

Lung conditions

Anthem Blue Cross and Blue Shield Healthcare Solutions covers health care and support services based on your lung condition. Lung conditions include asthma and chronic obstructive pulmonary disease (COPD).

Services include:

- One-on-one support from a DMCCU case manager
- Written education materials sent to your home
- Medical equipment you need, such as:
 - Nebulizers
 - Spacers
 - Peak flow meters
- A home health nurse when needed to show you:
 - How to use asthma medicine
 - When and where to go for care
 - How to stay away from things that trigger asthma attacks
- Information about education programs in your community
- Phone calls to you and your doctors to track your progress

More lung condition resources:

- [American Lung Association](#)
- [AANMA - Allergy & Asthma Network Mothers of Asthmatics](#)
- [National Heart, Lung, and Blood Institute \(NHLBI\)](#)

Do you need help with your health care, talking with us or reading what we send you? We provide our materials in other languages and formats at no cost to you. Call us toll free at 1-844-396-2329 (TTY 711).

¿Necesita ayuda con su cuidado de la salud, para hablar con nosotros o leer lo que le enviamos? Proporcionamos nuestros materiales en otros idiomas y formatos sin costo alguno para usted. Llámenos a la línea gratuita al 1-844-396-2329 (TTY 711).

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