



Anthem HealthKeepers Plus

Offered by HealthKeepers, Inc.

Lung conditions

HealthKeepers, Inc. covers health care and support services based on your lung condition. Lung conditions include asthma and Chronic Obstructive Pulmonary Disease (COPD). Services include:

- One-on-one support from a DMCCU case manager
- Written education materials sent to your home
- Medical equipment you need, such as:
 - Nebulizers
 - Spacers
 - Peak flow meters
- A home health nurse when needed to show you:
 - How to use asthma medicine
 - When and where to go for care for your condition
 - How to stay away from things that trigger asthma attacks
- Information about education programs in your community
- Phone calls to you and your doctors to track your progress

More lung condition resources

- [American Lung Association](#)
- [AANMA - Allergy & Asthma Network Mothers of Asthmatics](#)
- [National Heart, Lung, and Blood Institute \(NHLBI\)](#)

HealthKeepers, Inc. is an independent licensee of the Blue Cross and Blue Shield Association. ANTHEM is a registered trademark of Anthem Insurance Companies, Inc. The Blue Cross and Blue Shield names and symbols are registered marks of the Blue Cross and Blue Shield Association.

VAALL-DMWP LC-0817-E CMAP HVA-C-0007-17



Anthem HealthKeepers Plus
Offered by HealthKeepers, Inc.

Call toll free for translation or oral interpretation at no cost/Llame a la línea gratuita para servicios de traducción o interpretación sin cargo: 1-800-901-0020 (Medallion Medicaid, FAMIS); 1-855-323-4687 (CCC Plus); TTY 711.

HealthKeepers, Inc. is an independent licensee of the Blue Cross and Blue Shield Association. ANTHEM is a registered trademark of Anthem Insurance Companies, Inc. The Blue Cross and Blue Shield names and symbols are registered marks of the Blue Cross and Blue Shield Association.

VAALL-DMWP LC-0817-E CMAP HVA-C-0007-17