

Heart conditions

Anthem Blue Cross and Blue Shield Healthcare Solutions covers health care and support services based on your heart condition. Some are coronary artery disease (CAD), hypertension and congestive heart failure (CHF). Services include:

- Heart health education materials and one-on-one support with a nurse
- Medical equipment you need, such as a scale, to help you manage your health
- A home health nurse when needed for diet help and when and where to go for care
- Data about heart education programs in your area
- Phone calls to you and your doctors to track your progress
- Information about heart education programs in your area

More cardiac resources:

- [American Heart Association](#)
- [Heart Health](#)

Do you need help with your health care, talking with us or reading what we send you? We provide our materials in other languages and formats at no cost to you. Call us toll free at 1-844-396-2329 (TTY 711).

¿Necesita ayuda con su cuidado de la salud, para hablar con nosotros o leer lo que le enviamos? Proporcionamos nuestros materiales en otros idiomas y formatos sin costo alguno para usted. Llámenos a la línea gratuita al 1-844-396-2329 (TTY 711).

Anthem Blue Cross and Blue Shield Healthcare Solutions is the trade name of Community Care Health Plan of Nevada, Inc., an independent licensee of the Blue Cross and Blue Shield Association. ANTHEM is a registered trademark of Anthem Insurance Companies, Inc.