

ANTHEM BLUE CROSS AND BLUE SHIELD HEALTHCARE SOLUTIONS HEALTHCARE SERVICES INFORMATION

Location	Medical benefits	Hospitals	Value-added benefits	Obstetrical provider access	Pharmacy	Urgent care	Mental health services
North	<ul style="list-style-type: none"> Unlimited visits to a primary care doctor you choose Specialist care Wellness care and Healthy Kids (EPSDT) services, including childhood immunizations Urgent and emergent medical care with emergency transportation Inpatient and outpatient hospital services Family planning and midwives Circumcision Labs and X-rays 24/7 NurseLine to answer your medical questions and concerns day or night. Available in English and Spanish LiveHealth® Online — visit a doctor via online video any time of day or night. Available in English and Spanish FREE yearly eye exam and medically necessary contacts or glasses Diabetic care, education, and podiatry services Physical, occupational, and speech therapy Home healthcare Durable medical equipment services and devices Chronic disease case management and education Peak flow meters for asthma Weight-loss surgery Holistic stop-smoking program Gender-affirming care Medical nutrition therapy to address nutrition-related issues when medically necessary 	<ul style="list-style-type: none"> Carson Valley Medical Center Carson Tahoe Regional Medical Center Northern Nevada Medical Center Northern Nevada Sierra Medical Center Renown Medical Center Renown South Meadows Medical Center St. Mary's Regional Medical Center 	FREE EXTRA BENEFITS <ul style="list-style-type: none"> FREE Costco Gold Star membership \$100 for eligible members towards childcare for kids 5–11 FREE Boys & Girls Club memberships for ages 5–14 \$100 extra vision benefit for glasses FREE sports physicals for ages 6–18 FREE online fitness resources for ALL ages FREE WW® (formerly called Weight Watchers®) voucher good for initiation fee and 13 weeks of classes for ages 18+ \$50 gift card towards gym membership for eligible members ages 18+ \$100 gift card for eligible members to purchase products for pain management FREE cellphone with minutes, data, and text messages FREE virtual tutoring for eligible members ages 8–17 FREE GED/HiSET (High School Equivalency Test) gift card FREE industry certification assistance for ages 18+ \$50 gift card for college application fees for ages 17+ FREE life transition kit with first-aid supplies, dental hygiene supplies, Subway gift card, and an emergency blanket for eligible members \$100 Healthy Grocery card for eligible members to purchase fresh produce in stores or online FREE Grooming Pass to a hair salon or barber shop AND a voucher to use toward hair supplies for members in foster care FREE meditation app for ages 26 and younger FREE Emotional Well-Being resource for ages 13+ FREE Community Resource Link to find help online for local community-based programs, benefits, and services FREE dental hygiene kits Transitional care assistance from hospital to home \$75 gift card to purchase feminine hygiene products for females ages 10–18 or experiencing homelessness \$120 gift card toward swim lessons for eligible members up to age 18 FREE therapy light box for eligible members with seasonal affective disorder or depression FREE flu- and pandemic-prevention kit with masks, sanitizer, and individually packed sani-wipes 	<p>Large network of obstetricians (OB) to choose from. Members in their third trimester can keep getting care from their current OBs even if the OB is not in our plan.</p> <p>FREE SERVICES FOR PREGNANT/POSTPARTUM MEMBERS</p> <ul style="list-style-type: none"> Nurse case managers offer emotional support, education, and other services New Baby, New LifeSM health education and rewards program to help you have a healthy pregnancy with up to \$75 in rewards for doctor visits FREE electronic breast pump Two weeks FREE home-delivered meals after delivery or hospital discharge \$200 gift card to purchase baby items One-month bus pass, or \$50 Uber card or a \$50 gas card for postpartum members (up to 12 months) and children aged 5 years and younger \$35 for eligible members gift card to purchase books 10 weeks FREE home-delivered meals for members with gestational diabetes 	<p>Prescription and over-the-counter medicines (when prescribed by your doctor). Choose from pharmacies, like:</p> <ul style="list-style-type: none"> Walmart Sam's Club Smith's Food & Drug Center CVS And more <p>Or use Carelon Rx mail-order pharmacy.</p>	<p>Unlimited access to urgent care at these locations:</p> <p>Urgent Care at Home:</p> <ul style="list-style-type: none"> Dispatch Health at Home 775-442-5872 <p>Urgent Care Centers:</p> <ul style="list-style-type: none"> Carbon Health Alpha Medical Group of Florida 5067 S. McCarran Blvd. 775-298-5379 Carson Tahoe Dayton Urgent Care 9001 Medical Center Drive, #101 775-445-7330 Carson Tahoe Health Urgent Care 1201 S. Carson St. 775-445-7210 Carson Valley Medical Center Urgent Care 897 Ironwood Drive 775-782-1610 Northern Nevada Urgent Care 5575 Kietzke Lane 775-502-1400 5265 Vista Blvd., Building B 775-355-5010 Renown Health Urgent Care 775-982-5000 All locations St Mary's Urgent Care 6255 Sharlands Ave. 775-770-7580 5070 Ion Drive, #100 775-770-7727 18653 Wedge Parkway, #300 775-770-7210 280 Vista Knoll Parkway, #106 775-734-0246 The Clinic at Walmart 775-445-7220 3200 Market St. 3770 US Hwy 395 S. 1511 Grant Ave. 	<ul style="list-style-type: none"> Inpatient and outpatient behavioral health services Inpatient psychiatric services Inpatient and outpatient alcohol/substance abuse treatment services Inpatient alcohol/substance abuse detoxification program 24-hour mobile crisis team Partial Hospitalization Program (PHP) Intensive Outpatient Program (IOP) Psychosocial Rehabilitation (PSR) Basic Skills Training (BST) Individual, family, and group therapy In-person and telephonic case management Identification support 24/7 Psychiatric Urgent Facility (referral needed) Peer-supported mental health and substance abuse program Mental health services for patients over 21 with autism App-based support for members diagnosed with substance use disorder App-based support for members diagnosed with mental health conditions, focused on support with loneliness

			<p><u>EARN MONEY FOR COMPLETING CHECKUPS</u></p> <ul style="list-style-type: none"> • \$100 for childhood wellness visit • \$25 for first prenatal care visit • \$50 for postpartum care visit • \$80 for well-child visits in first 30 months • \$100 for first dose of COVID-19 vaccine • \$25 for flu shot • \$25 for combo-10 childhood immunizations • \$50 for breast cancer screening • \$50 for cervical cancer screening • \$25 for diabetic retinal eye exam • \$25 for diabetic A1C screening • \$40 for asthma medication refills • \$40 for high blood pressure medication refills • \$10 for new-member health needs screener • \$5 for vaccine quiz • \$35 for human papillomavirus (HPV) vaccination • \$25 for diabetes screening and antipsychotic medication management for those with both diabetes and schizophrenia or bipolar disorder • \$25 for seven-day follow-up after behavioral health emergency visit • \$25 for 30-day follow-up after behavioral health discharge • \$5 for diabetes quiz • \$5 for diabetes nutrition quiz <p><u>FREE EXTRAS TO HELP YOU TAKE THE NEXT STEP</u></p> <ul style="list-style-type: none"> • \$300 for internet* • Access to shelter beds and housing* • ID replacement help and cost coverage* • FREE laptop* <p>* For eligible member transitioning out of incarceration.</p>			
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South	<ul style="list-style-type: none"> • Unlimited visits to a primary care doctor you choose • Specialist care Wellness care and Healthy Kids (EPSDT) services including childhood immunizations • Urgent and emergent medical care with emergency transportation • Inpatient and outpatient hospital services • Family planning and midwives • Circumcision • Labs and X-rays • 24/7 NurseLine to answer your medical questions and concerns day or night. Available in English and Spanish • LiveHealth® Online — “visit” a doctor via online video any time of day or night. Available in English and Spanish • FREE yearly eye exam and medically necessary contacts or glasses • Diabetic care, education, and podiatry services • Physical, occupational, and speech therapy • Home healthcare • Durable medical equipment services and devices • Chronic disease case management and education • Peak flow meters for asthma • Weight-loss surgery • Holistic stop-smoking program • Caredon Health Care Centers: personalized care from a team of doctors and providers for members with complex, chronic needs • Gender-affirming care • Medical Nutrition Therapy to address nutrition-related issues when medically necessary 	<ul style="list-style-type: none"> • Boulder City Hospital • Centennial Hills Hospital Medical Center • Desert Springs Hospital Medical Center • Henderso n Hospital • Mesa View Regional Hospital • Mountainview Hospital • North Vista Hospital • Southern Hills Hospital and Medical Center • Spring Valley Hospital Medical Center • Summerlin Hospital Medical Center • Sunrise Hospital and Medical Center • Sunrise Children's Hospital • University Medical Center • Valley Health Specialty Hospital • Valley Hospital Medical Center 	<p>FREE EXTRA BENEFITS</p> <ul style="list-style-type: none"> • FREE Costco Gold Star membership • \$100 for eligible members towards childcare for kids 5-11 • FREE Boys & Girls Club memberships for ages 5-14 • \$100 extra vision benefit for glasses • FREE sports physicals for ages 6-18 • FREE online fitness resources for ALL ages • FREE WW® (formerly called Weight Watchers®) voucher good for initiation fee and 13 weeks of classes for ages 18+ • \$50 gift card towards gym membership for eligible members ages 18+ • \$100 gift card for eligible members to purchase products for pain management • FREE virtual tutoring for eligible members ages 8-17 • FREE GED/HiSET (High School Equivalency Test) gift card • FREE industry certification assistance for ages 18+ • \$50 gift card for college application fees for ages 17+ • FREE life transition kit with first-aid supplies, dental hygiene supplies, Subway gift card, and an emergency blanket for eligible members • \$100 Healthy Grocery card for eligible members to purchase fresh produce in stores or online • FREE Grooming Pass to a hair salon or barber shop AND a voucher to use toward hair supplies for members in foster care • FREE meditation app for ages 26 and younger • FREE Emotional Well-Being resource for ages 13+ • FREE Community Resource Link to find help online for local community-based programs, benefits, and services • FREE dental hygiene kits • Transitional care assistance from hospital to home • \$75 gift card to purchase feminine hygiene products for females ages 10-18 or experiencing homelessness • \$120 gift card toward swim lessons for eligible members up to age 18 • FREE therapy light box for eligible members with Seasonal Affective Disorder or Depression • FREE flu- and pandemic-prevention kit with masks, sanitizer, and individually packed sani-wipes <p>EARN MONEY FOR COMPLETING CHECKUPS</p>	<p>Large network of obstetricians (OB) to choose from. Members in their third trimester can keep getting care from their current OBs even if the OB is not in our plan.</p> <p>FREE SERVICES FOR PREGNANT/POSTPARTUM MEMBERS</p> <ul style="list-style-type: none"> • Nurse case managers offer emotional support, education, and other services • New Baby, New LifeSM health education and rewards program to help you have a healthy pregnancy with up to \$75 in rewards for doctor visits • FREE electronic breast pump • Two weeks FREE home-delivered meals after delivery or hospital discharge • \$200 gift card to purchase baby items • One-month bus pass, or \$50 Uber card or a \$50 gas card for postpartum members (up to 12 months) and children aged 5 years and younger • \$35 for eligible members gift card to purchase books • 10 weeks FREE home-delivered meals for members with gestational diabetes 	<p>Prescription and over-the-counter medicines (when prescribed by your doctor). Choose from pharmacies, like:</p> <ul style="list-style-type: none"> • Walmart • Sam's Club • Smith's Food & Drug Center • CVS • And more <p>Or use CaredonRx mail-order pharmacy.</p>	<p>Unlimited access to urgent care at these locations:</p> <p>Urgent Care at Home:</p> <ul style="list-style-type: none"> • Dispatch Health at Home 775-442-5872 dispatchhealth.com • Doctoroo 702-848-4443 doctoroo.com • Ready Responders 702-744-4000 getready.com <p>Urgent care centers:</p> <ul style="list-style-type: none"> • 1st Choice Urgent and Primary Care 5625 Losee Road 702-766-5030 • Carefirst Urgent Care 4360 Blue Diamond Road, #103 702-407-0524 5216 Boulder Highway, #105 702-547-6764 • CareNow Urgent Care All locations urgentcarehere.com One 24/7 location • Children's Urgent Care & Pediatric Clinic 1600 W. Sunset Road, #A 702-898-6400 3424 N. Buffalo Drive, #100 702-233-0174 • Empowered Pain Primary & Urgent Care Center of NV 6465 W. Sahara Ave., #103 702-822-1881 • Health Xpress Medical Center 5185 S. Durango Drive, #1 702-463-1400 11201 S. Eastern Ave., #110 702-992-3688 	<ul style="list-style-type: none"> • Inpatient and outpatient behavioral health services • Inpatient psychiatric services • Inpatient and outpatient alcohol/substance abuse treatment services • Inpatient alcohol/substance abuse detoxification program • 24-hour mobile crisis team • Partial Hospitalization Program (PHP) • Intensive Outpatient Program (IOP) • Psychosocial Rehabilitation (PSR) • Basic Skills Training (BST) • Individual, family, and group therapy • In-person and telephonic case management • Identification support • 24/7 Psychiatric Urgent Facility (referral needed) • Peer-supported mental health and substance abuse program • Mental health services for patients over 21 with autism • App-based support for members diagnosed with substance use disorder • App-based support for members diagnosed with mental health conditions, focused on support with loneliness

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