



Important Phone Numbers:

Name	Description	Phone Number
Behavioral health care	Any mental health care concern	1-866-408-6131 (TTY 711)

Behavioral health (mental health/substance use disorder)

Sometimes, dealing with all of the tasks of a home and family can lead to stress. Stress can lead to depression and anxiety. It can also lead to marriage, family and/or parenting problems. Stress can also lead to alcohol and drug [misuse] [abuse] [overuse].

If you or a family member is having these kinds of problems, you can get help. Call Anthem Member Services at 1-866-408-6131 (TTY 711). You can also get the name of a behavioral health specialist who will see you if you need one.

Your benefits include many medically needed services, such as:

- Inpatient mental health care
- Outpatient mental health care and/or substance [misuse] [abuse] [overuse] treatment
- Partial hospitalization

You don't need a referral from your PMP to get these services or to see a behavioral health specialist in your network.

If you think a behavioral health specialist does not meet your needs, talk to your PMP. He or she can help you find a different kind of specialist.

There are some treatments and services your PMP or behavioral health specialist must ask Anthem to approve before you can get them. Your doctor will be able to tell you what they are.

If you have questions about referrals and when you need one, contact Member Services at 1-866-408-6131 (TTY 711).

www.anthem.com/inmedicaid

**Serving Hoosier Healthwise, Healthy Indiana Plan
and Hoosier Care Connect**

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Call for free translation/Llame para una traducción sin costo: 1-866-408-6131 (Hoosier Healthwise, Healthy Indiana Plan); 1-844-284-1797 (Hoosier Care Connect); TTY 711.