

Common Over-The-Counter (OTC) Medicines

Analgesics (pain relief)

Acetaminophen
Arthritis pain relief
Aspirin/baby aspirin
Ibuprofen
Midol PM

Antacids

Maalox MS
Pepcid AC 20mg
Pepto-Bismol Chew Tab
Prevacid 24 HR 15 mg
OTC Zantac

Antidiarrheals

Loperamide
Pepto-Bismol Chew Tab

Antiemetics (nausea)

Dramamine Less Drowsy
Meclizine

Antihistamines (allergy)

Clemastine fum 1.34 mg
Diphenhydramine
Loratadine

Cough/cold/decongestants (age limits apply)

Guaifenesin
Loratadine-Pseudoephedrine 10-240
Ocean Nasal Spray

Dermatologicals (skin/topical)

Antifungals Lotrimin
Miconazole
Tinactin

Anti-infectives

Bacitracin
Neosporin 1% Anti-Itch Cream
Neosporin + Pain Relief Ointment
Triple Antibiotic Ointment

Other topicals

Benzoyl Peroxide Gel, Wash
Calamine
Compound W Liq
Diaper Rash Ointment
Hydrocortisone Cream, Ointment
Lice/Scabies Treatments
Cerave Sunscreen Lotion

Diabetic supplies

Blood Glucose Test Strips (True Metrix brand)
Glucose (oral)
Insulin Select Syringes/Needles
Isopropyl Alcohol
Isopropyl Alcohol (select pads)
Ketone Strips
Lancets

Laxatives

Dulcolax Softgel
Fiberlax Caplet
Laxative enemas
Laxative suppositories
Woman's Laxative Tablet

Medical supplies/other

Condoms
Nicotine patches/gum
Peroxide

Mouth/throat

Throat lozenges

Ophthalmic

Alaway
Artificial tears
Hypo Tears
Liquitears
TearFair Drops
Tears Again

Rectal

Hemorrhoidal Supp

Anthem Blue Cross and Blue Shield Healthcare Solutions is the trade name of Community Care Health Plan of Nevada, Inc., an independent licensee of the Blue Cross and Blue Shield Association. ANTHEM is a registered trademark of Anthem Insurance Companies, Inc.

Vaginal

Clotrimazole
Miconazole

Vitamins/minerals

Calcium
Folic acid

Iron
Niacin
Slo-Niacin 500
Pediatric vitamins (Flintstones, Gummi Bear
Prenatal vitamins (Complete Prenatal, GNP
Daily Prenatal, Stuart Prenatal)
Vitamins: A, B, B-Complex, C, D, E, K and
Zinc

All OTC products require a written prescription from your doctor. They can be filled at any network pharmacy. This list is not a full list. It is meant to give examples of some common brand names of OTC drugs. Generic OTCs are required. Cough and cold agents may be excluded for some members.

Anthem Blue Cross and Blue Shield Healthcare Solutions is the trade name of Community Care Health Plan of Nevada, Inc., an independent licensee of the Blue Cross and Blue Shield Association. ANTHEM is a registered trademark of Anthem Insurance Companies, Inc.