Services offered by Anthem

From preventive care to vision and pharmacy services, we're here to help you get and stay healthy. Learn more about your benefits and copays below.

Benefits	Details	Copay
Doctor care	Includes: preventive care, physical exams, prenatal care, well-child checkups, immunizations, specialty care	None
Chiropractic services	Package A: up to five visits per year and 50 therapeutic physical medicine treatments per year	None
	Package C : up to five visits per year and 14 therapeutic physical medicine treatments in a rolling 12-month period	
Hospital care	Includes: emergency room, inpatient services, outpatient services and surgeries, lab tests and X-rays, post-stabilization services, ambulance rides for emergencies	Package C: \$10 for ambulance transport
Medical supplies	Includes: diabetes supplies, durable medical equipment, hearing aids, orthopedic shoes and leg braces, orthotics, and prosthetic devices	None
Therapy services	Physical, speech, occupational and respiratory therapy Package C: maximum of 50 visits for each therapy type, per 12-month period	None
Pharmacy		Package C: \$3 generic drugs, \$10 brand-name drugs
		You don't have copays if you're:
		Under 18 years old.
		 Getting pregnancy or family planning services.
		 Getting services in the ER, hospital or nursing home.
Behavioral health	Services for mental health and substance abuse	None

What is post-stabilization?

This is the free care you get in the ER or hospital after your condition is stable, but before you leave the ER or hospital.

See the *Extra Benefits* section in the Quick Guide in front of the handbook to learn more about all the extras Anthem offers!

Benefits	Details	Copay
Smoking cessation	 One 12-week course of treatment per calendar year Prescription and over-the-counter treatment, such as nicotine patches or gum Counseling services (a limit of eight hours of counseling services) 	None
Skilled nursing facility	Package A: up to 60 days per rolling 12-month period Package C: not offered	None
Vision services	Package A One exam every 12 months Glasses every two years Contact lenses, if medically necessary Package C One exam every 12 months Glasses every two years, contacts if medically necessary	None
Podiatry services	Package A: up to six routine foot care visits per year Package C: routine foot care is not offered	None
Nonemergency transportation	Package A: unlimited trips to any approved medical, behavioral health, dental and vision appointment Package C: up to 20 one-way trips each year and up to 50 miles each way	None
	 Anthem also allows trips: For those enrolled in the Women, Infants, and Children (WIC) program. To the Division of Family Resources (DFR). To health education programs. 	