



## Did you know that Anthem Blue Cross Cal MediConnect Plan (Medicare-Medicaid Plan) covers everyday over-the-counter (OTC) items at no cost to members?

Anthem Blue Cross Cal MediConnect Plan members pay a **\$0 copay** for select commonly used over-the-counter (OTC) items.

In the Formulary, Tier 4 has some non-drug OTC items that the Plan covers when they are written as a prescription by your provider.

### What are the covered OTC items in Tier 4?

Covered OTC items can be used for medical issues or for general health and well-being. OTC items can include medicines, vitamins or creams. For example\*:

- eye drops
- anti-itch cream
- pain relievers
- anti-fungal cream
- cold medications
- lancets
- OTC items should only be used as directed.
- You should talk to your provider if you have questions about how to use these items.

### How to find covered OTC items

- Covered OTC items can be found in the Anthem Blue Cross Cal MediConnect Plan *List of Covered Drugs* (Formulary).
- All items marked as Tier 4 in your *List of Covered Drugs* (Formulary) are your covered Medi-Cal OTC items.
- The *List of Covered Drugs* can be found on our website [duals.anthem.com](https://duals.anthem.com).
- Or you can call Pharmacy Member Services at **1-833-370-7466** (TTY: 711).

### How do you get your OTC items?

- Your provider needs to approve your request for the OTC item.
- You also need a prescription from your provider to get your OTC items.
- OTC prescriptions must be filled at a network pharmacy to be covered by the Plan.
- Without a prescription from your provider, OTC items will not be covered by the Plan.
- You can call Member Services for help at **1-855-817-5785** (TTY: 711), Monday through Friday from 8 a.m. to 8 p.m. This call is free.

## For more information:

- Call Pharmacy Member Services toll free at **1-833-370-7466** (TTY: **711**), 24 hours a day, 7 days a week to:
  - Find out if a drug or an OTC item is on the Plan's drug list or
  - Ask for a copy of the drug list.
- Visit the Plan's website at **duals.anthem.com**.  
The drug list on the website is always the most current one.



\*See our *List of Covered Drugs (Formulary)* for the most recent Tier 4 items.

Anthem Blue Cross Cal MediConnect Plan (Medicare-Medicaid Plan) is a health plan that contracts with both Medicare and Medi-Cal to provide benefits of both programs to enrollees.

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Anthem Blue Cross Cal MediConnect Plan (Medicare-Medicaid Plan) does not discriminate, exclude people, or treat them differently on the basis of race, color, national origin, sex, age or disability in its health programs and activities.

We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at **1-855-817-5785** (TTY: **711**) Monday through Friday from 8 a.m. to 8 p.m. Someone who speaks English can help you. This is a free service.

### Spanish

ATENCIÓN: Si usted habla español, tiene a su disposición servicios gratuitos de asistencia de idiomas.

Llame al **1-855-817-5785** (TTY: **711**), de lunes a viernes, de 8:00 a. m. a 8:00 p. m. La llamada es gratuita.

### Chinese

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 **1-855-817-5785** (TTY: **711**)，週一至週五上午8:00-晚上8:00。通話免費。

For information on Anthem Blue Cross Cal MediConnect Plan (Medicare-Medicaid Plan) and other Cal MediConnect options for your health care, call the Department of Health Care Services at **1-800-430-4263** (TTY: **1-800-735-2922**), or visit **www.healthcareoptions.dhcs.ca.gov**.