



DEPARTMENT OF HEALTH SERVICES BEHAVIORAL HEALTH SERVICES

Our Mission

To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.

Our Vision

We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.

Our Values

Respect, Compassion, Integrity • Client and/or Family Driven • Equal Access for Diverse Populations • Culturally Competent, Adaptive, Responsive and Meaningful • Prevention and Early Intervention • Full Community Integration and Collaboration • Coordinated Near Home and in Natural Settings • Strength-Based Integrated and Evidence-Based Practices • Innovative and Outcome-Driven Practices and Systems • Wellness, Recovery, and Resilience Focus

DBHS-Managed Care Plan Quarterly Meeting

Date: May 16th, 2025

Time: 11:00 a.m. – 12:00 p.m.

Location: Teams

Facilitator: Michael Ameneyro, Health Program Manager





Attendees:





Annesha Land, Health Net	Elizabeth Whitteker, Molina Healthcare	Jenny Nguyen, Molina Healthcare	Melissa Saetern, BHS
Asya Anderson, Molina Healthcare	Emely Arienza, Kaiser Permanente	Jeremy Encarnacion-Morrison, Molina Healthcare	Michael Ameneyro, BHS
Catherine Thomas, Molina Healthcare	Jackey Smith, Kaiser Permanente	Kalil Macklin, Anthem Blue Cross	Myriah Kemp, Health Net
Chene Robinson, BHS	Janaye Abeyta, Molina Healthcare	Lauren Torelli, Kaiser Permanente	Pamela Hawkins, BHS
Christina Irizarry, BHS	Janet Paine, Anthem Blue Cross	Laurence Gonzaga, Molina Healthcare	Robert Durborough, Kaiser Permanente
Diana Sekhon, Molina Healthcare	Jazemine Davenport, Kaiser Permanente	LaVonne Ricks, BHS	Tory Ross, BHS
Dondre White, Molina Healthcare	Jennifer Shebesta, Kaiser Permanente	Marisela Guzman, Kaiser Permanente	

ITEM	DISCUSSION	ACTION/DATE
Welcome, Introductions, & Announcements	<p><i>The meeting began with introductions from meeting attendees.</i></p> <p>❖ County Announcement:</p> <ul style="list-style-type: none"> ➤ MOU negotiations have started between Behavioral Health Services and the Managed Care Plans. <ul style="list-style-type: none"> ✓ The kickoff meeting was held on 5/8/2025. ✓ Meetings will be held bi-weekly on Thursdays. ✓ Please contact Darlene Moore for any questions regarding MOU Negotiation Meetings. 	

<p>Update regarding MOU (BHS)</p>	<p>❖ <u>MOU Negotiations:</u></p> <ul style="list-style-type: none"> ➤ MOUs were being handled by Department of Health Services (DHS), they were given back to divisions to negotiate. ➤ Behavioral Health will be negotiating the MOUs for Specialty Mental Health and Substance Use Prevention and Treatment (SUPT) first and then will work on Policies and Procedures. ➤ MOU negotiations kickoff meeting was held on 5/8/2025. <ul style="list-style-type: none"> ✓ The tracked changes in the MOU template were accepted. ✓ Starting with the next meeting, we will use a clean-copy. ➤ Meeting invites for future MOU Negotiation meetings have been sent. <ul style="list-style-type: none"> ✓ Please contact Darlene Moore to be added to the MOU Negotiations meeting distribution list. ✓ Meetings will be held bi-weekly on Thursdays. ✓ The next meeting will be held on July 3rd, 2025, from 11:00-11:50 a.m. <ul style="list-style-type: none"> • The meeting will not be held on June 19th, in observance of Sacramento County holiday Juneteenth. 	
<p>Community Wellness Response Team (CWRT)</p>	<p>❖ <u>Background of Community Wellness Response Team (CWRT)</u></p> <ul style="list-style-type: none"> ➤ CWRT is a collaborative partnership between WellSpace Health, Sacramento County, and Bay Area Community Services (BACS). ➤ The Sacramento County Board of Supervisors approved a 24/7 behavioral health crisis response program in June 2020. <p>❖ <u>Roles and Response Processes:</u></p> <ul style="list-style-type: none"> ➤ WellSpace Health: <ul style="list-style-type: none"> ✓ WellSpace operates the county's 988 suicide and crisis lifeline. It provides 24/7 phone, chat, and text coverage statewide. ✓ The program offers suicide risk assessments, counseling, safety planning and follow-ups. ✓ It utilizes geo-routing technology to ensure calls within Sacramento County are routed properly, regardless of caller's area code. ➤ 988 Call and CWRT Response Process: <ul style="list-style-type: none"> ✓ Callers to 988 in crisis receive demographic, location, and safety screening. ✓ Warm handoff occurs from 988 counselors to CWRT dispatchers. ✓ Dispatchers then deploy a two-person response team, typically composed of a counselor and a peer specialist (sometimes two peers). ✓ Licensed clinicians are available via telehealth support. ✓ CWRT provides voluntary crisis intervention, safety planning, and connection to ongoing services. They cannot involuntarily detain individuals or force transport. ✓ CWRT can serve individuals intoxicated or using substances but will refer to EMS if there are medical needs. 	

<p>Community Wellness Response Team (CWRT) (continued)</p>	<p>❖ <u>Additional Services Connected to CWRT:</u></p> <ul style="list-style-type: none"> ➤ Crisis Care Facility: Includes Mental Health Urgent Care Clinic and Community Support Team (CST). ➤ Mental Health Urgent Care Clinic: Located on Stockton Blvd; serves all ages, open 24/7, walk-in access. ➤ Community Support Team (CST): Provides follow-up for up to 60 days; serves all ages regardless of insurance or status; operates Monday-Friday, 8 AM - 5 PM with a response time within 24 hours; can engage concerned family members even if the individual refuses services. <p>❖ <u>Additional CWRT Resources:</u></p> <ul style="list-style-type: none"> ➤ Business tri-fold brochure (Civic design) ➤ CWRT Flyer 3 - Final.pdf ➤ CWRT Fact Sheet (rev. 03-13-2025).pdf ➤ Crisis Continuum Providers Sheet - Updated Jan 2025.pdf ➤ Please see the attached CWRT PowerPoint Presentation. <ul style="list-style-type: none"> ✓ Please contact Christina Irizzary for any questions. 	<div data-bbox="1864 472 1919 531" data-label="Image"></div> <p>BHS CWRT 05-2025.pdf</p>
<p>Coordination of Care: Screening and Transition of Care tool Check-in – Report out:</p>	<p>❖ <u>MCPs:</u></p> <ul style="list-style-type: none"> ➤ <u>Anthem Blue Cross:</u> <ul style="list-style-type: none"> ✓ Q1 Transition of Care Tool Metrics: <ul style="list-style-type: none"> ▪ There were a total of four referrals. ▪ All four members were linked. ✓ Q1 Screening Tool Data: <ul style="list-style-type: none"> ▪ Anthem received 142 screening tools referred by the county. ✓ The Healthy Rewards Program is a no-cost program that encourages plan members to seek the care they need to maintain a healthy lifestyle. ✓ Please see the attached Q2 Anthem Blue Cross Updates PowerPoint. ➤ <u>Health Net:</u> <ul style="list-style-type: none"> ✓ In Q1, Health Net maintained approximately 149,000 members every month. ✓ Health Net received 61 screening tools. ✓ There were a total of 354 Care Coordination referrals by Sacramento County. ✓ Please see the attached Q2 Health Net Updates PowerPoint. ✓ Additional resources/services offered by Health Net: <ul style="list-style-type: none"> ▪ Smart Start for Your Baby Program ▪ CalAIM Resources for Members Health Net ▪ Enhanced Care Management for Children and Youth Health Net ▪ Doula Services Flyer ▪ Health Net Doula Resources ▪ Provider Training & Webinars 	<div data-bbox="1864 951 1919 1010" data-label="Image"></div> <p>Q2 2025 Anthem Blue Cross _ Sacram</p> <div data-bbox="1864 1177 1919 1235" data-label="Image"></div> <p>Health Net Data Report Q2 Meeting_</p>

	<ul style="list-style-type: none"> ➤ <u>Kaiser Permanente:</u> <ul style="list-style-type: none"> ✓ In Q1, KP served approximately 136,000 Sacramento County members each month. ✓ Q1 Screening Tool Data: <ul style="list-style-type: none"> ▪ Youth: 34 KP to MHP referrals and 5 MHP to KP referrals. ▪ Adults: 73 KP to MHP referrals and 7 MHP to KP referrals. ✓ Transition of Care Data: <ul style="list-style-type: none"> ▪ Youth: 48 KP to MHP referrals and zero MHP to KP referrals. ▪ Adults: 52 KP to MHP referrals and zero MHP to KP referrals. ✓ Please see the attached Q2 Kaiser Permanente Updates PowerPoint. ➤ <u>Molina:</u> <ul style="list-style-type: none"> ✓ Q1 Behavioral Health Referral Data: <ul style="list-style-type: none"> ▪ There were 23 MHP to MCP referrals and 14 MCP to MHP referrals. ▪ There were 117 referrals to MCP Mental Health and 2 MCP to MHP SUD referrals. ✓ Please see the attached Q2 Molina Data Update. ✓ Additional Links: <ul style="list-style-type: none"> ▪ <u>Molina Member Links:</u> Find a Prov, Mental Health, SUD, Transportation, Health Education Materials, Enhanced Care Management (ECM), Community Supports (CS), LTSS ▪ <u>Molina Provider Links:</u> Frequently Used Forms, JOM/MOU, PCP/NSMHS, BH/NSMHS, NSMHS Outreach & Ed, Bulletins, BH Prov Toolkit 	 Q2_ 2025_KP Updates.05162025.p  Sac JOM 5162025 - Molina.pdf
BHS Updates	<ul style="list-style-type: none"> ❖ <u>New Residential Treatment Providers:</u> <ul style="list-style-type: none"> ▪ Akua Mind and Body – 10087 Terra Loma Drive, Rancho Cordova, CA 95670 ▪ Center Point Inc. – 11228 Fair Oaks Blvd, Fair Oaks, CA 95628 ▪ G.L.O.M. Substance Abuse Program Inc.– 10898 Boessow Road, Galt, CA 95632 ▪ G.L.O.M. Substance Abuse Program Inc.- 13389 Marengo Rd, Galt, CA 95632 ▪ Serenity Recovery Solutions – 130 Prospector Ct, Folsom, CA 95630 <ul style="list-style-type: none"> • Please see the attached Community Resource List and Continuum of Care for SUD services. ❖ <u>Detox Withdrawal Management:</u> <ul style="list-style-type: none"> ▪ As soon as the client has requested SUD services (withdrawal management/detox) from Kaiser, please advise the member to call BHS SAC 916-875-1055 for a BQuIP screening for residential treatment so we can get the client in our queue for residential and hopefully share how to reach them at the withdrawal management/detox to coordinate care. <ul style="list-style-type: none"> • For any support regarding this process, please contact Pamela Hawkins. 	 GI-BHS-SUPT-Comm unity-Resource-List.i  GD-BHS-SUPT-Servi ces-Continuum.pdf

Data Exchange (BHS/MCP)	<p>❖ <u>Please see the attached Data Sheets for each MCP.</u></p> <div>     </div> <p>Health Net Data Q2 2025 Anthem Q2_2025_KP Sac JOM 5162025 - Report Q2 Meeting_ Blue Cross _ Sacram Updates.05162025.p Molina.pdf</p>	
Action Item Review	<p>❖ <u>Screening Tool and Transitional Care Tool:</u></p> <p>➤ Please continue sharing Screening Tool and Transitional Care Tool Data in future meetings.</p>	
<p>Next Meeting: August 15th, 2025 Time: 11:00 a.m. – 11:50 a.m. Location: Teams</p>		

Scribe: Sukh Singh, Senior Office Assistant, BHS