



DEPARTMENT OF HEALTH SERVICES BEHAVIORAL HEALTH SERVICES

Our Mission

To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.

Our Vision

We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.

Our Values

Respect, Compassion, Integrity • Client and/or Family Driven • Equal Access for Diverse Populations • Culturally Competent, Adaptive, Responsive and Meaningful • Prevention and Early Intervention • Full Community Integration and Collaboration • Coordinated Near Home and in Natural Settings • Strength-Based Integrated and Evidence-Based Practices • Innovative and Outcome-Driven Practices and Systems • Wellness, Recovery, and Resilience Focus

DBHS-Managed Care Plan Quarterly Meeting

Date: February 21st, 2025

Time: 11:00 a.m. – 12:00 p.m.

Location: Teams

Facilitators: Darlene Moore, Human Services Program Planner

Attendees:

Alondra Thompson, BHS
Annesha Land, Health Net
Arianna Phillips, Health Net
Darlene Moore, BHS
Dustin Nides, Kaiser Permanente

Elizabeth Whitteker, Molina Healthcare
Emely Arienza, Kaiser Permanente
Jessie Blake, Health Net
John Ebersberger, Anthem Blue Cross
Kalil Macklin, Anthem Blue Cross

Lana Chov, Kaiser Permanente
Laurence Gonzaga, Molina Healthcare
LaVonne Ricks, BHS
Michael Amenityro, BHS
Myriah Kemp, Health Net

Neeta Alengadan, Molina Healthcare
Paul Hyppolite, Molina Healthcare
Tory Ross, BHS
Vanessa Bovee, Kaiser Permanente

ITEM	DISCUSSION	ACTION/DATE
Welcome, Introductions, & Announcements	<p><i>The meeting began with introductions from meeting attendees.</i></p> <p>❖ <u>County Announcements:</u></p> <ul style="list-style-type: none"> ➤ <u>Our partnership with Cal Mesa called “Hey Neighbor” is now being advertised around Sacramento.</u> <ul style="list-style-type: none"> ✓ This partnership is promoting Behavioral Health Services in the community. ✓ We also have a partnership with the <i>Sacramento Kings</i>. <ul style="list-style-type: none"> • If you go to a Kings game, you will see BHS SAC being advertised. ➤ <u>We are pivoting to a single MOU between Department of Behavioral Health Services and the Managed Care Plans rather than a joint MOU incorporated with our Primary Health and other departments.</u> <ul style="list-style-type: none"> ✓ Teams meeting invitations for those MOU meetings will be sent out soon. ➤ Please see the attached link for the Sac County Healthy Beginnings Trainings and Events Schedule. 	<p>https://sachealthybeginnings.com/training-schedule</p>

Maternal Mental
Health Services

❖ **Anthem Resources for Maternal Mental Health:**

- Member Brochures on New Baby, New Life:
 - ✓ Please see the attached brochures to the right. Available in both English and Spanish.
- Info found under "Get Help" Health and Wellness- "Pregnancy and Women's Health" section:
 - ✓ <https://mss.anthem.com/california-medicaid/get-help/health-wellness/pregnancy-womens-health.htm>
- Healthy Rewards Program includes New Baby New Life Incentives:
 - ✓ <https://mss.anthem.com/california-medicaid/benefits/medi-cal-plan-benefits.html>
 - Our OB CM's always educate our members on Post Partum depression and resources.
- Live Health Online Maternal Mental Health Services:
 - ✓ <http://www.bemomaware.com/>
 - ✓ <https://www.postpartum.net/>
 - ✓ https://providers.anthem.com/docs/gpp/california-provider/CA_CAID_PostpartumMoodDisorderFlier.pdf?v=202303231728

❖ **Kaiser Permanente Resources for Maternal Mental Health Services:**

- Mental health During and After Pregnancy:
 - ✓ KP members can reach out to the care team 24/7 for help with mental health.
 - [Mental Health During and After Pregnancy | Kaiser Permanente](#)
- Depression During Pregnancy:
 - ✓ See links below for various resources related to maternal mental health/PMADs.
 - [Mental Health During and After Pregnancy | Kaiser Permanente](#)
 - [Depression | My Doctor Online](#)
- My Doctor Online:
 - ✓ There is additional information on My Doctor Online to help guide our members on their pregnancy journey – offering personalized health reminders and pregnancy information.
 - <https://mydoctor.kaiserpermanente.org/ncal/pregnancy/>
- Early Start is an award-winning perinatal substance use intervention program in KP Northern California that supports pregnant people who are using, or are at risk of










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Maternal Mental Health Services (continued)	<p>using alcohol, cannabis, tobacco, and other substances.</p> <ul style="list-style-type: none"> ✓ Our mission is to intervene early in pregnancy to provide encouragement and support while working to decrease complications and negative outcomes related to substance use. ✓ The Early Start care pathway begins with screening tools—the Prenatal Screening Questionnaire and Urine Drug Screens—typically completed at the start of pregnancy. <ul style="list-style-type: none"> • If a patient screens positive, their physician introduces and recommends Early Start. ✓ An assessment visit with a local Early Start Specialist includes a full psycho-social assessment and thorough substance use screening. <ul style="list-style-type: none"> • During this visit, psychoeducation on substance use during pregnancy is provided, along with resources for managing stress, reducing anxiety, maintaining a healthy pregnancy, and referrals to psychiatry for additional mental health treatment if needed. ✓ If recommended, the Early Start specialist can continue to support the patient throughout the pregnancy. ✓ Here is our external website: <ul style="list-style-type: none"> • Early Start An holistic approach to health and wellness in pregnancy <p>➤ Lastly, each ObGyn clinic has the ability to refer a patient with mental health needs to an appropriately trained practitioner.</p> <ul style="list-style-type: none"> ✓ Our physicians have received training about diagnosing depression or mental health disorders in pregnancy as well as training on evidence-based treatments. ✓ There are also classes and groups available to clients. 	
Update regarding MOU (BHS)	<p>❖ <u>We are currently still in the process of completing our warm handoff of the MOUs back to the divisions/departments.</u></p> <p>➤ Christa Van Lotta is doing a warm hand off of the MOUs back to departments.</p> <ul style="list-style-type: none"> ✓ Once the handoff is completed, Darlene will be reaching out to everyone to get started on our meetings to go over all of the red lines, accept changes, and come to a finalization of the policies & procedures. ✓ If you have any questions, please feel free to contact Darlene directly. 	
Coordination of Care: Screening and Transition of Care tool Check-In - Report out	<p>a. MCP:</p> <p>➤ <u>Molina:</u></p> <ul style="list-style-type: none"> ✓ They reported logistical issues occurring every so often where the tools are being sent to correct place but also being sent to the case management team which is causing a lot of rework and confusion. 	

<p>Coordination of Care: Screening and Transition of Care tool Check-In - Report out (continued)</p>	<ul style="list-style-type: none"> Screening and transition tools only need to be sent to their Behavioral Health Solutions mailbox. <ul style="list-style-type: none"> ➤ <u>Health Net:</u> <ul style="list-style-type: none"> ✓ Their data moving forward will have a new section on it. <ul style="list-style-type: none"> Any member that is referred between the county and health plan will receive a referral for case management. The newly added field will quantify the number of case management referrals that will be occurring in each quarter. ➤ <u>Anthem Blue Cross:</u> <ul style="list-style-type: none"> ✓ Please see the attached Anthem Blue Cross PowerPoint Presentation. ➤ <u>Kaiser Permanente:</u> <ul style="list-style-type: none"> ✓ One of the plans from Kaiser is to provide more detailed updates moving forward. <ul style="list-style-type: none"> This will include both adult and child referrals, number of referrals, status both ways. They are currently working on technology enhancements to get their data into Epic, their Health Connect System. ✓ Please see the attached Q1 Kaiser Permanente Updates PowerPoint. 	<div>  <p>Anthem Blue Cross Reports PowerPoint</p> </div> <div>  <p>Kaiser Permanente Q1 Updates PowerPoint</p> </div>
<p>BHS Updates</p>	<ul style="list-style-type: none"> ❖ <u>We are updating our Closed Loop Referral Process that's incorporating our EHR.</u> <ul style="list-style-type: none"> ➤ We will be having a user forum for our providers that use our EHR. ➤ Providers will be able to see that the referral is coming in from a managed care plan and be able to close that loop to state that the client is now enrolled in their services. ➤ The training will take place in March and the roll out date of that process will be around April 1st of this year. More information will be shared soon. ❖ <u>General Referrals to BHS-SAC:</u> <ul style="list-style-type: none"> ➤ Most are already aware that we have integrated services with the SUPT system of care Adult Program and the formerly known as ACCESS into the BHS-SAC. ➤ We are currently working on an integrated form that should be coming out within the next few weeks or so. <ul style="list-style-type: none"> The integrated referral form can be utilized for both adults and children seeking mental health services, substance use treatment services, or a combined request for both services. ➤ Please see the attached link to our BHS-SAC website for more information. 	<p>Behavioral Health Services-Screening And Coordination (BHS-SAC)</p>

Updated Care Coordination Guide	<p>❖ <u>Please see the attached updated <i>Merged Coordination Guide</i>.</u></p> <p>➤ If you have any questions, please contact Darlene.</p>	 Merged Coordination Guide
Data Exchange (BHS/MCP)	<p>❖ <u>Please see the attached Data Sheets for each MCP.</u></p> <div>  Q1 2025-Molina Health Care Sacrame  Q1 2025-Health Net Sacramento County  Q1 2025-Anthem Blue Cross Sacramen  Q1 2025-Kaiser Permanente Sacramen </div>	
<p>Next Meeting: May 16th, 2025 Time: 11:00 a.m. – 12:00 p.m. Location: Teams</p>		

Scribe: Deanna Insixiengmay, Senior Office Assistant, BHS