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**Anthem Nevada fact sheet for free extra services,
plus up to \$770 in Healthy Rewards for member incentives**

Free Costco Gold Card membership — one per family

\$100 for day care* for children ages 5–11 or children enrolled in kindergarten through 5th grade. The facility must be accredited and able to process the \$100 coded card. *Benefit begins 10/01/2022

Free Boys & Girls Club memberships for children ages 5–14

\$100 extra vision benefit for glasses

Free sports physicals every 12 months from a plan primary care provider for children ages 6–18

Free online Active&Fit program for members age 17 and older. The program provides eligible members with a resource library of over 1,000 health-oriented courses, classes, articles, videos, and tip sheets based on up-to-date clinical information.

WW® (formerly called Weight Watchers®) for members age 17 and older. Members can receive one WW voucher good for the initiation fee and 13 weeks of classes.

\$100 gym membership. Eligible members age 18 and older with a primary or secondary clinical diagnosis of obesity or diabetes/prediabetes will receive up to a \$100 allowance to help cover costs for a gym membership. The gym must be able to accept the coded card.

\$100 for nonmedication pain management for members who have a clinical diagnosis related to chronic pain. Members can purchase up to \$100 of therapeutic devices to help them manage their pain.

Free cellphone with free monthly minutes, data, and text messages. Members can choose Lifeline or ACP (Affordable Connectivity Program).

- Lifeline benefits: Free smartphone, 4.5 GB of data, unlimited text messages, 200 bonus minutes at time of enrollment, and 100 bonus minutes during birth month. Calls to Member Services are not deducted from minutes.
- ACP benefits: Free smartphone, unlimited talk, unlimited text, 25 GB of data, 5 GB of hotspot data, international calls to Canada and Mexico, and additional data for members in Complex Case Management.

Virtual tutorial services through ULearn — Elevation Strategic Solutions for members ages 8–17. Members can get help with language arts, math, science, social studies, and foreign language to help increase their confidence, achievement, and academic readiness. The maximum allowance is 24 hours per member per year.

GED/HiSET (High School Equivalency Test) assistance. Anthem will cover the costs of the High School Equivalency Test.

Industry certification assistance. Anthem will cover the cost of employment certifications for eligible members who are interested in obtaining them. Eligible members are those 18 and older who are recent high school graduates (or GED/HiSET recipients) or recent college graduates. Those reentering the program can be any age.

\$50 college application fee support. Members age 17 and older will receive \$50 to use for application fees for college applications.

Life transition kit — Anthem will provide a kit to support members transitioning out of an institutional setting. The kits include:

- First aid supplies, such as bandages and ointment.
- Toothpaste, a travel toothbrush, mouthwash, and dental floss.
- A \$15 Subway gift card.
- An emergency blanket.

Fresh fruits and vegetables. Farm-fresh produce is delivered directly to members' doors. Members can select from a wide array of boxes, including a fruit and veggie mix, all fruit, all veggie, diabetic boxes, or an ethnic cuisine box. Members will receive one produce box per month for three months. Eligible members are those with a primary or secondary clinical diagnosis of obesity or diabetes/prediabetes.

Grooming kit or gift card for foster care youth. All young adults under age 26 in foster care are eligible. Options depend on availability.

24/7 NurseLine to talk to a registered nurse about medical questions and concerns anytime, day or night

LiveHealth® Online. Visit a doctor through online video chat anytime, day or night, to find help when you need an appointment fast, or to receive quick care for minor illnesses like colds, allergies, the flu, or infections.

Calm App for youth behavioral health. To help youth improve their behavioral and emotional health, Anthem will provide a year's subscription to the Calm App. Members can access age-appropriate meditations and sleep aids to help calm the mind and body to

reduce stress and anxiety. This resource gives our youth and adolescent members tools to practice leading happier lives. Offered in Spanish, German, French, Portuguese, Japanese, and Korean. Eligible members age 18 and younger may receive a yearly subscription for the Calm App.

Emotional Well-Being. Members age 13 and older receive access to our Emotional Well-Being resource, which is a web and mobile online community designed to help members cope with behavioral health issues, such as depression, anxiety, stress, chronic pain, insomnia, and managing drugs or alcohol.

Find Help, an online resource to help you find all available local community-based programs, benefits, and services. Available at mss.anthem.com/nevada-medicaid/support/community-support.html.

Holistic smoking cessation program. Our program includes coaching, written and online education, and nicotine replacement therapy (NRT) delivered to your home.

Free dental hygiene kits to keep your teeth healthy

Transitional care assistance for extra help moving from a hospital stay to your home

For pregnant moms and babies

Free electronic breast pump for pregnant members six months prior to delivery and new moms up to six months after delivery who plan to breastfeed. This benefit also covers babies up to 6 months old.

Free home-delivered meals for pregnant moms. Qualifying members can receive up to two meals per day for 14 days, up to 28 meals per member total. Meals are customized, and we offer low-sodium and low-fat options, as well as diabetic-friendly, gluten free, vegetarian, renal-friendly, and pureed meals. These are home-delivered, medically tailored meals for pregnant members who are on bed rest, postpartum members, or those who were recently discharged. We are not able to deliver meals to members who are not housed at this time.

Baby Essentials Bundle Package available for pregnant moms, new moms, and/or babies up to 12 months old. Choose two of the following:

- Breastfeeding pillow
- Baby car seat

- Infant/preemie car seat
- Portable crib
- Highchair
- Breastfeeding support kit
- Safe sleep kit
- Diapers
- Microwave sterilizer
- Microwave steam bags
- Video baby monitor
- Baby-proofing items (plug protectors, doorknob covers, and cabinet and drawer latches)

Maternal health transportation benefit for new moms or babies and children up to 5 years old. Members get a one-month bus pass, or for those without bus access, their choice of a \$50 Uber card or a \$50 gas card.

Books for Babies program. Eligible members receive a \$35 Barnes & Noble gift card to purchase books.

Free home-delivered meals through the gestational diabetes meal program.** Pregnant moms who have gestational diabetes receive two medically tailored meals per day for 10 weeks. The meals will be home delivered. We are not able to deliver meals to a member experiencing homelessness at this time. **Benefit begins 10/01/2022

Jail transition benefits

Internet essentials package. Members will receive up to a \$300 allowance to help cover the cost of internet services to give them access to the internet for educational pursuits or employment opportunities. Funds can be used to purchase modems, routers, and any additional equipment that is essential to obtain or strengthen an internet connection, as well as to help cover monthly service charges. Members must have been previously incarcerated within the past 12 months and can receive the benefit one time only.

Shelter bed reservations program. Daily shelter beds are available, along with short-term, long-term and respite housing, for those who qualify.

Identification support — if you lose your green card, ID, or birth certificate, our behavioral health case managers will help you receive a copy of the original document(s), and we will cover the cost of the replacements.

Free laptop program for members transitioning out of incarceration and pursuing education/employment. Members must have been previously incarcerated within the past 12 months and can receive the benefit one time only.

Member incentives to get care — up to \$770 in rewards

- \$100 for the childhood wellness visit for males and females, ages 15 months to 19 years. One visit every 12 months.
- \$25 for the first prenatal care visit for females, ages 13 to 55. One per pregnancy.
- \$50 for the postpartum care visit for females, ages 13 to 55. One per pregnancy.
- \$80 for well-child visits in the first 30 months of life for males and females, ages 0 to 15 months. \$10 each, six times in 15 months.
- \$100 for the first dose of the COVID-19 vaccine
- \$25 for a flu shot
- \$25 for childhood immunizations for combo-10 for male and females, ages 0 through 2nd birthday. One per member.
- \$50 for a breast cancer screening for females ages 50 to 74. One every 24 months.
- \$50 for a cervical cancer screening for females, ages 21 to 64. One every 36 months.
- \$25 for a diabetic retinal eye exam for males and females, ages 18 to 75. One every 12 months.
- \$25 for a diabetic A1c screening for males and females, ages 18 to 75. One every 12 months.
- \$40 for asthma management medication refills for males and females, age 6 and older. \$10 each quarter.
- \$40 for high blood pressure medication refills for males and females, ages 18 to 75. \$10 each quarter.
- \$10 for completing a health needs screener for new members
- \$5 for completing a quiz called What do you know about vaccines?
- \$35 for human papillomavirus (HPV) vaccination
- \$25 for diabetes monitoring for people living with both diabetes and schizophrenia
- \$25 for a seven-day follow-up after discharge from an emergency visit for behavioral health
- \$25 for a 30-day follow-up after a behavioral health discharge
- \$5 for completing a quiz called What do you know about diabetes?
- \$5 for completing a diabetes nutrition quiz