

## Not a kid anymore? It may be time for a new PCP or behavioral health provider.

It's important for you to get the right care from your providers. As an adult, you can choose to change from a provider who specializes in care for children or teens to a provider who focuses on treating adults. This includes providers for physical and behavioral health. We can help if you want to change. We can also help you transfer your medical records.

Start by asking your current PCP or behavioral health provider for a recommendation for a new adult PCP or behavioral health provider. We're here to help, too. You can change your PCP or behavioral health provider at any time. It's easy with our <u>Find a Doctor tool</u>. Or call Member Services at 1-800-901-0020 (TTY 711).

Call toll free for translation or oral interpretation at no cost/Llame a la línea gratuita para servicios de traducción o interpretación sin cargo: 1-800-901-0020 (Medallion Medicaid, FAMIS); 1-855-323-4687 (CCC Plus); TTY 711.

## www.anthem.com/vamedicaid

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