

Overview of 12/1 Services

Effective December 1, 2021, the Anthem HealthKeepers Plus and Anthem HealthKeepers Plus Commonwealth Coordinated Care Plus plans will implement coverage of the following high quality, high intensity, and evidence-based behavioral health services: Multisystemic Therapy (MST), Functional Family Therapy (FFT), Mobile Crisis Response, Community Stabilization, 23-Hour Crisis Stabilization, Residential Crisis Stabilization and Applied Behavior Analysis (ABA). Some of these services are offered today; however, there are several enhancements to existing services and new services becoming available.

Services to begin on December 1, 2021:

Multisystemic Therapy (MST): Multisystemic Therapy (MST) is a short-term, intensive family and community-based treatment program that addresses all environments that impact high risk youth, including the home, school, and community.

Functional Family Therapy (FFT): Functional Family Therapy (FFT) is a short-term, strength-based, intervention program that works primarily with youth with behavioral or emotional problems that have been referred by the juvenile justice system, mental health, school, or child welfare systems.

Applied Behavior Analysis (ABA): Applied Behavior Analysis (ABA) is a therapeutic treatment program for youth based on the science of learning and behavior. ABA is available in the home, community, and/or a clinic setting. This service can help to increase language and communication skills, increase self-care, and decrease problem behaviors.

Mobile Crisis Response: Mobile Crisis Response provides 24/7 rapid response, assessment, and early intervention for individuals of all ages experiencing a behavioral health crisis. This service meets individuals in an environment where they feel most comfortable to help provide quick relief and resolution of the crisis when possible.

Community Stabilization: Community Stabilization is a short-term supportive service for individuals of all ages following a mental health crisis. This service is available in the individual's home or other natural environment and provides crisis supports, skill-building, and coordination with follow-up services.

23-Hour Crisis Stabilization: 23-Hour Crisis Stabilization provides 24/7 access for walk-in mental health and/or substance related crisis supports for individuals of all ages. This service helps individuals who are experiencing an acute crisis and require a safe environment for observation and assessment to determine the best resources available to prevent hospitalization. This service is limited to 23 hours.

Residential Crisis Stabilization: Residential Crisis Stabilization provides 24/7, short-term, mental health and/or substance abuse related crisis supports in a community-based facility. This service helps to stabilize individuals of all ages, prevent hospitalization, and reintegrate them back into their home and community following a crisis.

If you have questions or concerns, you can contact Member Services at 1-800-901-0020 for Medallion or 1-855-323-4687 for CCC Plus.