hietv yiem nqa'haav maengz ID fangx-daan wuov.

Tov taux tengx gem mbueix douc waac lorz doic nyei jauv se zuqc bingx mbueix yietc zungv zorc baengc waac-fienx a'fai ndie-sai nyei mbuoz caux deic zpev yiem njiec zorc baengc dorngx dauh tengx naaic laanh mienh zorc baengc wuov oc.

Tov taux tengx bingx mbueix douc waac lorz doic nyei jauv yaac longc duqv zuov taux naaiv laanh baengc mienh duqv zorqv naaiv zeiv sou nyei waac tuix nzuonx guangc, a'fai tiuv benx ganh zeiv siang-sou liouh tov tengx gem mbueix zorc banegc jauv-louc bun ninh. Anthem oix zuqc zimh liuc leiz tengx zoux tov taux tengx gem mbueix douc waa clorz doic nyei jauv yiem njiec siec (7) norm zoux gong hnoi ga'nyuoz ziux haix sou daaih tov taux yangh ga'nyuoz electronic gorn zangc daaih a'faimaaih waac yangh fonh daaih, a'fai yiem njiec ziepc feix (14) norm zoux gong hnoi ziux hnoi-nyieqc yie mbuo duqv zipv sou taux buoz ayngh zipv fiendecic jauv daaih bun. Yie mbuo corc duqv hiuv haix taux naaiv zeiv baengc mienh nyei sou daaih mbuox aengx caux mbuox bun



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungu ndorm taux 7 dimv lungu muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

7 | Leiz beu ze'buonc aengx caux a'zuqc liuc leiz zoux ndaamgorng gong

baengc mienh hiuv gorngv duqv liuc leiz zoux gong taux haaix mi'aaq.

Anthem zoux sou bun hiuv taux ninh mbuo doz-leiz aengx caux zoux gong jauv-louc liouh tengx gem goux zorc baengc waac-fienx bun baengc mienh (maaih mbuoz heuc "Douc fienx bun hiuv taux zoux gong ziux goux si'jeiv buonh sin") lorz mangc duqv yiem ga'ndiev naaiv.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).



HIPAA Douc fiensex bun hiuv taux zoux gong ziux goux si'jeiv buonh sin

Naaiv zeiv fiensex duqv jhex gorn bun longc yiem naaiv norm hnoi-nyieqc yiem lorqc zuqc feix hlaax 14, 2003. Naaiv zeiv fiensex coqc jang duqv goiv siang yiem ziepc yietv hlaax 2023.

NAAIV ZEIV FIENX DUQV PORV MENGH BUN HIUV TAUX HNANGV HAAIX DORH MEIH NYEI ZORC BAENG WAAC-FIENX MINGH LONGC AENGX CAUX DORH WAAC-FIENX BUNGX CUOTV YAANGH AENGX CAUX BIEQC LORZ DUQV ZAAIC. DAAIX LUIC A'ZUQC LONGC HNYIOUV DOQC MANGC LONGX OC.

Waac-fienx douc mbuox taux meih ganh aengx caux tengx nyaanh zorc baengc jauv-louc se zuqc gem benx si'jeiv waac. Maaih doz-leiz gun njiec heuc yie mbuo a'zuqc tengx liuc leiz gem longx naaiv deix waac-fienx, cuotv jioux waac heuc PHI, tengx baengc mienh bingx waac. Beiv hanv ih zanc minc zinh meih maaih mbuoz benx baengc mienh a'fai lox-hnoi duqv benx jhex daaih, ninh mbuo yaac zuqc bingx longx.

Yie mbuo duqv zipv haix naaiv deix waac-fienx yiem caux saengv zangc Medi-Cal gorn zangc aengx caux kou-gong gorn beu heng-wangc sou-gorn bun fu'jueiv dorh mbuoz bieqc aengx caux maaih sou-gorn nyei buoncn. Yie mbuo corc zipv haix naaiv deix waac-fienx yiem caux domh ndie-sai, zorc baengc zaamc, dimv nziaamv dorngx, aengx caux zorc baengc ndie-dorngx ziux yie mbuo cingx OK tengx aengx caux dipc nyaanh tengx zorc baengc wuov.

Guoqv zangc hungh jaa doz-leiz heuc yie mbuo a'zuqc mbuox tong meih hiuv taux tengx liuc leiz zoux haaix nyungc gong liouh bem mbueix PHI ziux meih tov yangh fonh daaih tov taux, fiev sou fungx daaih, a'fai dpav bieqc computer. Yie mbuo corc a'zuqc mbuox tong meih hiuv taux yie mbuo hhangv haaix ziux goux liouh bingx longx. Gem mbueix naaiv deix PHI waac:

- Hietv yiem zeiv nyei buonc waac, yie mbuo a'zuqc:
 - Dapv bieqc sou-gorn aengx caux guon forv longx gaengh
 - Dorh zorc baengc waac-fienx buov guangc mv bun ga'hlen mienh zorqv duqv zaaic
- Dapv bieqc computer nyei buonc, yie mbuo a'zuqc:



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungh ndorm taux 7 dimv lungh muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

7 | Leiz beu ze'buonc aengx caux a'zuqc liuc leiz zoux ndaamgong gong

- Longc nqaeqv jauv nzangc liouh forv longx kungx bun zoux gong mienh longc duqv hhangv
- Liepc ziangx gorqv-zeic kou-gong gorn tengx zaah samx mangc gorn zangc
- Taan bun doic jauncg zoux gong mienh longc, taan bun domh ndie-sai, a'fai saengv zangc, yie mbuo a'zuqc:
 - Liepc ziangx doz-leiz liouh gunv goux taux naaiv deix waac-fienx (heuc doz-leiz gunv goux gong aengx caux jauv-louc)
 - Njiaaux zoux gong mienh hiuv taux hhangv haaix zoux ziux naaiv deix doz-leiz

Haaix zanc OK lorqc doih bun yie mbuo longc duqv aengx caux dorh PHI taan bun doic?

Yie mbuo qiemx zuqc dorh meih nyei PHI taan bun huov jaa haix a'fai ga'hlen mienh dungh meih sienv ziangx liouh tengx liuc leiz gong a'fai cuotv nyaanh zorc baengc hun meih wuov, se gorngv haaix zanc meih mbuox yie mbuo hiuv laengz OK bun. Maaih nzunc baav, yie mbuo corc qiemcx longc waac-fienx aengx caux dorh taan bun doic **mv zuqc** haix meih nyei lorqc doih OK waac:

- **Liouh tengx zorc baengc bun meih (zorc baengc)**
 - Liouh bun domh ndie-sai, zorc baengc ndie-dorngv aengx caux da'nyeic norm dorngx gorn zangc tengx zorc baengc bun meih
- **Liouh dipc nyaanh cuotv bun**
 - Se ogrngv dorh waac-fienx taan bun domh ndie-sai, zorc baengc zaamc, aengx caux da'nyeic deix mienh fungx siou zorc baengc nyaanh zaeqv-daan wuov
 - Haaix zanc yie mbuo gorngv mbuox a'zuqc dipc nyaanh cuotv bun zorc baengc jauv-louc a'fai ndaangc tengx meih zorc baengc bun nyei ziangh hoc
 - Liouh benx sou-gorn beu taux meih aengx caux mbenc nyaanh tengx meih



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungv ndorm taux 7 dimv lungv muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

- **Liouh benx gong-bou liepc bun zorc baengc (liuc leiz zoux gong)**

- Dorh mingh dimv ndorqc mangc taux longc zinh nyaanh jauv-louc zingx zorngc ndongc haaix, maaih dorngx gorngv-baeqc nduov pienx nyanc aengx caux goux nqaeqv kou-gong gorn nyei nyaanh, mbenc gong zoux, aengx caux nzipc zoux lungx hnoi gong
- Liouh tengx zaah lorz jauv-louc bun tengx yie mbuo zoux gong mbienc faaux

Nzunc baav yie mbuo corc haih duqv zipv PHI yiem caux ganh norm gorn zangc, aengx caux yie mbuo horpc zuqc dorh meih nyei zorc baengc waac-gorn PHI liouh tiuv taux cuotv nyaanh jauv-louc, dorh mingh zoux gong zorc baengc, aengx caux tengx zorc baengc. Beiv hngv meih mv leic duqv longc naaiv deix jauv-louc, daaix luic bieqc mangc yiem naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal) liouh muangx waac-fienx tipv.

- **Liouh dorh mingh ziux goux domh zuangx seix zangc heng-wangc**

- Liouh dorh mingh tengx taux ziux goux dong zuangx seix zangc heng-wangc mbungh goux zuqc baengc hoic a'fai zuqc mun nyei jauv-louc

- **Dorh caux da'nyeic deix mienh tengx liuc leiz ziux goux meih a'fai tengx cuotv nyaanh zorc baengc**

- Liouh caux huov jaa haix a'fai naaic laanh mienh dungh meih sienv ziangx liouh tengx liuc leiz gong a'fai cuotv nyaanh zorc baengc hun meih wuov, se gorngv haaix zanc meih mbuox yie mbuo hiuv laengz OK bun
- Se gorngv haaix zanc meih mv haih gorngv ginv haaix nyungc bun ga'ganh zorc baengc aengx caux oix longc haaix nyungc nor caux ga'hlen mienh tengx liuc leiz taux a'fai cuotv nyaanh zorc baengc bun meih

Yie mbuo horpc zuqc duqv zipv haix meih OK lorqc doih waac bun yie mbuo longc a'fai dorh meih nyei PHI waac-fienx taan bun yietc zungv gorn zangc tengx zorc baengc, cuotv nyaanh, lungx hnoi tengx liuc leiz zoux gong zorc baengc, zaah dimv ndorqc jauv-louc, a'fai zoux da'nyeic nyungc gong hietv ga'ndiev wuov. Yie mbuo oix zuqc horpc duqv zipv buac meih bun sou OK taux buoz ndaangc yie mbuo zorqv zorc baengc waac-fienx yiem caux domh ndie-sai liouh taan bun doic. Se gorngv yie mbuo corc oix dorh meih nyei PHI waac-fienx maaic cuotv a'fai taan cuotv zoux saeng-eix lorz nyaanh nor yie mbuo horpc zuqc zipv meih OK nqoi nzuih sou ndaangc.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

7 | Leiz beu ze'buonc aengx caux a'zuqc liuc leiz zoux ndaamgong gong

Se gorngv haaix zanc meih haix oix zorqv OK waac liouh siou tuix nzuonx nor horpc zuqc fiev sou fungx bun yie mbuo. Se ogrngv maaih haaix nyungc waac-fienx dugh yie mbuo duqv zipv meih nqoi nzuih OK bun longc liuz a'fai taan bun doic liuc yaac mv haih zorqv daaux nqaang nzuonx aqv. Yiem njiec zinh hoz yie mbuo yaac zuqc donv dingh njiec mv dorh meih nyei PHI waac-fienx longc a'fai taan cuotv aqv.

Corc maaih da'nyeic diuh jauv-louc yie mbuo corc haih tengx — a'fai maaih doz-leiz paaiv njiec heuc yie mbuo a'zuqc tengx liuc leiz — dorh meih nyei PHI waac-fienx longc:

- Liouh tengx zorqv janx-zaqc baeng aengx caux da'nyeic deix mienh liouh liepc gong zoux ziux nzoih doz-leiz longc
- Liouh douc fienx bun hiuv taux zoux dorngc sic aengx caux guangc hiuaang mv ziux goux longx bun ndortv naanc nyei jauv-louc
- Liouh ziux doz-leiz wuih sou nzuonx, beiv taux paaiv leiz zaamc nyei waac
- Liouh dorh waac-fienx bun taux zoux heng-wangc nyei gorn liouh gunv goux longc zinh nyaanh jauv-louc a'fai zaah dimv baengc nyei gong
- Liouh tengx jien jaa dimv mangc janx-daic sin-pei, dimv baengc nyei mienh, a'fai nanv sic goux biopv janx-daic sai mienh tengx dimv lorz naaic laanh janx-daic nyei mbuoz fungx heuc aengx caux weic haaix nyungc daic
- Se gorngv haaix zanc meih laengz waac dorh sin fongc bun liuz liouh dorh meih nyei sin-pei bun ninh mbuo hoqc gong dimv baengc
- Liouh zaah dimv hoqc gong hoqc
- Tengx meih a'fai ga'hlen mienh goux mbungh longx mv zuqc baengc hoic a'fai mv zuqc mun hoic
- Liouh tengx ninh mbuo hungh jaa zoux gong mienh ziux zoux gong jauv-louc longc, beiv taux tengx nyaanh bun taux lox-hnoi mborqv jaax baeng-maanh
- Beiv hngv meih butv baengc a'fai zuqc mun hoic yiem njiec zoux gong dorngx, tengx dorh waac-fienx bun liouh jaauv nyaanh bun zoux gong mienh



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Maaih haaix nyungc leiz beu ze'buonc bun meih?

- Meih corc haih tov mangc taux zorc baengc waac-fienx PHI aengx caux tov aamx bun siou jiex. Yie mbuo maaih ziangh hoc 30 hnoi liouh fungx bun meih. Se gorngv yie mbuo qiemx longc ziangh hoc lauh ndaauv faaux nor, oix zuqc mbuox tong meih hiuv. Yie mbuo mv duqv siou nzoih yietc zungv tengx meih zorc baengc nyei sou-gorn, yiem njiec gorn zangc oc. **Beiv hhangv meih qiemx zuqc heuc zorqv yietc zungv zorc baengc waac-gorn aamx bun meih, oix zuqc tov domh ndie-sai a'fai zorc baengc zaamc.**
- Se gorngv meih buatc maaih haaix nyungc dorngc a'fai bungx ndortv nor corc haih tov heuc yie mbuo tengx tiuv siang naaic deix zorc baengc waac-gorn yiem njiec gorn zangc wuov. Yie mbuo maaih ziangh hoc 60 hnoi liouh fungx bun meih. Se gorngv yie mbuo qiemx longc ziangh hoc lauh ndaauv faaux nor, oix zuqc mbuox tong meih hiuv.
- Maaih dangh baav, meih corc haih tov taux yie mbuo mv dungx dorh meih nyei PHI waac-fienx taan bun doic. Nzunc baav yie mbuo yaac mv laengz dapc engx taux meih tov taux nyei waac.
- Meih corc haih tov heuc yie mbuo dorh PHI waac-fienx fungx bun taux da'nyeic norm deic zepv dorngx dungh mv zeiz ziux sou-gorn yiem caux yie mbuo wuov a'fai yangh ga'nyungc jauv daaih bun. Se gorngv buatc fungx bieqc bun ziux deic zepv yiem caux yie mbuo wuov haih maaih sic hoic zuqc meih nor yie mbuo yaac haih liuc leiz ziux meih tov taux nyei waac.
- Meih corc haih tov taux yie mbuo dorh yietc zungv PHI waac-fienx taan bun ga'hlen mienh yiem njiec juqv hnyiangx jiex daaih nyei bouc dauh mbuox meih hiuv. Yie mbuo yaac mv duqv faaux nzoih ziangh hoc dungx duqv dorh zorc baengc waac-fienx, cuotv nyaanh bun, lungx hnoi liuc leiz zoux gong zorc baengc jauv-louc hietv nzoih, a'fai mv haih mbuox taux weic laaix haaix nyungc cingx mv duqv faaux hietv bun mangc oc. Yie mbuo maaih ziangh hoc 60 hnoi liouh fungx bun meih. Se gorngv yie mbuo qiemx longc ziangh hoc lauh ndaauv faaux nor, oix zuqc mbuox tong meih hiuv.
- Mv gunv gorngv meih tov yangh email daaih yaac zeiz, corc haih tov dorh naaiv zeiv fienx aamx siou jiex haaix zanc yaac duqv oc.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

7 | Leiz beu ze'buonc aengx caux a'zuqc liuc leiz zoux ndaamgong gong

- Beiv hnavg meih dipc ga'ganh nyei nyaanh cuotv bun yietc zungv zorc baengc zaeqv-daan, corc haih tov taux domh ndie-sai mv dungx bun zorc baengc waac-fienx taan cuotv bun yie mbuo yaac duqv.

Yie mbuo horpc zuqc fungc zoux?

- Doz-leiz duqv paaiv njiec heuc yie mbuo a'zuqc tengx gem goux longc meih nyei PHI waac-fienx benx gorqv-zeic hietv dugh mv zeiz gorngv yiem naaiv zeiv fienx nyei buonc waac.
- Yie mbuo a'zuqc mbuox meih hiuv taux maaih doz-leiz paaiv heuc yie mbuo a'zuqc liuc leiz goux taux si'jeiv waac.
- Yie mbuo a'zuqc zoux ziux duqv gorngv hietv yiem naaiv zeiv fienx nyei waac nzoih nzengc.
- Meih a'zuqc liuc leiz dorh meih nyei PHI waac-fienx fungx bieqc bun da'nyeic norm deic zepv dugh mv zeiz ndorm zinh nziouv hmuangx fungx fienx bun nyei dorngx se gorngv buac meih gorngv duqv maaih kuv waac mbuox bun hiuv, beiv taux haih hoic zuqc benx hiuang sic.
- Haaix zanc meih tov taux yie mbuo donv dingh njiec mv dorh waac-fienx taan cuotv aqv, se gorngv yie mbuo qiemx zuqc dorh PHI waac-fienx taan cuotv yaac zuqc naaic meih bun nqoi nzuih waac ndaangc.
- Se gorngv saengv zangc doz-leiz paaiv heuc yie mbuo a'zuqc jien sin liuc leiz zoux gong camv faux duqv gorngv hietv naaiv nyei buonc, yie mbuo a'zuqc ziux naaic deix doz-leiz zoux.
- Se gorngv yie mbuo haix meih nyei PHI waac-fienx dorh mingh zoux dorngc sic nor a'zuqc mbuox meih hiuv.

Lorz taux meih

Yie mbuo caux lorh mbenv gorn zangc doic caux/fai zoux saeng-eix maaz maaic mienh, corc zuqc mborqv finx lorz a'fai fungx nzangc-fienx bu meih hiuv, longc ogrn zangc douc fienx fonh zatv lorz caux/fai fungx waac-qiez bun haix. Yie mbuo a'zuqc ziux doz-leiz gunv taux nyanc hopv nyei mienh (TCPA) douc waac lorz yiem naaiv normfinx-gorn. Se gorngv ninh mbuo mborqv finx lorz yaac mbuox meih hiv taux zorc baengc javv-louc a'fai maaih da'nyeic nyungc nyaanh tengx zorc baengc aengx caux zorc baengc gong. Beiv hnavg meih mv nyunc duqv douc waac yangh fonh lorz taux



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

7 | Leiz beu ze'buonc aengx caux a'zuqc liuc leiz zoux ndaamgong gong

meih, a'zuqc mbuox taux mbuox douc waac lorz meih nyei mienh hiuv oc, aengx caux yie mbuo yaac mv lorz taux meih aqv. A'fai mborqv finx lorz taux **1-844-203-3796 (TTY 711)** liouh tim meih nyei fonh nam mber bieqc mbuox yie mbuo hiuv taux mv dungx mborqv finx lorz taux naaiv norm finx-gorn.

Se gorngv meih maaih waac qiemx zuqc naaic oix zuqc fungc zoux?

Beiv hngangv meih maaih waac qiemx zuqc naaic taux yie mbuo nyei doz-leiz gunv tuax beu si'jeiv waac a'fai oix dorh leiz beu ze'buonc mingh longc, daaix luic mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc dorngx yiem njiec naaiv **1-800-407-4627 (TTY 711)**, yiem leiz-baaix yietv taux leiz-baaix hmz, ziux 7 dimv lung h ndorm taux 7 dimv lung h muonx ziux deic dauh ziangh hoc. Beiv hngangv meih benx m'normh ndung mienh a'fai m'normh maiv mbienc, mborqv finx lorz taux **TTY 711**.

Se gorngv oix doqc mangc waac-fienx tipv

Se gorngv oix doqc mangc waac-fienx tipv taux yie mbuo hngangv haaix zorqv siou naaiv deix waac-fienx aengx caux dorh mingh longc, maaih leiz beu ze'buonc bun meih, aengx caux yietc nyeic waac mbuox taux saengv zangc caux guoqv zangc doz-leiz beu si'jeiv waac Privacy, daaix luic bieqc mangc yiem yie mbuo nyei web page yiem njiec naaiv <https://www.anthem.com/ca/privacy/>.

Se gorngv yie maaih waac guaix taux nor a'zuqc fungc zoux?

Yie mbuo yiem naaiv zuov liouh tengx meih. Beiv hngangv meih haix ninh mbuo mv duqv tengx gem goux longc meih nyei PHI waac-fienx, corc haih mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc dorngx a'fai lorz taux dinc zangc domh gorn gunv goux taux heng-wangc aengx caux liuc leiz goux zuangx mienh. Se gorngv meih zoux sou guaix taux ninh mbuo yaac mv maaih haaix nyungc hoic zuqc meih oc.

Zoux sou fungx bun a'fai mborqv finx lorz taux dinc zangc domh gorn gunv goux taux heng-wangc aengx caux liuc leiz goux zuangx mienh:

Office for Civil Rights

U.S. Department of Health and Human Services 90 Seventh St., Suite 4-100

San Francisco, CA 94103

Yangh fonh: **800-368-1019**

TDD: **800-537-7697**

Yangh faekv: 415-437-8329



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung h muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

7 | Leiz beu ze'buonc aengx caux a'zuqc liuc leiz zoux ndaamgong gong

Yie mbuo maaih doz-leiz gunv liouh tiuv yienc ziux goux nzoih leiz beu ze'buonc bun beu heng-wangc sou-gorn aengx caux laengz liuc leiz ndaam dornz ziux goux (HIPAA) tih mbuox bun hiuv aengx caux longc jauv-louc liouh yie mbuo gem mbueix meih nyei PHI waac-fienx. Se ogngv buac benx hngv naaiv liuz, yie mbuo a'zuqc mbuox tong meih hiuv taux tiuv yienc nyei buonc dornz. Yie mbuo yaac zuqc bungx hietv yiem njiec web yiem naaiv bun hiuv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Lox-hnoi yiem haaix norm guoqv daaih nyei mienh, haaix nyungc fiuv fingx, gongv haaix nyungc waac, hnyiou v nyunc gan haaix dauh mienh bueix, aengx caux zornz benx naamh fai nyiouz

Nzunc baav yie mbuo a'zuqc liuc leiz tengx bingx, zipv siou, caux/fai goux taux lox-hnoi yiem haaix norm guoqv zangc mienh, haaix nyungc fiuv fingx, gongv haaix nyungc waac, hnyiou v nyungc gan haaix dauh, aengx caux zornz benx naamh fai nyiouz bun hiuv taux meih wuov. Yie mbuo a'zuqc tengx gem goux longx naaiv nyungc waac ziux prov mengh yiem naaiv zeiv fienx nyei jauv-louc.

Yie mbuo longc naaiv nyungc waac-fienx liouh dorh mingh:

- Mbungh goux longx liouh meih duqv zipv tengx zorc baengc ziux baengc
- Liepc mbenc kou-gong gorn liouh zorc gong yiem zorc baengc jauv-louc
- Liepc mbenc waac-fienx aengx caux fungx waac-fienx njiaaux hoqc zorc baengc
- Mbuox domh ndie-sai hiuv taux meih qiemx zuqc gongv haaix nyungc waac
- A'zuqc tengx liuc leiz porv waac bun muangx aengx caux dorh sou mingh porv nzangc bun bei

Yie mbuo mv guaih dorh **naaiv** nyungc waac-fienx mingh:

- Zoux benx beu heng-wangc sou-gorn nyei sou
- Liouh bangc ndorqc funx benx siou zorc baengc nyaanh
- Zaah funx gouv benx nyaanh
- Taan bun ga'hlen mienh dungh mv duqv nqoi nzuih bun longc nyei mienh



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Meih nyei buonh sin si'jeiv waac-fienx

Nzunc baav yie mbuo corc haih tov lorz, longc, aengx caux dorh buonh sin si'jeiv waac-fienx taan bun doic (PI) ziux duqv gorngv mbuox yiem naaiv zeiv fienx nyei waac.

Naaiv diuc PI waac-fienx yaac mv duqv bungx tong zuangx aengx caux mv mbuox yie mbuo hiuv taux meih benx haaix laanh mienh. Ninh mbuo liepc mbenx liouh longc zoux beu sou-gorn nyei gong hhangv oc. PI corc maaih ganh nyungc gong zorpc hietv yiem website mienh nyei mbuoz aengx caux nqaevq javv nzangc liouh meih longc, koi dapv nyaanh yiem sou-gorn nam mber, aengx caux zoux gong gouv-nyinh bun mangc. Beiv hhangv meih nyei PI juangc caux PHI doix zuqc doic yiem njiec zorc baengc javv-louc a'fai beu heng-wangc sou-gorn. Yie mbuo oix zuqc tengx gem goux longx meih nyei PI ac-fienx aengx caux PHI waac-fienx ziux yie mbuo gorngv hietv naaiv zeiv fienx wuov.

- Nzunc baav yie mbuo corc haih longc meih nyei PI waac-fienx liouh corngh njiec lingc dux bun taux:
 - Heng-wangc gong
 - Zoux ei-leiz
 - Zoux a'nziaauc gong
- Nzunc baav yie mbuo corc haih duqv zipv haix meih nyei PI waac-fienx yiem caux ga'hlen mienh mbuox daaih a'fai doic mbuox bun hiuv:
 - Domh ndie-sai
 - Zorc baengc dorng
 - Da'nyeic norm beu heng-wangc sou-gorn ziouv
- Maaih nzunc baav yie mbuo corc haih dorh PI waac-fienx taan bun naaiv deix mienh a'fai doic yiem lorqc niiec ga'hlem yie mbuo nyei beu sou-gorn ziouv mv zuqc zuov taux haix meih OK bun nqoi nzuih waac ndaangc.
- Yie mbuo oix zuqc mbuox meih hiuv ndaangc njiec buoz liuc leiz zoux haaix nyungc liouh bun ziangh hoc meih gorngv mv nyunc duqv fai.
- Se gorngv meih mv oix bun yie mbuo longc a'fai dorh meih nyei PI waac-fienx taan bun doic nor yie mbuo oix zuqc mbuox meih hiuv taux hhangv haaix mbuox yie mbuo hiuv.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen huc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

7 | Leiz beu ze'buonc aengx caux a'zuqc liuc leiz zoux ndaamgong gong

- Meih corc maaih leiz beu ze'buonc liouh zaah mangc aengx caux tiuv yienc PI waac-fienx duqv oc.
- Yie mbuo oix zuqc tengx liuc leiz goux longx bun PI waac-fienx duqv dapv goux longx.

Ninh mbuo liepc mbenc ziangx naaiv deix waac-fienx benx da'nyeic fingx waac mi'aqc oc. Daaix luic lorz taux yie mbuo ziux goux nyanc hopv mienh nyei gorn zangc dorngx nam mber yiem njiec naaiv **1-800-407-4627 (TTY 711)**, yiem leiz-baaix yietv taux leiz-baaix hmz ziux 7 dimv lungx ndorm taux 7 dimv lungx muonx.

Anthem Blue Cross se benx yietc norm huoz-gorn nyei mbuoz heuc Blue Cross of California. Anthem Blue Cross aengx caux Blue Cross of California Partnership Plan, Inc. maaih ga'ganh gorqv-zeic sou-gorn benx Blue Cross Association. Anthem se duqv faaux mbuoz benx saeng-eix mengh hoc mbuoz-gorn yiem Anthem Insurance Companies, Inc. Blue Cross of California maaih zoux gong sou-gorn yiem caux L.A. Care Health Plan liouh tengx Medi-Cal gunv goux zorc baengc yiem lorqc njiec Los Angeles nquenc.

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Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Tih mengh fiensex bun hiuv taux doz-leiz

Ninh mbuo maaih ziex bienh doz-leiz bun hietv naaiv buonv sou-guv liouh longc. Nzunc baav naaiv deix haih nyauv zuqc leiz beu ze'buonc bun meih aengx caux a'zuqc liuc leiz zoux nyei jauv-louc se gorngv buatac doz-leiz mv duqv hietv zorpc njiec naaiv buonv sou-guv a'fai mv duqv porv mengh bun hiuv cing. Naaiv buonv sou-guv se duqv dorh jienv sic doz-leiz hietv bieqc bun longc ziux saengv zangc caux guoqv zangc hung h jaa doz-leiz gorngv taux Medi-Cal kou-gong gorn. Ninh mbuo saengv zangc aengx caux guov zangc corc maaih da'nyeic nyungc doz-leiz liouh a'zuqc bun longc nzoih.

Medi-Cal Tih mengh fiensex mbuox taux ninh benx ziouv jaa cuotv nyaanh mienh, bun da'nyeic nyungc beu heng-wangc sou-gorn, aengx caux buatac maaih zoux dorngc leiz yaac a'zuqc zorqv siou nzuonx

Medi-Cal kou-gong gorn a'zuqc ziux saengv zangc aengx caux guoqv zangc hung h jaa doz-leiz zoux gong aengx caux dorh ziux doz-leiz gunv taux beu sou-gorn bun da'faam laanh mienh liouh duqv zorc baengc bun ninh. Anthem oix zuqc liepc nzoih yietc zungv sic dauh jauv-louc tengx goux bun Medi-Cal kou-gong gorn cuotv nyaanh bun baengc mienh liouh zorc baengc.

Medi-Cal baengc mienh corc maaih da'nyeic nyungc beu heng-wangc sou-gorn (OHC) nyei buonc, corc zuqc ziux saeng-eix beu heng-wangc sou-gorn longc. Liouh zoux benx Medi-Cal jauv-louc liouh maaih puix-juang gaux, haaix zanc buatac ninh mbuo mbenc duqv maaih OHC mv zuqc ndortv nyaanh cingv nor a'zuqc ziux sou mingh tov longc.

Guoqv zangc caux saengv zangc hung h jaa doz-leiz heuc Medi-Cal baengc mienh se gorngv maaih dorngx tiuv yienc taux OHC nor a'zuqc a'zuqc douc fiensex bun OHC hiuv. Se gorngv ninh mbuo OHC gorn zangc maaih dorngx ca'bouc zoux zuqc dorngc liuz meih mv douc fiensex bun hiuv nor nzunc mv baav meih a'zuqc jaauv nyaanh nzuonx bun DHCS. Fungx sou bieqc bun OHC yangh online yiem njiec naaiv

<http://dhcs.ca.gov/OHC>.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung h muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nang h bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

7 | Leiz beu ze'buonc caux a'zuqc liuc leiz zoux ndaamgong gong

Beiv hngangv meih mv liepc duqv maaih internet, corc haih douc fiensex mbuox taux OHC bun Anthem mborv finx lorz **1-800-407-4627 (TTY 711)**. A'fai mborqv finx lorz taux DHCS's OHC liuc leiz zoux gong domh gorn yiem njiec naiaiv 1-800-541-5555 (TTY 1-800-430-7077 a'fai 711) a'fai 1-916-636-1980.

California dinc zangc domh gorn ziux goux zorc baengc jauv-louc (DHCS) maaih leiz beu ze'buonc caux a'zuqc liuc leiz dorh nyaanh jaauv nzuonx bun ziux Medi-Cal sou-gorn beu zorc baengc gong dung h buatc haaix deix gong mv zeiz Medi-Cal cuotv nyaanh bun nyei buonc. Zoux guv yienh bun mangc, beiv hngangv meih geh ciez donx doic zuqc mun a'fai zuqc mun yiem njiec zoux gong dorngx, ninh mbuo beu sou-gorn ziouv wuov bung tipv nyaanh bun cie a'fai zoux gong mienh nyei beu heng-wangc wuov bung cuotv nyaanh tengx zorc baengc ndaangc a'fai tipv nzuonx bun Medi-Cal se gorngv Medi-Cal cuotv nyaanh bun ndaangc.

Beiv hngangv meih zuqc mun, aengx caux maaih da'nyeic deix mienh a'zuqc cuotv nyaanh tengx zorc baengc, meih ganh a'fai ziux leiz borng gong mienh a'zuqc mbuox tong DHCS duqv hiuv yiem njiec 30 hnoi ziux fungx sou bieqc wuov funx daaih. Dorh fiensex fungx mbuox huv yangh online bun taux:

- Kou-gong gorn ziux goux zuqc mun nyei mienh yiem njiec naaiv <https://dhcs.ca.gov/PIForms>
- Kou-gong gorn zimh zorqv nyaanh jaauv nzuonx bun zoux gong mienh yiem njiec naaiv <https://dhcs.ca.gov/WC>

Se gorngv oix hiuv waac-fiensex tipv, bieqc mangc taux DHCS Liuc leiz lorz nyaanh tipv bun da'faam laanh mienh caux zimh zorqv nyaanh jaauv nzuonx nyei gorn zangc yiem njiec naaiv <https://dhcs.ca.gov/tplrd> a'fai mborqv finx lorz taux 1-916-445-9891.

Tih mengh fiensex bun hiuv taux zimh zorqv siou lox nyei zinh nyaanh nzuonx

The Medi-Cal kou-gong gorn oix zuqc liuc leiz zaah lorz zorqv siou lox nyei zinh nyaanh nzuonx dung h dimv cuotv buatc naaic laanh baengc mienh daic nzuonx seiz ziux lox-hnoi ninh duqv zipv Medi-Cal nyaanh dung h maaih hnyiang-jeiv buangv 55 hnyiangx nyei ziangh hoc wuov. Zimh zorqv siou nzuonx nyei zinh nyaanh se zeiz zorqv Cingv Zoux Gong (FFS) aengx caux gunv goux zorc baengc nyaanh a'fai ziux m'nqornv-jaax cuotv liouh goux zorc baengc yiem zorc baengc dorngx dauh, ziux



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen huc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

goux zorc baengc yiem biauv aengx caux ziux goux baengc mienh yiem lorqc njiec langx zangc hei-horngc dorngx, aengx caux bieqc bueix zorc baengc yiem ndie-dorngx caux bun ndie nyanc zorc baengc dugh duqv zipv yiem caux bieqc bueix zorc baengc dorngx a'fai zipv zorc baengc yiem biauv caux langx zangc dorngx wuov. Ninh mbuo mv haih zorqv siou jhex ndaangc jaax ziux dimv ndorqc mangc naaic laanh baengc mienh nyei nyaanh.

Se gorngv oix hiuv waac tipv, bieqc lorz taux DHCS kou-gong gorn zimh zorqvzinh nyaanh nzuonx nyei website yiem njiec naaiv <https://dhcs.ca.gov/er> a'fai mborqv finx lorz taux 1-916-650-0590.

Tih mengh fiensex heuc njiec buoz liuc leiz zoux gong

Anthem oix zuqc fungx naaiv zeiv fiensex mbuox heuc liuc leiz njiec buoz zoux gong (NOA) ziux haaix zanc buac Anthem duqv ngaengc nzuih mv dapc engx, zorc ngaih, guangc sou-gorn, a'fai dorh zorc baengc javv-louc tiuv siang. Beiv hngv meih mv doix hnyiou v taux Anthem njiec lingc dux nyei waac, meih corc haih zoux sou fungx bieqc lorz weic faan sic caux Anthem. Bieqc mangc taux "lorz weic faan sic" yiem naaiv ginc sou lorqc zuqc da'6 kang liouh mangc taux jenv sic waac-fiensex liouh fungx sou bieqc lorz weic faan sic. Se gorngv haaix zanc Anthem duqv fungx naaiv zeiv fiensex NOA bun taux meih mbuox hiuv taux yietc zungv leiz beu ze'buonc bun liouh meih mv lorqc doih taux yie mbuo njiec lingc dux nyei waac wuov.

Waac-nyioux hietv yien naaiv zeiv fiensex

Beiv hngv Anthem duqv nganegc nzuih mv dapc engx, zorc ngaih, taanz zorc siang, zoi guangc sou-gorn, donv njiec ndaangc, a'fai zorqv yietc zungv zorc baengc hluotv zoqc njiec a'fai hluotv yietc gouv gong, meih a'zuqc liuc leiz dorh NOA ziux ga'ndiev naaiv zoux:

- Zaah mangc Anthem liepc hnyiou v mbuox heuc a'zuqc liuc leiz njiec buoz zoux haaix nyungc
- Anthem njiec lingc dux nyei waac njiang-laangc caux gapv zunv porv mbuox mengh gaux longc nyei fai
- Anthem hngv haaix njiec lingc dux naaiv baan waac, caux buac Anthem bangc haaix bienh doz-leiz dux



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv anthem.com/ca/medi-cal.

7 | Leiz beu ze'buonc aengx caux a'zuqc liuc leiz zoux ndaamgorng gong

- Weic laaix haaix nyungc cingx njiec lingc dux zorc baengc jauv-luouc benx hnangv naaiv. Anthem a'zuqc porv mengh mbuox cing gorngv maaih haaix nyungc sic dauh jauv-louc cingx mv maaih leiz gaux bun tengx a'fai ziux sou-guv bun.

Dorh sou porv faan waac bun bei

Anthem oix zuqc dorh banegc mienh nyei yietc zungv waac-fienx mingh porv nzoih waac ziux baengc mienh nyunc zuqc gorngv haaix fingx waac, caux dorh yietc zungv gox sic guaix taux nyei waac-fienx aengx caux lorz weic faan sic mbuox bun hiuv.

Tih mengh fienx sou oix zuqc dorh porv mbuox bun bei lemh hietv zorc baengc sic dauh jauv-louc ziux Anthemnjiec lingc dux cuotv duqv ngaengc nzuih mv dapc engx, zorv ngaih, guangc sou-gorn, a'fai dorh zorc baengc jauv-louc tiuv siang.

Se gorngv ninh mbuo mv duqv dorh haaix nyungc sou mingh porv benx meih nyei waac bun hiuv, Anthem a'zuqc liuc leiz lorz mienh tengx longc baeqc waac porv bun bei liouh bun meih bieqc hnyiouv nzoih yietc zungv waac-fienx ndaangc.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

8. Jienv sic nam mber aengx caux kuv waac-norm liouh baengc mienh hiuv

Jienv sic fonh nam mber liouh douc waac

- Anthem ziox goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**
- Medi-Cal Rx yiem njiec naaiv 1-800-977-2273 (TTY 1-800-977-2273) caux zatv bieqc 7 fai 711

Horpc zuqc huv taux naaiv deix kuv waac-norm

Ga'sie mun yungz gu'nguaaz: Maaih gu'nguaaz yiem sin nyei mienh taux ziang hoc ndutv sin yungcz gu'nguaaz ei bun kang bouc dauh mun aengx caux mv haih mingh fungx bieqc ganh norm zorc baengc ndie-dorngh taux ndaangc ndutv sin a'fai dorh ninh fungx mingh yaac nzauh heiz haih hoic zuqc ninh a'fai hoic zuqc gu'nguaaz mv gaengh ndortv ndau nyei ziang hoc.

Lemh zeih mun: Lemh zeih benx beqv, lemh zeih zuqc baengc dunggh oix zuqc gaanv jien sin liuc leiz dorh mingh zorc baengc siepv.



Mborqv finx lorz taux ziox goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lunggh ndorm taux 7 dimv lunggh muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziox naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Meiv guoqv janx Indian: Ninh mbuo haaix laanh baeqc fingx beiv lorqc zuqc “Indian” ziuq guoqv zangc hungh jaa doz-leiz gunv njiec yiem 42 CFR wuov bienh leiz 438.14, duqv gouv bun naaiv laanh baeqc fingx benx “Indian” beiv hnangv ndorqc buac maaih horpc bouc gauv ziuq ga'ndiev wuov:

- Naaiv laanh mienh se benx guoqv zangc hungh jaa hiuv taux gorngv benx Indian wuov fingx mienh fai
- Ninh yiem lorqc njiec mungv zangc la'aiv dorngx aengx caux maaih hoprc bouc gauv horpc zuqc yietc nyungc jauv-louc a'fai ziuq ga'ndiev deix jauv-louc:
 - Ninh benx fiuv fingx mienh, maaih mbuoz, a'fai ninh mbuo hiuv gorngv ninh benx Indians wuov fingx, caux benx fiuv fingx mienh, maaih mbuoz a'fai juangc doic guangc huaang yiem 1940 aengx caux ih zanc ninh mbuo zieqv duqv mi'aqc a'fai yiem zinh hoz ninh mbuo yiem lorqc zuqc haaix norm saengv zangc a'zuqc znicp zong-zei yiem naaic mingh
 - Naaiv laanh mienh benx Eskimo a'fai Aleut a'fai yiem Alaska douh zangc mienh
 - Ninh mbuo duqv corngv benx yietc norm deic liouh gunv taux ga'nyuoz baeqc fingx benx Indian liouh liepc zoux haaix nyungc fai
 - Ninh mbuo dimv buac benx janx Indian ziuq naaiv bienh doz-leiz gunv njiec liouh goux ga'nyuoz fai
- Ninh mbuo duqv corngv benx yietc norm deic liouh gunv taux ga'nyuoz baeqc fingx benx Indian liouh liepc zoux haaix nyungc fai
- Ninh mbuo duqv corngv buac benx liuc leiz goux taux heng-wangc aengx caux zuangx mienh yiem seix zangc gong bun taux janx Indian liepc ziangx horpc bouc puix-juang beu heng-wanc sou-gorn bun Indian, caux California Indian, Eskimo, Aleut, a'fai da'nyeic deix Alaska douh zangc mienh

Lorz weic faan sic: Baengc mienh corc haih zoux sou mingh tov taux Anthem liouh zaah luic mangc aengx caux tiuv njiec lingc dunx nyei waac tengx zorc beu sou-gorn nyei baengc ziuq tov daaih wuov.

Fu'loqc nyaanh: Naaiv norm beu heng-wangc sou-gron duqv beu tengx zorc baengc jauv-louc aengx caux beu ndie zorc baengc.

California ziuq goux fu'jueiv (CCS): Naaiv norm Medi-Cal kou-gong gorn duqv tengx ziuq goux zorc baengc bun fu'jueiv liouh hnyiang-jeiv zaac 21 tengx zorc baengc, zorc butv baengc sic, a'fai lauh ndaavv baengc-ngaiz.



Mborqv finx lorz taux ziuq goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungv ndorm taux 7 dimv lungv muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangv bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziuq naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Nanv sic mienh goux zorc baengc: Ninh mbuo goux baengc ndie-sai a'fai goux zuangx mienh yiem seix zangc gong-mienh a'zuqc tengx liuc leiz njiaaux bun naaic laanh baengc mienh bieqc hnyiouv taux baengc zingh jauv-louc aengx caux ndie-sai lipec mbenc zorc baengc gong liouh zorc baengc.

Maaih sou-gorn benx goux yungc gu'nguaaz ndie-sai (CNM): Naaiv laanh mienh se duqv zipv zoux gong sou benx goux yungz gu'nguaaz ndie-sai aengx caux California nanv sic mienh bun zoux gong sou benx goux ndutv sin mienh. Naaiv laanh goux yungc gu'nguaaz ndie-sai se a'zuqc goux mangc yungz gu'nguaaz nyei ziangh hoc mv yungz aqc wuov.

Zorc diqc daanz-muih mbungv ndie-sai: Naaiv laanh zorc baengc ndie-sai se duqv longc buoz tengx nanv zorc puix diqc daanz-muih mbungv.

Lauh ndaav baengc-ngaaz: Ninh benx yietc nyungc baengc a'fai sin zangc baengc hoic zuqc baengc mienh naanh duqv zorc mv haih longx dangx jaan a'fai tengx donv sienc mv bun kouv mingh a'fai tengx zorc bun baengc mienh nyei baengc mv hniv faaux.

Njioux baengc zaamc: Ninh benx yietc norm njioux banegc dorngx liouh banegc mienh mingh ginv lorz benx daauh laanh zorc baengc ndie-sai (PCP) tengx jiex gorn zorc baengc ndaangc. Naaiv norm dorngx se benx guoqv zangc hungh jaa bun sou-gorn benx zorc baengc dorngx dauh (FQHC), zoux zorc baengc bun langx zangc hei-horngc mienh nyei dorngx, gemh hlang zorc baengc ndie-zaamc (RHC), Indian beu heng-wangc zorc baengc ndie-sai (IHCP), a'fai da'nyeic nyungc jiex gorn zorc baengc dorngx.

Langx zangc hei-horngc liuh ziux goux domh mienh nyei dorngx (CBAS): Naaiv norm zorc baengc dorngx se liouh mingh nzuonx nyei baengc mienh mingh lorz zorc baengc, ninh mbuo maaih ndie-sai haih tengx njioux zorc baengc, goux mienh yiem seix zangc, nanv sin zorc baengc, ziux ndoqc laanh mienh baengc, goux mangc huov jaa caux njiaaux goux mienh, njiaaux wuix lai hnaangx, tengx cie tor mingh nzuonx, aengx caux da'nyeic deix gong bun taux baengc mein maaih horpc bouc gaux tengx nyei mienh.

Maaih waac guaix taux: Se gorngv buatac maaih zorc baengc jauv-louc a'fai sou-gorn beu yiem caux Medi-Cal maaih dorngx zoux mv doix hnyiouv se haih longc baeqc waac a'fai fiev sou guaix taux Anthem, yiem nquenc zangc beu zorc corngh zingh sou-gorn, a'fai naaiv norm Medi-Cal ndie-sai. Zoux sou fungx mingh guaix taux caux gox sic se zeiz dongh nyungc jauv-louc ogng oc.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Nzipc zorc baengc mv bun dangx ziangh hoc: Liouh bun naaiv laanh baengc mienh maaihbsou beu zorc baengc wuov duqv nzipc ziux ih zanc Medi-Cal beu zorc baengc sou-gorn yiem ga'hlen nzuqc maengz gorn zangc ndie-sai lauh ndaavv taux 12 hlaax nyieqc beiv hnavgv naaic laanh ndie-sai caux Anthem domh nzoih lorqc doih buatac longx.

Ndie-mbuoz yiem ziux sou-gorn (CDL): Ninh mbuo duqv nqoi nzuih bun ndie zorc baengc ziux Medi-Cal Rx ndie-sai paaiv bun nyanc nyei buonc ndie dungh maaih sou-gorn beu naaic deix ndie bun taux baengc mienh.

Daix doic liouh tengx fu'loqc nyaanh (COB): Ninh benx jauv-louc liouh dimv ndorqc mangc gorngv maaih beu heng-wangc sou-gorn yiem caux haaix norm ziouv (Medi-Cal, Medicare, saeng-eix nyei sou-gorn, a'fai da'nyeic deix) duqv tengx liuc leiz jiex gorn zorc banegc aengx caux cuotv nyaanh bun baengc mienh jiex ndaangc yietc norm beu heng-wangc sou-gorn nyei baengc.

Nquenc zangc liepc gorn liouh liuc leiz tengx zorc baengc (COHS): Naaiv se benx yietc norm zoux gong gorn zangc ceix cuotv yiem njiec nquenc zangc liouh nav sic goux taux Medi-Cal kou-gong gorn. Beiv hnavgv ninh mbuo maaih leiz gaux bun dorh mbuoz bieqc yaac maaih mbuoz ziang naaic dapv bieqc zaqc naaiv norm COHS sou-gron mi'aqc. Baengc mienh corc haih sienv dorh mbuoz bieqc beu heng-wangc zorc baengc ndie-sai yiem caux yietc zungv COHS ndie-sai.

Juangc cuotv nyaanh (Juangc doic bun nyaanh): Baengc mienh dipc nyaangh cuotv ndaangc, m'nzengc yiem njiec zorc baengc nyei ziangh hoc dungh buatac maaih ga'hlen gorqv-zeic mienh cuotv nyaanh bun zorc baengc.

Zorc baengc gong maaih sou-gorn beu: Medi-Cal tengx liuc leiz zorc baengc bun Anthem a'zuqc liuc leiz cuotv nyaanh bun. Sou-gorn beu bun zorc baengc jauv-louc se ziux sic dauh, sic dauh baengc, gouv ziangx soux mouc camv zoqc, aengx caux mv lemh sou-gorn caux Medi-Cal, maaih haaix deix su-gorn gong duqv goiv zorc siang, aengx caux sou-guv goux taux baengc mienh (maaih mbuoz heuc dorh nyungc zeiv sou gapv zunv beu (EOC) aengx caux sou-daan liouh zunh waac tong zuangx).

DHCS: California dinc zangc domh gorn liuc leiz goux zorc baengc jauv-louc. Naaiv se benx saengv zangc zoux gong dinc liouh domh ziux goux mangc taux Medi-Cal kou-gong gorn.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Tiu mbuoz cuotv: Haaix zanc naaic laanh baengc mienh oix dorh ninh nyei mbuoz tiu cuotv beu heng-wangc sou-gorn a'fai oix tiuv bieqc ganh norm siang nyei beu heng-wangc sou-gorn. Baengc mienh a'zuqc faaux mbuoz hietv naaiv zeiv daan mbuox taux gorngv ninh mbuo mv qiemx zuqc longc naaiv zeiv beu heng-wangc sou-gorn aqv a'fai mborqv finx lorz taux Health Care Options aengx caux douc waac heuc tengx tiu mbuoz cuotv.

DMHC: California dinc zangc domh gorn gunv goux taux zorc baengc sou-gorn. Naaiv se benx saengv zangc zoux gong dinc liouh domh ziux goux mangc taux zorc baengc sou-gorn.

Jaa-dorngx liouh longc zorc baengc (DME): Naaiv deix zorc baengc jaa-dorngx se liouh longc tengx zorc jienv sic baengc aengx caux baengc mienh nyei ndie-sai paaiv heuc horpc zuqc longc a'fai da'nyeic deix ndie-sai longc tengx ziux goux zorc baengc yiem biauv, zorc baengc dorngx yiem langx zangc, a'fai gorn zangc zorc baengc dorngx.

Jaa-nziouv ziux bouc dauh aengx caux dimv ndorqc baengc, dimv baengc, aengx caux zorc baengc (EPSDT): Bieqc mangc yiem “Medi-Cal tengx gu'nguaaz caux fu'jueiv-caan.”

Njioux zorc jiepv sih baengc hiuang: Ninh benx yietc nyungc baengc a'fai corngh zingh baengc hniev mbiangx sin, beiv taux ga'sie mun yungz gu'nguaaz (ziux bun-paaiv waac mbuox hietv ga'nguaaic wuov) a'fai zuqc baengc lemh zeih mun diev mv zouc, horpc zuqc haih zorc baengc nyei mienh tengx njioux donv baengc aengx caux bun ndie tengx jiepv sih njioux zorc baengc bun:

- Baengc mienh zuqc baengc mun hoic nyei dorngx a'fai gu'nguaaz yiem ga'nyuoz ga'sie mv gaengh ndortv ndau wuov haih waaic
- Haih zoux hoic zuqc sin zangc waaic mv haih ziangh gapv doic
- Haih zoux hoic sin zangc a'fai yietc maengz sin dongz mv duqv
- Haih zoux hoic taux guangc maengc

Zorc jiepv sih baengc hiuang: Ninh mbuo domh ndie-sai njioux banegc ndie-sai a'zuqc liuc leiz dimv mangc baengc, fai zaah lorz mangc taux jiepv sih baengc gorngv maaih haaix nyungc hoic zuqc mun. Tengx liuc leiz zorc jienv sic baengc yiem njiec zorc baengc zaamc liouh tengx donv bun baengc mv hniev faaux.

Tengx cie tor lorz njioux zorc jiepv sih baengc hiuang: Tengx ambulance cie tor baengc mienh mingh njioux jiepv sih baengc hiuang a'fai dorh cie tor mingh bieqc zorc jiepv sih baengc yiem njioux baengc dorngx bun naaic laanh baengc mienh.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Oix dorh mbuoz bieqc nyei mienh: Naaiv laanh mienh maaih mbuoz bieqc ben heng-wangc sou-gorn mi'aqc aengx caux ninh oix zipv zorc baengc jauv-louc yiem njiec beu heng-wangc sou-gorn.

Liepc zornq mbenx benx baengc mienh: Naaiv laanh baengc mienh ih zanc caux ndie-sai hiuv zuoqc doic mi'aqc aengx caux nin duqv mingh lorz buangh jiex naaic laanh ndie-sai ziux beu heng-wangc sou-gorn dquv lauh dangh aqv.

Seix zaah mangc ndaangc tengx zorc baengc: Ninh mbuo dorh ndie, jaa-dornq, zoux gong jauv-louc, a'fai gong-bou dorh mingh seiz dimv mangc ndaangc a'fai dorh saeng-kuv sin mingh benx maaz-nyenh hoqc zorc baengc ndaangc tengx mienh dimv baengc. Naaiv deix zaah seix mangc ndaangc nyei gong se mv zeiz yiem zorc baengc zaamc tengx zimh lorz oc.

Tengx ziux goux taux maaih gu'nguaaz saa maqc: Ninh benx yietc zuangx gong liouh goux nqaeqv taux maaih gu'nguaaz nyei jauv-louc a'fai donv ngaih maaih gu'nguaaz bouc dauh. Naaiv deix gong-bou jauv-louc Tengx ziux goux mienh lunx mienh oix maaih gu'nguaaz mbuoqc ziez laanh aengx caux saa maqc leih doic saa maqc ndongc haaix.

Guoqv zangc hung h jaa beu sou-gorn benx zorc baengc dornq dauh (FQHC): Ninh benx yietc norm zorc baengc gorn zangc dornq yiem lorqc njiec deic jeiv dungh mv mbenc duqv maaih zorc baengc ndie-sai camv-laanh ziangh guanh yiem naaic. Baengc mienh corc haih mingh lorz liouh tengx jiex gorn zangc baengc yiem naaic norm dornq aengx caux goux nqaeqv baengc gong yiem caux FQHC.

Cingv Zoux Gong (FFS) Medi-Cal: Maaih nzunc baav Anthem mv maaih sou-gorn beu taux zorc baengc gong bun, mv baac baengc mienh corc haih duqv zipv tengx ziux goux zorc baengc yiem njiec FFS Medi-Cal, caux zorqv ndie yiem caux Medi-Cal Rx.

Zimh ndorqc mangc zorc baengc jauv-louc: Ninh mbuo domh ndie-sai a'zuqc zaah mangc taux baengc mienh nyei baengc longx faaux ndongc haaix ziux ninh bueix zorc baengc ndie-sai cuotv daaih a'fai yiem njiec nyanc ndie zorc baengc nyei bouc dauh benx hnavg haaix mi'aqc.

Gorngv-baeqc pienx nduov: Haaix laanh mienh ba'baac liepc hnyiou v gorngv-baeqc nduov a'fai ninh hiuv longx nyei mv baac daav za'eix nduov tengx nyaanh bun ga'ganh a'fai bun ga'hlen mienh.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen huc oc. A'fai mborqv finx lorz taux California Relay-nang h bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Ndvtv sin yungz gu'nguaaz dornx (FBC): Naaiv norm njioux zorc baengc dornx dauh se benx yietc norm gorn zangc tengx goux yungc gu'nguaaz dornx dungh nitv fatv baengc mienh yiem nyei deic dauh dornx aengx caux saengv zangc bun zoux gong sou-gorn liouh benx goux gu'nguaaz maac caux tengx goux yungz gu'nguaaz a'fai goux gu'nguaaz maac ndvtv baac sin nyei bouc dauh tengx cuotv ga'nyiec ziux goux baengc mienh maaih mbuoz beu yiem heng-wangc sou-gorn wuov. Ziux goux zorc baengc dornx dungh mv zeiz zorc baengc ndie-dorngh.

Gox sic: Se gorngv buatac maaih zorc baengc jauv-louc a'fai sou-gorn beu yiem caux Medi-Cal maaih dornx zoux mv doix hnyiouu se haih longc baeqc waac a'fai fiev sou guaix taux Anthem, yiem nquenc zangc beu zorc corngz zingh sou-gorn, a'fai naaiv norm Medi-Cal ndie-sai. Fungx sou bieqc guaix caux Anthem liouh mbuox hiuv taux yiem gorn zangc ndie-sai tengx liuc leiz zorc baengc nyei gong.

Tengx jaa-sic zorc baengc aengx caux zorc corngz sin bun henv: Naaiv norm zorc baengc dornx dauh se tengx taux baengc mienh ziux goux buonh sin baengc, hoqc hiuv taux hnavg haaix zoux, a'fai zorc buoz taux liouh goux baengc aengx caux goux ndorm zinh nziouv hmuangx yiem-laamz gong.

Health Care Options (HCO): Ninh benx yietc norm kou-gong gorn liouh goux taux dorh mbuoz bieqc a'fai tiu mbuoz biaux cuotv beu heng-wangc sou-gorn.

Heng-wangc sou-gorn: Beu heng-wangc sou-gorn dungh tengx dipc nyaanh bun zorc baengc aengx caux cingv paaix zorc baengc nyaanh ziux sou-gorn beu bun haaix horngh baengc a'fai zuqc ndorpc mun nyie baengc a'fai cuotv nyaanh bun taux zorc baengc ndie-sai nyei buoz.

Tengx goux zorc baengc yiem biau: Haih tengx liuc leiz ziux goux zorc baengc bun aengx caux goux yiem biau.

Ndie-sai ziux goux zorc baengc yiem biau: Naaiv deix ndie-sai tengx liuc leiz ziux goux zorc baengc bun baengc mienh yiem biau aengx caux mbenc da'nyeic deix gong bun.

Dornx dauh liouh ziux goux baengc mienh yiem setv mueix maeng: Tengx zorc baengc liouh donv beih sin baengc sienc njiec, yiem hnyiouu nyei baengc, yiem zorcpc seix zangc, aengx caux fiou fim jauv-louc bun baengc mienh baengc tuix heng. Ninh mbuo benc ziangx naaiv norm dornx dauh liouh bun baengc mienh yiem dungh hiuv taux ninh nyei maengc ziangh lauh ndaav taux 6 hlaax nyieqc daav njiec nyei bouc dauh hnavg.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Zorc baengc dorngx: Ninh benx yietc norm gorn zangc liouh baengc mienh bieqc bueix zorc baengc aengx caux liouh baengc mienh mingh nzuonx lorz zorc baengc caux domh ndie-sai aengx caux goux banegc ndie-sai.

Zorc baengc dorngx liouh tengx mingh nzuonx nyei baengc mienh zorc baengc: Naaiv se benx yietc norm zorc baengc dorngx liouh tengx baengc mienh zorc baengc a'fai paaix zorc baengc mv zuqc bieqc bueix zorc baengc ndie-dorngx.

Bueix zorc baengc yiem zorc baengc ndie-dorngx: Naaiv se benx yietc norm gorn zangc liouh zipv baengc mienh bieqc bueix zorc baengc yiem ga'nyuoz gorn zangc.

Indian beu heng-wangc sou-gorn nyei ndie-sai (IHCP): Ninh benx yietc norm beu heng-wangc nyei kou-gong gorn dungh maaih ndie-sai yiem Indian beu heng-wangc sou-gorn zorc baengc dorngx (IHS), liouh bun Indian wuov fingx janx, Kou-gong gorn beu buo nyungc fiuv fingx mienh, buo nyungc fiuv fingx zoux gong gorn zangc a'fai Zoux gong gorn zangc goux la'aiv janx Indian (UIO) maaih doz-leiz paaiv njiec da'4 ginc leiz Indian zorc siang puix bun ziux goux zorc baengc gong (25 U.S.C. lorqc naaiv ginc leiz 1603).

Zorc baengc bun bueix ga'nyuoz gorn zangc dorngx: Naaiv norm dorngx se liepc ziangx liouh bun baengc mienh bieqc bueix zorc baengc a'fai qiemx longc njiox zorc baengc nyei ziangh hoc.

Ziux goux zorc baengc zong baan bouc ziangh hoc a'fai yiem biauuv: Naaiv norm dorngx se engx ziux goux zorc lauh ndaauv bouc dauh ziangh hoc nyei dorngx a'fai goux yiem biauuv dungh maaih ndoe-sai tengx goux benx 24 norm ziangh hoc nyei dorngx. Ziux goux zorc baengc yiem benx zong baan bouc dauh ziangh hoc nyei dorngx a'fai yiem biauuv duqv lemh ziux goux zorc baengc dorngx /zorc waaic fangx mv hlo siepv nyei mienh (ICF/DD), zorc zong baan bouc dauh baengc/zorc baengc bun waaic fangx mienh maaih ngaengc caengz henv (ICF/DD-H), aengx caux zorc zong baan baengc nyei bouc dauh/ziux goux zorc waaic fangx mv haih hlo siepv nyei mienh (ICF/DD-N).



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Seix hoqc zorc baengc mangc ndaangc: Ninh benx zorc baengc ndie, longc ndie-miev zoux daaih, a'fai jaa-dorngx duqv yiem zorc baengc zaamc seix mangc ziangx liuz bun guoqv zangc hung h jaa gunv goux ndie nyei gorn zangc nqoi nzuih bun longc (FDA), mv baac mv gaengh bun longc jiangv yiem njiec zorc baengc gorn zangc nzengc ziux FDA bun nyei waac aengx caux corc zuqc ninh mbuo nzipc zaah ndorqc funx mangc mingh zinh hoz yiem caux FDA nqoi nzuih bun njioux baengc zaamc zaah ndorqc mangc tipv.

Tengx ziux goux zorc baengc yiem lauh ndaauv bouc dauh: Ninh benx yietc norm dorngx dauh liouh bieqc zorc baengc lauh ndaauv 1 hlaax nyieqc faaux mingh nyei bouc dauh.

Gunv goux zorc baengc nyei sou-gorn: Naaiv norm Medi-Cal beu heng-wangc sou-gorn duqv neqv bun longc domh ndie-sai, liouc siouv ndie-sai, zorc baengc zaamc, bun ndie dorngx, aengx caux zorc baengc ndie-dorng h liouh bun Medi-Cal baengc mienh dung h maaih mbuoz bieqc yiem caux heng-wangc sou-gorn wuov. Anthem benx yietc norm gunv goux zorc baengc sou-gorn.

Medi-Cal liouh bun gu'ngaauz caux fu'jueiv-caan: Naaiv deix nyaanh liouh bun Medi-Cal banegc mienh hnyiang-jeiv mv zaac 21 hnyiangx nyei buonc liouh ziux goux heng-wangc ngaengc caengz. Baengc mienh a'zuqc bun zaah ndorqc baengc ziux ziang h hoc horpc zuqc ninh mbuo nyei hnyiang-jeiv aengx caux horpc sic bun jaa-nziouv dimv sin lorz mangc nzauh heiz haih maaih baengc aengx caux jaa-ndaangc zuqc zorc nziouv. Ninh mbuo horpc zuqc duqv zipv tengx zorc baengc a'fai tengx nzie goux baengc yiem njiec zaah lorz buonh sin baengc nyei ziang h hoc. Naaiv deix nyaanh se liouh jaa-nziouv zaah lorz buonh sin baengc aengx caux ziux bouc dauh dimv ndorqc baengc, dimv baengc aengx caux zorc baengc (EPSDT) ziux guoqv zangc hung h jaa doz-leiz paaiv njiec wuov.

Medi-Cal Rx: Naaiv deix maaih ndie nyei nyaanh caux naaiv deix FFS Medi-Cal juangc bun aengx caux maaih mbuox heuc "Medi-Cal Rx" liouh tengx maaz ndie yiem bun ndie dorngx aengx caux zorc baengc gong, lem h faaux ndie bun nyanc aengx caux jaa-sic longc zorc baengc bun taux yietc zungv Medi-Cal baengc mienh.

Yiem biauv zorc baengc: Naaiv benx yietc jauv-louc liouh zorc baengc bun taux baengc mienh yiem njiec ga'gan h dorngx. Ninh mbuo goux jun h zorc baengc jauv-louc, dor h baengc mienh zoux ba'ndongx dorngx tengx zorc baengc, daux doic liouh domh nzoi h juangc zorc baengc, bieqc lorz longc zorc baengc jauv-louc, aengx caux goux longx zorc baengc jauv-louc.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung h muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nang h bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Zorc jienv sic baengc (a'fai qiex zuqc tengx zorc baengc): Naaiv deix jienv sic zorc baengc jauv-louc benx kuv gong tengx zorc baengc bun baengc mienh aengx caux goux longx maengc-gorn bun baengc mienh. Longc zorc baengc gong-bou jauv-louc tengx baengc mienh donv sienc njiec naaic diuc baengc hoic a'fai haih waac fangx. Tengx dimv baengc lorz baengc-gorn liouh donv mun nyei dorngx sienc njiec a'fai zorc baengc bun heng, nyiez zuqc baengc, a'fai ndorpc mun baengc sienc njiec. Se gorngv ninh mbuo baengc mienh dugh hnyiang-jeiv mv zaaic 21 hnyiangx nyei buonc, Medi-Cal oix zuqc tengx liuc leiz zorc naaiv deix jienv sic baengc bun a'fai tengx donv baengc sienc njiec a'fai zorc beih sin baengc a'fai corngh zingh, lemh buov ga'naaiv congx hoic nyei baengc.

Cie tor mingh zorc baengc: Tengx cie tor mingh nzuonx se ziux ndie-sai dimv cuotv buatec baengc mienh butv benx beih sin baengc hoic a'fai banegc hniv mingh haih bieqc cie mingh, bieqc jauv zangc saeng-eix cie-ndaav, cie-douz, a'fai jauv-zangc saeng-eix cie liouh tor mingh zorc maaih sou-gorn beu nyei baengc a'fai mingh zorqv ndie. Anthem nqoi nzuih bun bieqc zaaiz jaax jauv liouh tor mingh zorc baengc ziux haaix zanc meih qiex zuqc longc cie geh mingh lorz zorc baengc wuov.

Medicare: Naaiv benx guoqv zangc beu heng-wangc kou-gong gorn bun sou-gorn beu mienh maanh maaih hnyiang-jeiv duqv 65 hnyiangx faaux mingh nyei buonc, mienh lunx benx waac fangx mienh, aengx caux butv benx nyutc zeiv waac nyei mienh (Nyutc ziev waac ziangh yietc liuz naanh zorc mv longx a'zuqc nzaaux nyutc zeiv a'fai tiuv nyutc zeiv siang, maaih ganh jioux waac heuc butv benx nyutc zeiv waac nyei baengc naanh zorc mv longx aqv (ESRD).

Naaiv laanh mienh: Haax laanh mienh maaih horpc bouc gaux benx Medi-Cal baengc mienh maaih mbuoz bieqc caux Anthem maaih ze'buonc gaux duqv zipv sou-gorn beu tengx zorc baengc wuov.

Zorc corngh zingh baengc nyei ndie-sai: Ninh benx zorc baengc liouh siouv ndie-sai dugh tengx liuc leiz zorc corngh zingh baengc bun baengc mienh aengx caux zorc taux hnyiou v beqv zoux ciouv nyei baengc mienh.

Goux yungz gu'nguaaz nyei ndie-sai: Jaa-ndaangc tengx ziux goux maaih gu'nguaaz yiem sin nyei bouc dauh, goux yungz gu'nguaaz ndutv sin nyei ziangh hoc, aengx caux ziux goux ndutv sin baac liuz, lemh tengx goux mbungh maaih gu'nguaaz saa maqc bun maac aengx caux jiepv sih goux siang-gu'nguaaz coqc ndortv ndau, naaiv laanh goux yungz gu'nguaaz ndie-sai maaih zoux ong sou-gorn (CNM) aengx caux sou-gorn beu benx goux yungz gu'nguaaz ndie-sai (LM).



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Juangc gong gorn zangc doic: Ninh mbuo benx domh ndie-sai juangc doic zorc baengc, njioux baengc zaamc, zorc baengc ndie-dorngh, aengx caux da'nyeic deix zoux gong mienh dugh maaih zoux gong sou-gorn caux Anthem liouh tengx liuc leiz zorc baengc.

Juangc gong gorn zangc doic nyei ndie-sai (a'fai juangc ga'nyuonz gorn zangc ndie-sai): Bieqc mangc taux “Ndie-sai maaih mbuoz juangc gorn zangc doic.”

Mv maaih sou-gorn beu taux zorc baengc jauv-louc: Ninh benx zorc baengc gong dugh Anthem mv bun sou-gorn beu taux nyei buonc gong.

Cie tor mingh lorz mv zeiz zorc baengc: Lorz cie tengx tor mingh caux tor nzuonx liouh buangh zorc baengc yiem caux Medi-Cal beu sou-gorn nyei baengc ziux zorc baengc ndie-sai nqoi nzuih paaiv bun wuov aengx caux mingh zorqv ndie nyanc caux zorqv zorc baengc jaa-dorngh.

Mv maaih mbuoz bieqc benx zorc baengc ndie-sai: Naaiv laanh zorc baengc ndie-sai mv maaih mbuoz bieqc benx Anthem gorn zangc doic.

Corc maaih da'nyeic nyungc sou-gorn beu heng-wangc (OHC): Corc maaih da'nyeic nyungc sou-gorn beu heng-wangc (OHC) ziux saeng-eix beu heng-wangc sou-gorn dugh mv zeiz benx maaz Medi-Cal sou-gorn nyei mienh. Naaiv deix zorc baengc gong-bou jauv-louc se maaih zorc baengc, zorc nyaah, zorc m'zing, zorqv ndie, Medicare Advantage plans (yiem C), Medicare beu zorqv ndie sou-gorn (yiem D), a'fai Medicare tipv nzemz beu heng-wangc sou-gorn bun (Medigap).

Jaa-dorngh caengz mbungv-dauz baengc: Ninh benx yietc nyungc jaa-dorngh liouh tengx bouc caengz sin a'fai zaengz bieqc bouh sin bun tuix bieqc doic a'fai zorc bieqc dorngh dugh zuqc mun nyei baengc a'fai baengc hoic taux sin zangc buatc qiex zuqc longc jaa-dorngh tengx caenz zorc banegc mienh.

Zoux gong zorc baengc yiem ga'hlen ziqc deic jei: Tengx zoux gong zorc baengc bun taux naaiv laanh baengc mienh dugh ninh cuotv ga'hlen ziqc maengz Anthem zorc baengc deic jei nyei ziangh hoc.

Ga'hlen nzuqc maengz ziqc gorn zangc ndie-sai: Naaiv laanh zorc baengc ndie-sai mv maaih mbuoz juangc caux Anthem gorn zangc doic.

Baengc mienh mingh nzuonx zorc baengc mv zuqc bueix ndie-dorngh: Haaix zanc naaiv laanh baengc mienh mingh zorc baengc mv zuqc bueix yiem zorc baengc ndie-dorngh a'fai mingh zorc baengc yiem da'nyeic norm dorngh.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Zorc corngh zingh baengc bun bueix ndie-dorngh nyei baengc mienh: Ninh mbuo baengc mienh mingh lorz zorc baengc heng mv zuqc bueix zorc zong baan corngh zingh baengc bun taux:

- Dimv ndorqc mangc taux corngh zingh baengc bun ndoqc laanh mienh a'fai juangc doic aengx caux zorc baengc (zorc corngh zingh baengc)
- Haaix zanc zorc baengc gorn zangc dimv buac eix-leiz mv doix diuc nor oix zuqc dorh mingh dimv ndorqc taux corngh zingh baengc
- Mingh nzuonx zorc baengc nyei baengc mienh se lemh zimh mangc nyanc ndie zorc baengc benx hnavg haaix
- Caux ca'laangh zorc corngh baengc jauv-louc
- Mingh nzuox lorz tengx dimv nziaamv, zorqv jaa-sic, aengx caux ndie-nzemz

Tengx zorc donv baengc liouh borqv maengz yiem seiz zangc: Naaiv deix zorc baengc se liouh donv beih sin baengc sienc njiec, yiem hnyiouu nyei baengc, yiem zorpc seiz zangc, aengx caux fiou fim jauv-louc bun baengc mienh baengc tuix heng. Naaiv deix ziux goux donv baengc bun baengc mienh se mv zeiz hnamv funx ziangx borqv maengc ziangx taux 6 hlaax nyieqc daav njiec nyei bouc dauh.

Bieqc juangc zorc baengc ndie-dorngh: Zorc baengc ndie-dorngh dung h maaih zoux gong sou-gorn caux Anthem duqv tengx liuc leiz zorc baengc bun baengc mienh duqv zorc baengc hingh ziangh hoc. Ninh mbuo duqv beu zorc baengc gong yiem njiec norm baav zorc baengc ndie-dorngh dung oix zavn soux mouc gong bun baengc mienh ziux Anthembun longc liouh zaah luic zorc baengc jauv-louc aengx caux doz-leiz beu bun zoux gong longx yaauc ndongc haaix a'fai Anthemmaaih zoux gong sou caux zorc baengc ndie-dorngh.

Juangc bieqc benx zorc baengc ndie-sai (a'fai domh ndie-sai maaih mbuoz bieqc juangc gong zoux): Domh ndie-sai, zorc baengc ndie-dorngh, a'fai maaih sou-gorn benx zorc baengc liouc siouv ndie-sai a'fai benx goux zorc baengc dorngx, lenh fiuv dorngx tengx zorc baengc gorn zangc dung h maaih zoux gong sou-gorn caux Anthem a'zuqc tengx liuc leiz zorc baengc bun taux baengc mienh hingh ziangh hoc butv baengc wuov.

Ndie-sai tengx liuc leiz zorc baengc: Saengv zangc doz-leiz paaiv bun naaic laanh mienh dung h maaih zoux gong sou-gorn benx zorc baengc ndie-sai zorc baengc bun a'fai njioux baengc ndie-sai, mv daan kungx bengx domh ndie-sai tengx zorc baengc bun baengc mienh yiem njiec zorc baengc ndie-dorngh ziux zorc baengc jaax siou nyaanh yiem zorc baengc ndie-dorngh wuov.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung h ndorm taux 7 dimv lung muonx. Naaiv se wangv hen h heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Sou-gorn beu: Bieqc mangc taux “Gunv goux taux zorc baengc sou-gorn.”

Tengx zorc baengc yiem njiec baengc fong nyei bouc dauh ziangh hoc: Sou-gorn beu taux zorc baengc gong liouh njioux jiepv sih baengc hiuang hoic nyei baengc dugh duqv njioux baengc bun naaic laanh baengc nyei baengc fong ndongc longx. Ninh mbuo maaih sou-gorn beu taux zorc baengc jauv-louc yiem baengc fong liuz aengx caux tengx nyaanh. Zorc baengc yiem ga'hlen nzuqc maengz ziqc gorn zangc nyei ndie-dorngx a'zuqc zipv jaa-nziouv nqoi nzuih bun (nqoi nzuih bun ndaangc).

Jaa-ndaangc nqoi nzuih bun (jaa-nziouv nqoi nzuih ndaangc): Ninh mbuo liepc zianhx jauv-louc liouh bun baengc mienh a'fai zorc baengc ndie-sai horpc zuqc duqv zipv nqoi nzuih waac caux Anthem tengx neqv zorc naaic nyungc baengc yiem caux Anthem maaih sou-gorn beu bun wuov. Zoux sou fungx baengc mienh mingh zorc baengc se mv zuqc tov nqoi nzuih waac. Jaa-nziouv nqoi nzuih bun caux nqoi nzuih bun ndaangc se dongh jioux waac oc.

Sou-gorn beu ndie: Sou-gorn beu bun zorc baengc ndie ziux ndie-sai paaiv heuc nyanc zorc baengc nyei ndie.

Paaiv bun zorc baengc ndie: Doz-leiz paaiv ziangx ziez nyungc ndie a'zuqc bun zorc baengc ndie-sai paaiv bun nyanc, mv zeiz caux maaic yiem ndie-pouz nyei ndie (“OTC”) mv zuqc heuc ndie-sai paaiv bun nyanc Over-the-counter medicine (OTC).

Zorc daauh nzunc baengc: Bieqc mangc yiem “Ziux bouc dauh lorz zorc baengc wuov ginc sou.”

Daauh laanh zoux gong zorc baengc ndie-sai (PCP): Naaiv laanh ndie-sai maaih sou-gorn liouh tengx baengc mienh zorc baengc. PCP tengx baengc mienh zorc baengc yiem njiec maaih baengc nyei ziangh hoc.

Naaiv laanh PCP corc haih benx:

- Liuc leiz njiec buoz zoux gong nyei mienh
- Zorc domh ndie baengc nyei ndie-sai
- Zorc gu'nguaaz baengc nyei ndie-sai
- Njiec buoz ziux goux huov jaa nyei ndie-sai
- OB/GYN
- Indian beu heng-wangc sou-gorn nyei ndie-sai (IHCP)
- Guoqv zangc hungh jaa beu sou-gorn benx zorc baengc dorngx dauh (FQHC)
- Gemh hlang zorc baengc zaamc (RHC)
- Ndie-sai tengx zorc baengc yiem ga'hlen jauv zangc (SMP)



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungx ndorm taux 7 dimv lungx muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

- Njiec buoz goux baengc ndie-sai
- Borng buoz ndie-sai
- Njioux baengc zaamc

Jaa-nziouv nqoi nzuih bun (nqoi nzuih bun ndaangc): Ninh mbuo liepc zianhx jauv-louc liouh bun baengc mienh a'fai zorc baengc ndie-sai horpc zuqc duqv zipv nqoi nzuih waac caux Anthem tengx neqv zorc naaic nyungc baengc yiem caux Anthem maaih sou-gorn beu bun wuov. Zoux sou fungx baengc mienh mingh zorc baengc se mv zuqc tov nqoi nzuih waac. Nqoi nzuih bun ndaangc caux jaa-nziouv nqoi nzuih bun se dongh jioux waac oc.

Hieh jaa-dorngx: Dorh hieh jaa-dorngx dapv bieqc sin zangc liouh tipv bieqc dugh waac laaih zitc yiem ga'nyuoz sin zangc.

Ndie-sai nyei mbooz-gorn: Ninh mbuo liepc benx yietc zeiv ndie-sai mbooz-daan yiem njiec Anthem gorn zangc.

Zorc corngh zingh baengc nyei ndie-sai tengx jiepv sih njioux baengc hniev nyei ziangh hoc: Naaiv nyungc baengc butv benx corngh zingh baengc dugh zoux ciouv naauc qiez mbui a'fai zoux ciouv haih zoux hoic zuqc ninh ganh mun a'fai ga'hlen mienh mun, weic zuqc maaih baengc hoic zoux haeqv hmuangv doic gamh nziez mv dorh lai hnaangx bun nyanc, bun dorngx yiem, a'fai dorh lui houz bun zuqv aqv.

Ziux goux domh zuangx heng-wangc: Ziux goux zorc baengc bun yietc zungv baeqc fingx mienh maanh. Lemh nzoih da'nyeic deix mienh dugh maaih dimv ndorqc taux baengc zingh jauv-louc, mbungh goux baengc, ceiz heng-wangc jauv-louc, nqaeqv baengc gong, gunv goux nyiez baengc jauv-louc, goux mbungh gemh dauh aengx caux fioux njiang langx horngh, mbenc ziangx goux lungn ndau mbiungc nziaauz, aengx caux zorc baengc zingh.

Ndie-sai guai: Naaiv laanh ndie-sai gunv goux zorc baengc yiem lorqc njiec deic jei liouh zorc baengc bun baengc mienh yiem buonh deic.

Tengx paaix zorc baengc liouh lunh hietv siang: Paaix zorc baengc yiem haaix wuonc tuix setv dorngx a'fai zorc puix yuonh haaix wuonc sin zangc dorngx tengx zorc nzueic a'fai hietv siang liouh zoux gong longc duqv hnavgv lox. Ziux cuotv seiz daaih waac fangx, waac fangx mv haih hlo hlang siepv, maaih baengc hoic a'fai ziangh benx orv-mbiaenz lengc cuotv a'fai baengc hoic zuqc sin zangc haaix deix dorngx waac mv doix loz oix zuqc tengx paaix zorc nzueic.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lungn ndorm taux 7 dimv lungn muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Zoux sou fungx baengc mienh mingh zorc baengc: Haaix zanc naaiv laanh PCP nqoi nzuih mbuox bun baengc mienh mingh zorc baengc caux ga'hlen ndie-sai duqv. Maaih nyungc baav zorc baengc jauv-louc a'zuqc heuc zoux sou fungx baengc mienh mingh zorc baengc yiem da'nyeic norm dorngx aengx caux jaa-nziouv nqoi nzuih bun (nqoi nzuih bun ndaangc).

Tengx jaa-dorngx aengx caux zorc baengc caux zorc longx henv aengx caux jaa-dorngx: Naaiv deix zorc baengc jauv-louc aengx caux bun jaa-dorngx tengx zuqc mun nyei baengc mienh, waaic fangx mienh, a'fai butv lauh ndaavv baengc nyei mienh henv faaux a'fai maaih buz-dauh goux corngh zingh baengc aengx caux beih sin.

Ndorm zinh nziouv hmuangx lorz tengx ziux goux zorc baengc: Qiemx zuqc liuc leiz zorc jienv sic nyei baengc aengx caux gpux nqaeqv baengc, zaah ndorqc mangc fu'jueiv sin zangc, aengx caux ziux bouc dauh ziangh hoc a'zuqc dorh mingh zaah mangc liouh tengx zorc baengc. Ziux bouc dauh ziangh hoc a'louc mingh dimv ndorqc sin se liepc tengx goux nqaeqv sin zangc baengc.

Gemh hlang zorc baengc zaamc (RHC): Ninh benx yietc norm zorc baengc gorn zangc dorngx yiem lorqc njiec deic jeiv dungh mv mbenc duqv maaih zorc baengc ndie-sai camv-laanh benx ziangh guan yiem naaic. Baengc mienh corc haih mingh lorz liouh tengx jix gorn zangc baengc yiem naaic norm dorngx aengx caux goux nqaeqv baengc gong yiem caux RHC.

Ziux goux zorc lomc-mbueix baengc: Zorc baengc goux taux corngh zingh baengc a'fai hnyiou v beqv zoux ciouv naauc haeqv mienh, bueix doic nyiez duqv nyei baengc (STI) aengx caux nin-dorng ziepc betv nyei mienh, goux mbungh maaih gu'nguaaz saa maqc, lomc-mbueix dorngx, HIV/AIDS, borngz caa doic hienz aengx caux lom gu'nguaaz guangc, buov ga'naaiv congz waaic nyei baengc, ziux goux taux naamh fai nyiouz nyenh, aengx caux cai-doiz mborqv jaax zoux hoic.

Baengc hniev: Butv baengc hniev a'fai a'zuqc gaanv jien sin liuc leiz tengx zorc baengc siepv aengx caux haih kouv hoic taux zitc maengc nyei baengc.

Zorc baengc gunv njiec yiem deic jei dorngx: Ziux deic jei gunv njiec nyei dorngx Anthem zoux gong bun nyei dorngx. Yiem lorqc njiec naaiv deix nquenc Alpine, Amador, Calaveras, El Dorado, Fresno, Inyo, Kings, Kern, Madera, Mono, Sacramento, San Francisco, Santa Clara, Tulare, aengx caux Tuolumne.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung hndorm taux 7 dimv lung muonx. Naaiv se wangv hen huc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Maaih buoz-dauh goux zorc baengc: Maaih sou-gorn beu tengx zorc baengc nyei gong dugh ninh mbuo maaih sou-gorn benx goux zorc baengc ndie-sai, zoux zangc nyei mienh, a'fai da'nyeic zorc baengc gong-mienh zoux gong ziux goux yiem njiec zorc baengc dornxg dauh a'fai yiem baengc mienh nyei biau.

Maaih buoz-dauh zorc baengc dornxg: Naaiv norm dornxg se liouh ninh mbuo goux baengc nie-sai yiem lung hnoi ziux goux baengc mienh zuov goux 24 norm ziangh hoc.

Liouc siouv ndie-sai (a'fai domh ndie-sai neqv zorc naaic nyungc baengc): Naaiv laanh domh ndie-sai tengx neqv zorc naaic horngh baengc bun baengc mienh. Zoux guv yienh bun mangc, ninh mbuo ndie-sai paaix zorc mbungv-dauz caux mbungv mun baengc a'zuqc tengx zorc mbungv nauv baengc; ndie-sai zorc torng mv duqv ga'naaiv mbung hnyorpv nyei baengc a'zuqc tengx zorc sin sietv baengc; aengx caux zorc mbu'nziu ndie-sai a'zuqc tengx zorc mbu'nziu baengc. Yietc zungv zorc baengc jauv-louc, ninh mbuo baengc mienh a'zuqc heuc PCP zoux sou fungx mingh bun liouc siouv ndie-sai tengx zorc baengc.

Liouc siouv ndie-sai zorc corngh zingh baengc (SMHS): Ninh mbuo baengc mienh butv benx corngh zingh baengc hniv zoux hoic zuqc baengc mienh dugh a'zuqc longc naaiv deix zorc baengc gong.

Ndie-sai tengx zorc baengc yiem ga'hlen jauv zangc (SMP): Naaiv laanh ndie-sai maaih sou-gorn benx zorc baengc mienh (beiv taux benx zorc baengc domh ndie-sai (MD), zorc mbungv mun baengc nyei domh ndie-sai (DO), borng gong ndie-sai (PA), njiec buoz goux baengc ndie-sai (NP), goux yungz gu'nguaaz ndie-sai (CNM)) haaix tengx zimh mangc baengc mienh yiem ga'hlen maengz dornxg mv zeiz yiem zorc baengc zaamc a'fai zorc baengc ndie-dorngh aengx caux ziux jayv yangh lorz mangc yiem ga'hlen jauv-hlen wuov, naaiv deix baengc mienh mv maaih biau yiem nyei mienh (maaih deix bueix yiem ga'nyuoz cie, RV, biau-huaang, a'fai yiem ndau-njiang dornxg).

Zorc baengc kouv nyei dornxg dauh (domh mienh a'fai gu'nguaaz): Ninh benx yietc norm zorc lauh ndaav bouc dauh baengc nyei dornxg liouh goux junh baengc bun baengc mienh butv baengc kouv hoic qiemx zuqc gorqv-ziec njioux baengc, beiv taux bun ndie hnomv, morngz nzuih bun mangc, nziepv domh ndie, aengx caux zorc zuqc ndorpc mun nyei baengc zorpc.

Butv baengc hniv kouv haic: Ninh bengx naaiv nyungc baengc hniv kouv mv haih zorc mv longx aengx caux zuov jienv daic yiem njiec 1 hnyiangx daav njiec bouc dauh a'fai sueih ziux maengc ziangh wuov hnoi funx wuov hnoi hngv.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung ndorm taux 7 dimv lung muonx. Naaiv se wangv henh heuc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711.

Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).

Zoux dorngc leiz liuz a'zuqc zorv naaic deix nyaanh nzuonx: Ninh mbuo duqv tengx nyaanh a'fai a'zuqc tengx taux naaiv laanh Medi-Cal baengc mienh ziux ninh zuqc ndorpc mun dugh ga'hlen mienh a'zuqc tengx tipv nyaanh bun wuov, DHCS oix zuqc zorqv naaic deix nyaan dugh duqv tengx taux naaic laanh baengc mienh wuov nzuonx mv bun lapc zuqc doic tengx zorc dongh nyungc baengc.

Ziux baengc maeqv nzaanx (a'fai dimv ndorqc): Ninh mbuo domh ndie-sai a'fai goux baengc ndie-sai a'zuqc tengx zaah ndorqc hlaau mangc baengc mienh nyei baengc liouh ndorqc mangc butv benx haaix nyungc baengc aengx caux qiex zuqc longc tengx zorc siepv ndongc haaix.

Gaanv beqv zorc baengc (a'fai gaanv njioux zorc baengc siepv): Naaiv deix zorc baengc gong tengx zorc mv zeiz benx jiepv sih butv nyei baengc, zuqc mun nyei baengc a'fai baengc qiex zuqc zorc hngv. Baengc mienh corc haih duqv zipv tengx zorc baengc yiem ga'hlen nzuqc maengz gorn zangc doic nyei ndie-sai yiem lorz zuqc ga'hlen dorngx mv faang-mbienc yiem ga'nyuoz gunv taux nyei deic a'fai bieqc lorz duqv zaic nyei dorngx.



Mborqv finx lorz taux ziux goux nyanc hopv mienh nyei gorn zangc yiem njiec naaiv **1-800-407-4627 (TTY 711)**.

Anthem yiem naaiv leiz-baaix yietv taux leiz-baaix hmz, yiem 7 dimv lung hndorm taux 7 dimv lung muonx. Naaiv se wangv hen huc oc. A'fai mborqv finx lorz taux California Relay-nangh bun mangc Line yiem njiec naaiv 711. Bieqc mangc yiemonline ziux naaiv [anthem.com/ca/medi-cal](https://www.anthem.com/ca/medi-cal).